

# Getting Started

---

A simple guide to upgrading your skin services to the planet-friendly Scrummi sustainable system.



Scrummi

[sustainbeauty.co](https://sustainbeauty.co)

# Dressing a Spa Bed

---

## 1 Spa Sheet Over Fitted Sheet

Place your Scrummi Spa Sheet over the fitted sheet. This means you do not have to change the fitted sheet for every client, but instead simply dispose of the spa sheet. We recommend using a terry cloth fitted sheet to add cushion and grip to avoid slippage.

## 2 Wrapped in Comfort

Rather than washing your blankets each time, lay another Spa Sheet or Spa Wrap Sheet between the client and blanket. Depending on the size of your bed and client, you can choose between the XL Spa Sheet or the Wrap Sheet. Lay open the top corner of the spa sheet and blanket for the client to slide in.



## 4 Protect the Pillow

If you use a pillow during the service, use a large Scrummi towel to cover the pillow and protect it from product.

**NOTE:** If you use hot towels during your service, ensure to place soaking wet Scrummi medium towels into your towel warmer at least one hour before the service. Scrummi is highly absorbent so it needs a lot of water to remain wet.

# Setting Up for the Service

---

## 1 Headband

Choose between the regular or wide headband and lay it out on the pillow for you to wrap them.



## 2 Bio Mitt or Mini Towels

This is a matter of preference; some prefer to remove product using mini facial towels, or Bio Mitts.



## 3 Body Upgrades

For services that include foot or hand wraps, set aside two medium towels to wrap feet and legs and two bio mitts for client's hands.

# SKINCARE CHECKLIST

---

Use this checklist to create your order. Typical usage is **one per guest** of each selected below.

---

- 01 SPA SHEET**
- Scrummi Spa Sheets come in three sizes
- Regular (31.5 x 71 in)
  - Large (39.3 x 78.75 in)
  - Extended.w/face hole (31.5 x 78.75 in)

**SPA SHEET OR WRAP SHEET**

Choose either a second Spa Sheet or a Spa Wrap Sheet to go between the guest and the blanket.

---

- 02 LARGE TOWEL**
- Scrummi large towel to protect a pillow if used during service.
- 

- 03 HEADBAND**
- Scrummi Wide or Regular Headband to protect your guest's hair from product.
- 

- 04 MEDIUM TOWEL**
- Scrummi Medium Towel if you use warm towels during service.

Two Scrummi Medium Towels for wrapping feet.

---

- 05 BIO MITT AND/OR FACIAL TOWELS**
- For removing product during the service. Choose one or both; many estheticians love the mitts for masks and the towels for cleanser and makeup remover.
-