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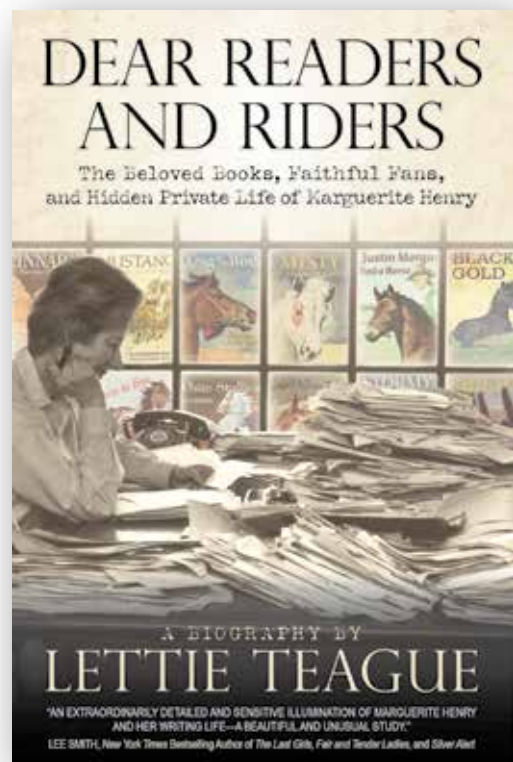
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“Yet when the books have been read and reread, it boils down to the horse, his human companion, and what goes on between them.”

—WALTER FARLEY

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392 pp • 6 x 9
123 color and b&w photos
978 1 64601 194 0
\$27.95 • pb
Recently Published



Dear Readers and Riders

The Beloved Books, Faithful Fans, and Hidden Private Life of Marguerite Henry

As an author, Marguerite Henry was remarkably prolific, with 59 books published, millions of copies sold, and nearly 80 years of her life spent writing them—or responding personally to the stacks of fan mail she received. Her books, most meticulously researched historical fiction about influential horses and the hosts of fascinating characters who surrounded them—to name just a few, her Newbery Award winner *King of the Wind*, the book that changed an island *Misty of Chincoteague*, and the glowingly reviewed *Justin Morgan Had a Horse*—have had an outsized influence on those who grew up reading them.

With particular purpose to uncover what is little known about the author, as well as superb instincts for illustrating fascinating details that help readers construct the settings in which Henry's creative mind, intensive historical and scholarly research, and storytelling ability matured and evolved, accomplished journalist and author **LETTIE TEAGUE** has provided a unique biography that is as much a pleasure to read as her subject's own books. Highlighting over a dozen titles that represent, to Teague, not only the best of Marguerite Henry's work but help tell the story of Marguerite Henry herself, and following the trail of some of her remarkable collaborators—most importantly, the charismatic and talented artist Wesley Dennis—Teague gives Henry fans what they always strived for through their thousands of letters: personal connection.

Featuring original artwork by Wesley Dennis from some of Henry's best-known books, as well as over 100 personal photographs, letters, and artifacts few have seen, this is a warm and wonderful biography for bibliophiles, horse lovers, aspiring writers, and Marguerite Henry fans, young and old.

LETTIE TEAGUE has been *The Wall Street Journal's* wine columnist since 2010. Before joining the *Journal*, Teague was the executive wine editor and columnist for *Food & Wine* magazine. She is the author of two books, *Wine in Words* and *Educating Peter*, and co-author and illustrator of *Fear of Wine*. Her writing has won three James Beard Awards, including the M.F.K. Fisher Distinguished Writing Award. More importantly, Teague has been a fan of bestselling children's book author Marguerite Henry since she was nine years old. A horsewoman as well as an oenophile, Teague's first horseback ride took place around the same time as

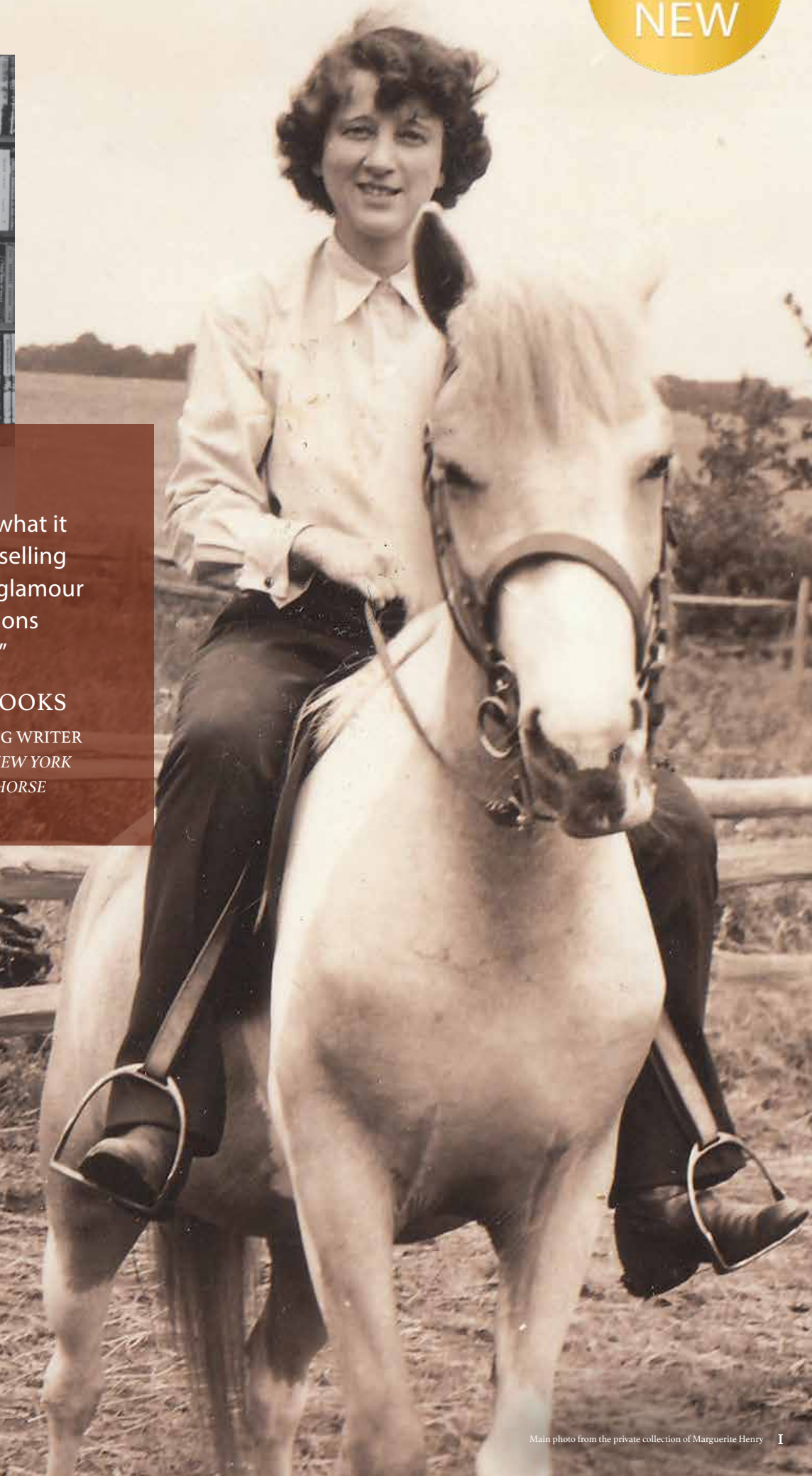
her first Marguerite Henry book (*Born to Trot*) and she, like Henry, grew up in the Midwest aspiring to be a writer. “Perhaps that’s the biggest reason why I want to tell Marguerite’s story,” says Teague. “I feel like so many of the same things have shaped our lives.” Teague is currently based in New Jersey, which she proudly notes happens to have one of the highest horse populations in America. As Teague points out, it may be called the “Garden State” but it might as well be entitled “The Horsiest State.” (Teague is working on this as a proposed license plate.)

“

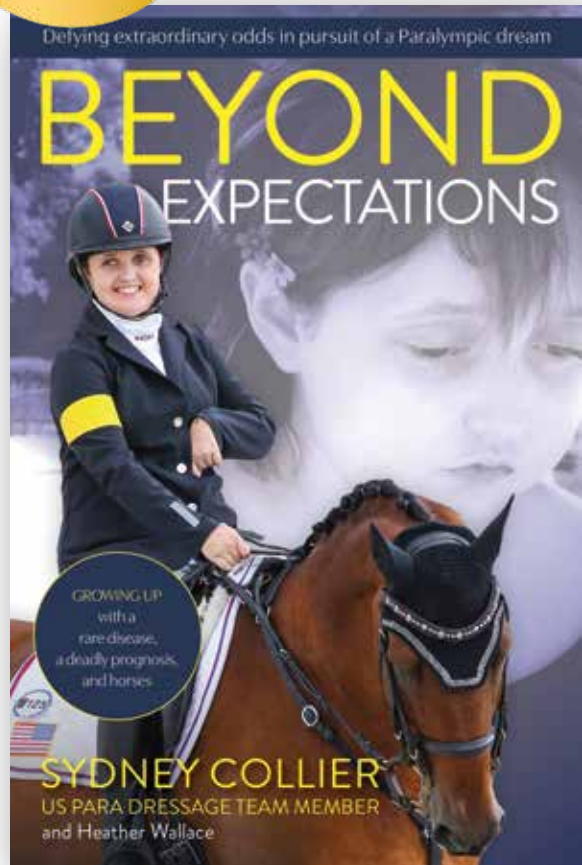
A rare portrait of what it takes to be a bestselling writer far from the glamour of New York salons and soirees.”

GERALDINE BROOKS

PULITZER PRIZE-WINNING WRITER
AND AUTHOR OF *THE NEW YORK TIMES* BESTSELLER *HORSE*



NEW



June 2024
978 1 64601 189 6
For final price and specifications visit TrafalgarBooks.com

Beyond Expectations

A True Story of Growing Up with a Rare Disease, a Deadly Prognosis, and Horses

For seven years, **SYDNEY COLLIER** enjoyed the life of a happy, active child, with supportive parents and siblings. Early on she fell in love with four-legged animals—especially horses.

Then a routine eye exam changed everything. Sydney had the incredibly rare Wyburn-Mason Syndrome, a congenital birth defect that causes arteriovenous malformations in the brain. The resulting “clumps” of veins and arteries have increased blood flow and a high risk of aneurysm, and they tend to affect the brain, eye, and facial structures.

During a risky brain surgery in 2009, Sydney suffered a devastating and massive stroke, putting her in a wheelchair. But Sydney refused to give up on her goal of one day riding horses at the high-performance level for the United States. She wanted to become a competitor in the Paralympics, and to do it in partnership with the only thing that still brought her peace and happiness—horses.

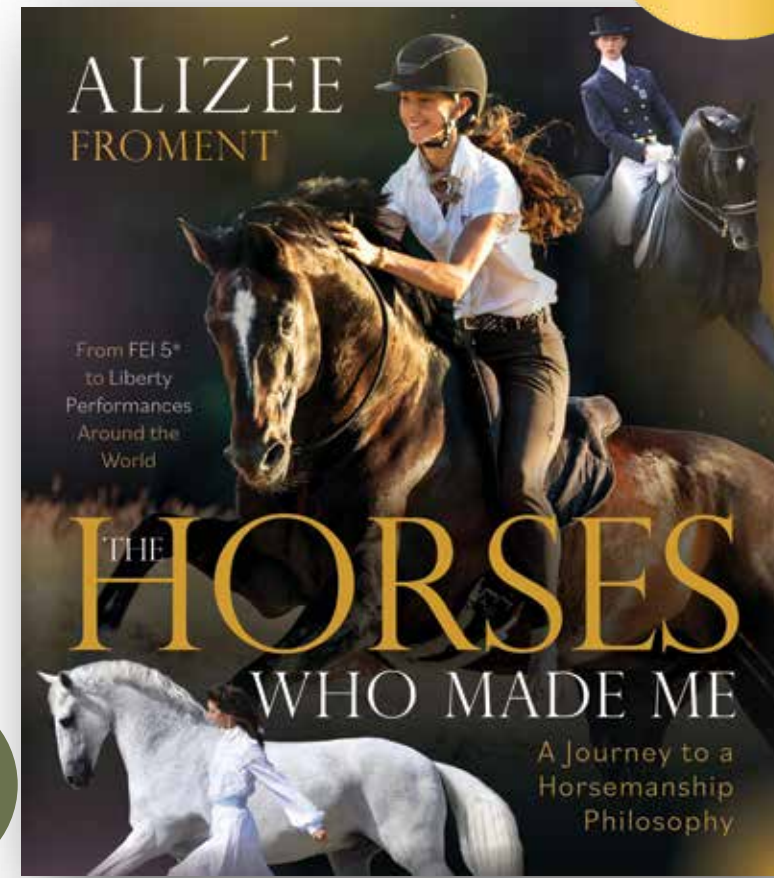
This is the story of a brave young woman’s journey from doctors’ offices to medal podiums, in her words. Anyone looking for a reason to believe that dreams can be realized, regardless of the odds, will find motivation in these pages.

SYDNEY COLLIER began riding at age seven, and even after being diagnosed with the rare Wyburn-Mason Syndrome, she never relinquished the dream of returning to the saddle and the sport that she loved. She earned a spot on the US Para Dressage Team at age 16, and was the youngest competitor at the 2014 World Equestrian Games in France. At age 18, she won the 2016 US Para Dressage National Championships and became the youngest member in the 2016 Equestrian Paralympics in Rio de Janeiro. Sydney graduated DeVry University on an Olympic scholarship, majoring in communications and is currently working to finish her MBA. Sydney has been awarded the FEI Against All Odds Award, USEF Junior Equestrian of the Year, and The Captain Andrew B.

De Szinay Memorial Sportsman Trophy. She was featured in the 2022 feature documentary *ParaGold*, directed by Ron Davis, which follows the lives of four Paralympic equestrian hopefuls as they vie for a spot on the US Paralympic Dressage Team. Sydney is based in Wellington, Florida (sydsparaquest.com). **HEATHER WALLACE** is the award-winning author of the books *Confessions of a Timid Rider*, *Adulting with Horses*, and *Girl Forward*. In addition, she publishes a popular blog called *The Timid Rider* and co-hosts the podcast *Adulting with Horses* (timidrider.com).



NEW



200 pp • 9 x 10 1/2
180 color photographs
978 1 64601 215 2
\$35.00 • hc
Recently Published

The Horses Who Made Me

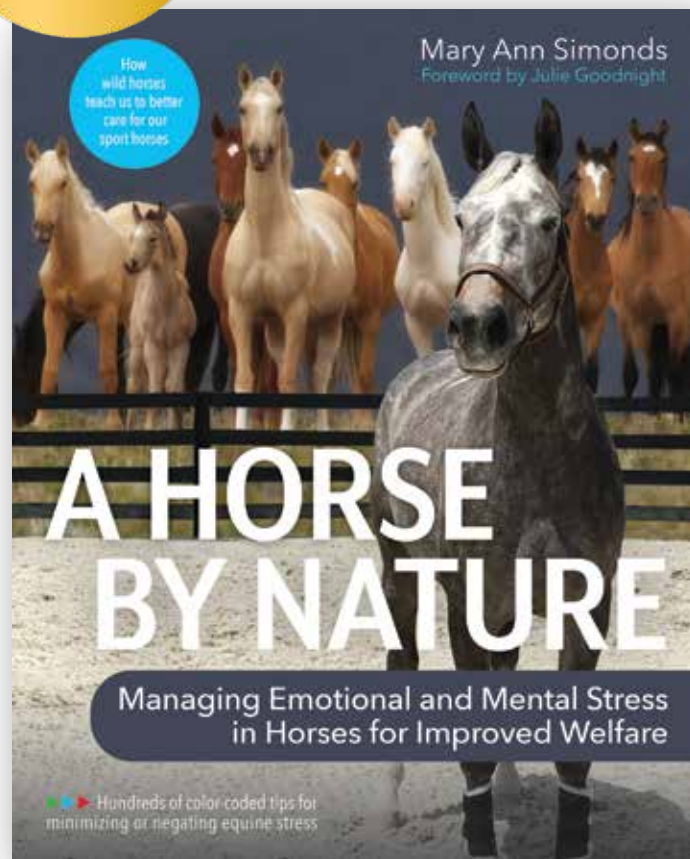
A Journey to a Horsemanship Philosophy

In her deeply personal and strikingly beautiful book, former French international dressage competitor **ALIZÉE FROMENT** traces her evolution as a horsewoman, a dressage rider, and now a world-renowned performer and liberty trainer. Readers meet the ponies she learned on, and the challenging mounts that helped her grow as a junior rider. There were horses she immediately loved and horses she had to work to connect with—and eventually there were Mistral and Sultan, whom she calls her “yin and yang,” and who elevated her aspirations both beside and on the back of a horse. It is with these two special souls that Froment further explored riding the Grand Prix movements with only a neck rope—no bridle or bit, and often bareback as well—and demonstrating to the world the potential that is there to enjoy, for those open to the experience and willing to invest the time necessary.

Readers will be entranced by Froment’s willingness to bare her soul, powerfully articulating her feelings when confronted with the difficulties of choosing a path forward, dealing with performance expectations, facing failures and successes, retiring a beloved partner, and the changing circumstances and altered allegiances of her heart when her daughter Louise is born. As tender as a story about riding, competing, and performing with horses at the highest levels can be, *The Horses Who Made Me* is first a story of one woman’s personal journey, eternally questioning herself, but also an inspiration for anyone who is forever striving for a better way of understanding horses, because of the profound beauty you just might find.

ALIZÉE FROMENT is a former jumper rider who switched to dressage when she was a young rider and eventually competed successfully internationally at the Grand Prix level, as well as training the French National Dressage Pony Team for five years. Since 2009, Froment has been sharing her philosophy of working with horses in beautiful performances where she demonstrates that even

the most technical dressage exercises can be ridden with only a neck rope (no bridle or bit). With several hundred thousand spectators who have seen her perform live all over the world, more than 100,000 followers on Instagram, and almost 50,000 on Facebook, she has become famous for integrating the bitless bridle and the neck rope into her training routine with horses of all ages and levels.



424 pp • 7¼ x 9¼
331 color photographs
978 1 64601 182 7
\$45.00 • pb
Recently Published

A Horse By Nature

Managing Emotional and Mental Stress for Improved Welfare

The first complete reference to help equestrians make the changes needed to ensure social license and the ability to ride and compete horses for years to come.

Renowned wild horse ecologist and equine behaviorist **MARY ANN SIMONDS** provides a practical soup-to-nuts manual for understanding how horses think, feel, learn, communicate, and interact with each other and with humans. Integrating over 30 years of field research, identifying functional social behaviors in wild horses with her lifelong professional practice working with equestrians solving equine behavioral issues, Simonds helps readers gain a strong foundation into the emotional and cognitive lives of horses and explore various horse-human relationships. She provides numerous tools for assessing personalities, communicating with horses, and understanding how horses learn, with an emphasis on improving care and reducing stress in competitions and sports.

Filled with hundreds of color-coded tips and beautiful photos, and backed by science, personal stories, and unique insights, readers have multiple ways to quickly find useful information and apply it to their own horse-human situations. Whether preparing for a horse show, working with young stock, riding on the trails, adopting a wild horse, running a rescue, or just hoping to improve your communication and relationships with all horses, this book is a catalyst for much-needed change in the equine industry.

MARY ANN SIMONDS grew up loving horses and showing in California, then pursued her passion, studying wild horses and equestrian psychology. She developed a professional practice of more than 45 years as a researcher, educator, coach, and consultant. A pioneer in the field of human-animal interactions, Simonds established models for minimizing stress in both humans and horses with a focus to improve sport horse welfare. She lectures internationally, working with veterinarians,

professionals, and equine enthusiasts. Simonds has published numerous articles, books, and videos. Selling her farm after 25 years and running the Whole Horse & Equestrian Science Institute for 35 years, she now happily lives in Wellington, Florida, and continues to teach, write, and speak on the subject of equine welfare (maryannsimonds.com).

“

This book gives us an in-depth look at the horse that lies behind our stylized ideals of what we believe horses to be... It may well be our Rosetta stone.”

MARY KNOWLTON

PRESIDENT OF THE UNITED STATES
HUNTER JUMPER ASSOCIATION (USHJA)



256 pp • 11 x 11
183 color photographs
978 1 64601 213 8
\$49.95 • hc
Recently Published

Wild Horses of Skydog

Blue Zeus & Families

The Skydog Ranch and Sanctuary covers over 9,000 acres in California and Oregon, where wild horse advocates are working tirelessly to save captured Mustangs and return them to freedom. To date Skydog has rescued over 300 wild horses and 50 donkeys and mules, with a special focus on finding and reuniting bonded families who may have once roamed the West together but who were separated during the roundup process.

In this striking book, gorgeously illustrated with hundreds of dramatic photographs, Skydog founder **CLARE STAPLES** recounts heartbreaking tales of liberty lost and the dramatic extents to which some Mustangs will go to flee captivity or rejoin their family bands. She describes the mission that drives her and the Skydog team to identify and locate iconic wild horses that have been removed from public lands, and then secure them in order to assure them freedom at the Sanctuary for their remaining years—whenever possible, in the company of their original wild herdmates.

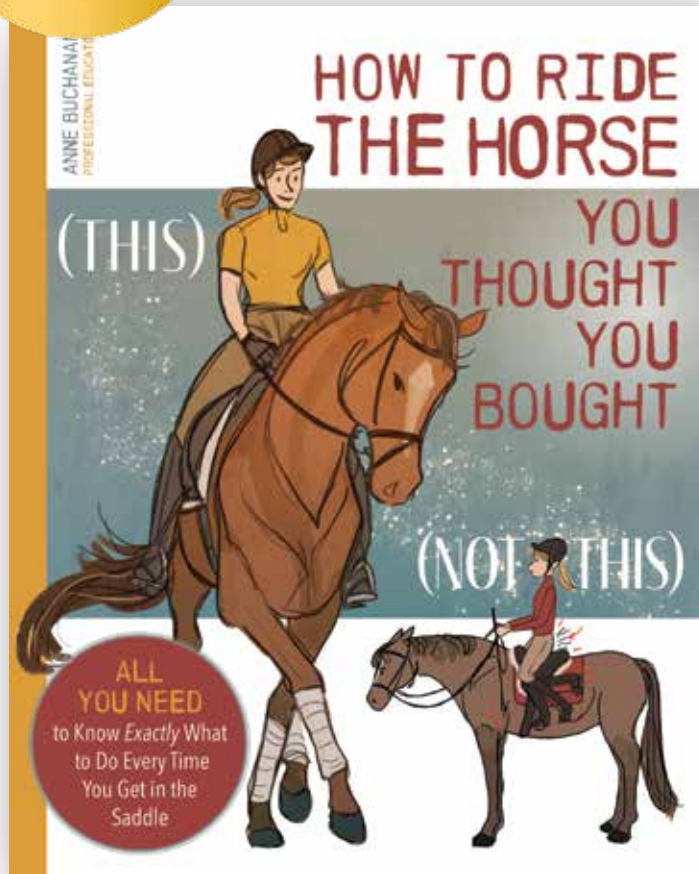
Readers meet 21 horse families, including that of Blue Zeus, the stunning Wyoming stallion who Staples admired in the wild for years before, in the fall of 2020, his herd was slated for roundup and captured, in one day losing both their freedom and each other. The story of the urgent search for him and his mares and foals, and their eventual reunion in the hills of Oregon, encapsulates all that Skydog hopes to accomplish for hundreds more horses in the years ahead. *A percentage of all sales goes toward supporting Skydog Ranch and Sanctuary.*

CLARE STAPLES is the founder and president of Skydog Ranch and Sanctuary in Malibu, California, and Bend, Oregon, which provides long-term homes for formerly free-roaming wild horses gathered from the American West by the United States government. Staples is a lifelong wild horse advocate, managing the Sanctuary with a passion and commitment that has helped make her one of the world's leading voices on the plight of Mustangs and the

myriad social and political issues that surround them. **JAMIE BALDANZA** created her own production company This Mustang Life, which concentrates on bringing animal causes to the public through film and photography. She is the director of the docuseries *Wild Lands*, *Wild Horses* and a short film called *Pass the SAFE Act Now*. **STEVE RYMERS** is a photographer who followed a family of Mustangs he had been photographing in the wild to Skydog Ranch and Sanctuary when they were rescued after a Bureau of Land Management roundup.



NEW



August 2024
978 1 64601 205 3
For final price and specifications visit TrafalgarBooks.com

How to Ride the Horse You Thought You Bought

All You Need to Know Exactly What to Do Every Time You Get in the Saddle

In this fresh look at the fundamental skills needed when training and riding a horse, career educator and lifelong horsewoman **ANNE BUCHANAN** provides crucial keys so the everyday horse enthusiast can:

- ◆ Decode how the horse functions.
- ◆ Become aware of crucial technicalities of riding that are often overlooked or bypassed.
- ◆ Grow a toolbox of training ideas so that every ride has meaningful and attainable goals.
- ◆ Easily recall what to do, when, during any ride.

With the understanding that many riders yearn to be productive with their horses, Buchanan empowers them with well-researched and time-tested answers to the question, "What should I do with my horse today?" She also addresses the building blocks that must be in place so that this question can be answered in many ways, and all of them successful. In addition, "Study Guides" throughout the book serve as easy-to-use "formulas" so readers can reconstruct what they've learned at any time.

With engaging illustrations and links to helpful instructional videos throughout, this is both a go-to reference and a launchpoint for every amateur hoping to grow her horsemanship abilities while doing right by her horse.

ANNE BUCHANAN is a retired science teacher, education consultant, and high school principal who spent her career devising ways of making baffling concepts relatable, meaningful, and useful, and teaching teachers how to create and present lesson plans. She has a lifetime of training and experience in how to teach, how to learn, and how to think. Buchanan has also been riding horses for over 50 years and

explored a wide variety of disciplines and breeds herself, as well as teaching riding lessons to people with vastly varying ability levels, belief systems, goals, and personality types. Buchanan was the Director of Administration for the 2010 World Equestrian Games (WEG). She is based in Kentucky.

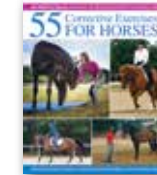


NEW



33 Strength and Fitness WORKOUTS FOR HORSES

JEC ARISTOTLE BALLOU, AUTHOR OF 55 CORRECTIVE EXERCISES FOR HORSES



ALSO RECOMMENDED

144 pp • 7 x 8½
75 color photographs
978 1 64601 186 5
\$26.95 • hc wiro
June



Practical Conditioning Plans Using Groundwork, Ridden Work, Poles, Hills, and Terrain

33 Strength and Fitness Workouts for Horses

Practical Conditioning Plans Using Groundwork, Ridden Work, Poles, Hills, and Terrain

Equine training and conditioning expert **JEC ARISTOTLE BALLOU** takes the guesswork out of fitness gains. Her new book clarifies how long and frequently to do a particular exercise and provides guidance in how to combine it with others for best results. The result is maximized health and athleticism in the horse.

The 33 workouts in these pages help accomplish the performance goals that many riders strive for but fall short of reaching—stronger, more agile, and more balanced horses. They do this by circumventing the tension, both physical and mental, that often spoils conditioning attempts made within a discipline-specific or skill-based training session.

