## InBodyband size Guide



Small
5.1-6.7 inches


Medium
5.5-7.6 inches


Large
5.5-9.2 inches


## Step 1

Print this page in landscape orientation at 100 \% (do not scale to fit). Cut out the size guide and wrap it snug around your wrist. The end with the arrow should be on top.

## Step 2

The arrow will point to one of the three zones: small, medium, or large.
Wherever it points is your approximate size.
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