

thousand.

11 Ways to Give 110%

01 —

Unplug

Did you know that when devices are turned off but still plugged in, they consume energy? Sometimes reducing your carbon footprint is as simple as unplugging your electronics when you don't need them, and plugging them in when you do.

02 —

Eat Less Meat

Every day that you go without meat and dairy, you can reduce your carbon footprint by 8 lbs. Start by going one day a week without meat, and then upping that number gradually.

03 —

Air Dry Your Clothes

Why pay money and emit carbon to fuel your dryer when the air around you is free and works just as well? Hang out your clothes to dry to reduce your impact on the planet, and your wallet.

04 —

Shop Vintage

When you buy pre-loved clothes, you're showing off your commitment to sustainability through your personal style.

05 —

Buy Reusable Instead of Disposable

The options are endless. Metal razors instead of plastic ones. Toothpaste tablets instead of non-recyclable tubes. Cleaning solution concentrates instead of one-time-use bottles. Bar soap wrapped in paper instead of single-use plastic containers. The longer you can stretch an item's lifespan, the better!

06 —

Set A Riding Radius

Try to walk or ride to any destination within 2 miles of your house. When you don't have to circle around the block 10 times looking for parking, you'll thank us.

07 —

Transform Your Commute

Try taking public transportation, your bike, a scooter share, or a combination of those to get to and from work for a couple days a week. You might be surprised at how easy it is and choose to do it more often!

08 —

Compost, Compost, Compost!

Not only will you produce nutrient-rich soil for your garden, you'll also help reduce methane emissions from landfills and lower the carbon emissions from transporting your food waste to the dump. Bring composting to other parts of your life by purchasing compostable versions of traditionally plastic options (like compostable doggy poop bags).

09 —

Eat Local and In Season

When you buy produce that's in-season from local vendors, you're not only supporting your community, you're also preventing food from having to be shipped around the world.

10 —

Fly Smarter

Air travel is one of the biggest greenhouse gas emitters around. We don't want you to cancel your vacation, but try to avoid flying whenever possible. When you do need to fly, fly in economy class, where your share of the flight's emissions will be relatively lower, since it's spread out over more people.

11 —

Offset Your Emissions

Once you've reduced all of the emissions that you can, offset the rest with our friends at carbonfund.org. (<https://carbonfund.org/take-action/individuals/>)



Take a stand for sustainability and go above and beyond to give 110% with these tips and tricks to reduce your everyday carbon footprint. We only have one planet and it's our responsibility to protect it. It might be hard, but it's worth it.

