

inspire

OBSESSIONS

"Mott50 makes fashionable rashguards. I only take my rashguard off if I am swimming after 5PM, and I still spray myself with sunscreen!"
Cameron rash guard, \$78, Dune Deck Beach Club, 379 Dune Road, Westhampton Beach, mott50.com



"My favorite accessory is sunglasses. I wear them 365 days a year, even when it's raining, because crow's-feet around the eyes are caused by sun exposure and repetitive squinting. My favorites are **Oliver Peoples.**"
Dore sunglasses, \$380, 53 Newtown Lane, East Hampton, oliverpeoples.com



"I love my **ParaSun umbrella** for portable shade on extra-sunny days."
Revelation umbrella, \$60, parasunumbrella.com



"**Colorescience Sunforgettable SPF 30 powder** is a loose-powder mineral sunscreen, which makes reapplication over makeup convenient and effective." \$57, colorescience.com

"My favorite summer shoes are **K. Jacques** wedge sandals. I own about six pairs and wear them with everything."
Cunegonde sandal, \$275, at Jildor Shoes Inc., 30 Jobs Lane, Southampton, kjacques.fr/en



"My favorite Hamptons workouts are running on the beach, SoulCycle, spinning with Roland Walker in Westhampton and Quogue, and my newest obsession, **Tracy Anderson!**"
903 Montauk Highway, Water Mill, tracyanderson.com

SCREEN TIME

"Skin cancer is the most common cancer diagnosed in the United States, but it is also the most preventable type," says Dr. Elizabeth Hale, co-founder of CompleteSkinMD (completeskinmd.com). Here, her sunny selects.

by PHEBE WAHL // portrait by ERIC STRIFFLER