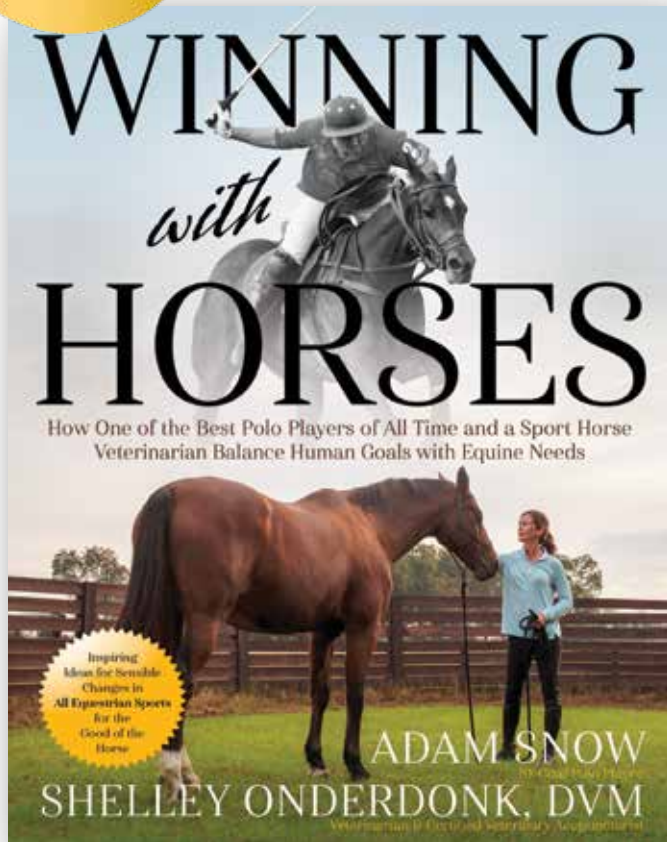
By providing the right amount of stimulus while avoiding boredom, fatigue, and habituated neuromuscular patterns, Ballou's workouts lead to positive physiological gains. Her plans include:

- ◆ Ways to measure a horse's current fitness.
- ◆ Guidelines for active and passive rest.
- ◆ Basics for stretching, warming up, and improving mobility.
- ◆ Unique groundwork that keeps both you and your horse engaged.
- ◆ Hill hikes and terrain tests with multiple benefits.
- ◆ Suggested schedules for basic fitness goals.

JEC ARISTOTLE BALLOU has spent her life with horses, studying dressage around the globe alongside a tireless passion for equine exercise physiology. She has written and presented extensively on the subject of equine fitness and conditioning. Ballou is a tireless advocate for the horse, committed to promoting the understanding that quality athletic

movement can never happen as a result of shortcuts, force, or hurried training methods. Through her clinics, articles, and bestselling books—including *101 Dressage Exercises for the Horse and Rider*, *Equine Fitness*, and *55 Corrective Exercises for Horses*—Ballou aims to meet what she sees as an enormous need within the equine industry for simple, clear, and practical information (jecballou.com).

NEW



248 pp • 7¼ x 9¼
76 color & b/w photographs
978 1 64601 172 8
\$29.95 • pb
Recently Published

Winning with Horses

How One of the Best Polo Players of All Time and a Sport Horse Veterinarian Balance Human Goals with Equine Needs

Is it possible to be simultaneously passionate about winning in an equestrian sport and about the welfare of horses? Professional polo player **ADAM SNOW** and sport horse veterinarian **SHELLEY ONDERDONK** answer with a resounding, “Yes!” They have spent a lifetime together, nurturing Adam’s astounding career at the top of his sport (he is the last American polo player to achieve the perfect 10-goal handicap) with the artful, conscientious care and training of the equine partners he needed to be the best. And Shelley’s 25 years as an equine veterinarian have been spent helping sport horses compete at the highest levels in other disciplines, as well—including reining, racing, eventing, show jumping, and dressage—while always prioritizing long-term health and well-being. In these pages, Adam and Shelley share the keys to their success, exploring topics including the:

- ◆ Role of natural training methods and horse-human communication.
- ◆ Responsibility of a veterinary team: goals of prevention and realities of diagnosis.
- ◆ Best steps when preparing human and horse for competition.
- ◆ Reality of retirement and when it is the right thing to do, for horse and human.

“Our story is an explicit acknowledgement that doing good for the horse is good for results in the competitive arena,” write Onderdonk and Snow. “Our task is to explain our method, and yours is to prove that it can be replicated.”

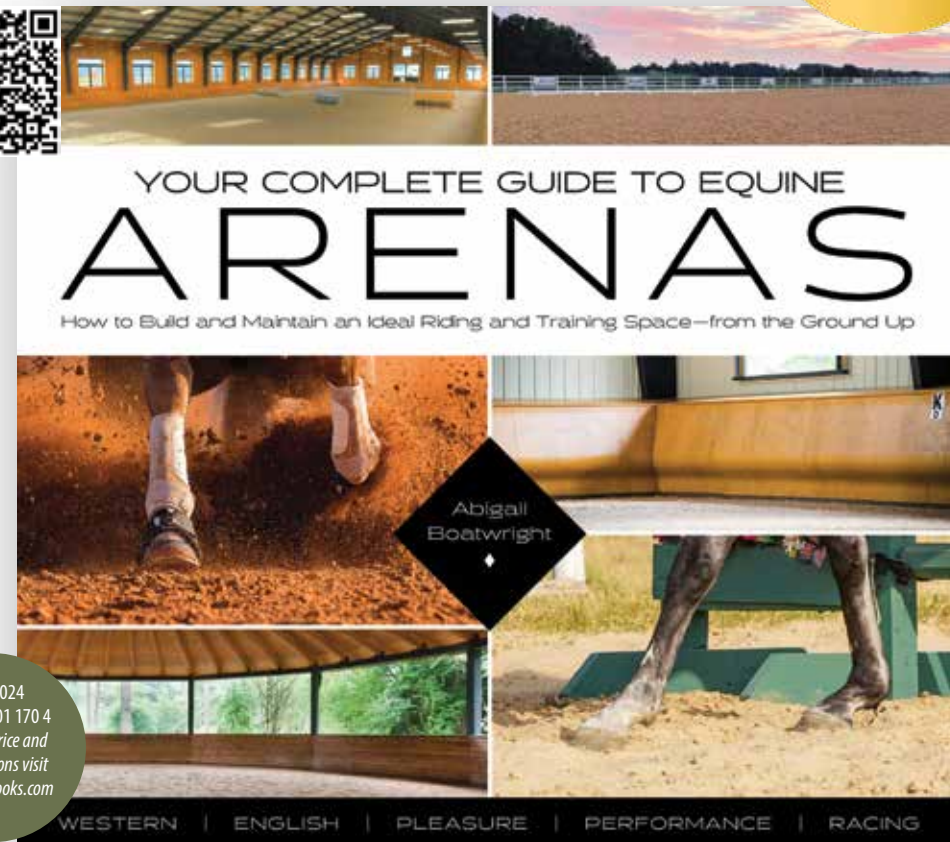
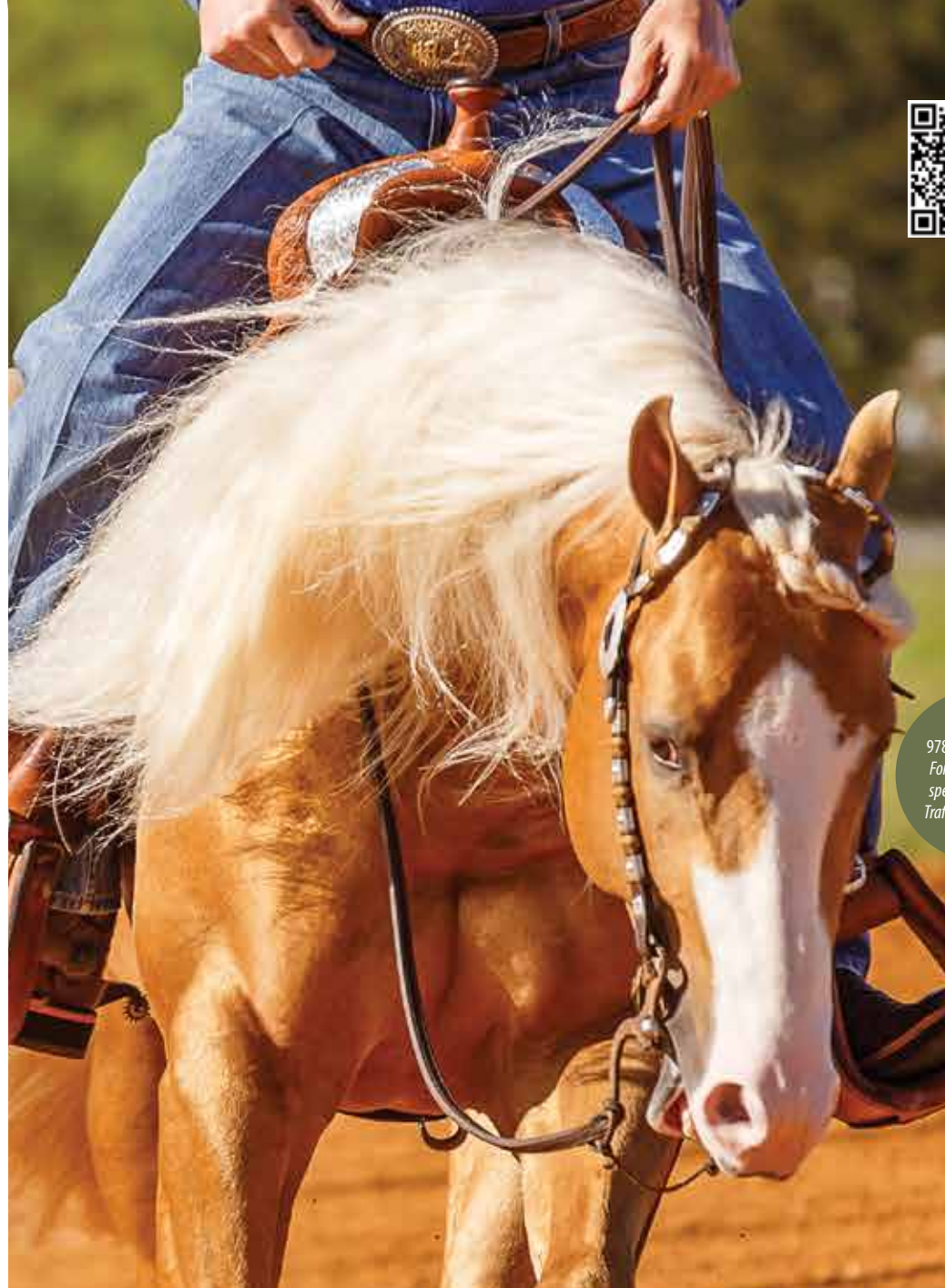
SHELLEY ONDERDONK, DVM, is a graduate of Yale and University of Georgia, and has continued her medical education through the International Veterinary Acupuncture Society and The Chi Institute. Shelley’s integrative veterinary practice, active since 1998, incorporates the best of Western medicine, acupuncture, manual therapy, equine sport science, and rehabilitation for the benefit of her patients. **ADAM SNOW** played polo professionally for 34 years,

achieving the highest rating of 10 goals in 2003. Career highlights include winning two US Open titles, competing in the Argentine Open in 1998 and 2004, winning many Best Playing Pony prizes for his horses, and twice being named Player of the Year. He was inducted into the Polo Hall of Fame in 2014. They live on their farm in Aiken, South Carolina (horsesandsport.com).

“
A must for anyone’s equestrian library—full of thoughtfulness, empathy, and a progressive outlook that is valuable in any kind of life with horses.”

DAVID O’CONNOR

USEF CHIEF OF SPORT, FORMER USEF PRESIDENT, OLYMPIC MEDALIST



June 2024
978 1 64601 170 4
For final price and specifications visit TrafalgarBooks.com

Your Complete Guide to Equine Arenas

How to Build and Maintain an Ideal Riding and Training Space—from the Ground Up

One of the secrets to keeping horses sound, reducing injuries, and enabling them to reach peak performance, whatever their discipline, is careful consideration of the surfaces on which they are trained and conditioned. The good news is that decades of study and millions of dollars have been put into the development of best practices at the highest levels of Western, English, and racing competition, and in this meticulously researched book, horse industry veteran **ABIGAIL BOATWRIGHT** boils it all down into a set of guidelines that anyone can use to improve their ground at home. Whether you’re starting with an empty field or renovating an existing arena, the expertise

Boatwright has gathered will help you make sure the riding and training space you have is the very best it can be: safe for both horse and rider, functional and correct for your chosen equine activity, and prepared to help rather than hinder the development of your horse’s performance.

Insight, tips, and advice from leading arena builders and maintenance tool creators supplements expertise specific to a wide range of Western and English disciplines, as well as racing, along with both indoor and outdoor training spaces. Readers find clear instructions in how to:

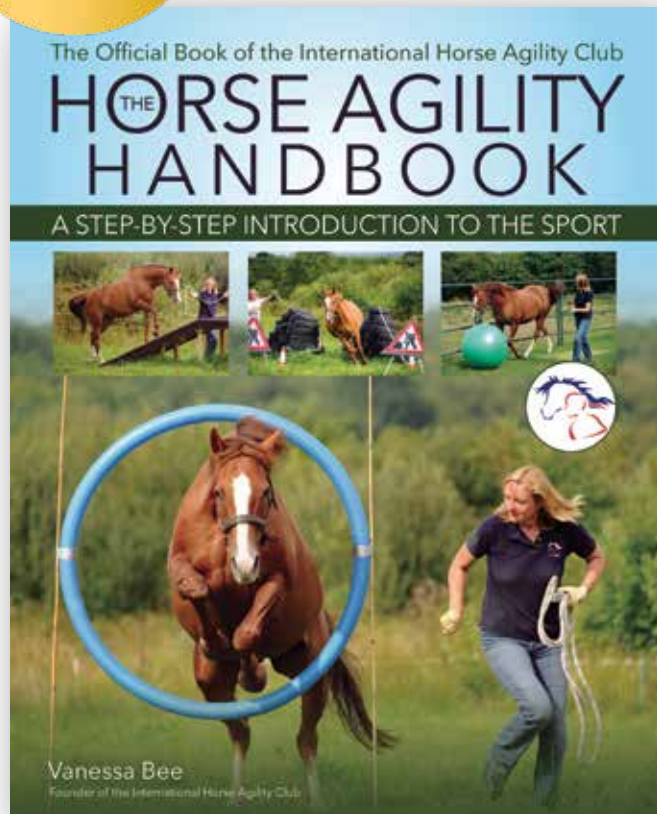
- ◆ Plan your own arena, from the ground up.
- ◆ Choose footing materials appropriate for your climate, your horses, and your activities.
- ◆ Select arena maintenance tools that are worth the investment.
- ◆ Properly prepare and care for your arena to the specifications your sport requires, and so much more!

ABIGAIL BOATWRIGHT is an award-winning writer and photographer with a lifelong devotion to horses. She regularly produces articles and photos for equine publications, as well as

regional and lifestyle magazines, websites, and blogs. Her photographs have appeared on 24 magazine covers. Boatwright is co-creator and co-host of The Freelance Remuda Podcast. She lives in Fort Worth, Texas (abigailboatwright.com).



NEW



ALSO RECOMMENDED

200 pp • 8¼ x 9¼
200 color photographs
978 1 64601 227 5
\$29.95 • pb
Recently Published

The Horse Agility Handbook: New Edition

A Step-by-Step Introduction to the Sport

Horses are being discovered as ideal companions by many individuals who may have little interest in riding at all, but who do enjoy pursuing activities that are fun for both human and horse. Horse Agility is the first internationally recognized, competitive horse sport dedicated to those who most enjoy working their horses from the ground. In this terrific handbook, now revised with new rules and courses, Founder of the International Horse Agility Club and horse trainer **VANESSA BEE**, shows you all you need to know to try it for yourself.

Like the hugely popular Dog Agility classes enjoyed by countless canines and their handlers, all over the world, Horse Agility involves a colorful obstacle course and subtle directions from a handler. The horse learns to complete the course because he chooses to—not because he is constrained, forced, whipped, prodded, or bribed. Bee explains there is no reason the horse cannot enjoy your time together so much, he will choose to “play” with you—over, under, and through obstacles, without a lead rope, even when loose in a large, grassy pasture.

With succinct, clearly explained lessons in everything from horse handling and body language to directions for obstacle and course construction, plus full color photographs throughout, this is the ideal introductory book for anyone interested in giving the sport of Horse Agility a try, or for those looking for out-of-the-box training ideas to keep horses interested in learning and happily engaged in all their interactions with you.

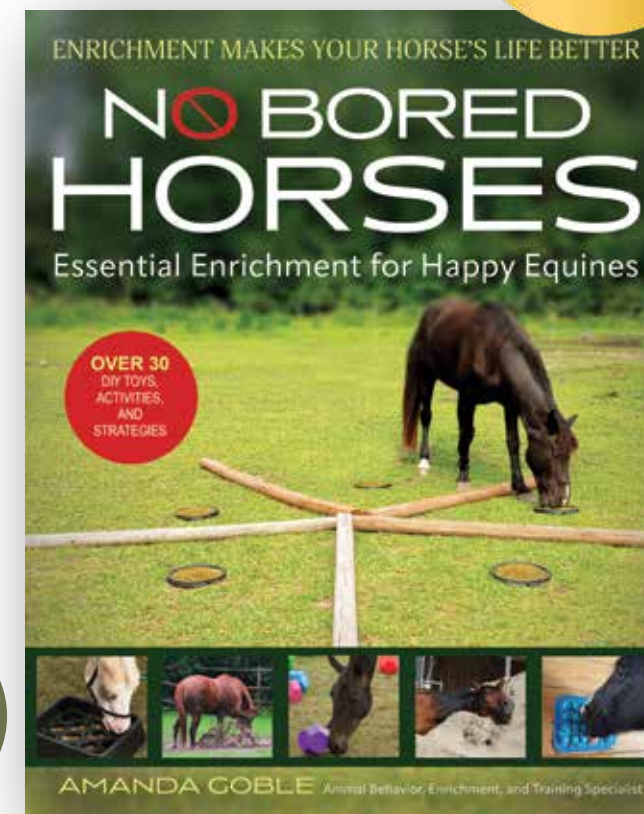
VANESSA BEE is the founder of the International Horse Agility Club. With a training facility in England and her own method known as Positive Horsemanship, she specializes in building relationships between the horse and the handler from the ground up. As a qualified teacher with a degree in education, Vanessa has used her skills to develop a series of courses that teach

people of all abilities and experience levels to achieve a positive relationship with their horses. She is the author of three other books: *Rainy Day Horsemanship*, *3-Minute Horsemanship*, and *Over, Under, Through: Obstacle Training for Horses* (thehorseagilityclub.com).

“Whether you plan to compete or just have a good time with groundwork, this book introduces you to a fun, new way to bond with your horse.”

EQUINE JOURNAL

NEW



232 pp • 8¼ x 10¼
120 color photos & diagrams
978 1 64601 209 1
\$29.95 • pb
Recently Published

No Bored Horses

Essential Enrichment for Happy Equines

In her groundbreaking book, the first on the subject written specifically with horses in mind, animal enrichment specialist and zookeeper **AMANDA GOBLE** shows readers exactly what’s missing from the modern horse’s life: enrichment and boredom-relief. By giving equines back the crucial natural behaviors, stimulation, and enriching experiences they crave, we can truly change their lives—and ours as their riders, trainers, and caregivers—for the better.

Far more than a simple list of toys you can buy, *No Bored Horses* explains why unique equine behaviors matter to horses, and how today’s style of equine care can actually make it impossible for horses to behave like horses, resulting in vices and behaviors that are in essence a cry for help. Goble believes that equestrians can benefit from what zookeepers like her already know: enrichment is more than just fun and games for animals—it is essential for their mental and physical health.

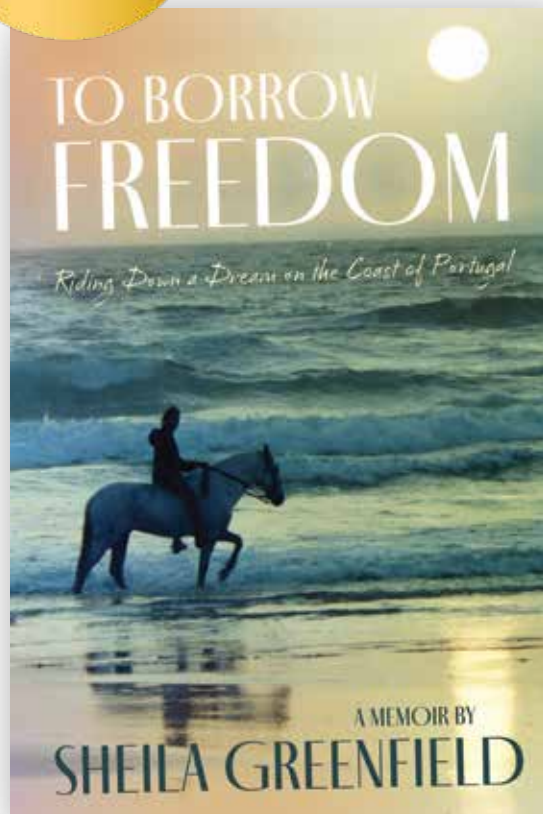
Chock full of fantastically engaging original illustrations, diagrams, and charts, plus color photographs and instructions for more than 30 toys, puzzles, and experiences attainable for all equestrians, regardless of level of experience or size of budget, Goble’s book promises every horseperson can afford to make her recommended changes and ultimately improve a horse’s life. Plus, alongside plenty of inspiration for everyday fun, readers will also find valuable advice for the most challenging situations, like extended stall rest and quarantine.

AMANDA GOBLE received a BS in Wildlife Biology from Lees-McRae College and holds IATCB certification as a Certified Professional Animal Trainer (CPAT-KA) and Certified Professional Bird Trainer (CPBT-KA). As a zookeeper, she specialized in animal behavior and welfare. Using the knowledge she has gained as an Animal Enrichment and Training Specialist, she launched Enriching Equines,

a blog and social media presence dedicated to enrichment for horses (enrichingequines.com). In her spare time, she creates infographics for the zoo and aquarium community on topics such as mental health, team building, and autism acceptance. Currently, Goble is also a Bear Team Manager at Animals Asia’s Chengdu Bear Rescue Center in Sichuan, China, coordinating the day-to-day care and enrichment for more than 100 bears rescued from bile farms.



NEW



July 2024
978 1 64601 218 3
For final price and
specifications visit
TrafalgarBooks.com

To Borrow Freedom

Riding Down a Dream on the Coast of Portugal

Starting out with nothing but a tent, a couple of dogs, five horses, and a lot of energy, **SHEILA GREENFIELD** and her husband Robert set out to build their dream: a company that provided high-end horseback riding vacations, based in the Lower Alentejo, along Portugal's idyllic southwestern coast. The couple bought an ancient and run-down farm in a remote area of the region's nature park and worked to transform it into a popular lifestyle hotel—a horseback rider's paradise.

In her debut memoir, Greenfield tells the story of their unique business's genesis and its heyday as it became a favored European travel destination, with repeat visitors returning every year. From high-speed gallops through the surf to free-spirited parties under starlit skies, readers will be entranced by the stunning natural world Greenfield's uniquely sensitive prose brings to life. With honesty and vivid reflection, she captures the unglamorous realities and daily challenges of life as a host, entertainer, employer, and caretaker. It is a story of endurance and discipline, but also of camaraderie and communion as guests had the chance to experience life-altering partnerships with Greenfield's herd of 35 exceptional pure or cross-bred Lusitano horses, the breed native to Portugal. Along the way, readers meet the horses and learn their backstories, benefitting from the remarkable lessons the animals with both their day-to-day caretakers, and the visiting riders who knew them only for short but intense periods.

Born and raised in Portugal, **SHEILA GREENFIELD** learned to ride at the age of five. Following her passion, she went on to study the art of classical riding, training for three years with the late Lord Henry Loch and a further three years with classical instructor Carlos Pinto, who represented Portugal in the Sydney Dressage Olympics and was a former pupil of the late Nuno Oliveira. After training in Portugal and England, Greenfield obtained her instructor's diploma in Germany before returning to her home country to be with the Lusitanos she loved and set up her own classical riding and trail riding center: *Caminhos do*

Alentejo (Trails of the Alentejo) grew into a leading name in European adventure travel, and she and her husband Robert Lee entertained guests from all over the world every week for 15 years. Their company was spotlighted on the Australian travel and lifestyle television show *Getaway*, the German international news channel Deutsche Welle (DW-TV), and in a feature called "Lower Alentejo at a Canter" by Elizabeth Marcus in *The New York Times*. Today, Greenfield lives in Ireland. This is her first book.



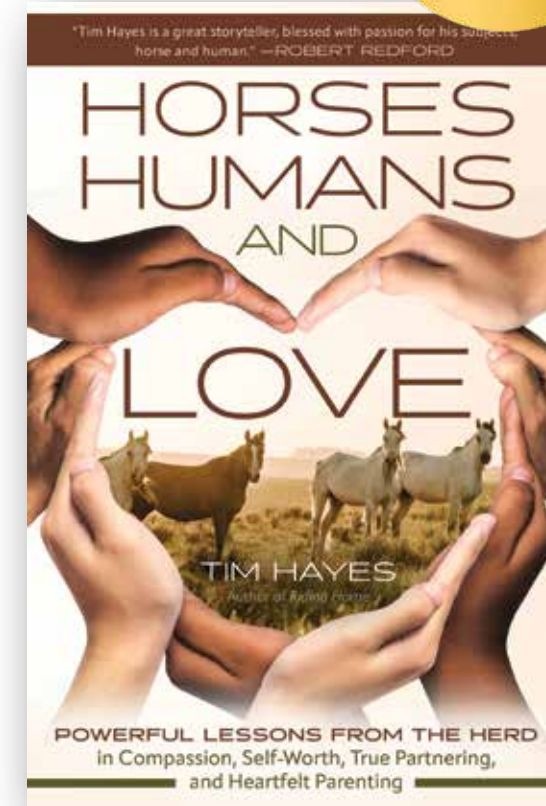
“
Horses have taught me
how to be a better person,
a better partner, a better
parent, and how to have better
relationships with anyone,
most of all...with myself.”

TIM HAYES
IN HORSES, HUMANS, AND LOVE

NEW



August 2024
978 1 64601 207 7
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Horses, Humans, and Love

Powerful Lessons from the Herd in Compassion, Self-Worth, True Partnering, and Heartfelt Parenting

If you were asked to make a list of all the people you love, how long would it take until you put yourself on the list? Years ago, when asked this question, Tim Hayes didn't have an answer. But today, after working with horses for more than 30 years, he not only puts his name on the list, he puts it first. When humans learn to love themselves, they become more compassionate. They become better parents, children, husbands, wives, partners, and coworkers. In fact, they have more successful relationships in general.

