



THERMOTEX  
EQUINE

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THERMOTEX  
EQUINE

# Equine 12 Pad Blanket Therapy System

Read the contents of this  
booklet carefully before use



® LR - 87285

NRTL/C

**Phone 1-800-975-0253 if you have questions not answered in these instructions.**

## INSTRUCTIONS FOR USE - Please read carefully

### General Step by Step Guidelines:

Your Thermotex Equine 12 Pad Blanket Therapy System is easy to use.

- When using Thermotex, ensure the horse is tethered and that the extension cord is secured above and behind the horse.
- The Thermotex Equine 12 Pad Blanket Therapy System uses a four-position switch (off-low-high-off). We recommend that you start the treatment on the high setting (for the first 10 minutes) and then reduce to the lower setting for the remainder of the treatment.
- It is important that you use the Thermotex 12 Pad Blanket for a minimum of 30 – 45 minutes (longer if desired) on each area that you are treating. Regular use of Thermotex will aid significantly in the reduction of inflammation and lactic acid build up.
- **Every horse will sweat** at first use, especially in sore areas. However, after approximately one week of use (for 1/2 hour per day) sweat areas will reduce in size as soreness is relieved.
- When used as a pre-event/pre-race warm up, it is most beneficial to use within four hours of the event/race.
- If treating a horse that has been given Lasix, which is a diuretic, treat with the Thermotex after the Lasix. Thermotex also has a diuretic effect and should not be used prior to the administration of Lasix.
- If your horse is on any **prescription drugs**, check with your veterinarian for any drug interaction with Infrared Therapy.
- If your horse has a **recent (acute) joint injury** please ask your veterinarian when Infrared Therapy can be initiated. If your horse has a joint or **joints that are chronically hot and swollen**, these joints may respond poorly to vigorous heating of any kind. Vigorous heating is strictly contraindicated in cases of enclosed infections be they dental, in joints or in any other tissues.

### YOU WILL NOTICE:

- Dramatic improvement in the mood and temperament of the horse as soreness is decreased.
- During the use of the Thermotex 12 Pad Blanket, you may notice increased urination as the infrared heat increases blood flow which in turn increases kidney function.
- Due to increased circulation, injury recovery time is decreased.

## Additional Thermotex Equine Therapy Systems



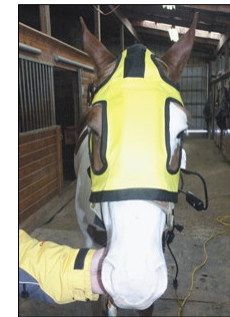
### Thermotex Neck

For specific use on the neck this model has 2 - 5" x 13" infrared heat inserts utilizing 26 watts of power. This model has two adjustable panels and treats the neck and throat areas. This system is well suited for equestrian competitors.



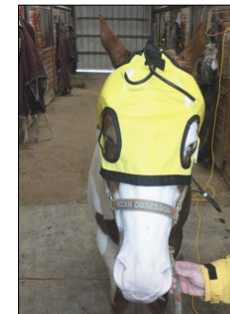
### Thermotex Leggings (Pair)

With 2 - 3" x 13" and 2 - 3" x 8" infrared heat inserts for each leg, this system utilizes a total of 96 watts of power. A perfect fit for use on both front or hind legs.



### Thermotex Therapeutic Hood

Ideal for treating sinus conditions, this model has 2 - 3" x 8" infrared heat inserts that are positioned to treat the sinus and throat. This system utilizes 24 watts of power.



### Thermotex TMJ Hood

For specific use on the jaw area, this model has 4 - 3" x 8" infrared heat inserts utilizing 48 watts of power. This model is best suited for treatment of Temporomandibular Dysfunction giving pain relief and increasing blood flow.

- Thread the next right wire through slit at top of blanket and connect to 11" x 13" heat insert and place inside the lower portion of the right hand pocket #12.
  - ◇ Connect the 5" x 13" heat insert and place into top portion of right hand pocket #11.
- Thread next left wire through slit at the top of the blanket and connect to 11" x 13" and place inside the lower portion of the left hand pocket #9.
  - ◇ Connect 5" x 13" heat insert and place inside the top portion of left hand pocket #10.

**Finally, tuck any exposed harness wire into the center Velcro webbing before closing.**

## **CONTRAINDICATIONS**

Should any sign of pain occur or if the condition worsens with the use of Thermotex, you should be discontinued use of the Thermotex product.

