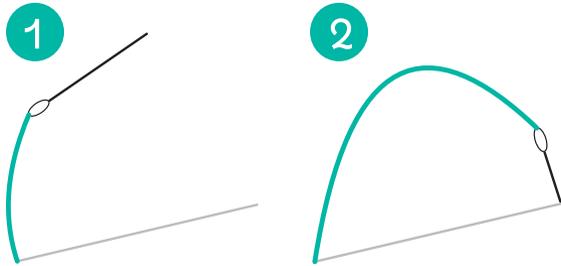
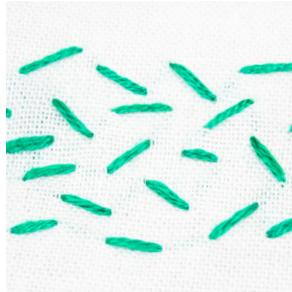


# How-to Stitch Guide

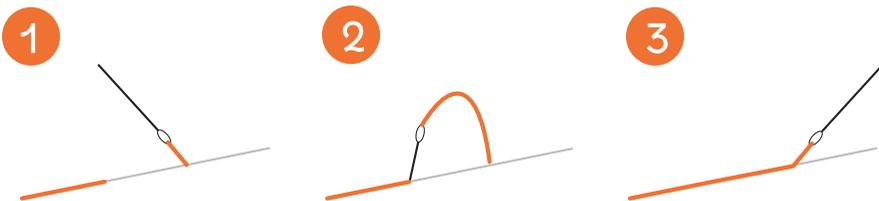
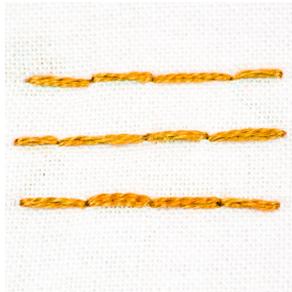
## Running Stitch:

This is my favorite stitch because it's the easiest. You simply come up at the start of the short pattern line and down at the end. You will then repeat this, jumping around underneath the fabric to the next short pattern line.



## Back Stitch:

The back stitch joins running stitches together in a long, straight lines. Start by making a running stitch. Under the fabric, jump ahead 1/4" on the pattern line and come up. Then go back down through the same hole that ended the first running stitch. Now you have 2 running stitches end to end. Go up again at the far end of the second stitch and make a running stitch. Repeat these steps, doing a forward running stitch and then a backwards one, until you have covered the pattern line.

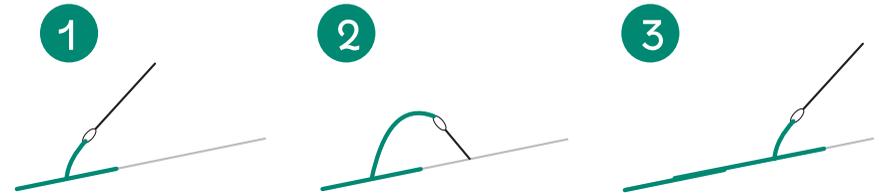
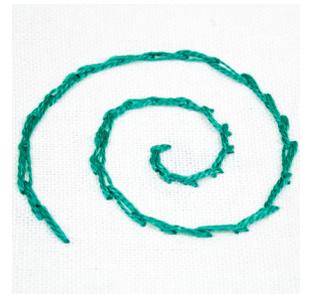


## About Studio MME

Studio MME creates approachable embroidery for modern stitchers. There are no fancy pants stitches in our designs. All of our kits come with everything you need to create a masterpiece, whether you've never sewn before or have been stitching your entire life. Get ready to take up a new hobby! Studio MME offers kits, pre-printed fabric patterns, supplies, and PDFs.

## Split Stitch:

The split stitch also joins running stitches together and it's great for curvy lines. Start by making a running stitch. Then come back up halfway through your last stitch. Your needle will literally split the threads in half. Since I use 3 strands when I stitch, my needle comes up so there are 2 strands to one side and 1 to the other. Then go down about 1/4" further along the pattern line, making a second running stitch. Repeat this until you have covered the pattern line.



## Satin Stitch:

The satin stitch fills in areas with solid thread. Start with a running stitch that stretches across the area you're filling. Then jump back to the first side under the fabric and make another running stitch beside the first. Repeat until the area is filled in completely. If the space is too wide, use back stitches instead to ensure the fabric doesn't warp.

