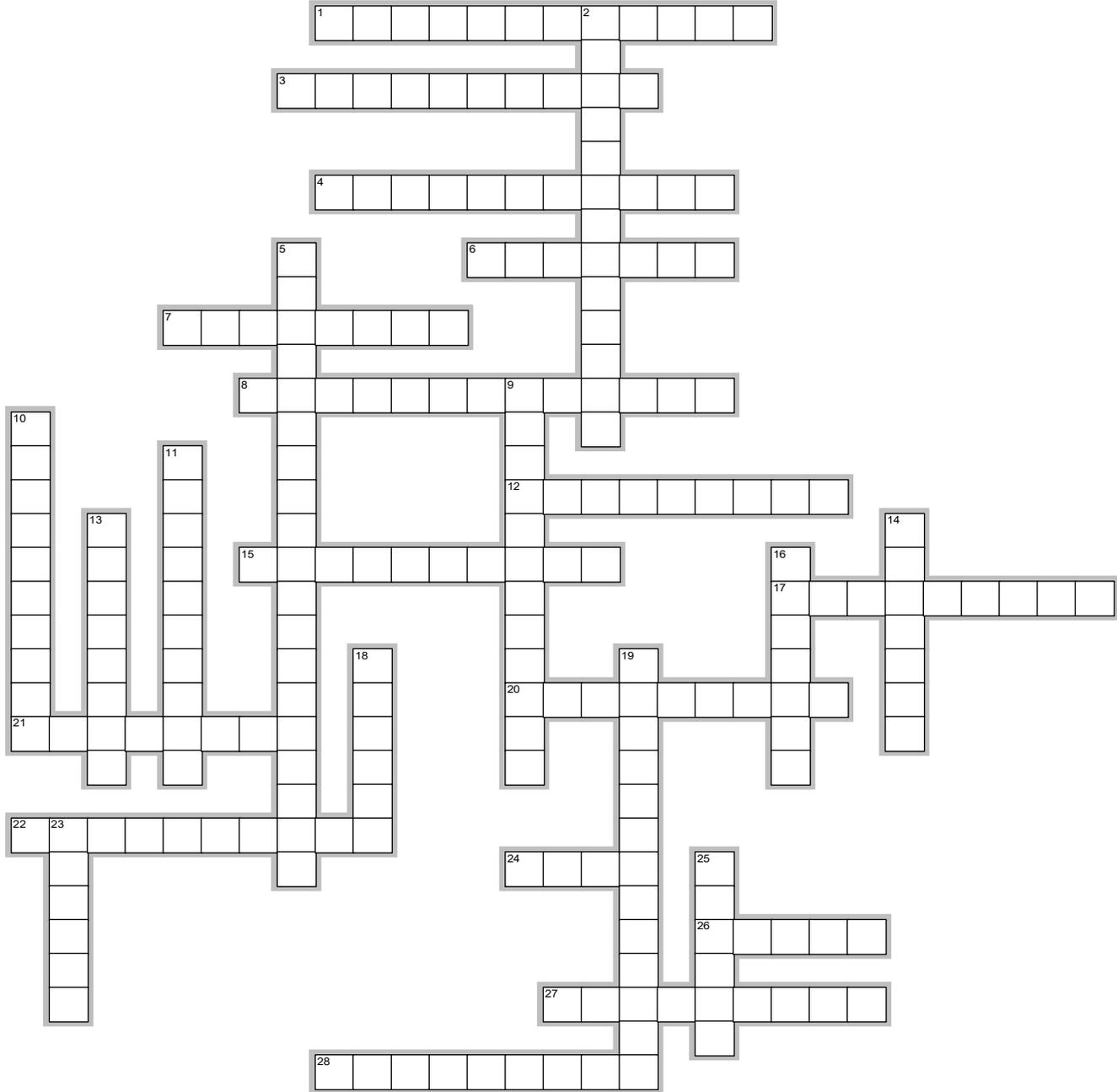


ANATOMY SPINAL – Back Muscles



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WORD BANK

- | | | | | |
|----------------------|----------------------|----------------------------|-------------------|--------------------|
| ABDUCTION | ACCESSORY | DEEP | ELEVATION | EXTENSION |
| FLEXION | ILIOCOSTALIS | ILIOLUMBAR | ILIOTIBIAL | INFERIOR |
| INFRASPINATUS | INTERMEDIATE | LAMINA | LESSER | MASTOID |
| MINOR | MULTIFIDUS | NUCHAL | OMOHYOID | PIRIFORMIS |
| RETRACTION | SPINALIS | STERNOCLEIDOMASTOID | | SUPERFICIAL |
| SUPRASPINATUS | THORACOLUMBAR | TRAPEZIUS | TWELFTH | |

ANATOMY SPINAL – Back Muscles

Across

1. Most lateral division of the erector spinae muscle.
3. Action of the rhomboid muscles on the scapula.
4. Group of extrinsic back muscles which contains trapezius and latissimus dorsi.
6. Rib into which the quadratus lumborum is inserted.
7. Gluteal nerve which innervates the muscle inserted into the gluteal tuberosity.
8. Muscle which is inserted into the middle facet of the greater tuberosity of the humerus.
12. Action of the muscle which originates from the transverse process of C1 and C2.
15. Muscle arising from the anterior surface of the sacrum causing external rotation of the hip.
17. Bony process to which longissimus thoracic pars lumborum is attached.
20. Action initiated by the action of the supraspinatus muscle.
21. Medial group of the erector spinae muscle.
22. Band into which 75% of the gluteus maximus muscle is inserted.
24. Group of intrinsic back muscles to which multifidus muscle belongs.
26. Rhomboid muscle inserted into the root of the spine of the scapula.
27. Action of latissimus dorsi on the arm.
28. Back muscle innervated by the spinal part of the cranial accessory nerve.

Down

2. Fascia in the lower back which is comprised of three layers.
5. Extension of the atlanto-occipital joint.
9. Levator scapulae belongs to this group of back muscles.
10. Deep back muscle attached to the mammillary process.
11. Ligament to which the quadratus lumborum is attached.
13. Muscle which connects the hyoid and scapula bones.
14. Action of the psoas major on the trunk.
16. Process into which the splenius capitis is inserted.
18. Ligament from which part of the trapezius muscle originates .
19. One of two muscles innervated by the suprascapular nerve.
23. Trochanter into which the psoas major muscle is inserted.
25. Origin of the multifidus muscle.