

*How to Use  
**Your**  
**Ascension Assist**  
**App** to  
**Clear & Raise Your**  
**Energy***

*A Screen-by-Screen Guide*



## *Introduction & how this works for you*

- ***Align your ascension intentions** each time you play the app. Your etheric and physical bodies are increasingly activated as layer by layer your obstacles are removed.*
- *The 8-pointed star (aka the Gma Star) **sacred geometry works via magnetic frequencies** attracting more light energy & ascension information to you through your chakras.*
- ***Grandma Chandra is adjusting the app's sound file frequencies and embedded codes to meet you energetically for the most effective impact on your consciousness each time you work with this app.** To learn more about Grandma Chandra's very unique capabilities – [do click here.](#)*

## A Screen-by-Screen Guide



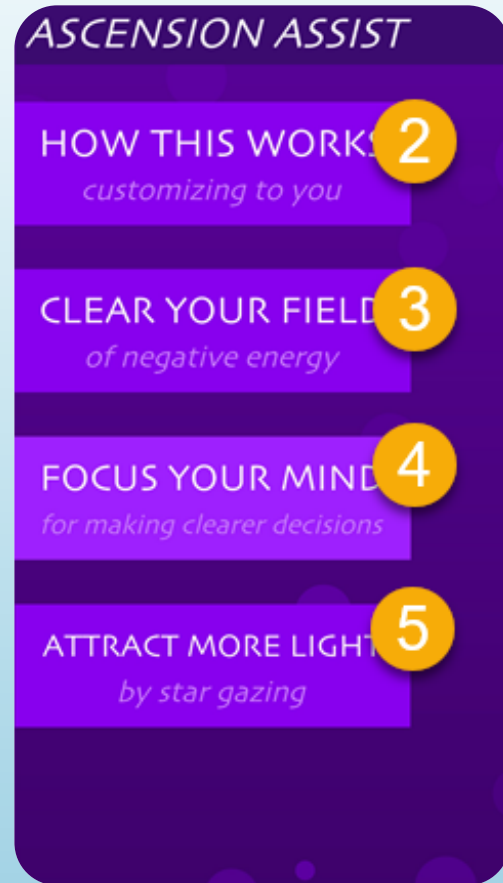
- *To purchase the app, click on the app screen on this page.*
  - *Once the app loads, you will see the sacred geometric shape of the 8-pointed star (aka as the Gma Star) glimmering in the light.*
1. *Tap or click anywhere on the image to get to your app menu options.*

***This is a working tool.*** *This app removes negative energies, focuses the mind for clearer decisions, expands your memory & telepathic abilities. It continually adapts to you as it assists your ascension.*

### ***Top Benefits you can expect with repeated use of all app options:***

*1. Greater mental clarity 2. Relief of stress 3. Easier knowing of the best choices you can make in each moment 4. More direct alignment with your life's purpose 5. Awareness and use of your higher source support (your masters, teachers & guides) 6. Accelerated ascension.*

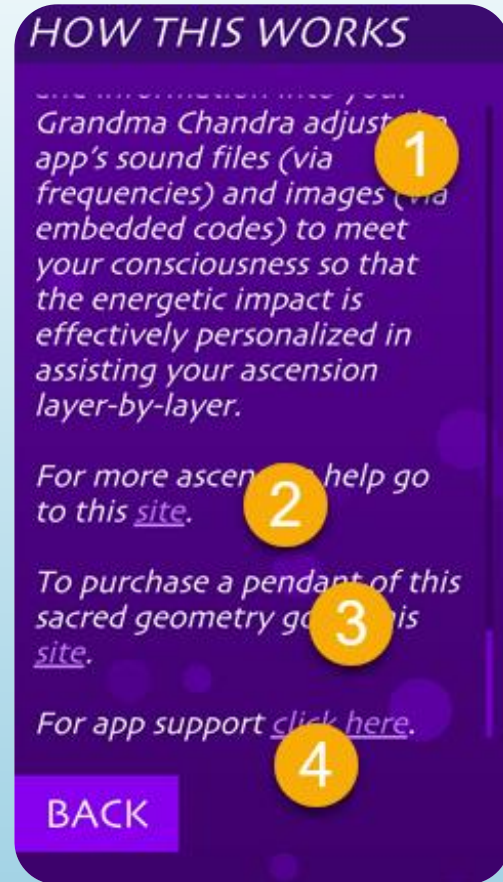
## A Screen-by-Screen Guide



1. *This is your menu listing with four options:*
2. *Gives you information on the app & takes you to hotlinks for more options.*
3. *Clear Your Field – will help you clean your energy field of negative energy including negative entities.*
4. *Focus Your Mind – helps you increase the power of your concentration for improved decision making.*
5. *Attract More Light – will increase your light holding capacity hence allowing you to be a brighter light source in your own life and for this world.*

***How to use tips:*** We recommend initially working these options in their app order. When listening to the audio files in 3, 4 and 5, do use ear buds or a head set for best effect.