**If your horse has a disease, be certain to consult with your veterinarian before using Thermotex.**

**DO NOT USE THERMOTEX IN CASES OF:  
■PREGNANCY AND INFECTIONS.**

**DO NOT APPLY THERMOTEX TO A JOINT THAT HAS BEEN  
TREATED WITH CORTISONE FOR THREE DAYS AFTER  
THE LAST CORTISONE INJECTION.**

**NOTE:** These instructions are guidelines only and not intended to replace a veterinarian's advice. Should your horse's condition worsen, discontinue use and contact your veterinarian.

**CAUTION:** Do not use any ointments, salves and liniments under the Thermotex heat inserts. It is not necessary and may cause skin irritation due to the abrasive and irritant nature of some ointments, salves and liniments.

**THERMOTEX** is a deep-penetrating infrared therapeutic pain relief system different from all other types of therapeutic products on the market today.

**FOR THE TEMPORARY RELIEF OF PAIN** resulting from the inflammation of the joints, tendons and tissues associated with conditions such as Arthritis, Secondary Compensatory lameness, Myostitis, and Exertional Rhabdomyolysis (Tying up) to name a few.

**FOR THE RELIEF OF STIFFNESS AND PAIN** resulting from lactic acid build up in muscles and from pain and discomfort of strains and sprains.