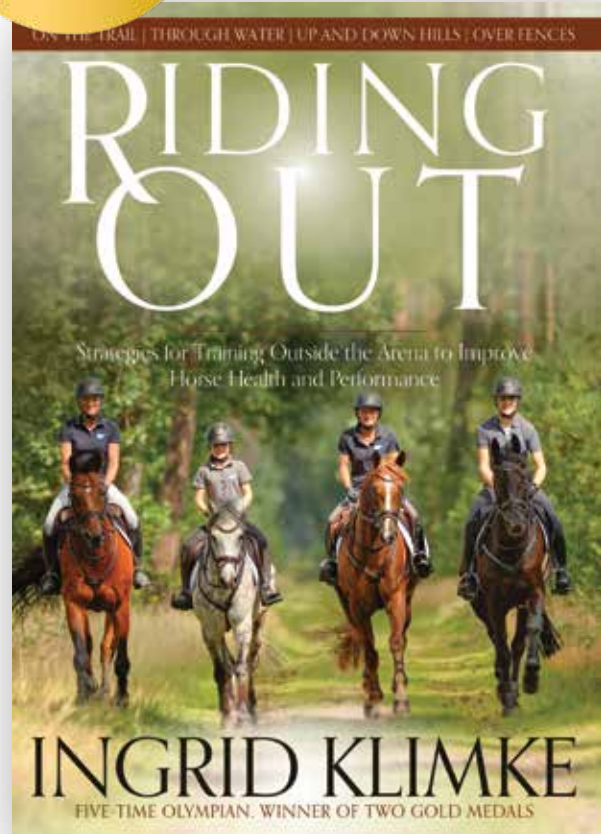
Over the course of his career learning about horses and horsemanship, and eventually teaching it to others, Hayes gained an understanding of the profound social skills evident in horse relationships. This is known by many as herd dynamics and includes what he names as 10 specific qualities. In *Horses, Humans, and Love*, his follow-up to *Riding Home*—the book Robert Redford called "A beautiful volume of healing and love between man and nature" and Temple Grandin said was "Essential reading"—Hayes explains how and why when humans emulate these 10 qualities of herd dynamics witnessed in horses in their own human relationships, they naturally express and thus demonstrate the true altruistic meaning of what we call "love," both for others, and for ourselves.

Hayes' new book, a gentle treatise for change from a remarkable horseman, will be enjoyed by all those seeking to improve their own lives and that of our global community.

TIM HAYES holds a BA in Psychology from The University of Vermont and is an internationally recognized natural horsemanship clinician who teaches throughout the United States, Canada, Europe, Australia, and Mexico. He is an adjunct professor of Equine Therapy at the University of Vermont and Vermont State College, and a

visiting instructor for The University of Connecticut and University of Vermont Departments of Animal Science, teaching courses in natural horsemanship. He is a contributing expert consultant and columnist for EQUUS Magazine, Horse Network, and Huffington Post. Hayes is the author of *Riding Home: The Power of Horses to Heal* and lives with his wife Stephanie and their horses in Johnson, Vermont (hayesisforhorses.com).

NEW



ALSO RECOMMENDED

128 pp • 7 x 9½
130 color photographs
978 1 64601 221 3
\$24.95 • pb
Recently Published

Riding Out

Strategies for Training Outside the Arena to Improve Horse Health and Performance

Gold medalist **INGRID KLIMKE** has long encouraged competitive equestrians to spend time riding outside the arena or typical fenced or covered training area. Klimke learned to love trail riding and working outside the ring from her father, the admired dressage master Reiner Klimke, who insisted it be a regular part of their weekly schedule.

While Klimke notes that the most important part of “riding out” is for horse and rider to enjoy it, there are also many training and conditioning benefits for the horse. It:

- ◆ Promotes relaxation in mind and body.
- ◆ Provides variety to everyday training.
- ◆ Boosts motivation when under saddle.
- ◆ Builds fitness in diverse ways.

In these pages, Klimke provides top-level guidance to making riding outside a regular and rewarding experience for you and your horse. Chock full of gorgeous photographs of Klimke’s world-class horses demonstrating their own love for being ridden outside the arena, *Riding Out* is for every horse person in search of ways to increase their connection with their athletic partner while improving the ridden horse’s general welfare. This is professional guidance in a fundamental way to make training more enjoyable and more well-rounded—Klimke’s own astounding successes in international competition prove its incredible value.

INGRID KLIMKE is an international trainer of dressage, show jumping, and event horses, and currently competes for Germany as a dressage rider and eventer. She had always been able to call on her father Reiner Klimke’s experience but has also been greatly influenced by Fritz Ligges, Ian Miller, and Anne Kursinski. She’s appeared at five Olympics, from 2000 to 2016 and won two gold medals in team eventing, in 2008 and 2012. She won a team silver medal the 2016 Summer Olympics

in Rio. She has top placings in numerous World Equestrian Games, European Championships, and German Championships. Klimke lives and trains in Münster, Germany, where she has been named “Sportswoman of the Year” eleven times. In 2020 she was named Peden Bloodstock FEI Award “Best Athlete of the Decade” (Ingrid-klimke.de).

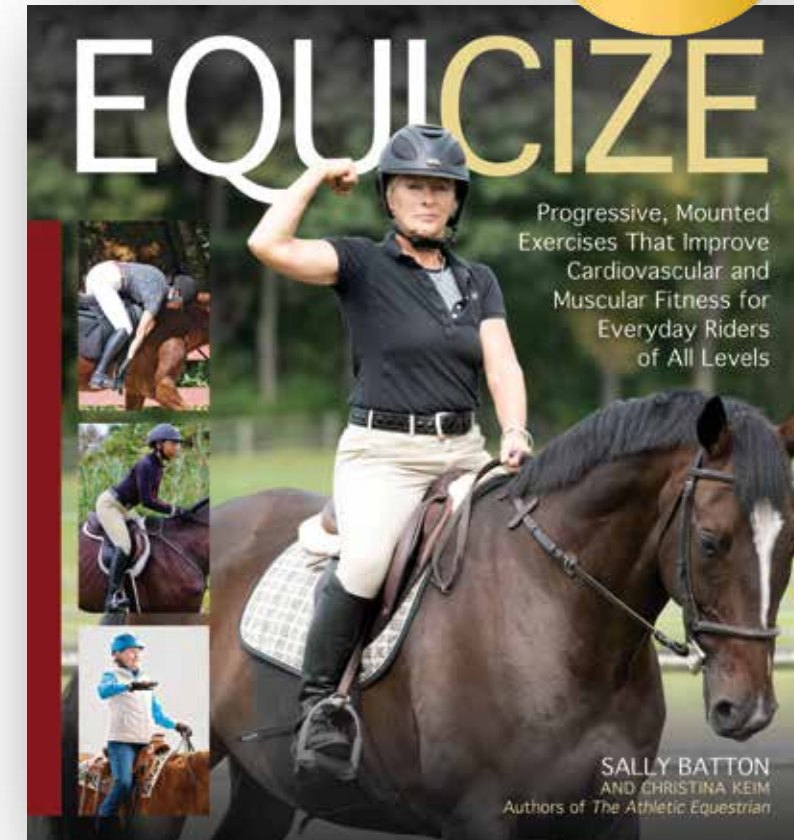


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224 pp • 7½ x 8½
175 color photographs
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Recently Published



Equicize

Progressive, Mounted Exercises That Improve Cardiovascular and Muscular Fitness for Everyday Riders of All Levels

In this accessible, highly illustrated guide, former Dartmouth Equestrian Team Coach **SALLY BATTON** shares her secret to 30 years of winning riders and championship teams: a unique series of progressive, mounted exercises that improves cardiovascular and muscular fitness for riders of all abilities and levels. Batton’s proven program, which she calls Equicize, can be used as part of a horseback rider’s daily warm-up by targeting specific muscle groups, or it can be a more intense workout in the saddle once or twice a week, making up the bulk of a mounted training session. Easy to learn and flexible by design, riders can pick and choose the Equicize exercises that best address their personal “problem areas,” or they can dedicate

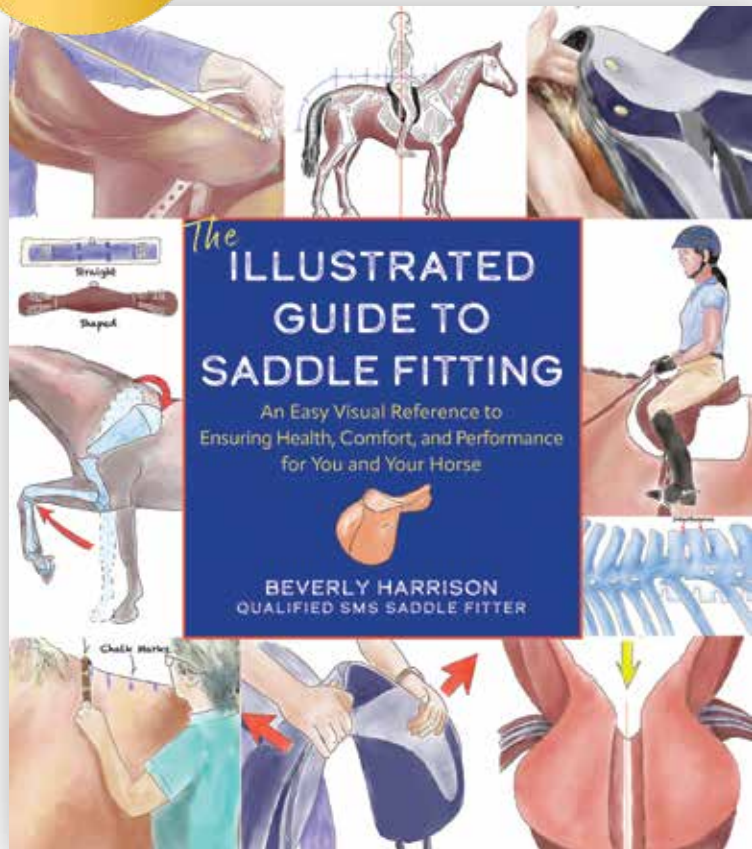
a specific number of rides per week to performing an entire sequence. As Batton explains, there are literally hundreds of ways to adjust, modify, and adapt this fun fitness program to suit specific circumstances.

No matter what level of fitness a rider starts at, when the Equicize system is practiced regularly, everyone will see improvement in balance, strength, coordination, and flexibility. With sensible, achievable goals, easy-to-implement steps, progressive how-to photographs, and dozens of QR codes to scan and view engaging instructional videos to help readers perform the exercises for the best result, this book is both a superb launch point for ambitious riders looking to grow their abilities and a stable lynchpin for those aiming to stay in the game, and in the saddle, as long as possible.

SALLY BATTON was the head coach of the Dartmouth College Division I Varsity Equestrian Team for 30 years, coaching dozens of riders to regional, zone, and national titles. In 2020, Coach Batton was inducted into the inaugural class of the Intercollegiate Horse Shows Association Hall of Fame. Batton is the Founder and President of the Athletic Equestrian League, an organization offering horsemanship education and competition

opportunities to both English and Western riders, from first grade through adult. She is also the host of the popular Athletic Equestrian Riding in College Podcast. When not on the road teaching, Batton can be found hiking the hills of New Hampshire (athleticequestrian.com). **CHRISTINA KEIM, M ED, MFA**, is an award-winning narrative journalist with over 1,000 published articles to her credit. She is the co-writer of *Equicize* and *The Athletic Equestrian* with Sally Batton.

NEW



September 2024
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The Illustrated Guide to Saddle Fitting

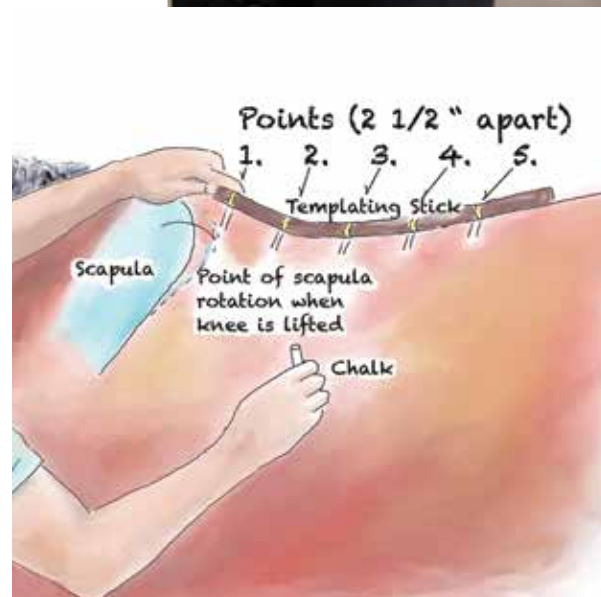
An Easy Visual Reference to Ensuring Health, Comfort, and Performance for You and Your Horse

BEVERLY HARRISON started as a rider herself, and when she opened a tack shop, she quickly noticed the need for someone to guide horse owner's in choosing a new saddle or refitting an older one. In order to be better informed for her customers, she became a Qualified SMS Saddle Fitter, and she made it her mission to help educate anyone involved with horses: 4-Hers, backyard riders, competitors, veterinarians—you name them, she's probably taught them. Harrison figured that her educational efforts would benefit from colorful visual aids to engage her students. And so, a handbook full of her own delightful hand-painted illustrations was born. Readers easily gain a basic understanding of the different parts of the saddle, how they work and how they should fit, as well as what the addition of a rider means to it all. Topics include:

- ◆ Terminology and saddle construction
- ◆ Basic anatomy and physiology of horse and rider relative to the saddle
- ◆ Safety of materials and condition
- ◆ Step-by-step evaluations of fit for both horse and rider
- ◆ Instructions for creating a paper template
- ◆ Indicators of fit under saddle, and impacts of girths and saddle pads
- ◆ Repair and maintenance advice

BEVERLY HARRISON had a place in the horse community as a rider and extended her role in 1997 when she began a business in Boulder County, Colorado, called The Tack Collection. She quickly determined she wanted to make a positive difference in how riders choose saddles for the diverse horse population, and so she pursued an education with the Society of Master Saddlers, UK (SMS), who honored her with the title of Qualified SMS Saddle Fitter from the year 2000 to the present. Harrison now specializes in the modification, repair, and customization of

saddles for her clients—both human and horse. She offers educational clinics and seminars to all levels of riders and professionals, including at veterinary clinics and universities, and has trained a number of apprentices while continuing her own education through world-class experts in the field. Harrison's primary passion has been, and is, to spread tried-and-true tack fitting information in a way that helps both horse and rider (tackcollection.com).



“
With every passing day,
I knew more and more deep
down in my heart that I
wouldn't want any other kind
of life. Especially now that I had
Liberty Biscuit, and Raven, Fire,
and Pearl. I knew I would never
leave this farm.”

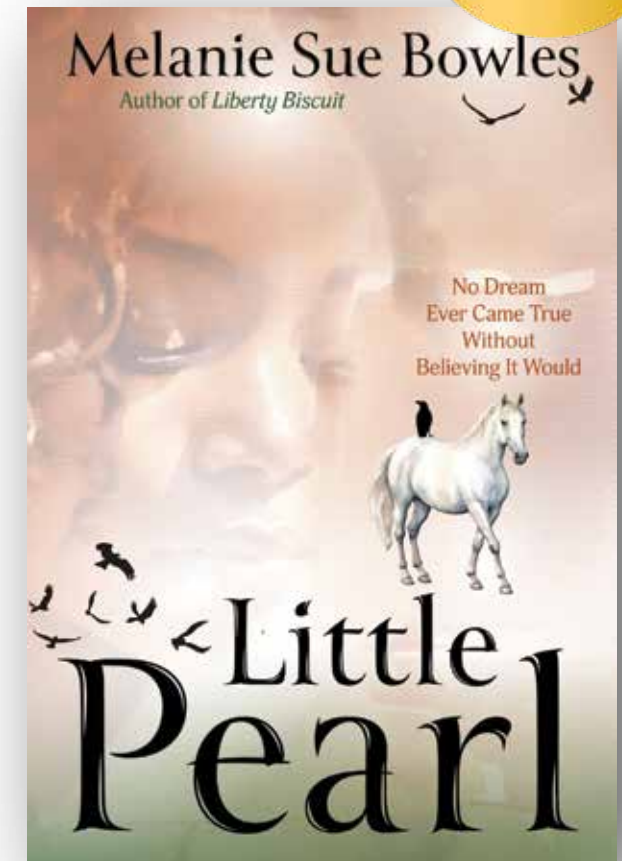
FROM *LITTLE PEARL*

NEW



ALSO
RECOMMENDED

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Little Pearl

No Dream Ever Came True Without Believing It Would

Katherine Pearl Baker—“Kip” for short—has just gone from being the only child on her family's rural peach farm to becoming a big sister. As her world and the people in it change in order to welcome a tiny new family member, Kip finds herself afloat, wondering if the place she's carved out in life is the right one for her, after all.

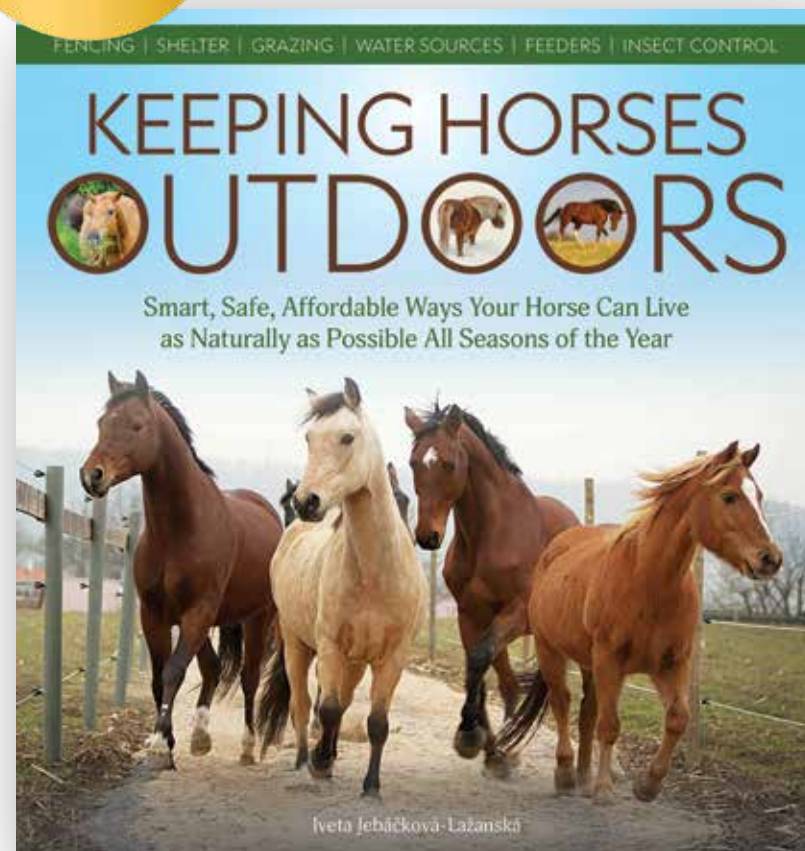
While wandering one day in the woods she loves, Kip finds an old fence post bearing odd marks that appear to be symbols from a time long ago. Her discovery leads her to once again uncover a family secret and stories as yet untold about the ones she loves. What she learns tests her cherished relationship with her grandfather, as she recognizes a certain kind of loneliness within him for the first time and then must face what the resolution of that loneliness might mean.

Adding a starving horse named “Pearl” to her herd of rescued horses and beloved donkey Liberty Biscuit provides Kip a needed purpose, and the barn becomes her refuge as she struggles with her own uncomfortable secret. Desperate to tell her parents but embarrassed and unsure of how, it takes the return of a boy she trusts for her to finally admit that her path might be different than others planned it would be. The trouble is, Kip isn't sure she can be brave enough to put her voice to her thoughts and share them.

As the sweet-natured Little Pearl gradually regains her strength and beauty through Kip's thoughtful care, and the wary and distant Raven begins to trust Kip's presence and her touch, Kip feels the flame of a new dream flicker to life. With the birth of this dream, a level of understanding grows, not only of her horses, but of her grandfather, and eventually, of herself.

MELANIE SUE BOWLES and her husband Jim began Proud Spirit Horse Sanctuary with one horse in need on 5 acres of land in rural Florida. Their facility grew to hundreds of acres in Georgia, and then North Carolina, where rescued animals were allowed to roam as natural

herds. Over the years, Melanie and Jim have intervened on behalf of over 300 downtrodden horses, many of them coming to the sanctuary to live out their lives in peace and dignity. Bowles comes from a large family, including nieces, nephews, and grandchildren who helped inspire the characters in her first middle-grade novel *Liberty Biscuit*, and now, *Little Pearl*.



November 2024
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Keeping Horses Outdoors

Smart, Safe, Affordable Ways Your Horse Can Live as Naturally as Possible All Seasons of the Year

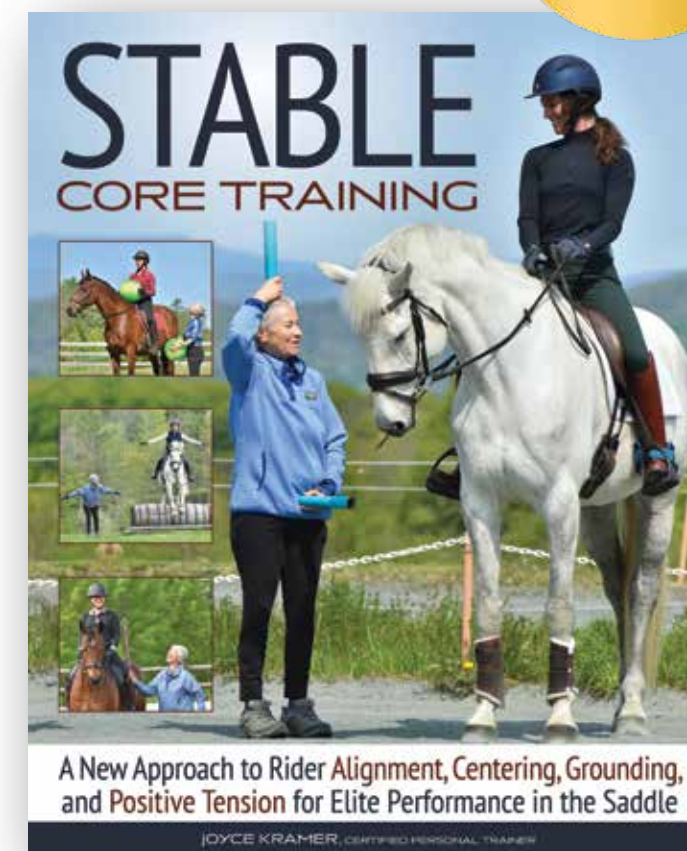
With this inspiringly illustrated guidebook, natural horsekeeping expert **IVETA JEBÁČKOVÁ-LAŽANSKÁ** hopes to help everyone with horses create sophisticated, functional, equine-centric stable systems, in which horses, nature, and people thrive. Jebáčková-Lažanská demonstrates how, for those who want to, it's possible to find ways to make outdoor horsekeeping work via a system that has slowly emerged over time that can work for any property, whether small or large. Topics explored include:

- ◆ Size and type of basic enclosures.
- ◆ Dealing with weather- and environment-related challenges, like mud.
- ◆ Location of, type of, and materials used in sheds, shelters, and stalls.
- ◆ Footing, surfaces, and bedding, both temporary and permanent.
- ◆ Water supplies and weather concerns.
- ◆ Feeder types, locations, and arrangements.
- ◆ Fencing, and paddock and pasture management, including rotation, fertilizing, and seasonal concerns.
- ◆ Areas to roll, wallow, and play, pest control, and much more!

With success stories throughout to serve as both evidence and inspiration, readers are certain to come away armed with all they need to allow their horses to live life as they were meant to, in tune with their instinctual needs for forage, movement, and choice, and in concert with the natural world.

IVETA JEBÁČKOVÁ-LAŽANSKÁ has been a part of the horse world for 40 years. As her knowledge of horses grew, so did her thoughts about the possibility of creating stable areas where horses could function almost entirely on their own, without constant manipulation by people. Finally, she reached a place in life where

she and her husband could build a farm facility of their own. Jebáčková-Lažanská now chronicles her experiences with keeping horses outdoors in regular articles on the popular Czech equestrian site EQUICHANNEL.cz, as well as print magazines.



October 2024
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Stable Core Training

A New Approach to Rider Alignment, Centering, Grounding, and Positive Tension for Elite Performance in the Saddle

Using phenomenal hand-drawn imagery and engaging photographs of her own students at work, certified personal trainer and horsewoman **JOYCE KRAMER** begins her book by clarifying the four most important ingredients to riding in harmony with an equine partner, as well as the aspects that nurture a sense of “feel” in the rider:

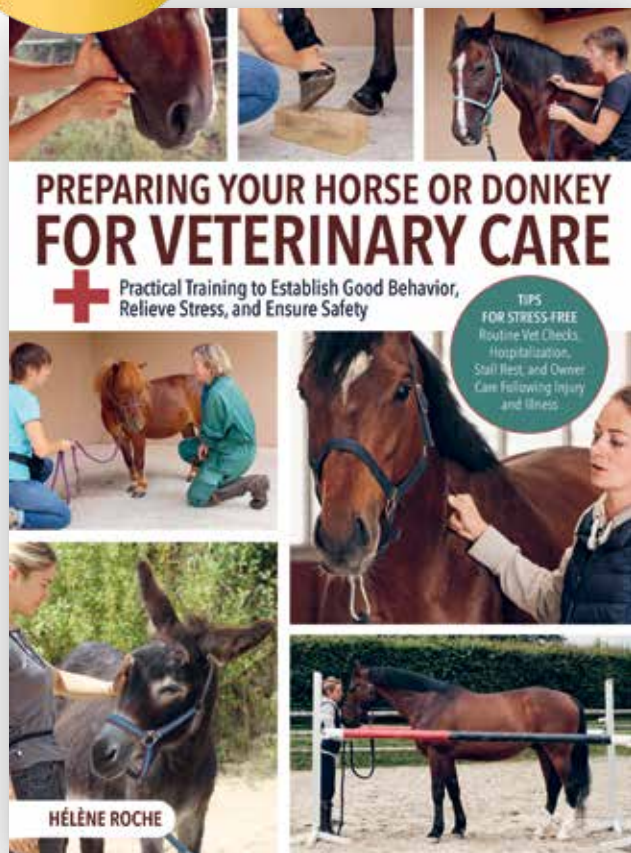
- ◆ Alignment
- ◆ Centering
- ◆ Grounding
- ◆ Positive Tension

The second part of the book focuses on rider position, deconstructing the body's sections and again using imagery to enable readers to connect all their “parts” into one cohesive, breathing, supple “whole.” Finally, Kramer takes the reader on a journey to the “deep core,” which she has identified as key not only to limiting extraneous movement of the exterior body visible to others, but also to the energy exchange at the most exciting level of connection with a horse. Bones, internal organs, and spinal stabilizers are engaged on the ground and in the saddle, using sound cues, proprioceptive props, and imagery, with mind-blowing results.

With hundreds of images, tips, and exercises that can be modified according to age and ability, and an excitingly fresh perspective, this book can be the key to any rider reaching the next level in the saddle—whether that means excelling in a whole new division of competition, or recovering or rebuilding after time away from the sport. Every page is full of fun, engaging answers to your riding questions, ideas for clearing your stumbling blocks, and the endless promise of pursuing an activity you love in the company of your horse.

