## **Reading and Understanding Results**

## What do we measure?

We measure the number of progressive motile sperm cells (the only cells that can fertilize a woman)

## How to interpret the result color?

The darker the better, as shown on the reference color (indicated with the inserted "sperm cells")

- The result is NOT a YES or NO answer.
- Remember it only takes one sperm cell to fertilize the egg.
- To have a normal sperm quality you have to have a minimum of 5 million progressive motile cells/ml.
- The result shows how many progressive motile cells there are in the sample.
- The color of the result should be compared to the reference color that is closest to what is shown in the result window.

Understanding the Result depends on the light conditions. The result will or may appear blue/purple like:





