



Prospectus / Course Details

Living Nutrition Practitioner Course

“Available for everyone with an interest in Natural Health”

College of Living Nutrition, London

At Regent's University, Regent's Park, London and Aston University,
Birmingham

You can enrol onto the Birmingham course at Aston University which started on the 16th March, 2024

The next London Course STARTS 12th of October;
2024

At Regent's University, you can now enrol!

All available on live-stream

**One year practical and professional Living Nutrition Practitioner Part-Time Weekend based
(see dates below)**

at our venue: **Regent's University**, Regent's Park, Inner Cir, London
NW1 4NS

or

Aston University (Aston St, Birmingham B4 7ET)
Or
by Live-Streaming on Zoom

This is a unique opportunity for you to become a Living Nutrition Practitioner. The course is designed to inspire students to become successful and confident practitioners equipped with powerful tools.

Call 07503 117526 to discuss
or email: info@college-living-nutrition.co.uk

- 1. "Living nutrition practitioner course available for everyone with an interest in Natural Health"**

Get a One Year Nutrition Diploma attending this course in London or Birmingham or by Live Streaming using Zoom

Enrol now for the course which started on the 16th of March, 2024 and runs through to November 2024 at Aston University, Birmingham

OR

Enrol now for the course starting 12th October, 2024 and runs through to May 2025 at Regent's University, central London

APPLY NOW

The Living Nutrition course is registered with the Federation of Nutrition Therapy Practitioners (**FNTP**) and the **CMA** (Complementary Medical Association), which is internationally recognised as a force in professional, ethical complementary medicine by doctors, professional practitioners and the general public. Upon completion of the course you can gain membership of the CMA, or FNTP which in addition to supplying professional accreditation can also provide a number of extra benefits.

<http://www.fntp.org.uk/>

www.the-cma.org.uk

★ The course is fully recognised by **Balens Insurance**, the main alternative practitioner insurance group.★

Who can apply for this Nutrition Diploma

This course is open to anyone who has a keen interest in natural health. It is also open to existing practitioners from any discipline.

If you have any questions, please do not hesitate to [contact us](#).

If you want to apply, please click on the **Apply Now** button on the website

OUTCOME AND CAREER PROSPECTS

The goal of our nutrition course is to enable students to **significantly improve their understanding of health** and in so doing have the tools to improve their **own health** and the **health of their clients**.

The training will encourage students to focus on setting-up their **own business** or enhance **their existing health business**. The opportunities include running a successful **nutrition clinic, running a commercial website supplying natural health products, setting up a health store, providing an online advice and nutrition consultation service, researching and authoring nutrition-based books and e-books, offering demonstrations and talks** to groups, running **seminars and retreats** or even becoming an **intrepid explorer** searching for the finest foods and supplements from around the world. Become a 'conscious chef'.

Enjoy a life-changing experience by attending our part-time nutrition course now

CLINICAL EXPERIENCE

Case-taking will be demonstrated as part of the course in a clinical environment. The students will be taught to take cases. The course fees include supervision of cases

taken by students. They will be supported in accomplishing their own transformation to a healthy lifestyle.

The students will be expected to submit two cases and will take short tests as part of their graduation process.

TEACHING STAFF

John Jezewski BSc (Hons.), LCPH, DLN, FNTF - Principal

The course is led by John Jezewski, a qualified Nutritionist and Homeopath, since 1992. John is the Principal of the College of Living Nutrition and has been teaching nutrition and homeopathy since 1996. There will be a number of other regular and guest teachers on the course.

Ron Prescott – Naturopath with over 25 years of experience as a nutritionist and herbalist

Kate Elgar – Nutritionist and Social Media expert

Holly Paige – Nutritionist

Jennie Varney – Nutritionist and Homeopath and expert in essential oils

Vanessa Brown – Nutritionist and chef

Steve Varney – Nutritionist and expert in essential oils

Sarmado Sibley – World-class Michelin trained, plant-based chef

Truth Calkins – International speaker, tonic herbalist and rejuvenation and longevity expert

Brian Clement and Anna Maria Clement - Brian Clement, Ph.D, NMD, LN, and his wife, Anna Maria Clement, Ph.D, NMD, L.N, have spearheaded the international progressive health movement for more than five decades as Directors of the renowned Hippocrates Wellness (formerly known as the Hippocrates Health Institute), in West Palm Beach, Florida, the world's foremost complementary residential health center, which has served more than a half-million clients since its founding seven decades ago.

Janette McSkimming BA(Hons) LC Hom, Post Dip Advanced LNP - Homeopath and Living Nutrition Practitioner

Dr Paul Clayton – Esteemed international nutrition researcher and author of many books.

2. Syllabus

Nutritional Therapy studies (macro nutrients, micro nutrients, digestion, calories, supplements, etc.)
/Dietary Changes - looking at diets to suit the client - alkaline, raw, keto, Lifefood, Food Combining, Blood Group etc. /Anatomy and Physiology /Detoxification
/Lifestyle change /Upgrading health /Bio-hacking/Brain

health /Hormone health /Thyroid Health /Aetiology (Root Cause) /Longevity /Chronic disease (Heart, Autoimmune, Cancer) /Tonic herbs /Nutrigenomics /Microbiome /Homeopathy for Acutes /Essential Oils for Acutes /Holistic dentistry /Clinical Work /Acute Diseases /Testing - blood, saliva, stool, DNA, etc. /Muscular and Bone Health /Weight-loss /Business Building /Intro to becoming a 'conscious chef'

This course includes:

✓ 7 teaching weekends covering the syllabus described above and several evening sessions on Zoom from 7pm to 8.30pm

You are also recommended to attend the annual optional summer residential **Glastonbury Nutrition Festival/Retreat** - experience a wide range of therapeutic modalities.