JOYCE KRAMER earned a BS in Animal Science from Cornell and a master's degree in Agricultural Education from the University of New Hampshire, and completed extensive coursework in Education and Special Education at the University of Vermont. Her educational background has informed her professional

career teaching horseback riding, which now spans over 50 years. Kramer has also been a personal trainer certified through the American Council on Exercise for over a decade. Kramer regularly teaches her approach to students, including Grand Prix dressage riders and top-level eventers, in regions near her home base in Wilder, Vermont.



June 2024
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Preparing Your Horse or Donkey for Veterinary Care

Practical Training to Establish Good Behavior, Relieve Stress, and Ensure Safety

Equine behavior expert and trained ethologist **HÉLÈNE ROCHE** provides a practical, fair, and scientifically researched set of techniques to help train your horse or donkey to “cooperate for care.” Specifically, her goal is to ensure that veterinary examinations, treatment administration, and health monitoring are safer, easier, and less stressful for all involved.

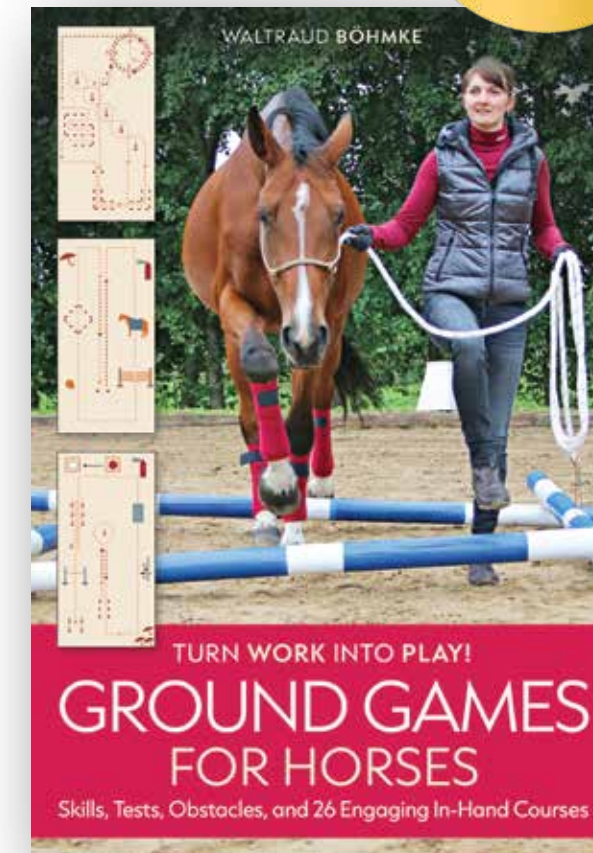
Making the decision to prepare your equine to cooperate for care will save you valuable time, as well as improve the quality of your relationship with your horse or donkey (and veterinarian, too!). With small steps that can be regularly incorporated into daily activities, your horse can learn to accept:

- ◆ The taking of vital signs.
- ◆ Clipping and bathing, such as that needed before wound treatment.
- ◆ Dental care, inhalers, and nebulizers.
- ◆ Injections and drawing blood.
- ◆ Deworming, medication administration, and eye care.
- ◆ X-rays and hoof and lower limb treatment.
- ◆ Being weighed on a scale.
- ◆ Treatment rooms, stocks, and other care locations.
- ◆ Urine collection.

This highly illustrated reference is an invaluable starter kit for remarkably better interactions with your horse as you work toward improved health and well-being.

HÉLÈNE ROCHE began her studies in veterinary science before discovering a fascination for ethology and going on to complete a master's degree in biology and in applied ethology, specializing in horse behavior. Her goal now is to transmit knowledge in ethology to non-scientists in the equestrian environment. Since 2007 she has traveled throughout her home

country of France and abroad to train those who work with horses, whether industry professionals or recreational horse owners, to incorporate scientific knowledge of horses and equine behavior in their interactions. She is the author of several books (heleneroche.fr).



August 2024
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Ground Games for Horses

Skills, Tests, Obstacles, and 26 Engaging In-Hand Courses

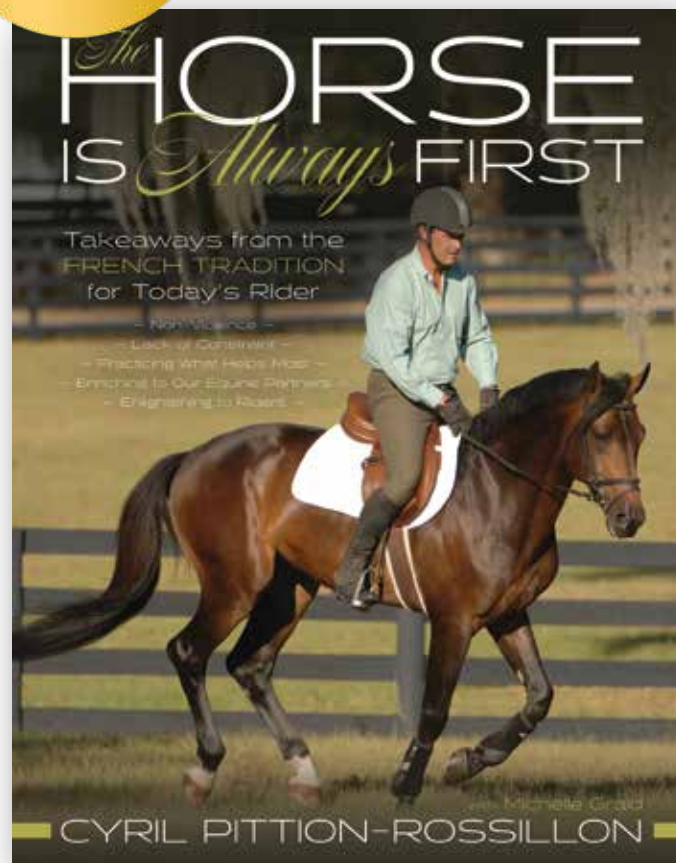
Using dozens of detailed color diagrams to “map out” exciting ideas for on-the-ground training courses at a variety of levels, as well as instructional photographs to demonstrate horse and rider position as they navigate specific obstacles, German Equestrian Federation (FN) accredited trainer and judge **WALTRAUD BÖHMKE** provides an excellent source of training inspiration in these pages. Known for her incredibly beneficial in-hand courses, Böhmke’s guidance helps readers train their horses to be well-behaved, collaborative partners. And when good behavior and teamwork are achieved, both horse and handler are more relaxed and respectful in each other’s company. With numerous opportunities to establish meaningful boundaries, which ensure your horse feels secure in your company as you come to trust and rely on each other to navigate obstacles of different kinds, the partnership between you can grow. Inside find:

- ◆ Dozens of “tasks,” activities, and obstacles, along with clear instructions so you can learn and practice them individually before incorporating them in a series or course.
- ◆ Sensible suggestions for sequences of exercises to consolidate and review the individual lessons.
- ◆ 26 complete courses for you and your horse to try on your own or with friends, providing valuable training feedback so you can adjust plans and schedules according to your horse’s progress and needs.

WALTRAUD BÖHMKE is certified in Germany in horse management, riding, and breeding, is on the board at Pferdesportverband Hannover e.V., and is an FN (German Equestrian Federation) judge in both riding and driving. Her family business Stall Böhmke is based on the

Elbe River in the middle of a region known for Hanoverian horse breeding. Her farm focuses on breeding and starting young stock, as well as training both horses and riders according to classical principles. She is known for her fun and innovative courses for both work on the ground and in the saddle (boehmke-belum.de).

NEW



December 2024
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The Horse Is Always First

Takeaways from the French Tradition for Today's Rider

For three decades French Riding Master **CYRIL PITTION-ROSSILLON** has lived and worked alongside American equestrians and their horses. He has learned from what he calls a “beautiful cultural exchange,” where the riding and training styles from each place, rich in their own history and evolution, informs the other. In this, Pittion-Rossillon’s first book, he illustrates what he has found in his years of education, experience, and this “cultural exchange” to be most helpful to the horse and most enlightening to the rider.

The French tradition of horsemanship is characterized by three principles:

- ♦ Harmony
- ♦ Lack of constraint
- ♦ Respect for the horse

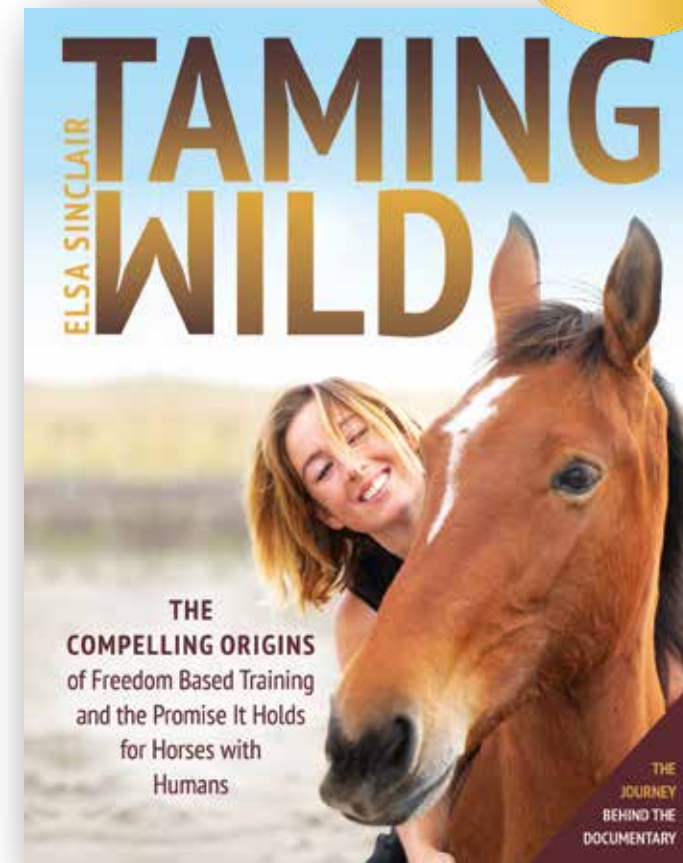
The result is what Pittion-Rossillon calls “a love letter from France to equestrians worldwide”—a way to approach connection and partnership with the horse that is both humane and successful. With simple, timeless explanations of these principles and practical exercises that encourage readers to explore them, *The Horse Is Always First* brings ideas to light that Pittion-Rossillon believes will help horses and riders of all levels, disciplines, and performance goals. His years of experience teaching adult equestrians help him frame his knowledge in a way that is highly approachable, and his passion for horsemanship and creative expression ensure an immensely enjoyable journey, from the book’s thoughtfully crafted words to its unique, hand-drawn illustrations.

CYRIL PITTION-ROSSILLON hails from Paris, France, where he earned his Riding Master Degree from the French National Equestrian School. Pittion-Rossillon was trained under members of the French Olympic Team and competed in both the French Equestrian Federation Open Jumper Circuit and eventing to the Preliminary level. In addition, he is a USDF, FEI, USEA, USEF Hunter/Equitation, and USEF WDAA World

Champion & Horse of the Year coach. He lives in Florida with his wife, horsewoman Lynn Palm (palmequestrianacademy.com). **MICHELLE GRALD** is a horsewoman and a writer who enjoys blending these two passions to illuminate and inspire fellow equestrians.



NEW



November 2024
978 1 64601 259 6
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TrafalgarBooks.com

Taming Wild

The Compelling Origins of Freedom Based Training and the Promise It Holds for Horses with Humans

“If we train and work with our horses without any tools or food rewards,” says horsewoman **ELSA SINCLAIR**, “they have the freedom in every moment to tell us how comfortable it is for them. If it’s not comfortable, they simply walk away.”

The idea when working with horses is we can develop our feel and timing “within the comfort zone of the horse.” Allowing the horse the freedom of choice is at the core of Sinclair’s Freedom Based Training® method. The techniques she uses and teaches were first developed as she spent a year with an untouched Mustang mare, seeking to discover whether, without any ropes or halters or treats or sticks, she and her horse could develop a language and a way of deciding to do things together—a collaborative effort rather than one that plays by the rules of horse training tradition.

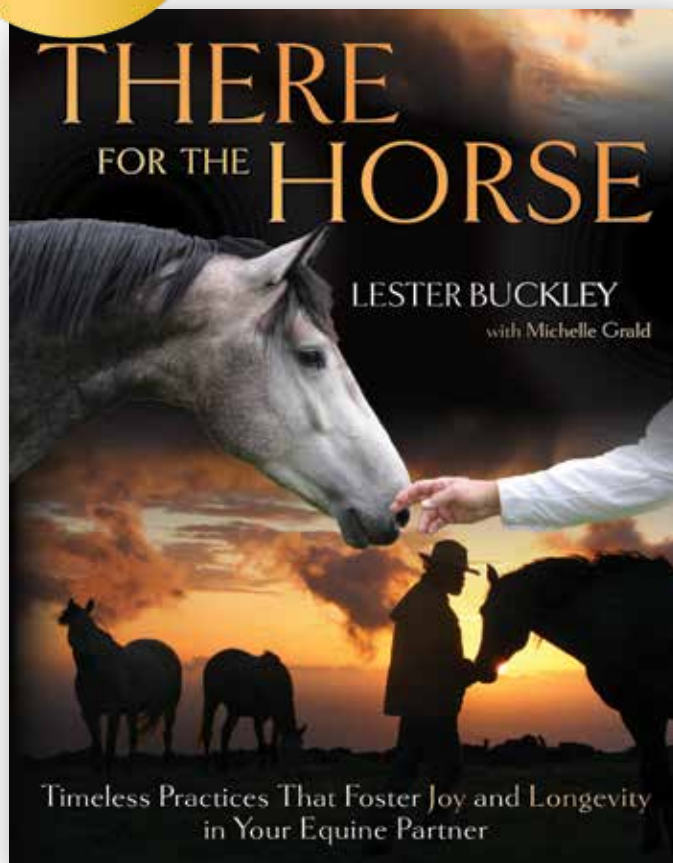
Sinclair’s exploratory project with her Mustang Myrnah became the documentary film *Taming Wild*, viewed by thousands from around the world, and opening new avenues for Sinclair to share her discoveries.

But Sinclair’s journey began 30 years before *Taming Wild*, and the lessons and contrasts and hard questions she faced as a lifelong rider and a talented horse trainer, which she bravely shares in these pages, are rich in value. Sinclair’s style is to teach through storytelling, and the result is the reader walks away with not only an understanding of why a quest for a more insightful, more collaborative training method was needed, but also how to begin to incorporate the basics of Freedom Based Training in a modern life with horses.

For **ELSA SINCLAIR**, horse training has been a lifelong pursuit, but her career took a turn when one day a student asked her if horses really enjoyed being ridden, and more importantly, if they knew they had a choice in the matter. Without an answer for her student, Sinclair set off on a quest to find one: If horses were given a choice, would they let

us ride them—without force, control, or treats to lure them? With a Mustang mare straight off the range and a desire to connect using none of the usual horse training “tools,” just body language, Sinclair began to explore the possibilities. Her project led to a documentary called *Taming Wild* and ultimately to the method of horsemanship she now teaches: Freedom Based Training® (tamingwild.com).

NEW



January 2025
978 1 64601 153 7
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There for the Horse

Timeless Practices That Foster Joy and Longevity in Your Equine Partner

What does it mean to be *there for the horse*? It is a rich phrase that means many things. You can be there in the moment with your horse, and that is a worthy goal for every ride. But being there for him also means being his protector, leader, servant, and friend—not just in the moment but all the time. It is a way of living and an expression of true love.

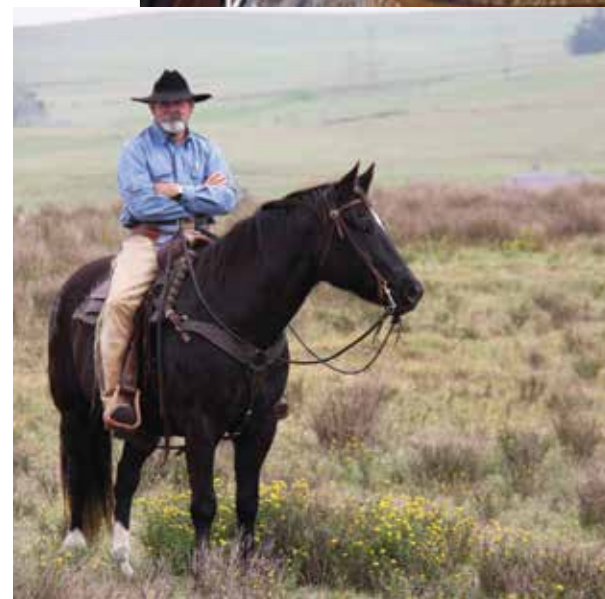
In his long-awaited first book, **LESTER BUCKLEY** hopes to inspire you to all of it.

Buckley's teaching is an artful blend of the lightness that comes from pastoral and natural horsemanship traditions; and the time-tested discipline of classical European riding. His fluency in both worlds allows him to find fun and universal ways to bring out the horse's athleticism and capture his mind. There are chapters specifically targeted to cattle work, trail, and jumping; and a whole lot of tips and tricks that help any horse and rider. Learn how to master the art of backing up with softness and accuracy. Make the most of groundwork with a simple routine that will improve every ride. Learn a progression for low-stress flying lead changes. Warm your horse up with riding patterns that have built in rewards to motivate his cooperation. Buckley brings out proven and loved exercises from his clinics that are fresh and practical for whatever your horse and you would like to do together.

This approachable book has something for every sort of rider, from the experienced to the novice, and from the casual to the competitive.

LESTER BUCKLEY is a multi-disciplinary teacher of horsemanship. He is respected among his peers as one of the most accomplished equestrians and gifted clinicians in the business. As part of his college education, Buckley was able to ride with renowned horseman Ray Hunt. After graduation, Buckley started colts for the King Ranch in Texas and the Parker Ranch in Hawaii and apprenticed with National Cutting Horse Hall of Fame inductee Willie Richardson for seven years. While showing cutters, Buckley met Hannes Muller, head instructor at the German Olympic training center in Warendorf, Germany, who invited him to come to Germany and train. Buckley

spent the next 10 years immersed in classical dressage and earned his International Trainers License in Dressage and Sport Jumping from the German FN (National Equestrian Federation). Buckley now lives with his wife Mary in Shelbyville, Kentucky (lesterbuckley.com). **MICHELLE GRALD** is a horsewoman and a writer who enjoys blending these two passions to illuminate and inspire fellow equestrians.



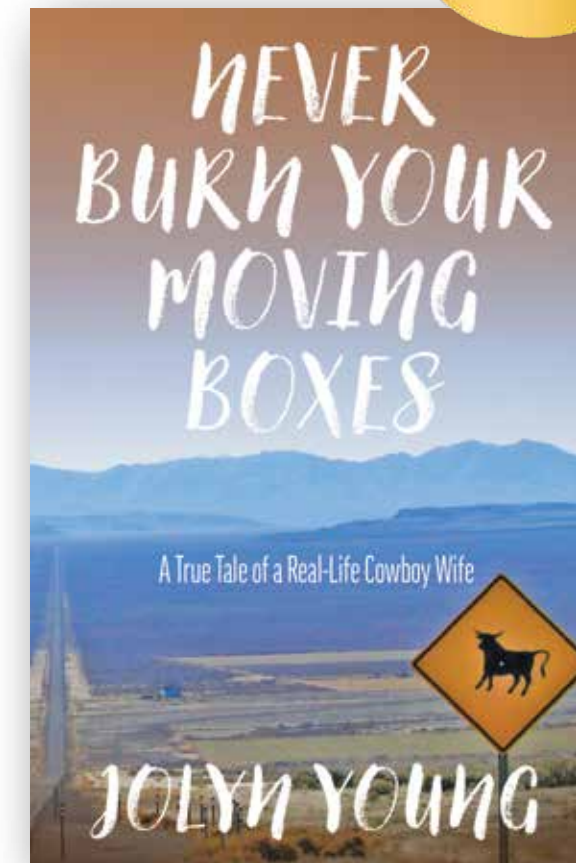
“

Young paints a brutally honest picture of loneliness, alcoholism, family love, and redemption.”

BUD FORCE
CINEMATOGRAPHER AND CO-
DIRECTOR OF THE FILM
COWBOYS: A DOCUMENTARY PORTRAIT



256 pp • 6 x 9
978 1 64601 176 6
\$19.95 • pb
Recently Published



Never Burn Your Moving Boxes

A True Tale of a Real-Life Cowboy Wife

When a baby-to-be suddenly spun her wild romance into a very practical marriage, and one decrepit ranch trailer home led to the next, **JOLYN YOUNG** found her young family desperately seeking stability in what is by definition a transient lifestyle that moves with the seasons. Often hours from the nearest grocery store and half-a-day from the closest hospital, pregnancy, childbirth, and illness required a do-it-yourself mentality. With days, sometimes weeks on her own as Jim worked the farthest reaches of whatever ranchlands they currently called home—and first with one child to care for—and eventually with three—Jolyn fought profound loneliness, finding comfort in writing and company in her camera.

As the cowboy lifestyle pulled them further toward the brink of civilization and Jim's drinking became a liability, losing him jobs and sending them packing, again, to yet another, different, distant cow camp, Jolyn struggled with the knowledge that she was choosing a life of scrubbing filthy mobile home floors and bunkhouse bathrooms in order to keep her family together. It would take leaving it, and Jim, for her to determine whether a world built on risk could coexist with the responsible mother she had needed to become.

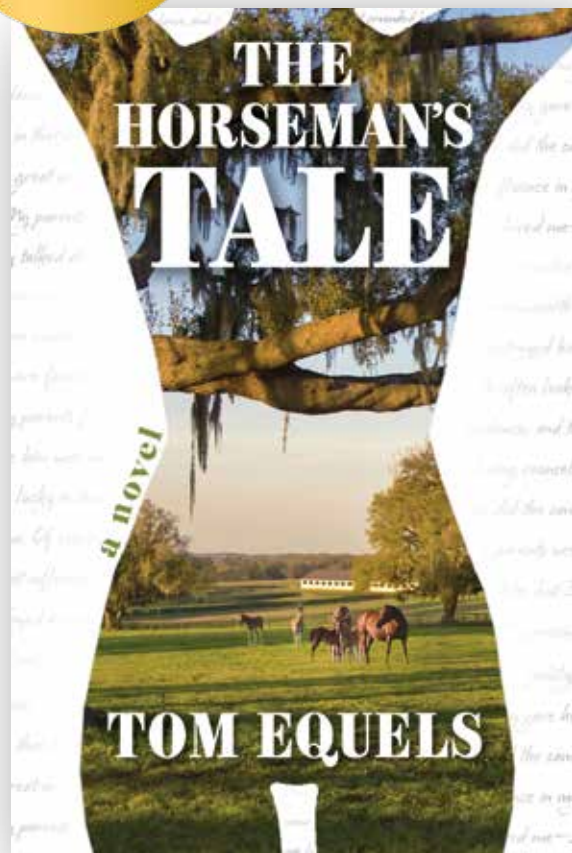
With a memoir that is brave, honest, and heartbreakingly funny, Jolyn Young has written the story of every young adventure-seeker, every new mother, and every partner who has loved an alcoholic in a whole new light—that of a campfire, on the edge of the desert night, miles away from cell phone reception.

JOLYN YOUNG lives in the high desert of northeastern Nevada with her husband and three children. She writes about the comical side of living on a remote cattle ranch in the great American West. She lives down 15 miles of

dirt road and 120 miles from the nearest Walmart, which shocks most people. (She was shocked to discover most people want to live close to a Walmart.) Jolyn's debut book is *Never Burn Your Moving Boxes* (jolynyoung.com).

NEW

NEW



FOUR
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September 2024
978 1 64601 265 7
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The Horseman's Tale

A Novel

This hypnotic narrative twists through both light and dark as journaling therapy unlocks the troubled memories of a lonely veteran.

Haunted by the death of his son in infancy and the love of his life many years later, Jake Montgomery grudgingly agrees to a form of "journal therapy" that allows him to expose and confront the sharp, insistent pain that he regularly buries with rage and scotch and television. As he writes, "four secrets" tightly bound within him gradually unwind—first in racially segregated Ocala, Florida, in the 1950s, where his best childhood friend was a Puerto Rican jockey, then in Ireland, when a summer as a stable apprentice ushers in a new and all-consuming passion.

Jake relives his experiments with free love in the 1960s, and is embroiled once more in choices of life and death on the battlefields of Vietnam, and later, as undercover intelligence officer in the countries of Eastern Europe. What begins as a journey chronicling youthful discovery spirals swiftly into spaces where loss overwhelms and the path chosen is one of ruthlessness and revenge. It is the birth, life, and death of a special horse that gives Jake a sense of purpose in his desperate search for a reason to carry on.

THOMAS KENWOOD EQUELS, MS, JD, was knighted by Pope Benedict in 2012. As a lawyer, Equels received numerous federal and state awards for his high-impact pro bono work in civil rights, poverty law, and social justice cases. For three decades he represented foreign states on an international basis, as well as the State of Florida. He also served private companies in the banking, insurance, aviation, pharmaceutical, and construction industries. Since 2016, Equels has served as CEO of Aim Immunotech Inc, an immunology research company focused on the development of therapeutics to treat cancers, immune disorders, and viral diseases. He breeds and trains

Thoroughbred racehorses and champion Paso Finos on his farm in Ocala, Florida. A combat-wounded Vietnam veteran, Equels was twice awarded the Distinguished Flying Cross (DFC) for heroism while participating in aerial combat, as well as the Purple Heart. He is a black belt in karate and was named one of the Florida Black Belt Association's Four Season Tour champions, as well as a National Sport Karate Association (NASKA) National Champion.

“

I admired the colt's bravery—his defiance. It was clear that he would fight me if I pushed too hard. There would be no running away.”

FROM
A HORSEMAN'S TALE

“

There are, of course, no words that transcend the feeling of having a horse look upon you and into you with grace and love.”

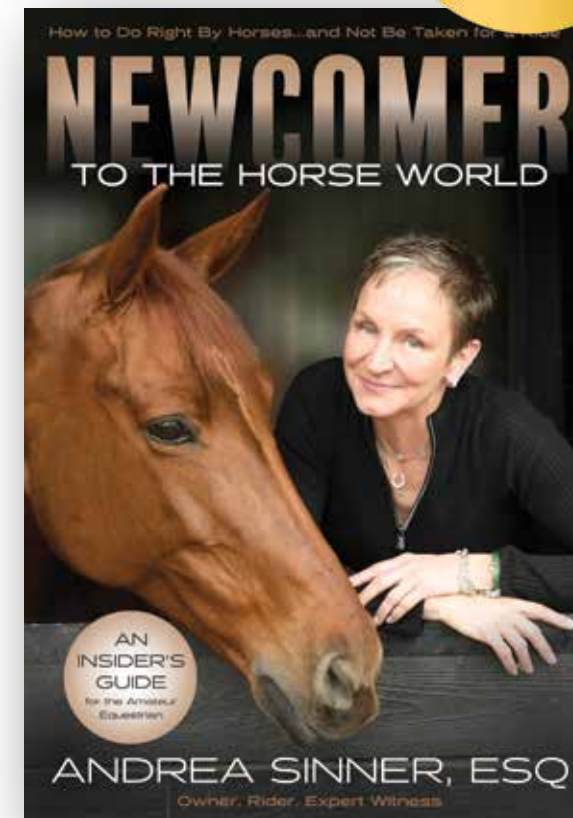
ANDREA SINNER
IN *NEWCOMER TO THE HORSE WORLD*

NEW



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PRESS

October 2024
978 1 64601 261 9
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Newcomer to the Horse World

How to Do Right By Horses...and Not Be Taken for a Ride

ANDREA SINNER embarked on her equestrian journey at age 30 while navigating an all-consuming global consulting career. A neophyte with little to guide her but passion, she found the horse world's customs and complexities challenging. After 25 years of hard-earned lessons and continuous growth, Sinner now shares the wisdom she fought to gain along the way, with a book for adults who are newcomers to the equestrian lifestyle as she once was.

