



Prospectus / Course Details

Living Nutrition Practitioner Course

“Available for everyone with an interest in Natural Health”

College of Living Nutrition, London

At our preferred venue Regent's University, Regent's Park, London

**The Birmingham Course started weekend Saturday
11th March 2023**

At Aston University and you can still join

**The London Course STARTS IN October 2023
At Regent's University**

All available on live-stream

**One year practical and professional Living Nutrition
Practitioner Part-Time Weekend based (see dates
below) at**

our preferred venue: Regent's Park, Inner Cir, London NW1 4NS)

or

Aston University (Aston St, Birmingham B4 7ET)
Or
by Live-Streaming

This is a unique opportunity for you to become a Living Nutrition Practitioner. The course is designed to inspire students to become successful and confident practitioners equipped with powerful tools.

Call 07503 117526 to discuss
or email: info@college-living-nutrition.co.uk

- 1. "Living nutrition practitioner course available for everyone with an interest in Natural Health"**


Get a One Year Nutrition Diploma attending this course in London or Birmingham or by Live Streaming using Zoom

College of Living Nutrition

at our preferred venue Regent's University, Regent's Park, London

Enrol now for the course which started in London 8th October 2022 - to May 2023 or the course which starts in October 2023 and ends May 2024.

Please call

 **07503 117526** or

 **email info@college-living-nutrition.co.uk**

OR

College of Living Nutrition

Aston University, Birmingham

Enrol now for the course starting 11th March 2023 and runs through to November 2023 at Aston University, Birmingham

APPLY NOW

The Living Nutrition course is registered with the Federation of Nutrition Therapy Practitioners (**FNTP**) and the **CMA** (Complementary Medical Association), which is internationally recognised as a force in professional, ethical complementary medicine by doctors, professional practitioners and the general public. Upon completion of the course you can gain membership of the CMA, or FNTP which in addition to supplying professional accreditation can also provide a number of extra benefits.

<http://www.fntp.org.uk/>

www.the-cma.org.uk

★ The course is fully recognised by **Balens Insurance**, the main alternative practitioner insurance group. ★

Who can apply for this Nutrition Diploma

This course is open to anyone who has a keen interest in natural health. It is also open to existing practitioners from any discipline.

If you have any questions, please do not hesitate to [contact us](#).

If you want to apply, please click on the **Apply Now** button on the website

OUTCOME AND CAREER PROSPECTS

The goal of our nutrition course is to enable students to **significantly improve their understanding of health** and in so doing have the tools to improve their **own health** and the **health of their clients**.

The training will encourage students to focus on setting-up their **own business** or enhance **their existing health business**. The opportunities include running a successful **nutrition clinic, running a commercial website supplying natural health products, setting up a health store, providing an online advice and nutrition consultation service, researching and authoring nutrition-based books and e-books, offering demonstrations and talks** to groups, running **seminars and retreats** or even becoming an **intrepid explorer** searching for the finest foods and supplements from

around the world.

Enjoy a life-changing experience by attending our part-time nutrition course now

CLINICAL EXPERIENCE

Case-taking will be demonstrated as part of the course in a clinical environment. The students will be taught to take cases. The course fees include supervision of cases taken by students. They will be supported in accomplishing their own transformation to a healthy lifestyle.

The students will be expected to submit two cases and will take short tests as part of their graduation process.

TEACHING STAFF

John Jezewski BSc (Hons.), LCPH, DLN, FNTP - Principal
The course is led by John Jezewski, a qualified Nutritionist and Homeopath, since 1992. John is the Principal of the College of Living Nutrition and has been teaching nutrition and homeopathy since 1996. There will be a number of other regular and guest teachers on the course.

Ron Prescott Naturopath

Kate Elgar – Nutritionist

Holly Paige – Nutritionist

Jennie Varney – Nutritionist and Homeopath

Tony Jackson – Nutritionist

Sarmado Sibley – World-class plant-based chef

Truth Calkins – International speaker, tonic herbalist and rejuvenation and longevity expert

2. Syllabus

Nutritional Therapy studies (macro nutrients, micro nutrients, digestion, calories, supplements, etc.)/Dietary Changes - looking at diets to suit the client - alkaline, raw, keto, Lifefood, Food Combining, Blood Group etc./Anatomy and Physiology/Detoxification/Lifestyle change/Upgrading health/Bio-hacking/Brain health/Hormone health/Thyroid Health/Aetiology (Root Cause)/Longevity/Chronic disease (Heart, Autoimmune, Cancer)/Tonic herbs/Nutrigenomics /Microbiome/Homeopathy for Acutes/Essential Oils for Acutes/Holistic dentistry/Clinical Work/Acute Diseases/ Testing - blood, saliva, stool, DNA, etc./Muscular and Bone Health/Weight-loss/Business Building

This course includes:

✓ 7 teaching weekends covering the syllabus described above and several evening sessions on Zoom from 7pm to 8.30pm

You are also recommended to attend the optional residential **Glastonbury Nutrition Festival/Retreat** - experience a wide range of therapeutic modalities.

Designed to inspire students to become successful, confident practitioners becoming a qualified Living Nutrition Health Practitioner

Policy on payments - all payments are non-refundable.

On successful completion of the course you will obtain a Diploma in Living Nutrition.

