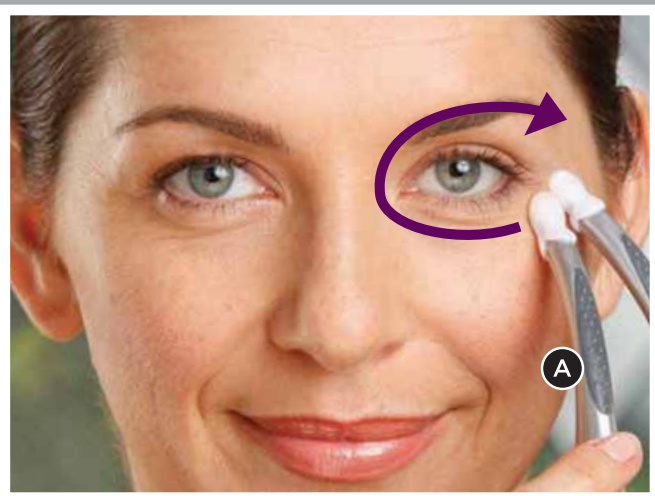


# SUZANNE'S EYE OPENER • *Try these three easy exercises.*

1



## EYE ORBIT

Wand A remains stationary. Wand B circles the eye following the arrow pattern.

Orbit the eye 10 times.

2



## EYE HOLLOW

Place wands on either side of the lower lid and hold for 10 seconds.

Repeat on upper lid for 10 seconds.

3



## BROW LIFT

Pinch and lift brow with both wands.

Hold for 10 seconds in each of the four positions.



*Now that you have a feel for how easy it is to use the FaceMaster®, you can dive into the rest of the material and learn how to exercise all 22 muscles on each side of the face - in less than 20 minutes! Watch the Instructional DVD first - I take you step by step through my simple FaceMaster® routine. Then keep the Instructional Manual in your bathroom drawer and use it as a guide for as long as you need. You'll get more and more comfortable each time you use your FaceMaster®. In no time, you'll feel like a professional giving yourself spa results in your own home! Soon you'll be able to customize your facial to spend more time on the areas of your face most important to you.*

*Defy gravity!!  
Suzanne Somers*