**FOR THE RELIEF OF PAIN ASSOCIATED WITH STRESS** due to bleeding in the lungs.

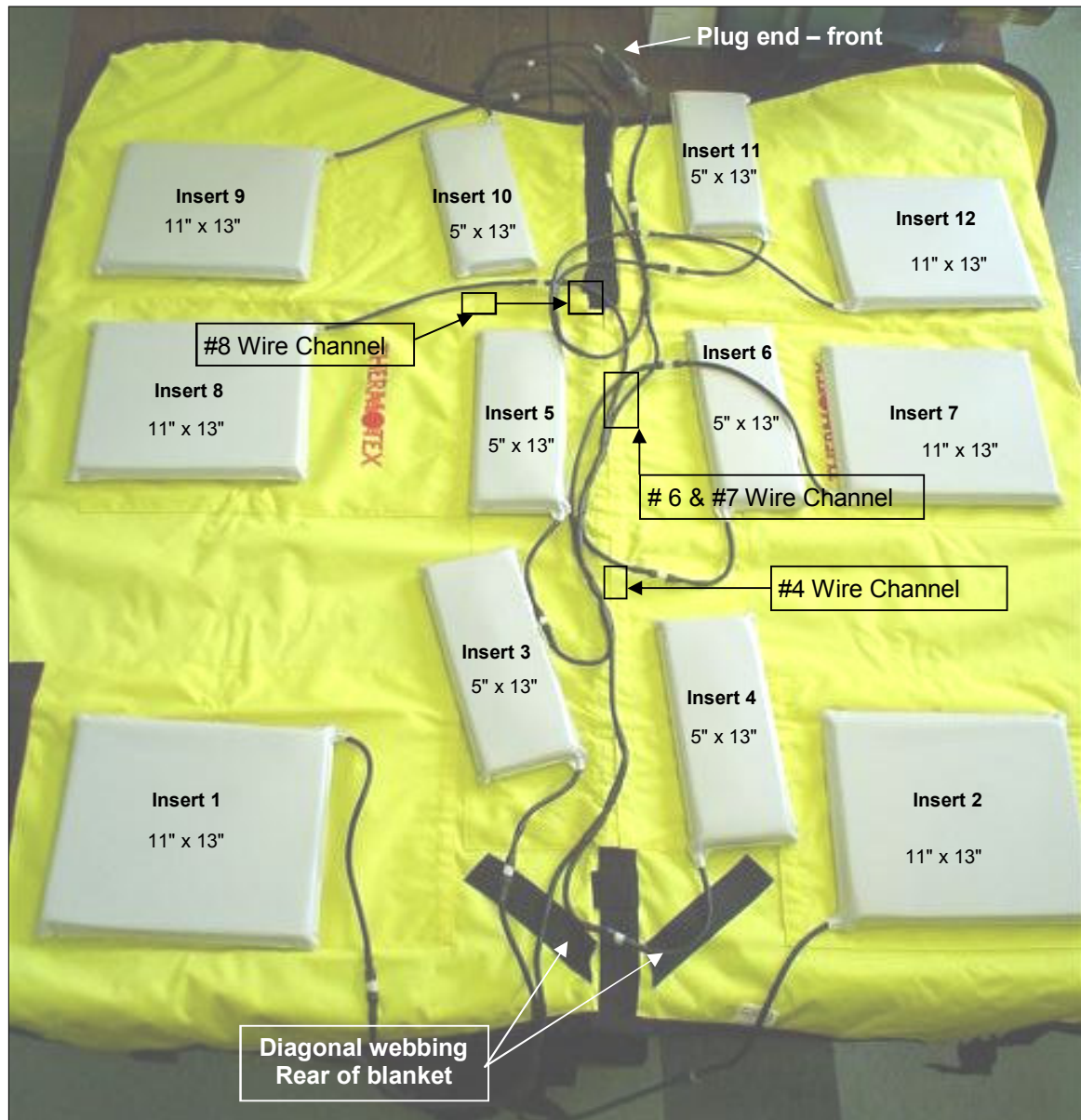
## **READ CAREFULLY**

**DANGER – TO REDUCE THE RISK OF BURNS, ELECTRIC SHOCK AND FIRE, THIS PRODUCT MUST BE USED IN ACCORDANCE WITH THE FOLLOWING INSTRUCTIONS:**

- DO NOT PLUG IN AND LEAVE UNATTENDED.
- CHECK HIDE UNDER THE BLANKET FREQUENTLY.
- DO NOT USE LINIMENT, OINTMENT OR SALVE WHEN USING THIS PRODUCT.
- THERMOTEX THERAPEUTIC SYSTEMS DO NOT CAUSE DEHYDRATION OF BODY FLUIDS.
- NEVER USE THE BLANKET WITHOUT OUTER COVER IN PLACE.
- REMOVE THE HEAT INSERTS AND WIRING HARNESS BEFORE CLEANING OUTER COVER. WASH COVER IN COLD WATER WITH MILD DETERGENT IN AN OVERSIZED MACHINE, ON A GENTLE CYCLE AND HANG TO DRY. IF YOU IRON IT, USE A LOW SETTING. DO NOT BLEACH.
- WHEN NOT IN USE, STORE YOUR THERMOTEX 12 PAD BLANKET IN A CLEAN, DRY AREA, OUT OF REACH OF MICE. (HANGING , UNFOLDED IN A TACK ROOM IS BEST)
- PERIODICALLY EXAMINE THE HEAT INSERTS (PVC). RETURN THE BLANKET FOR REPAIR IF HEAT INSERTS SHOW ANY SIGN OF DETERIORATION.
- DO NOT USE PINS OR OTHER METALLIC MEANS TO FASTEN THE BLANKET IN PLACE.
- DO NOT FOLD OR BEND YOUR THERMOTEX HEAT INSERTS.
- NEVER PULL YOUR THERMOTEX BY THE ELECTRICAL CORD.
- CROSS TIE YOUR HORSE WHEN GIVING A TREATMENT WITH THERMOTEX.

**SAVE THESE INSTRUCTIONS.**

## 12 Pad Therapeutic Blanket Harness Layout for Set-Up



### ASSEMBLE 12 PAD EQUINE HARNESS AND PADS IN BLANKET

Lay out blanket and heat inserts as shown in the photo to the left.  
The Thermotex logo is on the two middle pockets (heat inserts that treat the lungs of the horse).

Open Velcro strip along the centre of the blanket, lay harness along the Velcro strip - the electric plug and switch should be at the front of the blanket as shown in the photo.

#### NOTE:

Ensure all heat inserts are placed in the pockets with the stamped side of the heat insert facing down (padded side goes to the outside of the blanket - facing away from the horse). There are 6, 11" x 13" heat inserts and 6, 5" x 13" heat inserts which fit into the pockets as shown. All pockets are closed using the Velcro. Some wires are made longer in order to adjust depth in pockets and may appear longer than needed. Simply tuck unused wire into the pocket behind the pad.