Designed to inspire students to become successful, confident practitioners becoming a qualified Living Nutrition Health Practitioner

Policy on payments - all payments are non-refundable.

On successful completion of the course you will obtain a Diploma in Living Nutrition.

3. The dates for 2024 to 2025 are as follows :-

The dates for the Birmingham course at Aston University 2024 are as follows (you can do this course in-person in the classroom or live-streaming) – these are weekends – we start at 10am and finish at 5pm on the Saturday and Sunday :

16/17 2024 March (catch-up on video)

20/21 2024 April (catch-up on video)

18/19 2024 May

29/30 2024 June

21/22 2024 September

26/27 2024 October

23/24 2024 November

The dates for the London course at Regent's University 2024 to 2025 are as follows (you can do this course in-person in the classroom or live-streaming) – these are weekends – we start at 10am and finish at 5pm on the Saturday and Sunday :

12/13 October 2024

9/10 November 2024

11/12 January 2025

8/9 February 2025

8/9 March 2025

5/6 April 2025

10/11 May 2025

4. Testimonials:

Studying with CLN is the best decision I ever made. I have always had an interest in natural remedies and how to best support and enhance the body's natural healing mechanisms. The course delivered as promised. I've learnt much more about how to deal with health issues using natural medicine and I'm keen to help others harness the power of nature to achieve optimal health and wellness. I couldn't recommend it highly enough. I'm now on my third course with CLN.

Verity

“If you are considering the course with The College of Living Nutrition; I can highly recommend it. I graduated from the course 5 years ago. It has set me up with the cutting edge information and essential professional practice skills to allow me to build my nutrition business. I now offer consultations, coaching, courses, workshops

and health-check clinics. I am also at the beginning of an exciting new venture - developing a residential Health Learning venue on the west coast of Scotland."

Janette McSkimming BA(Hons) LC Hom, Post Dip
Advanced LNP.

Homeopath and Living Nutrition Practitioner

"I have been practising in natural health for twenty years following a life long interest in nutrition and well-being. I can honestly say I have made the fastest strides forward in my knowledge and practice during The Living Nutrition Course than at any other time in my professional journey. The material is condensed yet complete, easy to assimilate, and clarifies any previous uncertainties about the details in any area. John's knowledge bank is extraordinarily eclectic. He takes inspiration from the near and far reaches of the natural health movement and grounds it all into workable methodologies. There is no course like this to my knowledge. And yet it is affordable and practicable to attend. There is a cooperative and supportive atmosphere amongst the students, making the weekends ones to look forward to. My own personal health practices have been sharpened and reinforced too. Thank you so much to John Jezewski, his team and students!"

Holly Paige (Living Nutrition Practitioner)

"The Living Nutrition course is practical and experiential with cutting edge information that keeps you ahead of the game. The style of teaching is relaxed and inclusive and the students that are attracted to the course ensures there is a sense of community of like - minded individuals."

Lynda May (Living Nutrition Practitioner and Colour Therapist)

"I am a current first year student and I can only say that the course for me has been life changing! It has given me the tools, skills and knowledge to not only work on my own healing but also support others through the power of living nutrition and identifying the root causes of dis-ease. The content of the course is in-depth, fascinating and engaging. John has a lot of enthusiasm and passion for what he does and this comes across in his teaching. He has a wealth of knowledge and is always willing to ensure that you are having a fantastic and meaningful learning experience. I am sincerely looking forward to moving on to the second year."

Anisha Chauhan

"I graduated in my first year at the college of living nutrition in 2017. Before commencing this course I was struggling with being vegan because I had no idea what I was doing or what was even healthy. I also new that I wanted to learn so I could teach other people and build a business for myself. This course was different from any other course I'd done. There were a lot of light bulb moments, harsh truths, reality checks - all of which contributed to my own self analysis and improvement in health. This course began a journey of self discovery for me, finally being able to understand my body and what I need and my health is always improving the more I continue to learn from John. Thank you John for your knowledge, wisdom and care in helping your students succeed - it really shows."

Helen Buley BSc (Hons), LNP - Health and Energy Coach

5. Investment

The price for the Birmingham course which starts March 2024 is £2400 which you can pay in 10 monthly instalments of **£240**. If you pay in full you get an additional discount of £400 making a total of **£2000**. The price includes all tuition, notes, supervision for cases, clinical experience, access to the Living Nutrition Encyclopaedia and student practitioner insurance if required. The optional summer residential Glastonbury Nutrition

The price for the London course which starts October 2024 is £2500. If you book by the **1st June, 2024** you get an early-bird discount of £300 making it **£2200** which you can pay in 10 monthly instalments of **£220**. If you pay in full you get an additional discount of £400 making a total of **£1800**. The price includes all tuition, notes, supervision for cases, clinical experience, access to the Living Nutrition Encyclopaedia and student practitioner insurance if required. The optional summer residential Glastonbury Nutrition

Optional Festival/Retreat in Glastonbury is an additional £480 with accommodation or £360 if camping. for tuition, food and accommodation. Dates are 29th May to 2nd June, 2024 or 4th to 8th June, 2025.