Whether riders themselves or the parents of horse-crazy children, the equestrian realm can be daunting and often perplexing to those beginning their journey with horses. Luckily, Sinner's book serves as a comprehensive insider's guide, offering a sensible pathway to enjoying the company of horses while always advocating for their welfare.

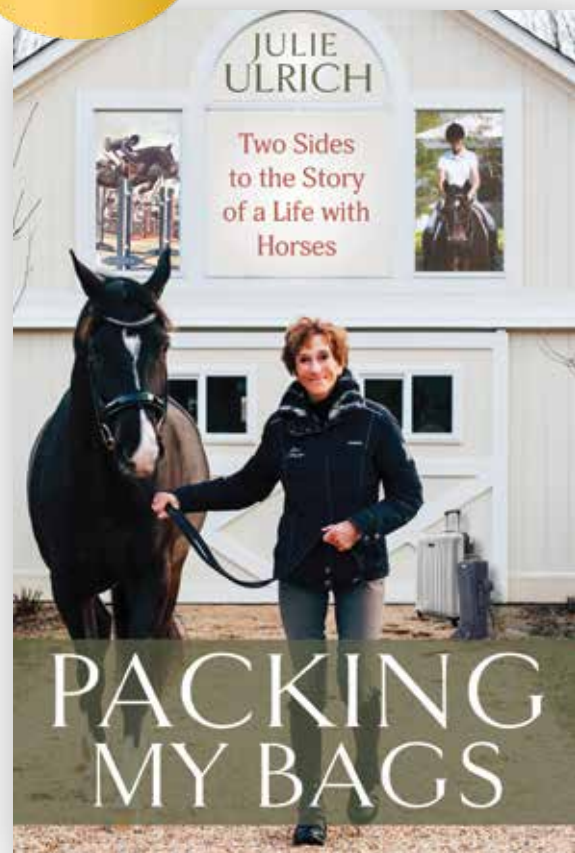
Sinner's advice is clear and on point, helping readers confidently find their place among both the professionals and the lifelong enthusiasts in this unique world. You'll find advice on:

- ◆ The lowdown on language, relationships, and responsibilities
- ◆ Defining values, boundaries, and objectives
- ◆ Understanding financial costs, including (most importantly) exceptional horse care
- ◆ Finding the right barn, trainer, and horse
- ◆ Building a quality horse care team
- ◆ And much more

ANDREA SINNER, ESQ., retired from the global consulting firm Accenture in 2014 as an executive managing director. Sinner graduated from the University of Miami School of Law, *summa cum laude*, in 2017 to embark on her second career. Her primary occupation (in addition to caring for and being with her horses) is being a Legacy Architect and Estate Planning Attorney for equestrians in her Florida

law firm "Stable Legacies PLLC." Since 2021, in collaboration with the Dean Emerita at the University of Miami School of Law, Sinner also teaches an innovative first-year elective titled "The Future of Legal Practice." Leveraging her technology consulting background and experience running the ABA Commission on the Future of Legal Education, Sinner supports forward-looking law students thinking deeply about being prepared for, and indeed, creating, the future of legal service delivery. *Newcomer to the Horse World* is her first book.

NEW



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Packing My Bags

Two Sides to the Story of a Life with Horses

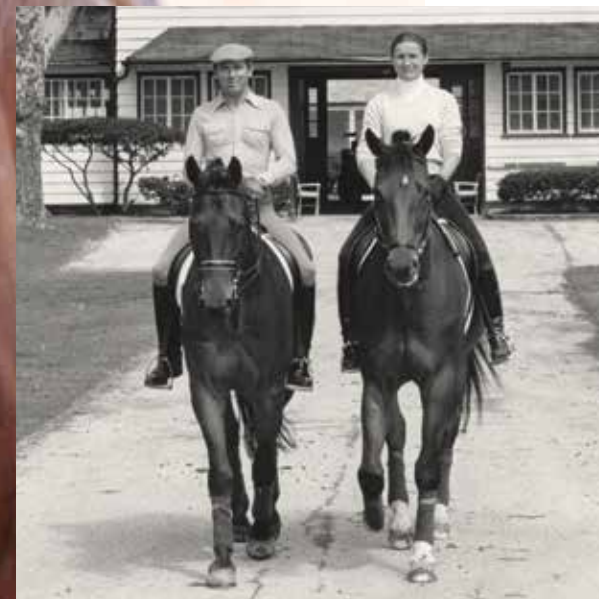
From bareback romps on a Shetland Pony that bit her and dumped her in a water trough, to the top show jumpers she schooled and competed, and the winning “diamonds in the rough” she plucked out of obscurity and trained, the trajectory of horsewoman **JULIE ULRICH’S** life has followed a star-lit path of horses and stables and riding arenas across the globe. Say a name of a classical master or a leading rider of the past century, and the likelihood is high that she has brushed shoulders with, learned from, taught, or trained a horse for that equestrian.

And so, it makes good sense that Ulrich should not only wish to share some of her adventures—her wins and losses, successes and hardships—but that she would assemble them in a unique manner that best showcases the two sides of who she really is: an incredibly hard worker with a sharp sense of humor; an eager adventurer who also loves teaching, and above all, believes in the value of a life lived for horses.

This “two-sided approach” means that, as readers laugh at her witty asides, they’ll also glean an authentic understanding of the horsemanship ideals that weave together equestrian sport’s past with its present. They’ll learn the names of movers and shakers and players and playmakers within the industry, and they’ll come to value the relationships that are at the heart of anyone’s success in the horse world. Between chapters, Ulrich summons the extraordinary teaching talent for which she might be best known and provides practical guidance and instruction on numerous topics.

JULIE ULRICH learned riding and horsemanship from such esteemed horsemen as former Chief Rider at the Spanish Riding School Karl Mikolka, German Olympian Reiner Klimke, and Show Jumping Hall of Fame Inductee Frances Rowe. She successfully competed in multiple disciplines throughout her life, but her specialty has always been show jumping, and it is in this discipline that she trains riders and horses. Ulrich was brought up in Minnesota and later developed a huge training facility, Friars Gate Farm, with

her husband Richard, in Pembroke, Massachusetts. She later moved to a smaller version of Friars Gate Farm to Middleburg, Virginia, closer to fox hunting country—an activity she loves. Ulrich eventually emigrated to Normandy, France, where she currently lives. Throughout her life, Ulrich has shared her knowledge with students, and she still regularly teaches and trains in the United States and Europe.

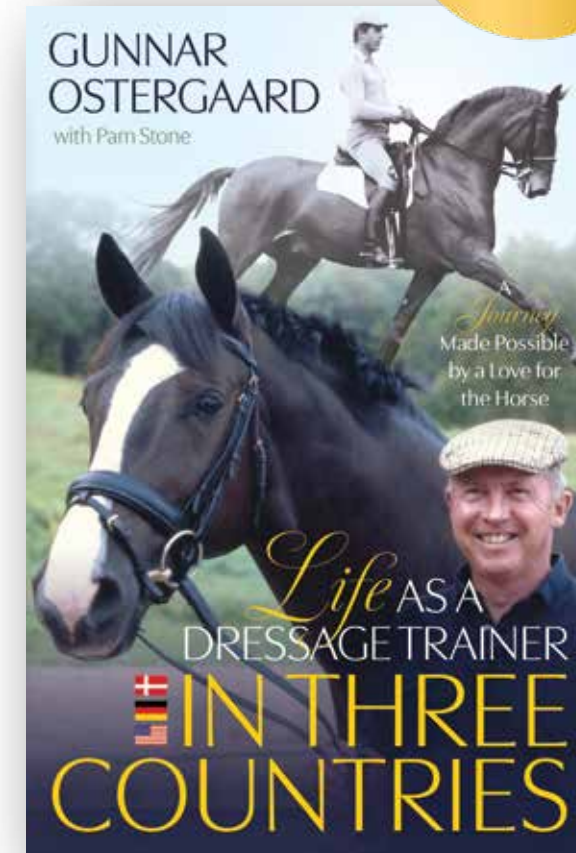


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256 pp • 6 x 9
85 color & b/w photos
978 1 64601 250 3
\$26.95 • pb
Recently Published



Life as a Dressage Trainer in Three Countries

A Journey Made Possible by a Love for the Horse

It was at the age of 13 that **GUNNAR OSTERGAARD** wrote in his journal, “Is there anything more beautiful than horses?” The rhetorical question would come to guide his every step as he sought a way to build a life around that which he loved most.

What transpired was a journey through three lands and cultures, each providing a different window into the body and mind of the horse and the heart and soul of the horseman. In these pages he traces his path from Denmark to Germany to the United States, providing a glimpse into the world of rider development in three vastly different places, as well as a rare peek behind the curtain of top international dressage training and competition.

Throughout, Gunnar is funny and frank, generously sharing both his struggles and successes. The result is a highly entertaining history lesson that is at the same time rich in equestrian philosophy readers can immediately apply to their own riding lives.

International horseman **GUNNAR OSTERGAARD** knew as a teenager his passion for horses was destined to be his profession, all while dreaming of one day immigrating to the United States. At the age of 16, Gunnar left his home in Denmark to start an apprenticeship through the German Riding Federation’s breiter program. For three years, he apprenticed with the renowned riding master Karl Diel in Flensburg, Germany, then returned to Denmark where he caught the attention of world-famous dressage trainer Gunnar Andersen and spent the next six years under his tutelage. In 1976, Gunnar was able to realize his dream

and moved to the United States, where he went on to train dozens of horses and riders to Grand Prix. His dressage expertise also shaped many North American jumper riders and eventers, including helping secure Olympic and WEG medals for both US and Canadian teams. Gunnar won numerous USDF national championships, the USDF Grand Prix National Champion Vintage Cup twice, and the Grand Prix at the prestigious Devon Horse Show three times. His dedication to horses and equestrian sport also led him to serve on the USET Planning and Selection Committee for several years. Gunnar continues to conduct clinics and teach dressage riders throughout the United States. He and his wife Birgit divide their time between their homes in Denmark and Tryon, North Carolina (gunnarostergaard.com).

Beyond Dog Massage

A Breakthrough Method for Relieving Soreness and Achieving Connection

JIM MASTERSON with ROBIN ROBINETT, DVM



Jim Masterson developed his Masterson Method™ for the purpose of releasing tension and improving movement in the performance horse. An interesting benefit was that it led to improved communication and trust, and a better overall relationship with the horse. Since dogs go with horses “like peanut butter and jelly,” Jim says, it was only natural that he began to use his bodywork on canines, too. The techniques used in the Masterson Method rely on reading and following the subtle changes in the dog’s body language as you work with him. Once you learn to read his body language, you will be “on the same page” and communication is established. Your dog recognizes that you understand what his body language is saying, that there is no threat to his well-being, and that he feels better when you work with him. In these pages you will learn the steps to incorporating the Masterson Method in your dog’s life, bringing happiness to both of you.

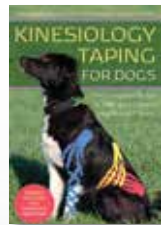
“A wonderful instructional guide to deepening your connection and improving your dog’s quality of life!” —Modern Dog Magazine

“Written in a user-friendly style, this book would assist dog owners in improving their pet’s physical and mental well-being.” —Library Journal

216 pp • 9 x 9 ¼ • 150 color photos & diagrams
978 1 64601 137 7 • \$39.95 hb spiral, eBook

Kinesiology Taping for Dogs

The Complete Guide to Taping for Canine Health and Fitness
KATJA BRÉDLAU-MORICH



160 pp • 6 ½ x 9 ½ • 121 color photos
978 1 64601 022 6 • \$23.95 pb

Canine and equine physiotherapist Katja Bredlau-Morich, author of *Kinesiology Taping for Horses* (p. 45), is a pioneer in bringing kinesiology taping methods to the dog world. She believes that dogs can benefit hugely from taping techniques, and even better, dog owners and trainers can learn practical steps to using kinesiology tape themselves. In her terrific guidebook, Bredlau-Morich provides the ultimate reference for understanding both the uses of kinesiology tape and its numerous canine applications. With hundreds of color photographs and step-by-step instructions for the do-it-yourselfer.

Where Does My Dog Hurt?

Find the Source of Behavioral Issues or Pain: A Hands-On Guide
RENEE TUCKER, DVM



Keep your dog pain-free and feeling and performing his best! Introducing 23 simple body checkups you can do at home on your dog. This remarkably easy-to-follow book helps you clear up behavior problems or training issues you may have struggled with for months, become familiar with your dog’s normal range of movement so you can prevent minor issues from becoming major, tune in to areas of temporary or chronic discomfort so you can offer relief as needed, and solve “mystery” limps, gimps, and lamenesses.

“An incredible, hands-on guide for evaluating and naturally dealing with canine pain.”

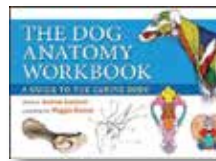
—Modern Dog Magazine

184 pp • 9 x 9 ¼ • 100 color photos, 25 color illustrations
978 1 57076 993 1 • \$26.95 pb

Dog Anatomy Workbook

A Learning Guide for Students, Breeders, and Canine Enthusiasts

ANDREW GARDINER



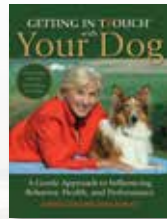
A practical learning aid that will help readers grasp important aspects of canine topographical anatomy. Throughout there are interactive opportunities to color and label bones, muscles, tendons, ligaments, internal organs and all other systems of the canine body.

216 pp • 11 ½ x 9 ½ • color illustrations & line drawings
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Getting in TTouch with Your Dog

A Gentle Approach to Influencing Behavior, Health, and Performance

LINDA TELLINGTON-JONES



The international bestseller from acclaimed animal expert and companion animal trainer Linda Tellington-Jones. Hands-on help from one of the most caring and innovative animal trainers in the world! Linda Tellington-Jones offers her acclaimed form of gentle bodywork and behavior training, giving you tools to: influence your dog’s behavior and performance while enhancing your relationship; reduce stress, overcome anxiety, and increase focus; assist in recovery from injury or illness; relieve discomfort in cases of aging, arthritis, and hip dysplasia; solve behavior problems, such as leash pulling, excessive barking, and fear of thunder; teach your dog to have his mouth handled and his toenails

clipped; and much more Tellington-Jones provides the ultimate reference for safe, gentle, idealistic care for and training of dogs, all ages, breeds, and sizes. Her methods are the key to a better quality of life for your dog.

152 pp • 6 ¼ x 8 ½ • color photos throughout
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TRAINING

3-Minute Horsemanship

60 Amazingly Achievable Lessons to Improve Your Horse (and Yourself!) When Time Is Short
VANESSA BEE



Do you day after day make a promise to train yourself and your horse to be better at something, but when you get to the barn there just doesn’t seem to be enough time? Don’t worry, what really matters is the quality of the training. It really is possible to carry out good quality progressive training with a horse in only three minutes a day. This refreshing new method offers 35 ground exercises, 24 ridden exercises and 25 “real world” exercises that will get you out and about with a safe, sane, well-trained horse.

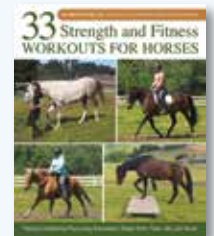
“I’ve started working through this book with my ‘student’—a four-year-old gelding yet to be started under saddle—and we’re making great strides already. I can’t wait to get to the ridden work.” —Horsetalk.co.nz

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33 Strength and Fitness Workouts for Horses

Practical Conditioning Plans Using Groundwork, Ridden Work, Poles, Hills, and Terrain
JEC ARISTOTLE BALLOU

NEW



Workouts that circumvent the tension, both physical and mental, that often spoils conditioning attempts made within a discipline-specific or skill-based training session. By providing the right amount of stimulus while avoiding boredom, fatigue, and habituated neuromuscular patterns, Jec Ballou’s workouts lead to positive physiological gains.

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50 Best Arena Exercises and Patterns

Essential Schooling for English and Western Riders

ANN KATRIN QUERBACH



A terrific collection of upbeat ideas for essential schooling, including exercises for: improving the rider’s seat, learning basic movements, increasing the horse’s mobility, finding rhythm, getting supple and relaxed, achieving connection and softness, activating the hindquarters, traveling straight, and achieving collection.

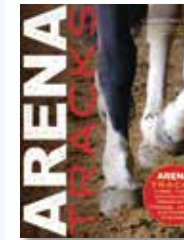
“This book is an arena boredom buster for riders and instructors alike—a must-have in your barn’s tack room or viewing area.” —Equine Journal

“A well-designed plan of lessons and exercises.” —Lone Star Horse Report

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A Rider, Trainer, and Instructor’s Reference for Dressage, Jumping, and Cavalletti Exercises
CHRISTIAN BAIER



In these pages, readers not only find handy quick-reference sections on the correct arena tracks for training and riding, but also a unique collection of over 50 select exercises for using them in the development of a sport horse on the flat and over fences. Putting the arena tracks into practice is the basis for correct systematic training and education in both dressage and jumping.

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Transform the Way You See, Feel, and Ride with a Whole New Kind of Groundwork
JONATHAN FIELD



In this beautiful book, readers learn how to use liberty exercises to develop a better “feel,” reward the horse sooner, and time their aids just right to ensure they get the response they want—all essential exercises to improve partnership and performance in every discipline, whether ranching, riding for pleasure, or competing at any level.

“If you are interested in learning how to become a better horse person, this book will teach and inspire you.” —HorseJournals.com

“In a word, BEAUTIFUL. But more than that, it is easy to read and understand...Highly recommended.” —Northwest Horse Source

“Hundreds of photographs allow readers to learn by watching.” —New York Horse Magazine

240 pp • 10 x 10 • 350 color photos, 10 illustrations
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Better than Bombproof

New Ways to Make Your Horse a Solid Citizen and Keep You Safe On the Ground, In the Arena, and On the Trail

RICK PELICANO with ELIZA MCGRAW



Sergeant Rick Pelicano of the Maryland National Park Police shares the one-of-a-kind, step-by-step exercises he uses to prepare police horses and riders for duty, taking “bombproofing” to a whole new level.

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Beyond the Track

Retraining the Thoroughbred from Racehorse to Riding Horse

ANNA MORGAN FORD with AMBER HEINTZBERGER



The best practical, step-by-step guide available to effectively reforming an off-track Thoroughbred and preparing him to excel in any discipline.

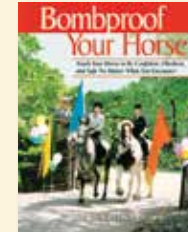
“Imparts wisdom and experience on finding and re-educating ex-racehorses for a new career in showing or pleasuring riding.... A must have for anyone thinking about adopting a Thoroughbred off the track.” —Horse Illustrated

“I consider this book the ultimate in training manuals for anyone thinking about adopting an ex-racehorse.” —Liz Harris, Former Executive Director, Thoroughbred Charities of America

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Teach Your Horse to be Confident, Obedient, and Safe, No Matter What You Encounter
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for Dressage and Jumping

INGRID & REINER KLIMKE



Ingrid Klimke’s revised version of the bestselling book she wrote with her late father. Cavalletti training is one of her secrets of success—it improves the gaits; promotes rhythm, suppleness, and cadence; and increases the fitness of your horse. Readers will find cavalletti work on the longe and valuable new ideas under saddle.

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VISCONTE SIMON COCOZZA



Novel ways of reaching deep within the horse's body and gently "unlocking" areas that may be a little "rusty" while at the same time improving core fitness. Step-by-step instruction and easy mounted exercises that enhance the horse's posture and boost his confidence in his body and movement.

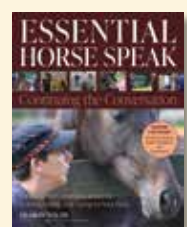
"Easy exercises to strengthen your horse's core and unlock his potential." —**Northeast Equestrian Life**

"An absolute delight to read and learn from." —**Horse Journals**

"I highly recommend this book." —**Elite Equestrian**

296 pp • 7½ x 8½ • 234 color photos & illustrations
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Fundamental Communications for Training, Riding, and Caring for Your Horse
SHARON WILSIE



A comprehensive manual for applying Horse Speak® principles to common training, riding, and horse care scenarios. Includes fundamental lessons that allow you to have authentic "conversations" with horses during your very next trip to the barn and a dictionary of common gestures, postures, and signals for equine-human translations.

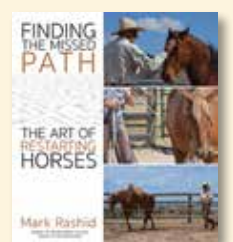
"The most complete guide to horse language ever... The amount of information in this book is astounding... If you wish to really understand horses and ease training or behavioral difficulties, I highly recommend reading this book." —**Colorado Horse Source**

"Brilliant." —**Catskill Horse Magazine**

392 pp • 8¼ x 10¼ • 318 color photos & illustrations
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Finding the Missed Path

The Art of Restarting Horses
MARK RASHID



In order to restart a horse successfully, we need to know how to retrace the steps the horse's education has taken and find the path missed the first time around. In this book, the first of the expansive library of books penned by Mark Rashid to include full-color photographs, readers are guided through practical steps for restarting horses, using Rashid's simple yet impactful concepts derived from years of study of martial arts. We walk along with him as he proceeds with the quiet sorting of experience that provides the insight we need to give any horse the new beginning he deserves.

"Easy understanding...surprisingly relatable." —**Equine Journal**

"A second chance to learn." —**Lone Star Horse Report!**

200 pp • 7¾ x 9 • 48 color photos
EBOOK FORMAT ONLY • \$16.99

Finding Your Superhorse

8 Keys to Developing the Horse That's Just Right for You

LYNN PALM with REBECCA DIDIER & MARIE-FRANCES DAVIS



Lessons on how to tap the true potential in every horse from one of the world's leading female trainers. With a rich mix of stories curated from years of horse adventures, practical ideas you can put to work in your own arena, and exercises to incorporate in your daily practice, *Finding Your Superhorse* is the rare inspiring read that teaches.

"Lynn Palm is one of the most talented and accomplished horsewomen I've ever had the privilege of knowing. Finding Your Superhorse is not only a great read, but a tribute to her knowledge of how horses and people learn to work and respond to each other as one. I think it is fabulous." —**Laura Cotter, Former assistant to Trainer D. Wayne Lukas, General Manager of Mandysland Thoroughbred Farms, and Laura Cotter Consulting**

264 pp • 7¼ x 9¼ • 110 color photos & diagrams
978 1 64601 133 9 • \$32.95 pb

From the Horse's Point of View

Beyond Natural Horsemanship: Horse Training's New Frontier
ANDREA KUTSCH



Horse trainer and researcher Andrea Kutsch explains her training system based on years of research, including time studying thousands of sport horses at the renowned Lewitz Stud in Germany—owned by European champion Paul Schockemöhle—where she found the natural horsemanship techniques she had long studied and employed did not have consistent results. Striking in the facts it reveals, this book leads equestrians into a brave new horse world, where we train horses their way, not ours.

"Certain to provide ideas for improving every interaction with horses, whatever your experience or discipline...a conversation-starter for all those looking to take their horsemanship to a whole new level."

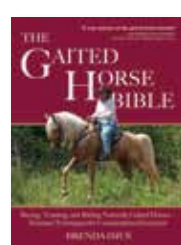
—**The Horse of Delaware Valley Magazine**

"Deliciously scientific." —**Horse Network**

184 pp • 7 x 8½ • b/w drawings & charts
978 1 64601 060 8 • \$24.95 pb, eBook

The Gaited Horse Bible

Buying, Training, and Riding Naturally Gaited Horses—Humane Techniques for Conscientious Horsemen
BRENDA IMUS



"Chapters in this comprehensive book discuss the gait spectrum (diagonal, lateral and intermediate), the naturally gaited breeds, tips on selection, conformation considerations, bits and saddle fit, basic training, advanced schooling, solving common problems and optimal hoof care." —**Lone Star Horse Report**

"... a one-stop shopping source for learning all the basics of owning and riding a gaited horse... beginner riders or those looking to purchase a gaited horse would benefit from all the straightforward information." —**The Horsemen's Yankee Pedlar**

256 pp • 8¼ x 10¼ • 125 color photos
EBOOK FORMAT ONLY • \$16.99

Gallop to Freedom

Training Horses with Our Six Golden Principles
FRÉDÉRIC PIGNON & MAGALI DELGADO

with DAVID WALSER



"Accompanied by stunning photographs of subjects and settings too beautiful to bear any resemblance to life as most of us know it, [Gallop to Freedom] presents the journey to fame of stunt rider, liberty and groundwork specialist, Frederic Pignon and his wife and Grand Prix level dressage trainer, Magali Delgado. Readers will surely be impressed." —**Horse Country**

"There is very valuable information here regarding 'reading' your horse and developing a relationship with him based on trust and respect... The more you read this book and reflect on the principles it puts forth, the more valuable you will find it."

—**California Riding**

192 pp • 8¼ x 10¼ • 187 color photos
EBOOK FORMAT ONLY • \$15.99

Ground Games for Horses

NEW

Skills, Tests, Obstacles, and 26 Engaging In-Hand Courses
WALTRAUD BÖHMKÉ



Using dozens of detailed color diagrams to "map out" exciting ideas for on-the-ground training courses at a variety of levels, as well as instructional photographs to demonstrate horse and rider position as they navigate specific obstacles, German Equestrian Federation (FN) accredited trainer and judge Waltraud Böhmke provides an excellent source of training inspiration in these pages. Known for her incredibly

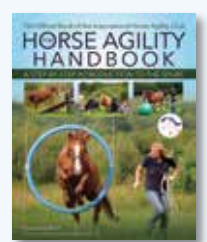
beneficial in-hand courses, Böhmke's guidance helps readers train their horses to be well-behaved, collaborative partners.

96 pp • 6½ x 9½ • 118 color photos, 29 color diagrams
978 1 64601 223 7 • \$22.95 hc spiral • August

The Horse Agility Handbook

NEW

New Edition
A Step-by-Step Introduction to the Sport
VANESSA BEE



With a focus on the development of your horse in the new and exciting sport of horse agility, founder of the International Horse Agility Club Vanessa Bee covers the ins and outs of the sport, including: horse and handler basics; obstacle and course construction; and organizing "play days" and competitions.

"The advice you need to get started in the sport of Horse Agility." —**Horse Illustrated**

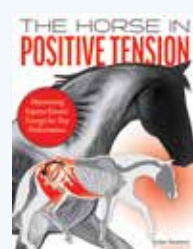
"I recommend The Horse Agility Handbook as a guide to fun new ways to work with your horse." —**Mid-South Horse Review**

"Whether you plan to compete or just have a good time with groundwork, this book introduces you to a fun, new way to bond with your horse." —**Equine Journal**

200 pp • 7½ x 9½ • 200 color photos
978 1 64601 227 5 • \$29.95 pb, eBook

The Horse in Positive Tension

Harnessing Equine Kinetic Energy for Top Performance
STEFAN STAMMER



Physical therapist and equine movement specialist Stefan Stammer uses a startlingly unique collection of color illustrations to make movement patterns in the horse visible to the human eye, in order to help riders better understand the principles of energy and motion happening within the horse. By forming new mental images for the rider, Stammer's goal is to profoundly impact the rider's daily work with her horse so that it is harder for her to make common mistakes or interfere with the horse's natural mechanisms.

