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Winter Knits from Scandinavia



24 Patterns
for Hats, Mittens, and Socks

Jenny Alderbrant
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CONTENTS



Knitting Should Be Fun!.....	8	Astrid's Butterflies—mittens	
The Practical Details.....	10	and hat.....	60
Materials and Tools.....	17	JennyPenny—mittens.....	64
Abbreviations and Symbols.....	20	Tulip Party—mittens.....	68
Patterns		Little Snail—hat and mittens.....	72
Foxy—Fox mittens.....	22	Oriental Moods—socks.....	76
Bolster—mittens.....	26	Fine Evelina—mittens.....	80
Irma—Horse mittens.....	30	Fine Evelina—hat.....	84
DalaUlla—mittens.....	36	Evening Star—cowl.....	87
Kurbits Delight—hat.....	40	Winter Street—hat.....	90
Magnar—hat.....	43	Elly—mittens.....	92
Magnar—mittens.....	45	Felicia—mittens.....	96
ElinPelin—socks.....	48	Felicia—hat.....	101
Missy C—Cat mittens.....	53	Christmas Peace—mittens.....	103
Papilio—Butterfly mittens.....	56	Christmas Peace—socks.....	106
		Yarn Information.....	110

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sister Kamilla Alderbrant, who helped by knitting all the samples shown in the book. You are all fantastic, and I am so happy that you were around—and willing to serve as sounding boards whenever new ideas popped up.

My thanks also go to some of the sweet models! They include Irma Westenberger with the horses Sveinn and Háleggur, and also Erika Bad (again) and her daughters Astrid and Kerstin.

My warmest thanks go to my family, who stood by me when I was the most distracted with my pattern creating and spread yarn and knitting all around me.

KNITTING SHOULD BE FUN!



Puzzles and handcrafts have always been a big part of my upbringing. My mother knitted a lot when I was a child, and I probably learned how by watching her. But I consider Christmas 2012 the real starting point for my knitting as an adult. I had taken yarn home to Mama to knit a sweater for my French bulldog, Penny, who was rather sensitive to the cold. Nothing came of that project—but I was inspired to knit socks after I saw all the fine colorful pairs my mother had knitted.

No sooner said than done! I learned the basics from my mother that holiday and started knitting. Without really having a clue about the process, I managed to finish a pair of stranded multi-color knit socks. After I discovered that stranded knitting worked best by knitting or sometimes purling in the correct sequence following the pattern, it wasn't much of a stretch to design my own patterns. First out was a pair of mittens with a French bulldog on them. Pattern creation has now become my greatest passion! I love the challenge of trying to fit a detailed design proportionately on a chart.

I've also realized how much more fun it is to knit when you have an inspiring, clear, well-done pattern in front of you! Over the years, I've posted many of my patterns on Ravelry—a knitting community on the internet. To my delight, it seems that my motifs have served to spread inspiration to knit to the fingers of many others. Nowadays, I also have a webshop called LullUll by JennyPenny (lullullavjennypenny.se) where you can order my patterns, yarn for them, knitting supplies, and my own hand-dyed yarn.

In this book, I've collected some of my best-loved and most appreciated motifs for mittens, hats, and socks. You can knit them in the colors and yarn you choose—or you can order a yarn kit from my webshop, if that's easier. My best advice is to choose something you really want to knit or would like to give to someone else. There isn't any better motivation for learning new techniques or completing a project. Have fun!

Jenny Alderbrant

(or JennyPenny, which is my design penname)



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OTHER TERMS YOU SHOULD BE FAMILIAR WITH

- or **()**: repeat the stitches between the asterisks or parentheses as many times as given or to the end of the row/round.

Hook Stitches: worked with two strands of the same color, alternating knit and purl stitches. The strand for the purl stitches always stays on the RS when not in use until the next purl stitch. On the first round, begin with purl 1; begin round 2 with k1.

Decrease: knit 2 stitches together as 1.

Increase: make 1—pick up the strand between two stitches with the left needle tip from front to back and knit directly into the back loop.

German Short Rows: short row knitting used to shape a garment in a particular way. The difference between it and other types of short rows is how/what one does to decrease or shape a heel when turning and working in the opposite direction in the center of the piece.

