

»» CPAP Therapy System

The best treatment for symptomatic obstructive sleep apnea is a system known as continuous positive airflow pressure (CPAP). It is safe and effective in sleep apnea patients of all ages, including children.

CPAP can provide significant health and quality of life benefits. Ask us how.



RESMED Swift FX Bella Grey with Loops



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We strive to provide our customers with quality products, cost saving advantages and the highest level of discreet customer service.

We also offer the convenience of in home assessments, installation, pick-up and delivery throughout York Region and the GTA.



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Respiratory Solutions



TIRED OF BEING TIRED?

Continuous Positive Airway Pressure (CPAP)

might be the answer!

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RESMED Mirage Activa LT with HG



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»» Signs of sleep apnea

- snoring with pauses in breathing (apnea)
- excessive daytime sleepiness
- gasping/choking during sleep
- restless sleep
- problem with mental function
- poor judgement/can't focus
- memory loss
- quick to anger
- high blood pressure
- nighttime chest pain
- depression
- excess weight
- large neck circumference (>17" in men, >16" in women)
- airway crowding
- morning headaches
- sexual problems
- frequent trips to the bathroom at night

»» CPAP Continuous Positive Airway Pressure Systems

The treatment of choice is continuous positive airway pressure (CPAP). The CPAP unit pressure is set specifically to each person's needs, preventing collapse of the airway or throat. A CPAP mask is held in place by head gear. Tubing goes from the mask to the CPAP unit providing constant flow of air to the mask.



RESMED Airsense 10 Autoset



RESMED S9 Elite

»» What is obstructive sleep apnea?

- During normal sleep your muscles maintain the upper airway. If the muscles begin to relax it can lead to obstruction and narrowing of the throat.
- In some people partial narrowing causes snoring and reduced air-flow and if complete obstruction occurs breathing is prevented. This is known as Obstructive Sleep Apnea (OSA).
- If you suspect OSA see your doctor for an evaluation.

Breathe easy... we offer a full range of respiratory products and we have the knowledge and experience to help you make an informed choice.

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