"Thank you Trafalgar Square Books for publishing this title... Stammer does a brilliant job in this title of bringing a well-illustrated, well written and approachable means of understanding the topic of positive tension... A must read for anyone that wants to do the best by their horse. I simply LOVE it." —**Catskill Horse Magazine**

192 pp • 8¼ x 10¼ • 170 color photos, 98 illustrations
978 1 64601 129 2 • \$36.95 hc, eBook

The Horse Is Always First

NEW

Takeaways from the French Tradition for Today's Rider
CYRIL PITTION-ROSSILLON with MICHELLE GRALD



The French tradition of horsemanship is characterized by three principles: harmony, lack of constraint, and respect for the horse. For three decades French Riding Master Cyril Pittion-Rossillon has lived and worked alongside American equestrians and their horses emphasizing these training ideals. With simple, timeless

explanations of these principles and practical exercises that encourage readers to explore them, his book brings ideas to light that will help horses and riders of all levels, disciplines, and performance goals.

December 2024
Check TrafalgarBooks.com for final price and specifications

Horse Speak

An Equine-Human Translation Guide
SHARON WILSIE & GRETCHEN VOGEL



An international bestseller, now translated into eight languages! Learn how to have "Conversations" with horses—not in our language of words and ropes, but in their language of the body. With 12 easy steps we come to understand what our horses are saying to us and the best way to respond, opening doors to a whole new way of communicating.

"Horse Speak will not only enhance your horse-themed library, but also your relationship with your equine partner. Maybe becoming the next Buck Brannaman isn't as an impossible a goal as I thought." —**Catskill Horse Magazine**

"This book offers a practical system for 'listening' and 'talking to' horses in their language." —**Lone Star Horse Report**

224 pp • 8¼ x 10¼ • 290 color photos, 50 illustrations
978 1 57076 754 8 • \$29.95 pb, eBook

Horse Training In-Hand

A Modern Guide to Working the Horse from the Ground: Long Lines, Long and Short Reins, Work on the Longe
ELLEN SCHUTHOF-LESMEISTER & KIP MISTRAL



"A detailed guide to ground work, including longeing, double-longeing, long-lining, and work on long and short reins. In-depth advice about equipment and technique is complemented by diagrams and many clear color photographs of baroque breeds demonstrating the authors' methods." —**USDF Connection**

"This gorgeously illustrated book brings new life to these time-tested techniques." —**Northwest Rider**

"A great book for learning the importance of groundwork!"

—**The Horsemen's Yankee Pedlar**

204 pp • 10 x 9 • 110 color photographs, 50 illustrations
EBOOK FORMAT ONLY • \$16.99

Horses in Translation

Essential Lessons in Horse Speak: Learn to "Listen" and "Talk" in Their Language
SHARON WILSIE



In her follow-up to the bestselling *Horse Speak*, Sharon Wilsie uses true stories to relate examples of "problems" and how they were solved using her techniques of equine-human communication. Her engaging narrative introduces readers to real-life scenarios from different barns, various disciplines, and riders and handlers with contrasting experiences and backgrounds. Wilsie highlights her *Horse Speak* process, the clues that point to the best course of action, and the steps she takes to connect with horses that have shut down, grown confused, or become sulky or aggressive.

"A joy to read... You don't want to miss this book!" —**Equine VIP**

"Wilsie is a gifted storyteller... If every step taken counts, then *Horses in Translation* deserves a place on every equestrian's shelf who seeks to keep an open mind and constantly learn." —**Horse Nation**

248 pp • 6½ x 9½
978 1 57076 859 0 • \$24.95 pb, eBook

Long-Reining

The Classical Training Method
WILFRIED GEHRMANN



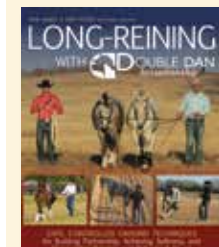
If long-reining is an essential building block in a horse's training, this book is the essential building block in every horse person's education. In these pages, the world's "long-reining maestro," Wilfried Gehrmann, provides the basics to preparing the horse and handling the reins and whip, as well as positioning of the handler's body—both when moving with the horse and

when asking the horse to move around you in longe circles and other figures. Gehrmann also introduces the progressive training that can be accomplished on the long reins according to the classical Training Scale, including instructions for correctly developing both piaffe and passage on the ground before attempting them under saddle.

140 pp • 7 x 10 • 105 color photos, 50 color illustrations
978 1 64601 174 2 • \$34.95 hc

Long-Reining with Double Dan Horsemanship

Safe, Controlled Ground Techniques for Building Partnership, Achieving Softness, and Overcoming Training and Behavioral Issues
DAN JAMES & DAN STEERS with KAYLA STARNES



Australian equestrian stars Dan James and Dan Steers of Double Dan Horsemanship show every horse owner the basic steps to an infinitely useable training skill: long-reining. Long-reining benefits every equestrian discipline, improving the horse's self-carriage and responsiveness to the aids, and your feel and timing, like nothing else, and all from a safe and controlled position on the ground. Bring long-reining into your barn with these 20 lessons.

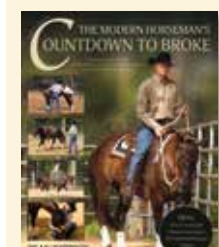
"Rich with information... The exceptional photographs of the various rein work involved make the instructions a pleasure to follow."

—**Cowgirl Magazine**

176 pp • 8¼ x 10¼ • 137 color photos
978 1 57076 740 1 • \$24.95 pb

The Modern Horseman's Countdown to Broke New Edition

Real Do-It-Yourself Horse Training in 33 Comprehensive Lessons
SEAN PATRICK



"I have never seen a book this meticulous in providing step-by-step instruction... It's a top-down, all-inclusive trip to the ultimate working, performance, or pleasure ride... you cannot mess this up—you are going to end up with a sane, well-trained horse."

—**Dr. Robert Miller**

"Superbly organized and includes 288 color photos to illustrate exactly what you should be doing in the training process. It's presented in a very matter-of-fact style, with crystal clear directions that you can directly translate into your own training with your horse." —**The Horsemen's Yankee Pedlar**

256 pp • 8½ x 11 • 288 color photos
978 1 64601 168 1 • \$32.95 pb, eBook

Mustang: From Wild Horse to Riding Horse

One Trainer's Journal: Groundwork, First Riders, Obstacles, Trail Work, Liberty, Performance, and More
VIVIAN GABOR



In 2016, horse trainer and biologist Vivian Gabor signed up to participate in the Mustang Makeover held in Germany. Given a sorrel mare originally from the wild herds in Oregon, Gabor recorded her progress over the weeks and months that followed. Readers can follow along, from the very first day when Gabor brought her Mustang home, through the natural, positive, and science-based behavioral training methods she used.

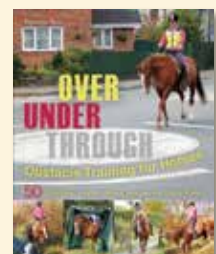
"Gabor's experiences training Mona come alive in the wonderful color photos that accompany every facet of the training process."

—**Cowgirl Magazine**

160 pp • 6½ x 9 • 207 color photos
978 1 57076 974 0 • \$22.95 pb, eBook

Over, Under, Through: Obstacle Training for Horses

50 Effective, Step-by-Step Exercises for Every Rider
VANESSA BEE



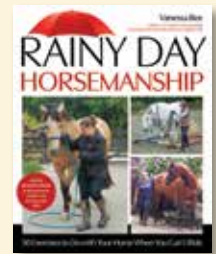
Creator of the International Horse Agility Club and 3-Minute Horsemanship Vanessa Bee provides Six Blueprint Exercises to lay the foundation of skills you need as a trainer and a horse to go over, under, and through any obstacle. Then, she takes us through 50 common scenarios—such as riding over white lines or dark shadows, or riding past farm animals or marshmallow hay bales—and illustrates with small, building-block steps and photos, what is needed to change the horse's reaction and behavior, assuring a smoother, safer ride down the road.

"A way to help horses overcome their instinctual flight reaction to scary things in the human world" —**Trail Rider Magazine**

176 pp • 8¼ x 10¼ • 200 color photos
978 1 57076 727 2 • \$19.99 pb

Rainy Day Horsemanship

50 Exercises to Do with Your Horse When You Can't Ride
VANESSA BEE



Weather can have an impact on your riding and training choices, sometimes keeping you out of the saddle, as can an injury to you or your horse, or changes in lifestyle or horsemanship goals. But time not riding does not need to be time wasted, explains trainer and popular instructor Vanessa Bee. As Founder of the International Horse

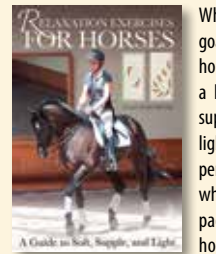
Agility Club, Bee brings to the stable a unique set of skill-building techniques and exercises that anyone can use to better understand how the horse moves and how to influence that movement, resulting in better behavior on the ground, improved performance under saddle, and strengthened connection whenever and however you and your horse interact.

"Loved it. Such approachable and easy to accomplish exercises that anyone can master." —**Catskill Horse Magazine**

176 pp • 7½ x 8½ • 150 color photos
978 1 64601 191 9 • \$27.95 hc spiral, eBook

Relaxation Exercises for Horses

A Guide to Soft, Supple, and Light
GUILLAUME HENRY

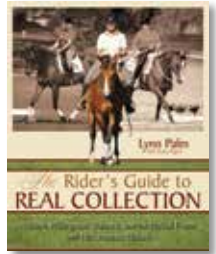


Whether striving toward competitive goals in the show ring, working long hours on the ranch, or simply enjoying a leisurely trail ride, a horse that is supple in body, relaxed in mind, and light in the hand will be better able to perform, and stay sound and healthy while doing it. The exercises in these pages are a classically correct and horse-friendly starting point to building a routine you can rely on to prepare your horse in the best way possible for training or performance, or to cool him down afterward. Includes exercises to relax and supple the horse from back to front (longitudinally), from the circle and other arena tracks and figures, and from side to side (laterally).

96 pp • 6½ x 9½ • 31 color photos, 40 color illustrations
978 1 64601 211 4 • \$24.95 pb

The Rider's Guide to Real Collection

Achieve Willingness, Balance, and the Perfect Frame with Performance Horses
LYNN PALM with STACY PIGOTT



A great primer to the sport of Western dressage, providing great exercises from Lynn Palm to get your horse forward, straight, and balanced.

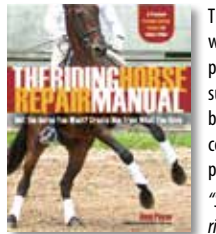
"Horsewoman/superwoman Lynn Palm has brought us a book that can help both English and Western riders achieve better collection under saddle." —**The Horsemen's Yankee Pedlar**

"An easy-to-use system of exercises that gradually collect any type of horse, regardless of his build and that are of particular value to stock horse breeds such as Quarter Horses, Paints and Appaloosas." —**Lone Star Horse Report**

192 pp • 8¼ x 10¼ • 225 color photos, line drawings
978 1 57076 444 8 • \$19.99 hc, eBook

The Riding Horse Repair Manual

Not the Horse You Want? Create Him from What You Have
DOUG PAYNE



This fabulous guide to "fixing" horses with behavior and training problems provides causes and solutions for such common issues as bucking, bolting, rearing, spooking, lack of confidence, contact issues, jumping problems, and more.

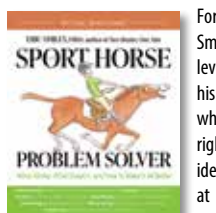
"Solutions for nearly every kind of riding problem you could encounter... Payne's advice and solutions show an honest, thoughtful horseman who always looks for the good in any horse but doesn't shy away from a serious 'problem child.' If you've ever come across an issue with a horse young or old, experienced or not, you're sure to find an answer." —**The Chronicle of the Horse**

"A great read and a handy tool to have in your training arsenal." —**Eventing Nation**

192 pp • 8¼ x 10¼ • 150 color photos
978 1 57076 517 9 • \$29.95 pb, eBook

The Sport Horse Problem Solver

What Works, What Doesn't, and How to Make It All Better
ERIC SMILEY, FHBS



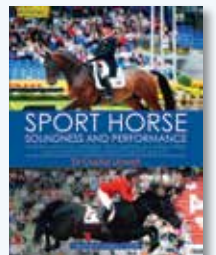
Former international event rider Eric Smiley has brought along his own top-level horses for decades. Now he taps his immense knowledge to help riders whose horses may not have had "the right start." He teaches readers how to identify what isn't working by looking at how things should work. Then he walks us through dismantling and reassembling the issues, providing an easy-to-follow system for determining what's potentially wrong with a horse and choosing sensible exercises for fixing it.

"Will help solve the common problems that we all experience in a patient, calm, and humane way...and a good read." —**Pippa Funnell, Three-Time Olympic Medalist and Winner of the Rolex Grand Slam of Eventing**

264 pp • 7¼ x 9¼ • 100 color photos & cartoons
978 1 64601 119 3 • \$29.95 pb, eBook

Sport Horse Soundness and Performance

Training Advice for Dressage, Show Jumping, and Event Horses from Champion Riders, Equine Scientists, and Vets
DR. CECILIA LÖNNELL



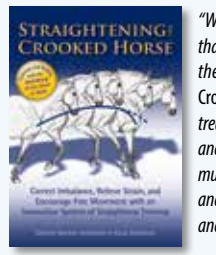
Relying on her veterinary background, in-depth research, and dozens of interviews with top riders and trainers from around the world—including Beezie Madden, Kyra Kyrklund, Carl Hester, and Pippa Funnell, to name just a few—Dr. Cecilia Lönnell provides guidelines for nurturing a happy, healthy equine athlete.

"An equestrian dream team in a book. Read. Study. Learn." —**USDF Connection**

160 pp • 7½ x 10 • 46 color photos
978 1 57076 837 8 • \$22.99 hc

Straightening the Crooked Horse

Correct Imbalance, Relieve Strain, and Encourage Free Movement with an Innovative System of Straightness Training
GABRIELE RACHEN-SCHÖNEICH & KLAUS SCHÖNEICH

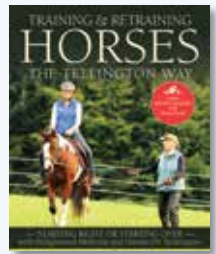


"Whether used for starting a young horse that has never been ridden or correcting the adult horse, Straightening the Crooked Horse is an informative written treasure that every equestrian, trainer, and owner should own, read and use...a must read for anyone who loves horses and takes pride in their health, comfort, and performance." —**Sidelines**

160 pp • 6¾ x 9¾ • 50 color photos
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Training and Retraining Horses the Tellington Way

Starting Right or Starting Over with Enlightened Methods and Hands-On Techniques
LINDA TELLINGTON-JONES with MANDY PRETTY



A thoughtful recipe for starting the young horse without stress, helping to establish the very best beginning, in hand and under saddle, as well as providing the necessary tools for giving an older horse a second chance by filling in training "holes" and reconfirming lessons that may have been poorly taught or forgotten. Whether starting right or starting over, Tellington-Jones' field-tested, compassionate answers are an excellent way to find connection while ensuring the horse a lifetime of success.

"An excellent addition to any horse owner's library." —**Horse Journals**

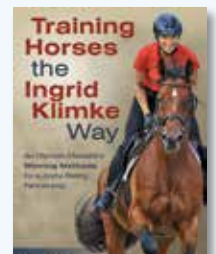
"Riders and trainers of all disciplines and skill levels will benefit." —**Cowgirl Magazine**

"You need to read this book...it is a treasure for all riders and trainers who want a partnership with horses and want to train horses with respect and feeling." —**Frédéric Pignon & Magali Delgado**

304 pp • 8¼ x 10¼ • 230 color photos
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Training Horses the Ingrid Klimke Way

An Olympic Medalist's Winning Methods for a Joyful Riding Partnership
INGRID KLIMKE



Olympic gold medal winner Ingrid Klimke details her personal system of bringing a horse along through the stages of progressive development, and providing readers guidelines and exercises to ensure success without stress at each milestone.

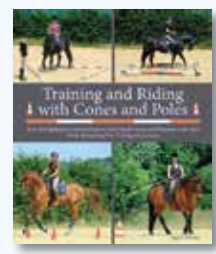
"The closest most of us will come to spending an extended period of time in the Klimke stable...wonderful insight into a top rider's training decisions." —**USDF Connection**

"An instructional book for sport horse fanatics that succeeds where many others fall short..." —**UnTacked Magazine**

176 pp • 7 x 9½ • 205 color photos, 12 diagrams
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Training and Riding with Cones and Poles

Over 40 Engaging Exercises to Improve Your Horse's Focus and Response to the Aids, While Sharpening Your Timing and Accuracy
SIGRID SCHÖPE



Training your horse to concentrate on a lesson, bend his body from nose to tail, and pay attention to where he places his feet—whatever your discipline or level of expertise, these are necessary foundation skills. This is an incredibly handy guide to introducing and solidifying these concepts, as well as many others,

with exercises using two very basic training tools: traffic cones and ground poles. Arranged in an easy-to-view format so you can work through the exercises progressively, or dip in and try ideas "à la carte," these pages provide all you need to reinvigorate arena workouts and keep both you and your horse engaged in the training process.

96 pp • 7 x 8½ • 140 color photos, 12 diagrams
978 1 57076 721 0 • \$19.95 hc spiral, eBook

The Ultimate Horse Behavior and Training Book

Enlightened and Revolutionary Solutions for the 21st Century
LINDA TELLINGTON-JONES with BOBBIE LIEBERMAN



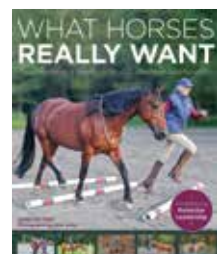
"A user-friendly, step-by-step approach that helps resolve behavioral issues to develop a responsive, willing mount... With plenty of white space, 364 color photographs, and 81 color illustrations, the book is a pleasure to read." —**Western Horseman**

"With a title like this, you expect a lot from page one. And Linda Tellington-Jones doesn't disappoint... Pictures are plentiful, and the book has a beautiful overall appearance. Best of all, it is written in a clear and engaging way... Keep this one nearby—you'll want to refer to it again and again." —**The Horsemen's Yankee Pedlar**

344 pp • 8½ x 11 • 364 color photos, 81 color illustrations
EBOOK FORMAT ONLY • \$21.99

What Horses Really Want

Unlocking the Secrets to Trust, Cooperation, and Reliability
LYNN ACTON



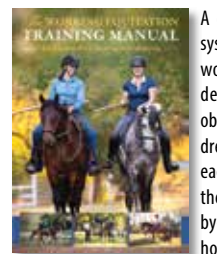
Horses want leaders they trust to protect them—not only from danger, but from stress. When we provide this security, they accept our rules. This not only puts us in charge, it makes our leadership more effective because we do not force it on them; they seek it. The result is less anxiety, fewer behavior problems, more efficient learning, and better reliability. Lynn Acton shows why Protector Leadership works and how to make it work for us.

"A delightful read and very educational, the wealth of information included in this work is easy to assimilate and will help every horse and every horse owner. Highly recommend." —**Catskill Horse Magazine**

288 pp • 8¼ x 10¼ • 191 color photos
978 1 57076 945 0 • \$31.95 pb, eBook

The Working Equitation Training Manual

101 Exercises for Training and Competing
ALI KERMEEN



A one-of-a-kind progressive training system to those new to the sport of working equitation. Lessons focus on developing confidence with the obstacle phases while incorporating dressage principles. The elements of each obstacle are broken down and then brought back together in step-by-step exercises that: prepare both horse and rider.

"Essential for both the novice and seasoned rider... a valuable resource to be referenced time and time again." —**Cowgirl Magazine**

"One of the beauties of the book is it's not just for working equitation fans. The exercises provide fun ways to spice up schooling sessions and challenge the accuracy and basic flatwork skills of horses and riders at any pace." —**Horse Journals**

200 pp • 7 x 10 • 46 color photos, 117 color diagrams
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RIDING

50 5-Minute Fixes to Improve Your Riding

Simple Solutions for Better Position and Performance in No Time
WENDY MURDOCH



"You'll be amazed at how quickly you can replace old habits with new ones, get out of your 'riding rut,' and transform what you can't do into what you can do...naturally, capably, comfortably, and consistently in your ability to communicate with your horse." —**Northwest Rider**

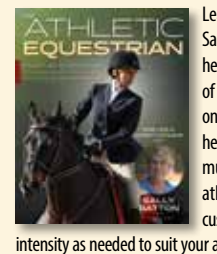
"This is really good stuff." —**Dressage Today**

"After reading this book and doing the exercises that were appropriate for my riding issues, I am definitely a better rider and my horse a happier horse." —**California Riding Magazine**

224 pp • 8 x 8½ • 199 color photos, 45 illustrations
978 1 57076 455 4 • \$27.95 hc, eBook

The Athletic Equestrian

Over 40 Exercises for Good Hands, Power Legs, and Superior Seat Awareness
SALLY BATTON & CHRISTINA KEIM



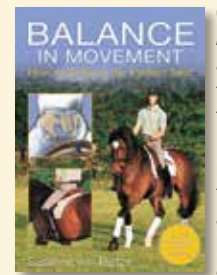
Learn Division I collegiate riding coach Sally Batton's time-proven warm-up and her energizing "Equicize" routine: a series of progressive exercises similar to aerobics on horseback. Batton's recommendations help you build and strengthen the major muscle groups used by equestrian athletes, and all exercises can be customized so you can raise or lower the intensity as needed to suit your age, level, and riding style. Plus, readers find dozens of creative training "hacks" that will get them on their way to greater levels of riding proficiency in no time at all.

"This is a book that you will refer back to time and time again." —**Northeast Equestrian Life**

184 pp • 8¼ x 10¼ • 150 color photos
978 1 64601 051 6 • \$29.95 pb, eBook

Balance in Movement

How to Achieve the Perfect Seat
SUSANNE VON DIETZE



Originally published in 1999, *Balance in Movement* broke new ground in assisting the reader to understand the anatomical requirements crucial for establishing the "perfect" seat. Including discussion of common rider problems and correct application of the aids, this classic and highly acclaimed contribution to equestrian literature is now completely revised and extended with over 200 full color photographs, and is an essential addition to every rider's library.

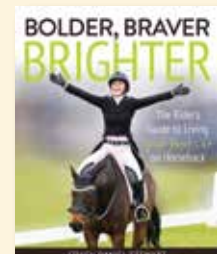
"Packed with useful information that guides you in exploring your own unique body structure and its way of movement... With [this book] you can refine your muscle control, perfect your position and balance, and become a more subtle and precise rider." —**Dressage Today**

* This book is on the USDF Instructor Certification Recommended Reading List.

224 pp • 7½ x 10 • 244 color photos, color illustrations
978 1 57076 744 9 • \$29.95 pb

Bolder, Braver, Brighter

The Rider's Guide to Living Your Best Life on Horseback
COACH DANIEL STEWART



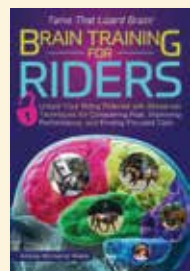
With Coach Daniel Stewart's infectious optimism and indomitable sense of fun, readers will find themselves embracing exhilarating changes in their outlook and their abilities. Learn to: eliminate pressure as a threat; manage nervousness, hesitation, and doubt; overcome failure and perfectionism; and move beyond expectations. With energy and compassion, Coach Stewart offers everyone a chance of attaining self-fulfillment and joy when working with and riding horses.

"Insightful and often full of humor... Bolder, Braver, Brighter is approachable and friendly in a rare and wonderful way." —**Horse Network**

288 pp • 7½ x 9 • 400 color photos and illustrations
978 1 64601 032 5 • \$29.95 pb, eBook

Brain Training for Riders

Unlock Your Riding Potential with StressLess Techniques for Conquering Fear, Improving Performance, and Finding Focused Calm
ANDREA MONSARRAT WALDO



Learn how manage your "lizard brain"! Here are tools to handle uncomfortable emotions, such as fear, anger, anxiety, and embarrassment; hone your mental game and focus your riding time to get the most out of your hours in the saddle; care for your emotional injuries the same way you would care for an injured horse; and tap into the skills you have (whether you know it or not!)

"Unlocks many secrets as to how and why riders can avoid becoming uptight and anxious in the horse world...inspiring and informational."

—Warmbloods Today

"Whether you have taken a knock, are in love with the wrong horse for the wrong reasons, or need to upgrade your success in the competition world, this book is for you." —Catskills Horse

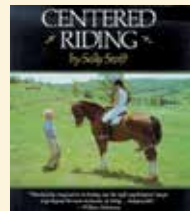
"Learn to re-train your brain to achieve a more confident, joyful state. If you're fearful, don't stop riding, start reading." —Trail Rider

224 pp • 6 x 9

978 1 57076 751 7 • \$19.95 pb, eBook, Audiobook

Centered Riding

SALLY SWIFT



Using vivid, highly imaginative images, this revolutionary—now classic—book enables every equestrian to reassess habitual responses, ride in natural positions, and break through frustrating plateaus. Widely known for her innovative teaching philosophy stressing body awareness, the value

of "soft eyes," proper breathing, centering, and balance, Sally Swift was a pioneering riding instructor for half a century. Her methods enable horse and rider to achieve harmony, working together naturally.

"Indispensable...wonderfully explicit.... A work of truly remarkable originality and ingenuity." —William Steinkraus, Olympian and Author of *Reflections on Riding and Jumping*

"Centered Riding is for every rider—from those with little experience all the way to world class." —Mid-South Horse Review

224 pp • 8 x 9½ • 187 b/w illustrations
978 0 312 12734 3 • \$29.99 hc

Centered Riding 2

Further Exploration
SALLY SWIFT



Sally Swift teaches riders new concepts that evolved after Centered Riding's inception, reeducating a rider's mind and body to achieve greater balance in order to better communicate with the horse. Swift's methods revolutionized riding by showing that good use of the human body makes a world of difference on horseback.

"A worthy companion to its classic predecessor..." —Horse & Rider

"Destined also to become a classic and a staple on the shelf of committed riders." —The Horsemen's Voice

"Swift was ahead of her time." —USDF Connection

272 pp • 8 x 9½ • 153 color photos, 93 drawings
978 1 57076 688 6 • \$29.95 pb, eBook

Equicize

Progressive, Mounted Exercises That Improve Cardiovascular and Muscular Fitness for Everyday Riders of All Levels
SALLY BATTON with CHRISTINA KEIM



Equicize is a proven program developed by veteran riding coach Sally Batton that can be used as part of a horseback rider's daily warm-up by targeting specific muscle groups, or it can be a more intense workout in the saddle once or twice a week, making up the bulk of a mounted training session.

