

BOWL FOOD - SUMMER

Three to four bites

Perfect for those who still want imaginative food, whilst standing up.

Bowl Food is designed to replace canapés or a main meal at a standing event. We recommend 3-4 savoury bowls per person followed by dessert in the form of 2 different canapés or 1 finger food item.

COLD

Spinach falafel,

mixed quinoa, cucumber & mint raita, pomegranate, micro salad (vg) Contains: Sulphites (GF/DF)

Roasted squash,

labneh, zhoug oil, black sesame dukkah (v) Contains: Milk, Sesame, Nuts (GF)

Natoora burrata.

raddichio, pumpkin seed pesto, honey roasted figs, toasted seeds (v) Contains: Milk, Sulphites (GF)

Whisky, beetroot & orange cured salmon,

dill crème fraiche, charred citrus & fennel salad Contains: Fish, Milk (GF)

Hot smoked salmon,

celeriac remoulade, crispy capers, pea shoots Contains: Fish, Egg, Mustard (GF)

Seared tuna,

Asian slaw salad, peanut & chilli dressing, crispy onions Contains: Fish, Nuts, Sesame, Soya (DF, GF)

Bang bang chicken salad,

toasted peanuts Contains: Sulphites, Soya, Sesame, Nuts (DF, GF)

HOT

Crispy aubergine Katsu curry,

jasmine rice, pickled radish (vegan) Contains: Gluten, Soya, Sulphites

Spring pea & asparagus risotto,

pea shoots, grand padano shavings (v) Contains: Milk (GF)

Charred sweetcorn & jalapeno fritters,

lime yoghurt, tomatillo salsa (v) Contains: Gluten, Milk, Egg

Thai green chicken & sweet potato curry,

jasmine rice, sugar snaps Contains: Fish (GF/DF)

Mexican shredded beef brisket,

basmati rice, sour cream, Tomatillo salsa, guacamole, blue corn tortilla chips Contains: Milk (GF)

Pork & fennel meatballs,

slow-cooked tomato & sherry sauce Contains: Sulphites (GF/DF)

Lamb, prune & chickpea tagine,

jewelled couscous, coriander, toasted almonds Contains: Gluten, Sulphites, Nuts

Mac 'n' cheese, chorizo crumb Contains: Gluten, Milk, Egg

Courgette & feta Fritters,

charred corn relish, ancient grains (v) Contains: Gluten, Milk, Egg

Cod goujons,

homemade potato straws, spiced Ketchup Contains: Fish, Gluten, Egg, Sulphites (DF) (served in a cone)

SWEET

Buttermilk & sage panna cotta pots, black pepper honeycomb Contains: Milk (GF)

Triple chocolate brownies,

vanilla mascarpone, honeycomb Contains: Milk, Egg (GF)

Dark chocolate & tahini brownies,

tahini mascarpone, sesame praline Contains: Egg, Milk, Sesame (GF)

Middle Eastern "Eton" mess, brown sugar meringue,

lemon curd, sumac, crushed pistachios Contains: Egg, Milk, Nuts (GF)

Plum & sherry pavlovas,

toasted almonds Contains: Milk, Egg, Nuts (GF)

Dark chocolate mousse,

hazelnut praline Contains: Egg, Nuts (DF/GF)

Sticky toffee pudding,

rum caramel, pecans, crème fraiche Contains: Gluten, Milk, Egg, Nuts