Standing at the rear of the blanket and harness, perform the following steps:

- Thread first left wire through the diagonal webbing starting at the center Velcro webbing towards the rear left hand pocket.
  - ◇ Connect to 11" x 13" heat insert and place inside the rear left hand pocket # 1.
- Thread first right wire through the slit in the center Velcro webbing at the rear of the blanket and then through the diagonal webbing towards the rear right hand pocket.
  - ◇ Connect to 11" x 13" heat insert and place inside the rear right hand pocket # 2.
- Connect next left wire to the 5" x 13" heat insert and place into small left hand pocket # 3.
- Thread next right harness wire through slit in the center Velcro webbing (# 4 Channel).
  - ◇ Connect wire to the 5" x 13" heat insert and place into small rear right hand pocket # 4.
- Connect next left wire to the 5" x 13" heat insert and place into small front left hand pocket # 5.
- Thread next right (Y) wire through slit in the center Velcro webbing (# 6 & 7 wire channel).
  - ◇ Connect wire to 5" x 13" heat insert and place into small front right hand pocket # 6.
  - ◇ Connect the other wire through the same slit as wire # 6 and then through the small slit at the top at the front of pocket # 6.
  - ◇ Connect the next right wire 11" x 13" heat insert and place into right hand lung pocket #7.
- Thread next right wire through the small slit in the bottom at the front of pocket # 5 shown as # 8 wire Channel in photo
  - ◇ Connect 11" x 13" heat insert and place into left hand lung pocket #8.

(Continued on next page)



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# Equine Hood Therapy System

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## INSTRUCTIONS FOR USE - Please read carefully

### General Step by Step Guidelines:

1. Secure the horse in cross ties.
2. Before treatment, brush dirt away from the head and throat of the horse.
3. Pre-warm the Hood system on the high setting for a few minutes before placing on the horse's head.
4. Fasten the Hood comfortably on the horse using the Velcro Straps.
5. Use the high setting for first 10 minutes of therapy.
6. After the initial ten minutes, turn the switch to the low setting and maintain this setting until the therapy session is complete.
7. Disinfect the inside of the Hood with a mild disinfectant after use and allow it to dry before storing in a clean place.
8. If necessary sponge off the horse's head after treatment.

### Important Safety Instructions

- Never use the Thermotex Hood along with any type of liniment, salve or ointment.
- Do not put on the horse and leave unattended. Check hide under the Hood frequently.
- Do not immerse the Hood cover in water unless the heat inserts and wiring harness have been removed.
- Do not use pins or other metallic objects to hold the Hood cover in place.
- Never use heat inserts without yellow cover in place.
- Periodically examine the heat inserts (PVC). Return the Hood for repair if the heat inserts show any sign of deterioration.
- Do not fold or bend the heat inserts.
- Do not pull the Hood by the cord or use the cord as a handle.

## Hood Assembly



Top Heat Insert

- There are two heat inserts in the Hood System
- One heat insert is positioned on the top of the forehead, midway between the eyes and the other heat insert is positioned mid centre beneath the jaw.
- The "hard side" of the heat insert should be placed inside the Hood cover so that the hard side is facing toward the horse when the Hood is in place
- Each heat insert plugs into the harness which runs up through the top of the system

Heat Insert Beneath Jaw

Top Heat Insert



Top of Hood with heat insert in place and harness running down the neck

Harness Channel

Heat insert beneath jaw



Heat Insert Placement in lower jaw pocket



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# Equine Leggings Therapy System

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## INSTRUCTIONS FOR USE - Please read carefully

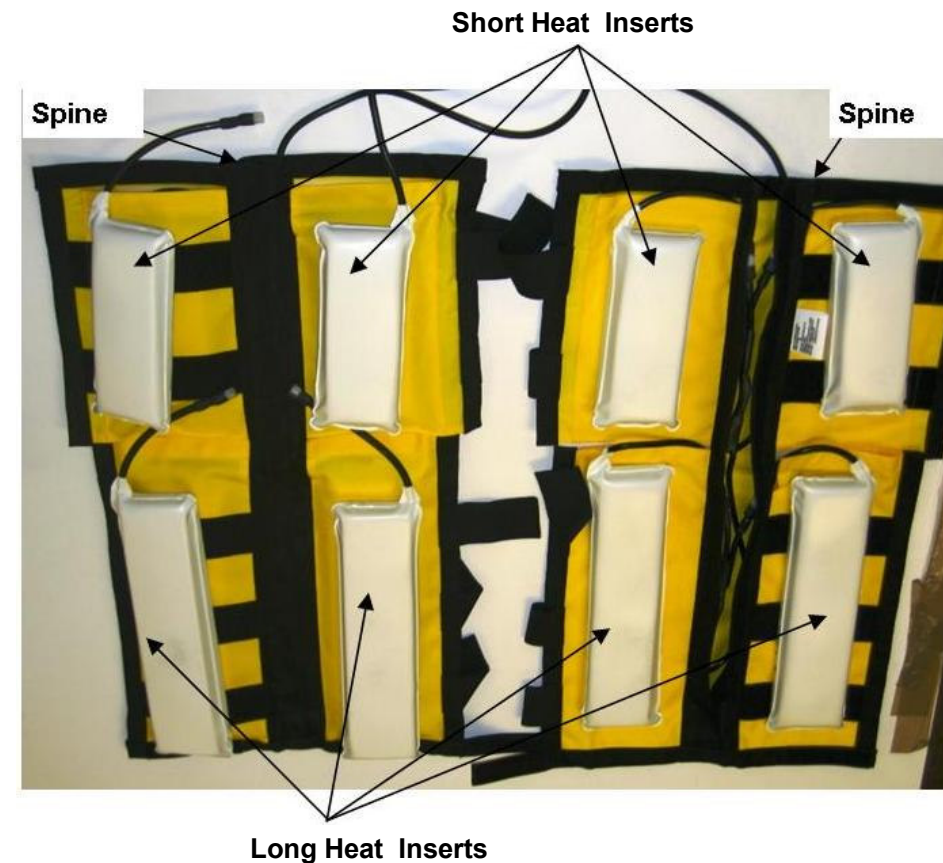
### General Step by Step Guidelines:

