

Getting Started

A simple guide to upgrading your massage linens to the planet-friendly Scrummi sustainable system.



Scrummi

sustainbeauty.co

Dressing a Massage Table

1 Spa Sheet Over Fitted Sheet

Place your Scrummi Spa Sheet over the fitted sheet. This means you do not have to change the fitted sheet for every client, but instead simply dispose of the spa sheet. We recommend using a terry cloth fitted sheet to add cushion and grip to avoid slippage while turning the client.

2 Protect their Face

Scrummi has a spa sheet with a face hole if your massage table has a built-in hole (as pictured). If you have a table with a retractable face cradle, use a Scrummi cradle cover to protect the face and add comfort.



3 Wrapped in Comfort

Rather than washing your blankets each time, lay another Spa Sheet or Spa Wrap Sheet between the client and blanket. Depending on the size of your bed and client, you can choose between the XL Spa Sheet or the Wrap Sheet. Lay open the top corner of the spa sheet and blanket for the client to slide in.

Use a Scrummi Wide Headband out to gently wrap around the clients' head and protect their hair and a Scrummi Small Towel over their eyes when they are face up.

NOTE: If you use hot towels during your service, ensure to place soaking wet Scrummi medium towels into your towel warmer at least one hour before the service. Scrummi is highly absorbent so it needs a lot of water to remain wet.

MASSAGE CHECKLIST

Use this checklist to create your order. Typical usage is **one per guest** of each selected below.

- 01 SPA SHEET**
- Scrummi Spa Sheets come in three sizes
- Regular (31.5 x 71 in)
 - Large (39.3 x 78.75 in)
 - Extended.w/face hole (31.5 x 78.75 in)

SPA SHEET OR WRAP SHEET

Choose either a second Spa Sheet or a Spa Wrap Sheet to go between the guest and the blanket.

- 02 CRADLE COVER**
- Scrummi Cradle Cover for a retractable face cradle.
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- 03 HEADBAND**
- Scrummi Wide Headband to protect your guest's hair from product.
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- 04 WARM TOWEL**
- Scrummi Medium Towel if you use a warm towel during service.
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- 05 EYE COVER**
- Scrummi Small Towel to cover the eyes or to wrap around a weighted aromatherapy pillow.
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