Kitchener Stitch: see explanation on page 14.

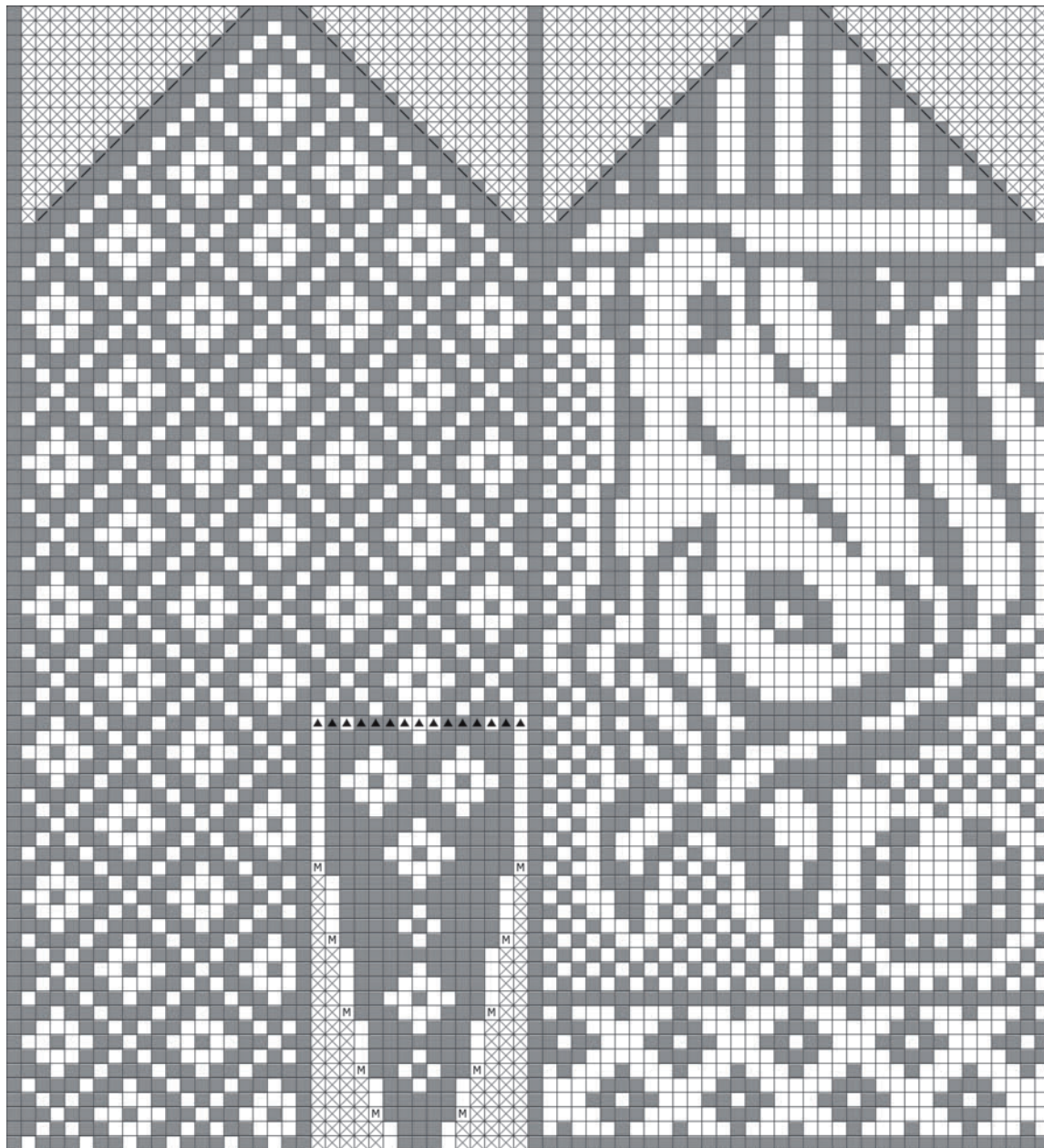
Duplicate Stitch: see video link on page 14.



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Adult Mitten Chart: See page 30 for how to read the chart for each mitten.









- Cut yarn and draw through remaining sts to close the hole at the top of the mitten; tighten.