1. The horse should have its head tied up or placed in a set of cross ties. In some cases the use of a muzzle may be required.
2. All dirt, poultice, liniments or any topically applied substances should be removed prior to use.
3. Pre-warm the Leggings on the high setting for a few minutes.
4. Place the Leggings on the desired limbs (short pads on the top portion of the legs) and secure the Velcro straps. Patience must be exercised when doing this for the first time, as this is a strange concept for the horse to understand.
5. Keep all cords and Leggings out of reach of the horse's mouth and feet.
6. Turn the switch on the low setting initially until the horse becomes acquainted with the therapy. After a few minutes, set the switch to the high setting for 10-15 minutes.
7. Continue the therapy at the low setting for the duration of the treatment.
8. When the treatment is concluded, the inside of the Leggings should be wiped down with a mild disinfectant, dried and stored in a clean place.
9. A rigorous massage to the tendons and ligaments after therapy is ideal.

### Important Safety Instructions

- Never use the Leggings along with any type of liniment, salve or ointment.
- Do not put on the horse and leave unattended. Check hide under the Leggings frequently.
- Do not immerse the Leggings cover in water unless the heat inserts and wiring harness have been removed.
- Do not use pins or other metallic objects to hold Legging cover in place.
- Never use the heat inserts without yellow cover in place.
- Periodically examine the heat inserts (PVC). Return Leggings for repair if heat inserts show any sign of deterioration.
- Do not fold or bend the heat inserts.
- Do not pull the Leggings by the cord or use the cord as a handle.

## Legging Assembly



- There are 8 heat inserts in the Legging set, as shown; 4 long and 4 short
- Each Legging has 2 of each size
- The “hard side” of the heat insert should be placed inside the Legging cover so that the hard side is facing towards the horse when the Leggings are in place.
- Each heat insert plugs into the harness which runs along the spine of the Legging.



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# Equine Neck Therapy System

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## INSTRUCTIONS FOR USE - Please read carefully

### General Step by Step Guidelines:

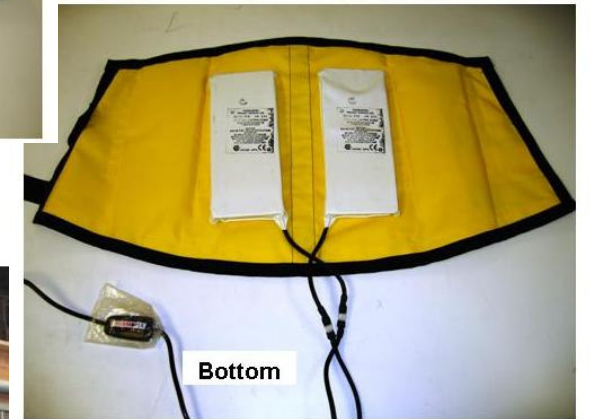
1. Secure the horse in cross ties.
2. Before treatment, brush dirt away from the neck of the horse.
3. Pre-warm the Neck System on the high setting for a few minutes before placing on the horse.
4. Place the Thermotex Neck System on the neck of the horse, secure in place with the Velcro straps and position the heating inserts where desired.
5. Turn Neck System on the high setting for first 10-15 minutes of therapy. Then turn the switch to the low setting for the remainder of the therapy session.
6. Make sure all of the electrical cords are out of the reach of the horse during the entire therapy session.
7. When the therapy session is concluded, wipe the inside of the Neck System with a mild disinfectant, dry and store in a clean place.