Easy to learn and flexible by design, riders can pick and choose the Equicize exercises that best address their personal "problem areas." With sensible, achievable goals, easy-to-implement steps, progressive how-to photographs, and dozens of QR codes to scan and view engaging instructional videos, this book is both a superb launch point for ambitious riders and those aiming to stay in the game, and in the saddle, as long as possible.

224 pp • 7½ x 8½ • 175 color photos
978 1 64601 296 4 • \$29.95 hc spiral

Fit & Focused in 52

The Rider's Weekly Mind-and-Body Training Companion
COACH DANIEL STEWART



One exercise for the body, and one for the mind, for every week of the year. The end goal is attaining full-on fitness that improves performance on horseback, whatever your age, ability, or discipline.

"Daniel Stewart's mental and physical training exercises would be a great addition to any rider's program. I'm a big fan of his."

—Boyd Martin, US Olympian

"Ever wish you had a personal trainer who could custom-design a fitness and sport psychology plan to improve your performance in the saddle? Now you do." —USDF Connection

"With plenty of photos and tips, this inspirational guide is like having Daniel Stewart training right there with you."

—Equine Journal

184 pp • 9½ x 9½ • 458 color photos and illustrations
978 1 57076 807 1 • \$34.95 hc spiral, eBook

Fit to Ride in 9 Weeks

Achieve Straightness, Suppleness, and Stamina in the Saddle—and Stay That Way
HEATHER SANSOM



Certified personal trainer and riding coach Heather Sansom has developed an utterly achievable 9-week fitness plan to help every rider ride her best, while being fair to your horse.

"Provides a detailed road map to equestrian fitness...you will get a lot fitter and your riding will improve, whatever your equestrian discipline."

—USDF Connection

"The key to enjoying the ride, being fair to your horse, and getting into fabulous shape—in just a couple of months." —Trail Rider

"Chock full of exercises for riders... The reasons why we, as riders, should be fit for the sake of our horses and how to do just that in a simple nine-week-long plan." —Equine Journal

208 pp • 8¼ x 10¼ • 300 color photos, 50 illustrations
EBOOK FORMAT ONLY • \$17.99

NEW

How Good Riders Get Good New Edition

Daily Choices that Lead to Success in Any Riding Discipline
DENNY EMERSON



Now in a revised edition that includes new top good-rider profiles, this book is exactly what you need to become a better rider. It's a smart, honest, on-target kick-in-the-pants, guaranteed to rev your engines as you see how a few changes in your life, a few smart choices and strategic moves, can transform you from a run-of-the-mill rider into a GOOD one. Discover the nine key character traits of successful riders and how you can learn to call each one of them your own. Along the way you'll read the stories of 23 of the world's top riders from different disciplines and sports—including dressage, reining, driving, show jumping, endurance, hunter/jumper, and eventing.

"A tough-love approach to helping you become the best rider you can be, by guiding you to make the right choices...I've never seen [a book] quite like this." —The Horsemen's Yankee Pedlar

"Anyone searching for a positive boost in a quest to better himself will find Emerson's perspective, analysis, and advice valuable." —The Chronicle of the Horse

252 pp • 7 x 8½ • 60 color and b&w photos
978 1 57076 961 0 • \$24.95 pb, eBook

How to Ride the Horse You Thought You Bought

All You Need to Know Exactly What to Do Every Time You Get in the Saddle
ANNE BUCHANAN



In this fresh look at the fundamental skills needed when training and riding a horse, career educator and lifelong horsewoman Anne Buchanan provides keys so the everyday horse enthusiast can decode how the horse functions, become aware of crucial technicalities of riding that are often overlooked or bypassed, easily recall what to do, when, during any ride, and fill a toolbox with training ideas so that every ride has meaningful and attainable goals.

August 2024

Check TrafalgarBooks.com for final price and specifications

It's Not Just About the Ribbons

It's About Enriching Riding (and Life) with a Winning Attitude
JANE SAVOIE



The follow-up to Jane Savoie's bestselling *That Winning Feeling!* (p. 35). Readers will find a bounty of new material that will take them deeper into the world of mental training.

"Self-motivating techniques that span all riding disciplines... You'll find yourself reaching for this book again and again." —Horse & Rider

"Jane Savoie has produced another winning book...sure to inspire riders while helping them achieve their dreams."

—The Horsemen's Yankee Pedlar

256 pp • 7 x 8½ • 63 color photos, 75 color drawings
978 1 57076 401 1 • \$19.95 pb, eBook, Audiobook

Neuroathletics for Riders

Innovative Exercises That Train Your Brain and Change Your Nervous System for Optimal Health and Peak Performance
MARC NÖLKE



Every movement of the rider's body starts in the brain. In these pages, Olympic competitor and coach Marc Nölke explains how to direct the specific areas of the brain that control stability, sense of rhythm, precision of movement, breathing, and vision. With his 40 unique brain-focused exercises, riders learn how to change the input sent to their brain to get healthier, more athletic output. With options to perform exercises on or off the horse, this book offers a practical way for any rider—regardless of age, ability, discipline, or time—to steadily improve in distinct and profound ways.

"Through exercises for the vestibular, visual, respiratory, and other bodily systems, Nölke aims to help all riders." —USDF Connection

"An outstanding book that every rider should read."

—Catskill Horse Magazine

168 pp • 7 x 10 • 328 color photos, 10 color illustrations & charts
978 1 64601 178 0 • \$27.95 pb, eBook

Pressure Proof Your Riding

Mental Training Techniques to Gain Confidence and Get Motivated So You Achieve Peak Performance
DANIEL STEWART



Sport psychology expert and international riding coach Daniel Stewart has spent a lifetime training equestrian athletes to Pressure Proof their riding. In this book, he shares dozens of specific tools and tricks that can be used to manage the stress, nerves, distraction, and panic that so often hinder performance.

"Whether you are a serious competitor or just starting out, this book will inspire you to reach for your goals, while having fun with your horse." —Equine Journal

"If crippling nerves mean you're no longer enjoying riding, this excellent 'mentor' will help get you back on track. Easy to follow, step-by-step guides are sure to reveal a much more positive you!" —Your Horse Magazine

272 pp • 7 x 8½ • 70 color photos, 92 illustrations
EBOOK FORMAT ONLY • \$17.99

Ride Better with Christoph Hess

Dozens of Rider Questions Answered
CHRISTOPH HESS



Renowned horseman and FEI judge Christoph Hess shares some of his best riding and training tips and well-honed insight related to the topics that he finds most often challenge equestrians and their equine partners. Find thoughtful, easy-to-apply advice when dealing with riding, training, and performance issues.

"Deserves to be a bookshelf reference for every barn, regardless of discipline." —Horse Nation

"Straightforward, easy to understand, and of course, classically correct." —USDF Connection

"Hess's tips and solutions are invaluable to equestrians of every level. Everyone can walk away from this book a better rider." —Northwest Horse Source

184 pp • 6½ x 9½ • 62 color photos and 55 illustrations
978 1 57076 858 3 • \$21.99 pb

Ride Big

The Ultimate Guide to Building Equestrian Confidence
JOHN HAIME



Renowned performance coach John Haime provides the mental tools riders need to be better under pressure of all kinds and to consistently succeed in whatever discipline they choose. Haime enables equestrians to not only communicate better with their horses in all situations but to perform their best when the stakes are high. Features dozens of Olympians, champions, and medalists who share their techniques for performing under world-class pressure.

"This guide from John Haime will help equestrians build their confidence, handle their emotions, and deal with pressure. I highly recommend it to competitors looking to take their riding to the next level." —Beezie Madden, Olympic Gold Medalist, Show Jumping

"Will help you be better equipped to solve problems, be more confident when confronting challenges, and better enjoy your experience with horses. Read this book." —Horse & Hound

256 pp • 6¼ x 9½ • b/w charts & illustrations
978 1 64601 058 5 1 • \$24.95 pb, eBook, Audiobook

Ride Right with Daniel Stewart

Balance Your Frame and Frame of Mind with an Unmounted Workout and Sports Psychology
DANIEL STEWART



The horse is one half of an athletic partnership. The rider's physical and mental fitness affects the end performance of the team, and warming up, conditioning, diet, and psychological stability are key to success. Daniel Stewart's first book helps equestrians improve their bodies and minds on the ground, so they ride better.

"All of Stewart's techniques are presented in an easy-to-understand, lighthearted manner...fun exercises...humorous sidebars." —Northwest Horse Source

192 pp • 8¼ x 10¼ • 200 color photos and illustrations
EBOOK FORMAT ONLY • \$18.99

Ride from Within

Use Tai Chi Principles to Awaken Your Natural Balance and Rhythm
JAMES SHAW



James Shaw shows us how the practice of Tai Chi—an ancient Chinese art that unifies the body, mind, and spirit in a series of flowing movements—can enable you to: develop a sensitive seat; learn to use your breath as an aid; reduce tension unconsciously held in your hands; lower and expand your center of balance; create free movement in your lower back and spine; heal pain and stiffness in your body; and much more.

"With the use of spectacular photography, informative text and a gift for explaining complex ideas, Shaw has developed a marvelous book."

—The American Quarter Horse Journal

"A book such as this could open up a new philosophy on riding and a new way to think of a human body in balance with a horse's body."

—The Chronicle of the Horse

258 pp • 8 x 10 • 137 color photos, 26 line drawings
EBOOK FORMAT ONLY • \$17.99

Rider+Horse=1

How to Achieve the Fluid Dialogue that Leads to Harmonious Performance
ECKART MEYNERS, HANNES MÜLLER & KERSTIN NIEMANN



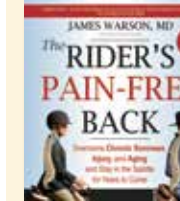
Bringing rider and horse together so they can move as one is a complex equation. Now sports physiologist and movement expert Eckart Meyners has combined efforts with German Riding School Head Hannes Müller and St. Georg editor Kerstin Niemann to provide a book with the answers. This book enables you to: use unique exercises to improve your balance and aids; master flexion, bend, and half-halts; explore ways of creating "positive tension" in the horse; and learn how to identify and respond to the motion sequences of the horse.

"Advice on how to achieve the fluid dialog between the horse and rider that leads to harmonious performance." —Practical Horseman

200 pp • 6¼ x 9½ • 248 color photos and diagrams
978 1 57076 705 0 • \$19.99 hc

The Rider's Pain-Free Back

Overcome Chronic Soreness, Injury, and Aging, and Stay in the Saddle for Years to Come
JAMES WARSON, MD with AMI HENDRICKSON



Everything you do on and around horses demands a supple, strong, healthy back. This book provides all the practical information needed to understand the diagnosis, treatment, and pain management related to a rider's back problems, whether they are inherited, or caused by riding, trauma, illness, posture, pregnancy, or aging. Features a special section on riding after hip and knee replacement surgery.

"Read this book if you enjoy being in the saddle and want to stay there for as many years as you can." —USDF Connection

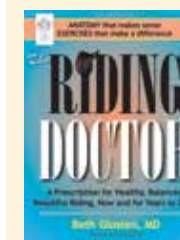
"Informative and easy to read." —In Balance Equestrian

"If you want to learn to improve the care of your body so you can continue to ride into older age...you'll find Dr. Warson's book useful." —Horse Nation

192 pp • 8½ x 9 • 132 color & 15 b/w photos
978 1 57076 933 7 • \$24.95 pb, eBook

The Riding Doctor

A Prescription for Healthy, Balanced, Beautiful Riding, Now and For Years to Come
BETH GLOSTEN, MD



Dr. Beth Glosen explains not only how to create the harmonious picture of horse and rider moving together, but how to feel good while doing it. Readers will find rider anatomy that is easy to understand and over 50 highly illustrated, step-by-step Pilates-based exercises geared toward developing riding skills.

"Remarkably clear and understandable explanations of riding anatomy and what our bodies 'do' on horseback, for riders of all ages, abilities, and equestrian disciplines." —Lone Star Horse Report

"Each exercise could benefit anyone, but Glosen's instructions are laced with real-life stories and examples of how they create a better, more effective equestrian...sort of a 'Centered Riding for the Rest of Us.'" —Equestrian Ink

232 pp • 8¼ x 10¼ • 315 color photos, 42 illustrations
978 1 57076 664 0 • \$29.95 pb, eBook

Riding Out
Strategies for Training Outside the Arena to Improve Horse Health and Performance
INGRID KLIMKE



Chock full of gorgeous photographs of Olympian Ingrid Klimke's world-class horses demonstrating their own love for being ridden outside the arena, *Riding Out* is for every horse person in search of ways to increase their connection with their athletic partner while improving the ridden horse's general welfare. Klimke provides guidance on moving from arena to trail, riding with others and best group formations, how to stay safe on the trail and in open spaces, riding through water, jumping small obstacles, and making specific improvements in a horse's fitness, stamina, and strength.

128 pp • 7 x 9½ • 130 color photos
978 1 64601 221 3 • \$24.95 pb

The Right Track
Arena Exercises for Riders and Instructors
SARAH VENAMORE



Arena exercises designed to fine-tune rider coordination and communication, as well as improve transitions, rhythm, flexion, accuracy, and balance.

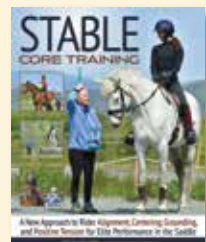
"This book, with over 180 original exercises, helps keep flatwork fresh."
—Horse Illustrated

"Whether you're an instructor looking for ideas or a rider looking to break out of riding the endless circles, this book deserves a spot in your tack trunk."
—Practical Horseman

*This book is on the USDF Instructor Certification Recommended Reading List.

194 pp • 5½ x 8 • color patterns throughout
978 1 57076 369 4 • \$19.99 spiral bound

Stable Core Training
A New Approach to Rider Alignment, Centering, Grounding and Positive Tension for Elite Performance in the Saddle
JOYCE KRAMER



Using phenomenal hand-drawn imagery and clear instructional photographs of her own students at work, certified personal trainer and horsewoman Joyce Kramer begins her engaging book by clarifying the four most important ingredients to riding in harmony with an equine partner. She then deconstructs the body's sections and again uses imagery to enable readers to connect all their "parts" into one cohesive, breathing, supple "whole." Finally, Kramer takes the reader on a journey to the "deep core," which she has identified as key not only to limiting extraneous movement of the exterior body visible to others, but also to the energy exchange at the most exciting level of connection with a horse. With hundreds of images, tips, and exercises that can be modified according to age and ability, and an excitingly fresh perspective, this book can be the key to any rider reaching the next level in the saddle

October 2024
Check TrafalgarBooks.com for final price and specifications

That Winning Feeling!
Program Your Mind for Peak Performance
JANE SAVOIE

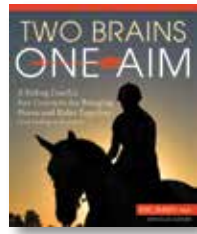


The acclaimed bestseller by Olympic coach and popular motivational speaker Jane Savoie presents a revolutionary approach to riding by which you can train your mind and shape your attitudes to achieve higher levels of skill than ever imagined.

"Savoie will charge your batteries."
—Dressage & CT

160 pp • 6 x 9 • 25 b/w photos, 40 drawings
978 1 57076 049 5 • \$16.95 pb, eBook

Two Brains, One Aim
A Riding Coach's Key Concepts for Bringing Horse and Rider Together (and Ending in Success!)
ERIC SMILEY with ELLIE HUGHES

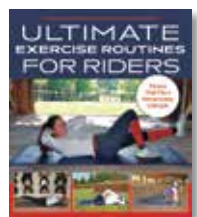


International team coach Eric Smiley strives to bring together the mind of the rider with the mind of the horse, while highlighting the key component in their synergy: understanding. It is how that understanding is acquired, retained, and put to use that is the key to success.

"I recommend this book to riders of all disciplines...can benefit everyone."
—Mid-South Horse Review

192 pp • 7¼ x 9¼ • 77 color photos & diagrams
978 1 57076 892 7 • \$27.95 pb, eBook

Ultimate Exercise Routines for Riders
Fitness That Fits a Horse-Crazy Lifestyle
LAURA CRUMP ANDERSON



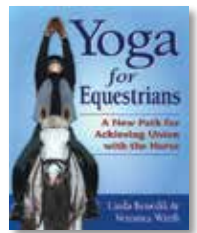
Lifelong equestrian and certified personal trainer Laura Crump Anderson provides seven original fitness routines, each dedicated to a specific area like the lower body or the core, or designated as a full-body program. Full color photos of top riders, including Jan Bynny, Sloane Coles, and Sharon White, demonstrate how to perform exercises effectively, and step-by-step instructions ensure you get it right.

"A great way to enjoy having a personal trainer at your side."
—Catskill Horse Magazine

"[This book is] focused on riding, strength training, stretching, and rest and recovery. All these techniques are boiled into how they can improve your riding."
—HeelsDown

176 pp • 7½ x 8½ • 150 color photos
978 1 64601 076 9 • \$29.95 hc spiral, eBook

Yoga for Equestrians
A New Path for Achieving Union with the Horse
LINDA BENEDIK & VERONICA WIRTH



The original book on yoga for riders! Learn how to enhance your riding skills through awareness exercises, visualization, and meditation, and improve your strength, flexibility, and balance through mounted and unmounted yoga routines.

"A pioneering work."
—Dressage Today

192 pp • 7½ x 10½ • 50 color, 50 b/w photos, 35 line drawings
978 1 57076 136 2 • \$29.95 pb

Yoga for Riders
Principles and Postures to Improve Your Horsemanship
CATHY WOODS



Over the course of her 30-year career, Cathy Woods has created yoga teachings that are accessible to everyone—new and experienced yogis, and riders of different levels and disciplines—giving them life-changing benefits, including confidence, connection, and feel. Her unique program shares specific stretches for strength, flexibility, and balance, as well as postures that contribute to rider safety as we age.

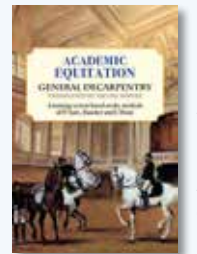
"While cleverly disguised as a 'yoga for riders' book, this text contains the secret sauce to having the ultimate connection and communication with your horse. Creating the human mind/body connection is not only a spiritual practice, but the key to better horsemanship. I highly recommend this book for anyone seeking to deepen their relationship with their horse."
—Warwick Schiller, Warwick Schiller Performance Horsemanship

"A valuable resource."
—Jenn Bodnar, Owner, Yoga Digest

216 pp • 8¼ x 10¼ • 175 color photos
978 1 57076 971 9 • \$29.95 pb

DRESSAGE

Academic Equitation
A Training System Based on the Methods of D'Aure, Baucher, and L'Hotte
GENERAL DECARPENTRY



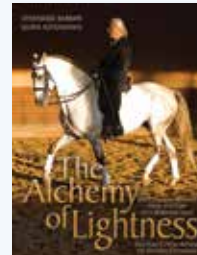
Originally written and published in 1949, *Academic Equitation* was considered by dressage experts to be the most important contribution to classical training in the twentieth century.

"An invaluable source of information...you might discover things you've never thought of before."
—Dressage Today

*This book is on the USDF Instructor Certification Recommended Reading List.

282 pp • 6½ x 9½ • 15 b/w photos, line drawings
978 1 57076 550 6 • \$34.95 pb, eBook

The Alchemy of Lightness
What Happens Between Horse and Rider on a Molecular Level—And How It Helps Achieve the Ultimate Connection
DOMINIQUE BARBIER & DR. MARIA KATSAMANIS



Truly become one with your horse with "molecular equitation," or the "scientific study of the interplay of mechanisms put in motion when man and horse meet, communicate, and ultimately become one." Authors Dominique Barbier and Dr. Maria Katsamanis explain how you as the rider have to change your consciousness in order to change your riding.

"Inspirational photographs, quotes and stimulating questions—all of which aim to shed light on the phenomena that come into play whenever a horse and rider interact."
—Practical Horseman

144 pp • 8¼ x 10¼ • 30 color photos & 15 illustrations
978 1 57076 619 0 • \$27.95 hc, eBook

Balancing Act
The Horse in Sport—An Irreconcilable Conflict?
DR. GERD HEUSCHMANN



Released in paperback for the first time with new observations from the author, this book is for every conscientious horse person intent on riding and training with the good of the horse in mind. Dr. Heuschmann gives us reasons to examine ourselves and those around us through the lens of the horse's welfare. Includes recommendations for retraining horses with issues related to poor training techniques.

"Heuschmann explains the classical training ideals, how modern judging (not only in dressage) has deviated from those ideals, and how they may be brought together once again."
—USDF Connection

"A fresh or more acute angle of old knowledge."
—Dressage Today

"Handsomely illustrated."
—Lone Star Horse Report

264 pp • 8¼ x 10¼ • 150 color photos and illustrations
978 1 64601 072 1 • \$29.95 pb

Collective Remarks
A Journey Through the American Dressage Evolution: Where It's Been, Where We Are, and Where We Need to Be
ANNE GRIBBONS



A world renowned dressage judge and former US Olympic coach, Anne Gribbons has had the unique experience of living the trajectory of the evolution of dressage in the United States—and has always been willing to share her knowledge and guidance. Here, the best (and sometimes the worst!) of Anne's personal experiences over the course of almost 20 years are gathered into one immensely entertaining sourcebook of history, humor, and wit.

"Anne Gribbons shares a lifetime of knowledge in this delightful, often humorous read...Gribbons' trademark style and wit show through as she instructs us on improving our horses and our ability to compete with success and integrity."
—Equine Journal

"Words from the wise...everything from historical information to anecdotes to discussion of controversies and predictions for the future."
—Dressage Today

384 pp • 7 x 8½ • 20 illustrations
978 1 57076 683 1 • 19.95 pb, eBook

Creative Dressage Schooling
Enjoy the Training Process with 55 Meaningful Exercises
JULIA KOHL



Bored in the arena? Change it up with fresh ideas! Riders looking for new tools to add to their training routines will delight in these exercises.

"I recommend this book to adult amateurs, young or old, who want to broaden or review their knowledge of classical dressage...Add this tool to your training arsenal, don't rush through it, and practice in an indoor with mirrors to supplement your program this winter."
—USDF Connection

"Upbeat patterns and exercises that add variety and challenge to everyday workouts."
—Dressage Today

160 pp • 6½ x 9½ • 71 color photos, 55 illustrations
978 1 57076 860 6 • \$19.95 pb

The Dressage Horse Manifesto
Training Secrets, Insight, and Revelations from 10 Dressage Horses
YVONNE BARTEAU



"Barteau has used her knowledge, decades of experience, and success in and out of the dressage ring to help put to paper what 10 different dressage horses would say to you about horse training if they could."
—Horse Illustrated

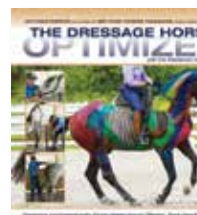
"Insightful."
—USDF Connection

"A must-read for anyone who wants to improve their horse's way of going on the flat...lots of practical exercises for you to try and there's a handy section on solving common problems, too."
—Your Horse

"Written from the horse's perspective, this book is an invaluable guide to training the horse from start to finish...[It] will help achieve the goal of harmony that is so important in dressage. A must-read for all dressage enthusiasts."
—Hilda Gurney, FEI "I" Judge and Bronze-Medal-Winning Olympian

184 pp • 7½ x 9¾ • 70 color photos
978 1 57076 708 1 • \$22.99 pb, eBook

The Dressage Horse Optimized with the Masterson Method
Developing and Preserving the Equine Athlete through Effective and Sport-Specific Bodywork
JIM MASTERSON & CORALIE HUGHES



Learn hands-on ways we can help optimize the dressage horse's suppleness, flexibility, balance, and movement while easing the effects of common stressors on the musculoskeletal system. Join the creator of the Masterson Method of equine bodywork

Jim Masterson, along with Masterson Method practitioner Coralie Hughes, Grand Prix dressage rider Betsy Steiner, and creator of Anatomy in Motion™ The Visible Horse Susan Harris as they clearly demonstrate steps we can take to make our horses comfortable, happy athletes for years to come.

"Masterson's gentle approach looks like a worthy addition to [my horse's] bodywork regimen."
—USDF Connection

176 pp • 9 x 9¼ • 260 color photos, 25 illustrations
EBOOK FORMAT ONLY • \$19.99

Dressage Q & A with Janet Foy
Hundreds of Your Questions Answered: How to Ride, Train, and Compete—and Love It!
JANET FOY



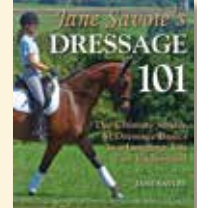
FEI/USEF dressage judge Janet Foy responds to hundreds of dressage questions in an easy-to-engage-with Q-and-A format. Readers find no-nonsense answers to everything from understanding how horses learn the movements to really "getting" the importance of the outside rein to gaining coordination and "throughness."

"Very good teaching theories here that every trainer should know and some solid advice for both the teacher and the student."
—TheHorseStudio.com

"Foy tackles some of the 'third rail' dressage questions...Her responses will both enlighten and entertain."
—USDF Connection

152 pp • 7 x 10
978 1 57076 674 9 • \$19.99 pb, eBook

Dressage 101
The Ultimate Source of Dressage Basics in a Language You Can Understand
JANE SAVOIE



A one-volume edition of the best-selling *Cross-Train Your Horse and More Cross-Training!* A simple, riddle-free system of training that places a high priority on the horse's physical and mental well-being.

"[Jane Savoie] has tailored the book to all disciplines. You must really take the time to read it, study it, understand

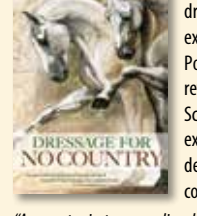
and practice it. I've found Jane's methods to be enormously helpful to my own riding and teaching. It's not just a read, but a must-read."
—George Morris, Former Chef d'Equipe US Show Jumping Team

"A whole plan for how to develop your dressage skills and your horse's performance from beginning to end."
—Horsemen's Yankee Pedlar

"Gives you the basic tools to communicate with your horse and develop his body and movements."
—Practical Horseman

488 pp • 8 x 9 • 310 color photos, 275 diagrams
978 1 57076 480 6 • \$39.95 pb, eBook, Revised edition coming in 2025

Dressage for No Country
PAUL BELASIK



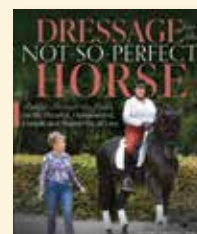
Classical dressage trainer Paul Belasik serves as a tour guide of the various dressage "paths" he had the chance to explore, including the German system, the Portuguese art of equitation, and the revered institutions of the Spanish Riding School. Armed with the knowledge and experience he accrued over time, Belasik debates whether classical dressage and competition dressage are at all compatible.

"A rare, topic-transcending book...I'd consider it almost as much a guide to life as a book about dressage."
—Practical Horseman

"Intensely personal...compulsively readable...while you may not agree with every word, it makes you think."
—The Horse

144 pp • 6½ x 9
978 1 57076 914 6 • \$22.95 pb, eBook

Dressage for the Not-so-Perfect Horse—New Edition
Riding Through the Levels on the Peculiar, Opinionated, Complicated Mounts We All Love
JANET FOY with NANCY J. JONES



International dressage judge Janet Foy has compiled her best tips for training and showing the horse you have (or the horse you love, despite his "faults") through the levels.