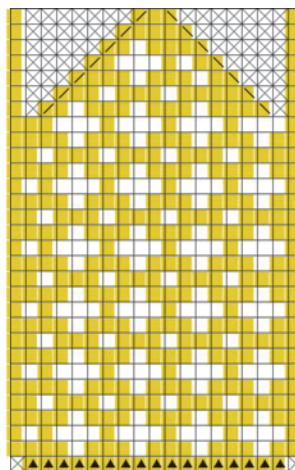
Thumb:

- Place the 17 sts from the holder onto larger dpn. Pick up and knit 19 sts around back of thumbhole. Work thumb around in charted pattern. **Note:** The first and last picked-up sts form the band up each side of the thumb = first and last sts of chart. The back of the thumb is worked as for the front.
- Shape and finish the top of the thumb as for mitten top.

Finishing:

- Weave in all ends neatly on WS.
- Block the mittens by soaking or dampening them in lukewarm water. Gently squeeze out excess water. Lay mittens flat to dry, patting out to finished measurements. Good luck!

Thumb Chart:



- When you finish the thumb gusset and reach the round marked for the thumb placement, set the marked sts aside on scrap yarn or a stitch holder (these sts will later be worked in the thumb). CO the same number of sts for back of thumb: with long-tail cast-on and working yarns in pattern.
- Continue following the chart, shaping the top as shown.





Before you begin knitting, read completely through the instructions. You'll find Abbreviations and Symbols on page 20. Read the pattern chart from right to left, from the bottom up. Read the mittens chart from right to left for the right-hand mitten and from left to right for the left-hand mitten. The stitch gauge within parentheses () pertains to the hat with 6 pattern repeats around. Each row repeat on the hat chart is repeated around.



- Knit 1 rnd, increasing evenly spaced around to 140 [= (K6, M1) around] (168) [= (K5, M1) around] sts.

Hat:

- Change to larger, gauge-size needles and work following the chart.
- After completing the crown shaping, cut yarn and draw end through remaining sts; tighten.

Finishing:

- Weave in all ends neatly on WS.
- Block the hat by soaking or dampening in lukewarm water. Gently squeeze out excess water. Pat out to finished measurements and leave until completely dry.

How to make a pompom for the hat:

Cut two circles out of thin cardboard or heavy cardstock (paper plates work well). Make the



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Before you begin knitting, read completely through the instructions. You'll find Abbreviations and Symbols on page 20. This cowl uses three colors which I have designated F1 (favorite color, Mustard Yellow), F2 (CC, White), and F3 (MC, Gray). You can rearrange the colors as you like—let your imagination take flight.





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YARN INFORMATION

Moods of Colors yarns are available from:

MOODS OF COLORS

www.moodsocolors.com

A variety of additional and substitute yarns are available from:

WEBS – AMERICA'S YARN STORE

75 Service Center Road
Northampton, MA 01060
800-367-9327
www.yarn.com

LOVEKNITTING.COM

www.loveknitting.com/us

If you are unable to obtain any of the yarn used in this book, it can be replaced with a yarn of a similar weight and composition. Please note, however, the finished projects may vary slightly from those shown, depending on the yarn used. Try www.yarnsub.com for suggestions.

For more information on selecting or substituting yarn, contact your local yarn shop or an online store; they are familiar with all types of yarns and would be happy to help you. Additionally, the online knitting community at Ravelry.com has forums where you can post questions about specific yarns. Yarns come and go so quickly these days and there are so many beautiful yarns available.

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Wild and Wonderful Winter Knits

There's nothing quite as cozy as multi-color stranded knitting—and with quick, fun projects, clear instructions, and easy-to-follow charts, it's never been simpler! Knit designer Jenny Alderbrant has collected 24 of her best-loved patterns for mittens, hats, and socks, with dozens of colors and delightful motifs that'll keep you warm all winter long. Try out time-tested classics like flowers and starry snowflakes, or get creative with cats, butterflies, and more!

Easy-to-adjust sizes, for children and adults.

Eye-catching designs to suit every taste, from traditional Scandinavian and Christmas patterns to unique renditions of snails, foxes, and happy tulips.

Pick your own favorite colors, add pompoms, and work faux-cabled brims, ribbed cuffs, or picot edges.



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