

(SELF) IMAGE

HEALTHY SKIN REPORT

HERE COMES THE SUN!

→ The latest wave of sun protection is smarter than ever—and goes on nearly invisible. These SPF innovations will get you ready for the rays.

BY KARI MOLVAR

1 SUNSCREENS WITH SERIOUS SKIN-CARE BENEFITS

New sunscreens for your face do way more than shield your skin—they also rival your most effective antiaging creams and treatments. Dr. Dennis Gross Skincare Dark Spot Sun Defense Broad Spectrum SPF 50 (\$42) contains melatonin

and a triple dose of vitamin C to prevent age spots and fine lines. The botanicals in Estée Lauder Crescent White Full Cycle Brightening UV Protector SPF 50 (\$50) calm skin-damaging irritation. Tatcha Silken Pore Perfecting

Sunscreen Broad Spectrum SPF 35 (\$68) increases collagen to tighten pores. And for an instant beauty boost, Omorovicza Mineral Shield UV Shield SPF 30 (\$125) contains light-reflecting minerals that soften imperfections.

Estée Lauder Crescent White Full Cycle Brightening UV Protector SPF 50, \$50

Omorovicza Mineral Shield UV Shield SPF 30, \$125

CRESCENT WHITE

UV PROTECTOR BROAD SPECTRUM SPF 50 FULL CYCLE BRIGHTENING GEL TOTAL ÉCLAT HAUTE PROTECTION

ESTÉE LAUDER

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SPFS THAT WORK WITH YOUR HAIR & MAKEUP

One of the most annoying of all #SunscreenProblems is figuring out how to apply the stuff over makeup—and to your scalp. (Who wants to look oily?) Now there are better solutions: The SPF 50 face mist by Supergoop! has antioxidant-rich rosemary extract to seal your makeup, minimize shine and soothe redness. Stash it in your gym bag or beach tote so you can stay pretty and protected on the go. Another essential for sunny days: leave-in conditioner and hair gel from Nios Shield, which offer SPF 15 and absorb quickly, with no greasy residue. Their blend of argan oil, protein and vitamins fights frizz. (Want even more protection? Nothing beats a hat, notes dermatologist Anne Chapas, M.D.)

Nios Shield Whipped Hair Gel, \$26; Supergoop! Defense Refresh Setting Mist SPF 50, \$28



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3 SPORT FORMULAS THAT CAN TACKLE ANY WORKOUT

The newest sport SPFs have next-level endurance. Shiseido Ultimate Sun Protection Lotion SPF 50+ WetForce (\$40) reacts with ions in sweat and water to adhere to skin. Neutrogena CoolDry Sport Sunscreen Sprays (\$10 to \$12) create a meshlike shield that lets perspiration evaporate (dermatologist Jeannette Graf, M.D., likes them). And L'Oréal Paris Advanced Suncare Invisible Protect Clear Cool Lotions (\$10 to \$11) refresh you with peppermint.

4 PRODUCTS THAT FIGHT STEALTH DAMAGE

Most SPFs protect against both UVA and UVB light, but experts are increasingly concerned about the dangers of infrared radiation, too. This type of light generates heat on your skin, which can unleash free radicals. "It's an area we're still learning about, but we suspect it causes cellular damage and leads to the breakdown of collagen," says dermatologist Julie Karen, M.D. Your best defense: sunscreen with potent antioxidants to neutralize free radicals, such as La Roche-Posay's serum with vitamins C and E.

La Roche-Posay Anthelios AOX Daily Antioxidant Serum with Sunscreen, \$43



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SMART SUN APPS AND ACCESSORIES

SUNZAPP Developed with funding from the National Cancer Institute, this free app tracks the UV forecast and alerts you when it's time to reapply your SPF. Sunzapp.org
JUNE BY NETATMO What looks like a jeweled bracelet is actually a UV sensor that sends personalized advice to your smartphone, like when to avoid the sun and what SPF is right for you. \$129; Netatmo.com
SPOT SKIN CANCER UV WRISTBAND This turns orange when UV rays are at their strongest—a handy reminder to seek shade or re-up on sunscreen.

Spot Skin Cancer UV Wristband, \$5 donation; AAD.org/SpotSunBands