3. The dates for 23/24 are as follows :-

Birmingham Course

The dates for the Birmingham course at Aston University 2023 are as follows (you can do this course in-person in the classroom or live-streaming) – these are weekends – we start at 10am and finish at 5pm on the Saturday and Sunday :

11/12 March (catch-up by watching the video recording)

15/16 April

20/21 May

1/2 July

16/17 September

28/29 October

25/26 November

The Dates for London Practitioner Course 2023/2024 at Regent's University are as follows (you can do this course in-person in the classroom or by live-streaming - these are weekends – we start at 10am and finish at 5pm on the Saturday and Sunday) :-

14/15 October 2023

11/12 November 2023

6/7 January 2024

3/4 February 2024

2/3 March 2024

6/7 April 2024

11/12 May 2024

4. Testimonials:

Studying with CLN is the best decision I ever made. I have always had an interest in natural remedies and how to best support and enhance the body's natural healing mechanisms. The course delivered as promised. I've learnt much more about how to deal with health issues using natural medicine and I'm keen to help others harness the power of nature to achieve optimal health and wellness. I couldn't recommend it highly enough. I'm now on my third course with CLN.

Verity

"If you are considering the course with The College of Living Nutrition; I can highly recommend it. I graduated from the course 5 years ago. It has set me up with the cutting edge information and essential professional practice skills to allow me to build my nutrition business. I now offer consultations, coaching, courses, workshops and health-check clinics. I am also at the beginning of an exciting new venture - developing a residential Health Learning venue on the west coast of Scotland."

Janette McSkimming BA(Hons) LC Hom, Post Dip
Advanced LNP.

Homeopath and Living Nutrition Practitioner

"I have been practising in natural health for twenty years following a life long interest in nutrition and well-being. I can honestly say I have made the fastest strides forward in my knowledge and practice during The Living Nutrition Course than at any other time in my professional journey. The material is condensed yet complete, easy to assimilate, and clarifies any previous uncertainties about the details in any area. John's knowledge bank is extraordinarily eclectic. He takes inspiration from the near and far reaches of the natural health movement and grounds it all into workable methodologies. There is no course like this to my knowledge. And yet it is affordable and practicable to attend. There is a cooperative and supportive atmosphere amongst the students, making the weekends ones to look forward to. My own personal health practices have been sharpened and reinforced too. Thank you so much to John Jezewski, his team and students!"

Holly Paige (Living Nutrition Practitioner)

"The Living Nutrition course is practical and experiential with cutting edge information that keeps you ahead of the game. The style of teaching is relaxed and inclusive and the students that are attracted to the course

ensures there is a sense of community of like - minded individuals."

Lynda May (Living Nutrition Practitioner and Colour Therapist)

"I am a current first year student and I can only say that the course for me has been life changing! It has given me the tools, skills and knowledge to not only work on my own healing but also support others through the power of living nutrition and identifying the root causes of dis-ease. The content of the course is in-depth, fascinating and engaging. John has a lot of enthusiasm and passion for what he does and this comes across in his teaching. He has a wealth of knowledge and is always willing to ensure that you are having a fantastic and meaningful learning experience. I am sincerely looking forward to moving on to the second year."

Anisha Chauhan

"I graduated in my first year at the college of living nutrition in 2017. Before commencing this course I was struggling with being vegan because I had no idea what I was doing or what was even healthy. I also new that I

wanted to learn so I could teach other people and build a business for myself. This course was different from any other course I'd done. There were a lot of light bulb moments, harsh truths, reality checks - all of which contributed to my own self analysis and improvement in health. This course began a journey of self discovery for me, finally being able to understand my body and what I need and my health is always improving the more I continue to learn from John. Thank you John for your knowledge, wisdom and care in helping your students succeed - it really shows."

Helen Buley BSc (Hons), LNP - Health and Energy Coach

The price for the Birmingham course which just started 12th March 2023 is £2300. If you pay in full you get a discount of £300 making a total of £2000. You can also pay in 8 monthly instalments of £288 which is a total of £2300. Or you can apply for a Knoma student loan which you pay back over approximately 12 months – this is an interest free loan (the fees are reduced to £2150 payable monthly working out about £180 per month – you can apply by clicking on this link - <https://www.knoma.io/m/3e7970e7/644ef06b>). The price includes all tuition, notes, supervision for cases, clinical experience, access to the Living Nutrition Encyclopedia and student practitioner insurance (if required). The optional residential Glastonbury Nutrition Festival/Retreat is an additional £480 for tuition, food and accommodation.

The price for the London course starting in October 2023 is £2400. If you book by the 1st Aug 2023 you get a very early-bird discount of £150 making it £2250. If you pay in full you get an additional discount of £400 making a total of £1850. You can also pay in 10 monthly instalments of £225 which is a total of £2250. Or you can apply for a Knoma student loan which you pay back over approximately 10 months – this is an interest free loan (the fees are reduced to £2050 payable monthly working out about £205 per month – you can apply by clicking on this link - <https://www.knoma.io/m/4ef16452/478096d8>). The price includes all tuition, notes, supervision for cases, clinical experience, access to the Living Nutrition Encyclopedia and student practitioner insurance if required. The optional residential Glastonbury Nutrition Festival/Retreat is an additional £480 for tuition, food and accommodation.