### Important Safety Instructions

- Never use the Neck System along with any type of liniment, salve or ointment.
- Do not put on the horse and leave unattended. Check hide under the Neck System frequently.
- Do not immerse the Neck System's cover in water unless the heat inserts and the cord have been removed.
- Do not use pins or other metallic objects to hold the neck cover in place.
- Never use heat inserts without the yellow cover in place.
- Periodically examine the heat inserts (PVC). Return the Neck System for repair if heat inserts show any sign of deterioration.
- Do not fold or bend the heat inserts.
- Do not pull the Neck System by the cord or use the cord as a handle.

## Neck Assembly

- There are 2 heat inserts in the Neck System
- Each heat insert has two possible positions
- The “hard side” of the heat insert should be placed inside the Neck cover so that the hard side is facing towards the horse when the Neck System is in place.
- Each heat insert plugs into the harness which runs through the bottom end of the system.





# Equine TMJ Hood Therapy System

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## **INSTRUCTIONS FOR USE - Please read carefully**

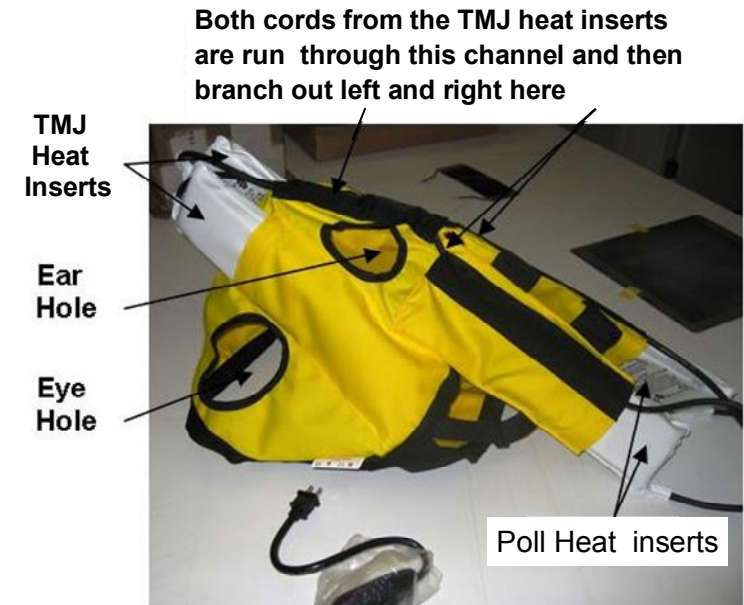
### **General Step by Step Guidelines:**

1. Secure the horse in cross ties.
2. Before treatment, brush dirt away from the head and neck of the horse.
3. Pre-warm the TMJ Hood system on the high setting for a few minutes before placing on the horse's head.
4. Fasten the TMJ Hood comfortably on the horse using the Velcro Straps.
5. Use the high setting for first 10 minutes of therapy.
6. After the initial ten minutes, turn the switch to the low setting and maintain this setting until the therapy session is complete.
7. Disinfect the inside of the TMJ Hood with a mild disinfectant after use and allow it to dry before storing in a clean place.
8. If necessary sponge off the horse's head after treatment.

### **Important Safety Instructions**

- Never use the TMJ Hood along with any type of liniment, salve or ointment.
- Do not put the TMJ Hood on the horse and leave unattended. Check hide under TMJ Hood frequently.
- Do not immerse the TMJ Hood cover in water unless the heat inserts and wiring harness have been removed.
- Do not use pins or other metallic objects to hold the TMJ Hood cover in place.
- Never use the heat inserts without yellow cover in place.
- Periodically examine the heat inserts (PVC). Return the TMJ Hood for repair if the heat inserts show any sign of deterioration.
- Do not fold or bend the heat inserts.
- Do not pull the TMJ Hood by the cord or use the cord as a handle.

## **TMJ Hood Assembly**



- There are 4 heat inserts in the TMJ Hood System.
- Two heat inserts are positioned along side the TMJ (temporomandibular joint) and two heat inserts along the poll.
- The “hard side” of the heat inserts should be placed inside the TMJ Hood cover so that the hard side is facing towards the horse when the TMJ Hood is in place.
- Each heat insert plugs into the harness which runs along a top spine that branches into two veins to accommodate the heat inserts used for treating the poll area.