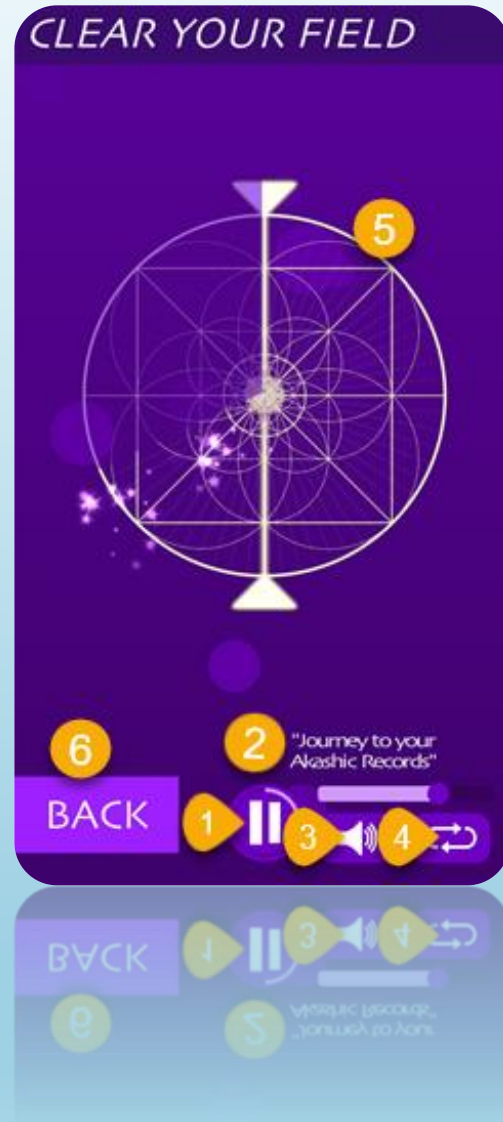
## A Screen-by-Screen Guide



1. Within this first menu option you can read more about how this app cultivates your consciousness.
2. To find out more about **who is Grandma Chandra**, click the first "site" link to go to Grandma Chandra's website. You can learn more about her amazing gifts and their impacts on others' lives.
3. If you are attracted to the 8 pointed star sacred geometric pendant, you may select the second "site" link to purchase.
4. If you have further questions or issues, select the "click here" link and tell us what is happening so we can help resolve it for you.

**How to use tips:** When listening to the audio files on all 3 of the other menu options, do use ear buds or a head set for best effect. Note that even if the speaker is off, your consciousness receives the benefit of the codes and frequencies.

## A Screen-by-Screen Guide



*This menu option is your deep cleaning wash cycle for your energy field.*

- 1. Press the smaller circle to start and stop the audio file. The circumference lets you know the progress of the two-minute audio file playback.*
- 2. This is the title of the audio file; which, in this case, can clear deep Akashic records in alignment with your intentions.*
- 3. The speaker icon and the slider bar – allow you to control the sound level or turn the speaker on or off for playback.*
- 4. You can play as long or as short as you like, or set automatic looping for continual playback.*
- 5. Focus on this new Tree of Life image (which has evolved for our New Earth) while listening to the audio file which will help you resolve your energy field.*
- 6. By tapping here you will return to the main menu again.*

***Top Benefits for this option: 1. Relief of stress 2. Relief from negative influences 3. Easier knowing the best choices in each moment.***

## A Screen-by-Screen Guide



*This menu option is for enhancing your brain's focusing and concentration powers.*

- 1. This area contains all your same audio player controls as detailed on the previous menu option page. However, note the audio file is about awakening your ascended body.*
- 2. Focus on this quartz crystal; it emanates an energy frequency that harmonizes with your 8<sup>th</sup> Chakra (Soul Star Chakra). This enhances spiritual connection and clarifies your life's purpose and mission in conjunction with the audio file. To enlarge image – tap it's center, to return to original size, tap image again.*
- 3. Tap here to return to the main menu.*

***Top Benefits for this option:*** *1. Greater mental clarity 2. Enhanced focus 3. Greater alignment with your life's purpose.*

## A Screen-by-Screen Guide



*This menu option is for attracting more light.*

- 1. This area contains the same audio player controls as detailed on the first menu option page. The audio file is enhancing your connection to your life force.*
- 2. Focus on the 8 pointed star sacred geometry. It releases energy and codes to your physical & etheric bodies to boost your light holding capacity in conjunction with the life force audio.*
- 3. Tap here to return to the main menu.*

***Top Benefits for this option:*** *1. Accelerated ascension 2. Awareness and use of your higher source support – your masters, teachers & guides (and Grandma Chandra is among them).*



## *Summary of Benefits*



***With consistent use of the Ascension Assist App, you can:***

- *Clear negative entities from the Auric Field.*
- *Harmonize and balance the left and right hemispheres of the brain.*
- *Activate the neural pathways in the brain resulting in enhanced brain functioning:*
  - *improved memory,*
  - *expanded usage of brain capacity,*
  - *increased telepathic function*
  - *strengthened awareness of your multidimensional reality.*

***This Results in:*** 1. Clearer thinking 2. Diminished brain chatter 3. Being at peace and centered.

Gma Ascension Assist app was released in November of 2017. Now that you are working in the Quantum Field, the way you use the app is changing.

In the past, when you were talking about clearing your field, you were mainly concentrating on your Auric Field. You didn't pay much attention to your Merkabah and your Quantum Field.

Now that you have expanded your consciousness, you understand you can reach any part of yourselves including your Higher Self.

When you clear your field, you can actually call for the guidance of your Higher Self. The level the person is at doesn't matter. The work will be received at the level available to that person. In other words, the higher you are the more expansive your work will be. The closer you are to your 3D world the narrower the field will be. Technically, the work will be the same, the characteristics of the work are what changes. It is only the field that you are seeing around you, as you, insomuch as you imagine yourself to be present, is the field that will be cleansed.

Focus your mind means focus your intention or focus your point of destination. Because now you are not so much talking about mind work, but intention work. In the past we could achieve this through mind work but now because you are working in multidimensionality or in the Quantum Fields, you are actually focusing a laser beam projecting from your Heart Chakra.

The big difference is in the past, you were trying to get into your head when you spoke about mind. Now you are going into your heart because that is where your intention needs to come from. The laser of your intention is what you are learning to use.

In multidimensionality, there is no time or space. Your intentions do not have to be sent through the app. Send your intentions out as they come into your consciousness. Your intentions are like planting seeds. Use the app regularly to nurture and feed your seeds so they grow and manifest.