"These training tips and innovative ways to turn idiosyncrasies into successes will prove to be invaluable to any aspiring rider."
—Equine Journal

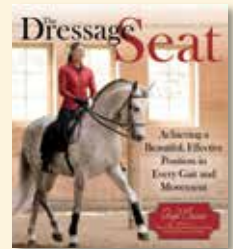
"I have a pretty huge equestrian library but in the future, any problem that presents itself, this book will be the first place I will go for help."
—Dressage Today

"What is perfect is the way this book is put together. With little effort, you can find your problem and get a workable solution."
—Horse Journal

240 pp • 8¼ x 10¼ • 50 color photos
978 1 64601 155 1 • \$32.95 pb, eBook

The Dressage Seat

Achieving a Beautiful, Effective Position in Every Gait and Movement
ANJA BERAN



Moving progressively through the gaits and dressage movements, renowned classical dressage trainer Anja Beran provides examples and exercises that instruct the reader in the placement of the body, from head to heels, in relation to the horse and how he is moving.

"A beautiful yet educational book about the rider's seat. Any level of dressage rider will appreciate this book!" —**Equine VIP**

"Exercises for improving your posture, mobility, and effectiveness."

—**USDF Connection**

"Stunningly beautiful photographs and clear descriptions."

—**Northwest Horse Source**

176 pp • 9¼ x 10½ • 185 color photos, 37 color illustrations
EBOOK FORMAT ONLY • \$23.99

Dressage in Harmony

From Basic to Grand Prix
WALTER ZETTL



Maybe the best way to introduce this book is to quote Max Gahwyler when he read the book when it was in manuscript form: "You must publish this. It is superb!" We agree this is truly one of the clearest, most readable books on training dressage ever written. It's just delightful!

"If you are not fortunate enough to be taught by Walter Zettl personally, he gives you in this book a very valuable guide to the art of classical riding."

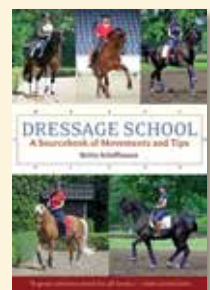
—**Egon von Neindorff**

** This book is on the USDF Instructor Certification Recommended Reading List.*

266 pp • 6 x 9 • line drawings
978 1 57076 831 6 • \$28.95 pb, eBook

Dressage School

A Sourcebook of Movements and Tips
BRITTA SCHÖFFMANN



In this fantastically detailed and uniquely organized reference, readers discover the what, the how, and—most importantly—the why of more than 100 dressage movements. Now with all new color photographs of riders of various levels and on different breeds of horse show how each movement should look when ridden correctly. Includes common mistakes and how to avoid them, as well as the benefits of each exercise and how it contributes to the "bigger picture" of the dressage training scale.

"A great reference book for all levels." —**USDF Connection**

"Schöffmann has done a crackerjack job of organizing her useful book." —**Dressage Today**

"Clear dressage advice, sans fluff."

—**Horsemen's Yankee Pedlar**

208 pp • 6½ x 9½ • 165 color photos, 62 color diagrams
978 1 57076 923 8 • \$24.95 hc, eBook

Dressage Solutions

A Rider's Guide
ARTHUR KOTTAS-HELDENBERG
with ANDREW FITZPATRICK



Common problems and sensible solutions in the areas of longeing, introducing the horse to a rider, developing the rider's seat, lateral work, advanced canter schools, piaffe, and passage with an emphasis on developing trust and respect between horse and rider.

"An invaluable dressage guide for both intermediate and advanced riders." —**Dressage Today**

"Simple, clear, and unfussy...the reference I'll be turning to for advice in tackling all those little (or not so little) training quandaries."

—**USDF Connection**

208 pp • 7½ x 9½ • 80 color photos, 67 illustrations
978 1 57076 682 4 • \$24.99 hc

Dressage Training In-Hand

Lessons in Straightness, Suppleness, and Collection from the Ground
KATHRIN ROIDA



Renowned in-hand trainer Kathrin Roida details her methods, sharing the stories of a number of horses of different ages, breeds, and training backgrounds, and demonstrating the steps to teaching them: shoulder-in, travers, renvers, pirouettes, half-pass, piaffe, passage, canter work, the Spanish walk, and much more.

144 pp • 6¼ x 9½ • 217 color photos, 10 illustrations
978 1 57076 902 3 • \$29.95 hc

Dressage with Kyra

The Kyra Kyrklund Training Method
New, Revised Edition
KYRA KYRKLUND & JYTTE LEMKOW



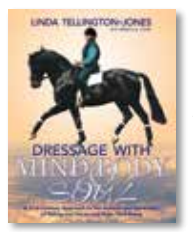
Olympian Kyra Kyrklund clearly explains the logical, systematic training methods that have brought her success.

"This book is inspiration, pure and simple." —**Horse Illustrated**

184 pp • 7 x 10½ • 55 color photos
978 1 57076 433 2 • \$19.99 hc

Dressage with Mind, Body & Soul

A 21st-Century Approach to the Science and Spirituality of Riding, Training, and Competing
LINDA TELLINGTON-JONES with REBECCA M. DIDIER



Renowned horse trainer and behaviorist Linda Tellington-Jones provides fresh and innovative ways to approach the sport of dressage, not only for the betterment of the dressage horse's performance, but also his overall well-being.

"Wonderful." —**Horse Nation**

"A very, very good read. A MUST read for any serious horseman and a high quality production."

—**TheHorseStudio.com**

"Our riding improved after absorbing this book...a keeper."

—**Horse Journal**

288 pp • 182 color photos, 43 diagrams
EBOOK FORMAT ONLY • \$23.99

Freestyle

The Ultimate Guide to Riding, Training, and Competing to Music
SANDRA BEAULIEU



Award-winning musical Freestyle designer Sandra Beaulieu provides everything readers need to know to enjoy Freestyles of their own—whether for fun or for ribbons: how to choose suitable music, explore choreography techniques, and learn basic music editing.

"This incredible reference guide walks you through the process of selecting music, editing your playlist, choreographing your ride, and putting the finishing touches on your ride prior to competition. It even includes a fun section on creating costumes and specialty tack!" —**Northwest Equestrian Life**

184 pp • 8½ x 11 • 150 color photos, 75 diagrams
978 1 57076 930 6 • \$34.95 pb, eBook

A General System of Horsemanship

WILLIAM CAVENDISH, DUKE OF NEWCASTLE



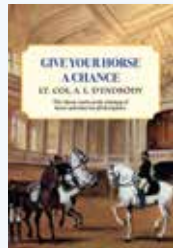
A landmark in the development of equestrian technique. William Cavendish's emphasis on systematic and humane training was revolutionary for its era, and his teaching has exerted a lasting and far-reaching influence on the art of riding. It was first published in a French edition in 1658, illustrated with 42 superb engravings, all of which are included in this edition.

** This book is on the USDF Instructor Certification Recommended Reading List.*

255 pp • 6½ x 9½ • 42 engravings, 50 diagrams
978 1 57076 553 7 • \$29.95 pb

Give Your Horse a Chance

A Classic Work on the Training of Horse and Rider
LT. COL. AGOSTON L. D'ENDRÖDY

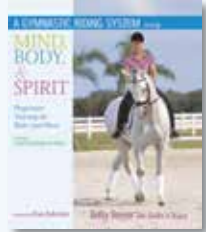


Learn the practical principles of riding, the process of becoming a good rider, and why horses perform more or less successfully according to whether they are mounted by a talented rider or by one of limited natural abilities. This book is intended to reduce the disparity between these two divisions of riders by carefully delineating the processes of good riding and training.

544 pp • 114 b/w photos, line drawings
EBOOK FORMAT ONLY • \$24.99

A Gymnastic Riding System

Using Mind, Body, and Spirit
Progressive Training for Rider and Horse
BETSY STEINER with JENNIFER O. BRYANT



International dressage rider and trainer Betsy Steiner's unique approach gives comparable attention to the body, mind, and spirit of both rider and horse as they ascend the classical training pyramid together. Includes a Pilates exercise program for riders!

"Refreshingly different...transcends the average how-to text." —**The Chronicle of the Horse**

272 pp • 165 color photos, 35 drawings
EBOOK FORMAT ONLY • \$20.99

How Two Minds Meet

The Mental Dynamics of Dressage
BETH BAUMERT



Beth Baumert takes readers beyond physical harmony to look at the minds of both horse and rider, each complete with its own set of emotions and mental capabilities.

"An invaluable resource to the horse trainer who wants to approach their equine partner with the best attitude possible and lay the foundation for a successful progression in schooling and training." —**Catskill Horse Magazine**

224 pp • 8¼ x 10¼ • 43 color photos & 32 illustrations
978 1 57076 972 6 • \$29.95 pb, eBook

Major Anders Lindgren's Teaching Exercises

A Manual for Instructors and Riders
ANDERS LINDGREN



Since first coming to the US in 1981, Major Anders Lindgren established a well-deserved reputation as an excellent, clear, methodical, and delightful teacher. His innovative system using traffic cones in his progressively arranged exercise patterns, combined with his use of colorful imagery, has helped countless instructors and riders understand and improve.

160 pp • 6½ x 9½ • b/w photos and illustrations
978 0 939481 53 8 • \$25.95 hc

Nature, Nurture and Horses

A Journal of Four Dressage Horses—
From Birth through the First Year of Training
PAUL BELASIK



In the spring and summer of 2007, four horses were born. Follow along as these four horses experience their first steps, their first human touches, and their first year of training, covering a span of almost four years.

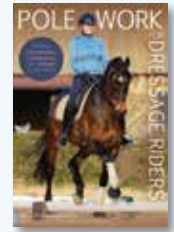
"Helpful for anyone who starts youngsters." —**Horse Journal**

"The richness of the contents of this book is way too valuable to bypass." —**Dressage Today**

184 pp • 84 color photos
EBOOK FORMAT ONLY • \$21.99

Pole Work for Dressage Riders

Building Concentration, Coordination, and Strength in the Horse
ANN KATRIN QUERBACH



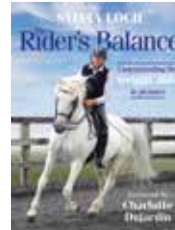
Positive and persuasive ideas for developing the horse's body and movement in healthy and correct ways over poles. With over 50 progressive exercises at all three gaits, on the longe line and under saddle, this is the basis for building a strong foundation.

"Highly recommend. This is a valuable resource that every dressage trainer should utilize." —**Catskill Horse Magazine**

176 pp • 7 x 10 • 116 color photos, 64 color diagrams
978 1 64601 098 1 • \$26.95 pb

The Rider's Balance

Understanding the Weight Aids in Pictures
SYLVIA LOCH



Developing an understanding of "weight aids" ensures that riders cultivate better balance and "feel," ultimately riding with more empathy and a finer connection. Sylvia Loch provides an image-driven visual guide that shows how each tiny shift of the rider's weight affects the horse's balance.

"I'd recommend this to anyone seeking that better understanding, regardless of their chosen discipline." —**Horse Nation**

144 pp • 7½ x 9½ • 195 color photos, 24 color illustrations
978 1 910016 34 3 • \$19.99 hc

Riding Logic

Classical Lessons in Flatwork and Jumping
WILHELM MÜSELER



This classic book on equitation introduces and explains the art of riding. Updated with color photography of contemporary riders and horses, it includes details on training the rider, schooling the horse, cross-country riding, dressage exercises, and jumping techniques.

"Should become standard reading for every dedicated horse-lover." —**Klaus Balkenhol, Former Chef d'Equipe US Dressage Team**

176 pp • 58 color photos
EBOOK FORMAT ONLY • \$17.99

Riding with Oliveira

My Time with the Mestre—Forty Years Later
DOMINIQUE BARBIER & KERON PSILLAS



Over several years Dominique Barbier had the unique opportunity to form an intimate relationship with revered Portuguese horseman Mestre Nuno Oliveira, and in this deeply personal book he chronicles their time together. Includes commentary from three other equestrians who studied with the Mestre: Dany LaHaye, Bettina Drummond, and Luis Valença, and gorgeously illustrated with images by Keron Psillas.

202 pp • 8 x 9 • 45 color & 21 b/w photos
978 1 57076 883 5 • \$24.99 hc, eBook

The Training Spiral

Traditional Methods Reimagined for the 21st-Century Horse and Rider
SUE GRICE



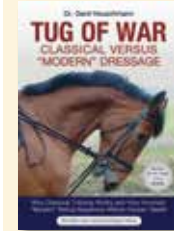
The "Scales of Training," "Training Scale," and "Training Pyramid" are familiar terms to riders though they can be sources of confusion to many. Here readers find a detailed plan for applying what Sue Grice calls the "Training Spiral." Clear examples are given at all levels of training, and detailed case studies demonstrate how the Training Spiral can succeed where traditional systems have failed. The clarity of Grice's approach also helps horses understand what is being asked of them, leading to a happier relationship between horses and riders, and training that progresses more quickly and easily overall.

"This book is on the USDF Instructor Certification Recommended Reading List."

168 pp • 7 x 8½ • 50 color photos, 55 color diagrams
978 1 64601 127 8 • \$24.95 pb, eBook

Tug of War: Classical versus "Modern" Dressage

Why Classical Training Works and How Incorrect "Modern" Riding Negatively Affects Horses' Health
DR. GERD HEUSCHMANN



Dr. Gerd Heuschmann presents a thought-provoking exploration of both classical and "modern" training methods against a practical backdrop of the horse's basic anatomy and physiology. He describes how various schooling techniques (such as "hyperflexion"—formerly known as Rollkur) affect the horse.

"In plain words, [Heuschmann] calls the equine industry on the carpet." —**Natural Horse**

"This is a very timely and important book...not only for those involved with dressage, but for the hunter/jumper/combined training disciplines as well." —**Today's Equestrian**

"A very important book.... Someone had to sit down and write a book to say this has to stop and Heuschmann has done it so well and with good reasoning." —**USDF Connection**

** This book is on the USDF Instructor Certification Recommended Reading List.*

144 pp • 6½ x 9½ • 76 color, 5 b/w photos, 20 color illustrations
978 1 57076 913 9 • \$29.95 pb, eBook

Uta Gräf's Effortless Dressage Program

A Top Rider's Keys to Success Using Play, Groundwork, Trail Riding, and Turnout
UTA GRÄF & FRIEDERIKE HEIDENHOF



Uta Gräf has made a name for herself as a trailblazer in the international dressage scene, advocating for a method of combining the highest levels of performance with natural horse care and conscientious training. Here Gräf shares her schooling exercises, as well as the techniques she uses to incorporate groundwork, longlining, trail riding, creative play, bombproofing, and turnout in her training program.

"Uta Gräf had me at 'play.' Never before have I seen that word on the cover of a dressage book." —**USDF Connection**

"At last the dressage world has a sensible means of reconciling classical idealism with show-ring aspirations!" —**Northwest Horse Source**

200 pp • 7½ x 9¼ • 204 color photos
978 1 57076 772 2 • \$24.99 pb

The Way to Perfect Horsemanship

UDO BÜRGER



First published in 1959, *The Way to Perfect Horsemanship* was immediately recognized as a classic work of equestrian literature. It offers insight into the psychology of the horse as well as its muscular system and the mechanics of movement. It explains in detail the basic principles of training, the fundamentals of riding, and the effect of training aids.

** This book is on the USDF Instructor Certification Recommended Reading List.*

254 pp • 6½ x 9½ • 35 b/w photos, line drawings
978 1 57076 551 3 • \$29.95 pb, eBook

When Two Spines Align: Dressage Dynamics

Attain Remarkable Riding Rapport with Your Horse
BETH BAUMERT



Dressage Today writer and editor Beth Baumert provides insight gleaned from years of working with the best riders, trainers, and judges in the dressage world. Discover the four physical "Powerlines" to become balanced and effective in the saddle, and ultimately align your spine with your horse's.

"This book is where the magic begins." —Debbie McDonald, Olympian and USEF Developing Dressage Coach

"The best reason to read this book is that your horse will thank you for it." —Practical Horseman

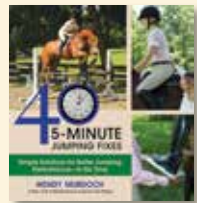
"Easily the most influential book I have read in a long, long time." —Behind the Bit

248 pp • 8 1/4 x 10 1/4 • 145 color photos, 20 illustrations
978 1 57076 695 4 • \$34.95 hc, eBook

HUNTER/JUMPERS & EVENTING

40 5-Minute Jumping Fixes

Simple Solutions for Better Jumping Position in No Time
WENDY MURDOCH



Better balance in the saddle, improved body control from head to toe, and increased influence with your seat are just a handful of the simple fixes offered in this straightforward training manual for jumping. Most of the suggestions provided require only a few minutes to learn and offer solutions for making jumping more enjoyable for both riders and their horses.

"Simple exercises focus on rider position and biomechanics for better jumping." —Horse Illustrated

224 pp • 8 x 8 1/2 • 175 color photos, 45 diagrams
978 1 57076 586 5 • \$24.99 hc, eBook

Anne Kursinski's Riding & Jumping Clinic—New Edition

A Step-by-Step Course for Winning in the Hunter and Jumper Rings
ANNE KURSINSKI with MIRANDA LORRAINE



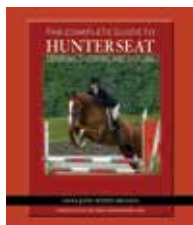
Now with all-new, full-color photographs! While continuing to compete at the highest levels, Anne Kursinski has become one of the most sought-after hunter/jumper instructors and clinicians in America. Her book lays out the key elements of her riding techniques, including her secrets of analyzing jumper courses, and her strategies for riding them. This revised edition includes new chapters on Hunter Derbies.

"Who wouldn't love a private lesson with legendary show jumper Anne Kursinski? For most of us, this comprehensive and detailed book is the closest we can get to the real thing.... You can't argue with the expertise of Kursinski." —The Horsemen's Yankee Pedlar

416 pp • 8 1/2 x 9 • 350 color photos, b/w diagrams
978 1 57076 984 9 • \$34.95 pb, eBook

The Complete Guide to Hunter Seat Training, Showing, and Judging

On the Flat and Over Fences
ANNA JANE WHITE-MULLIN



A comprehensive overview of the basic principles of horsemanship, essential schooling exercises in the development of the hunter or equitation mount, as well as advanced concepts applicable to upper-level competition and judging hunters and equitation.

"Were I still teaching I would gift wrap a copy for every parent before his or her child's first competition.... A great guide for anyone with an interest in the hunters or equitation." —The Chronicle of the Horse

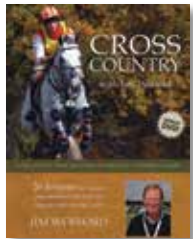
"Covers a great number of topics which will help riders both in the schooling ring and in the show ring."

—Horsemen's Yankee Pedlar

384 pp • 288 color photographs
EBOOK FORMAT ONLY • \$23.99

Cross-Country with Jim Wofford

26 Lessons to Improve Your Eventing Skills
JIM WOFFORD



From his monthly *Practical Horseman* column, a must-read for thousands of fans for almost two decades, international eventer and coach Jim Wofford compiled this close-up of the training principles that put first him—and then his students—on the Olympic podium.

120 pp • 8 1/2 x 11 • full color photos throughout
978 1 929164 52 3 • \$28.95 pb with DVD

Geoff Teall on Riding Hunters, Jumpers and Equitation

Develop a Winning Style
GEOFF TEALL with AMI HENDRICKSON



Discover how to increase the effectiveness of the time you spend in the saddle, whether you are a beginning hunt seat rider or a seasoned competitor. Geoff Teall—noted judge, trainer, and clinician—helps you put together an unbeatable package, including: setting riding goals, finding the right horse and instructor, developing confidence and

facing your fears, and dressing for success in and out of the show ring. Geoff then demystifies the jumping course, showing you how even the most challenging, demanding patterns can be simplified and easily practiced at home.

"This isn't just a book about how to ride, it's a book about how to enjoy, appreciate and maximize your every experience with your horse... Reading and understanding Teall's logical, simple approach to the physical, technical, and—above all—mental aspects of riding will help you look at your riding in a whole new way."

—The Chronicle of the Horse

"Hunter/jumper riders of all levels will benefit from the detailed riding instruction Teall provides from beginning to end."

—Horse Illustrated

280 pp • 180 color photos, 15 diagrams
978 1 57076 344 1 • \$29.95 pb, eBook

Jane Savoie's Dressage Between the Jumps

The Secret to Improving Your Horse's Performance Over Fences
JANE SAVOIE



Jane Savoie breaks down the six most common problem areas she sees when horses jump: "whoa" and "go," rhythm; suppleness through the poll, neck, body, back, and hindquarters; contact and connection; collection; and flying changes. Then she fills the rider's toolbox with targeted exercises on the flat—simple solutions to the nagging problems that prevent riders and horses from doing their best over all kinds of obstacles. Her excellent lessons gradually incorporate ground poles and low fences to build skills without stressing the horse's body.

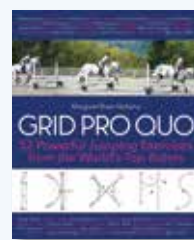
"Whether you are an experienced trainer or just entering the realm of working your horse over fences, this handy toolbox is one book that every equestrian should have in their arsenal."

—Northeast Equestrian Life

192 pp • 8 1/2 x 10 1/4 • 100 color photos, 20 illustrations
978 1 57076 928 3 • \$29.95 pb, eBook

Grid Pro Quo

52 Powerful Jumping Exercises from the World's Top Riders
MARGARET RIZZO MCKELVY



This modern-day quick reference to more than 50 grids and jumping exercises brings the best of top international training and instruction into your home ring. Build your skillset and your horse's confidence and conditioning with a fantastic selection of lessons you can use to diversify your training routine, sharpen your horse prior to competition, and address

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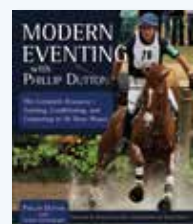
"An incredibly useful book...perfect for anyone who does a lot of riding on her own or for the instructor who's looking for some new ideas to spice up lessons." —The Chronicle of the Horse

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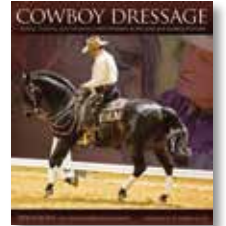
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WESTERN SPORTS

Cowboy Dressage

Riding, Training, and Competing with Kindness as Your Goal and Guiding Principle
JESSICA BLACK with EITAN & DEBBIE BETH-HALACHMY



Trace the evolution of Cowboy Dressage® back to its roots with the story of Eitan and Debbie Beth-Halachmy, then discover the philosophy of Cowboy Dressage; its expectations of the rider; what a participant needs in terms of equipment; and how the horse should be prepared.

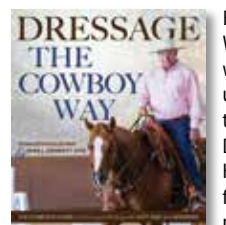
"Gets to the heart of the philosophy, equipment, and training involved in Cowboy Dressage... a comprehensive guide to becoming versatile horsemen." —Western Horseman

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Large-Format Photos and Step-by-Step Instructions for 13 Techniques
JIM MASTERSON with STEFANIE REINHOLD

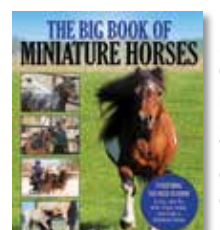


Due to popular demand, Jim Masterson provides this set of easy-to-view hanging wall charts depicting step-by-step images and explanations for each of his 13 Masterson Method Techniques. Grommeted and spiral-bound for hanging in the barn for quick-reference.

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Tools for Prompt Recognition, Accurate Assessment, and Proactive Management
G. ROBERT GRISEL, DVM



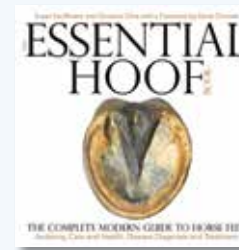
With hundreds of illustrations, dozens of charts, and links to online videos of explanatory case studies, readers are given a complete course in observing, identifying, and decoding equine lameness. Dr. Grisel helps you interpret what is seen, plain and simple (no need for medical knowledge of equine anatomy and pathology).

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SUSAN KAUFFMANN & CHRISTINA CLINE



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Ensure Soundness and Comfort with Back Analysis and Correct Use of Saddles and Pads
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MARGRET HENKELS



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Smart, Safe, Affordable Ways Your Horse Can Live as Naturally as Possible All Seasons of the Year
IVETA JEBÁČKOVÁ-LAŽANSKÁ



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KATJA BREDLAU-MORICH



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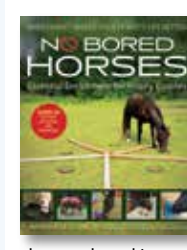
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HELLE KATRIN KLEVEN



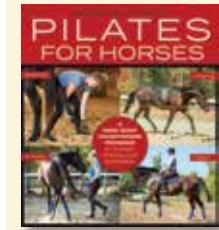
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LAURA REIMAN, MS, PMA-CPT



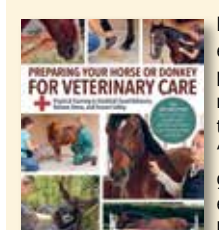
A horsewoman and Pilates teacher, Laura Reiman turned her knowledge to new ways to increase body awareness and core engagement in horses. Her highly illustrated how-to manual provides a clear guide to new ways of thinking about how to prevent injury in the horse, and when injuries do happen, to help the horse's body recover in a mindful and safe way.

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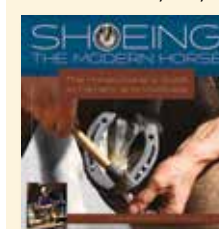
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Practical Training to Establish Good Behavior, Relieve Stress, and Ensure Safety
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STEVEN KRAUS, CJF, with KATIE NAVARRA



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Ensure Soundness and Comfort with Back Analysis and Correct Use of Saddles and Pads
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The complete reference on saddle-fit and back health for Western disciplines. Dr. Joyce Harman explains how the horse's conformation, the saddle's construction, and the rider's build must all be considered in order to keep the horse comfortable and performing his best.

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A Tack Trunk Reference Guide

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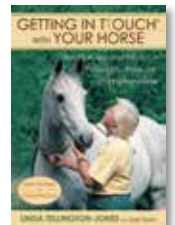
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How to Assess and Influence Personality, Potential, and Performance

LINDA TELLINGTON-JONES with SYBIL TAYLOR



Internationally recognized equine expert Linda Tellington-Jones shows you how to analyze your horse's physical traits in order to determine his personality, revealing how horses' physical traits—from the muzzle, mouth, lips, and nostrils to the eyes, ears, chin, and facial swirls—can influence their behavior and personalities.

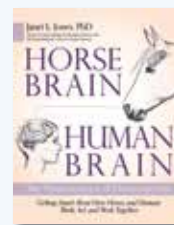
"Rich with nuances that will encourage a more rewarding relationship with your horse." —**Horses All**

204 pp • 103 color & 128 b/w photos, 112 drawings
 EBOOK FORMAT ONLY • \$18.99

Horse Brain, Human Brain

The Neuroscience of Horsemanship

JANET JONES, PHD



In this illuminating book, brain scientist and horsewoman Janet Jones describes human and equine brains working together. Using plain language, she explores the differences and similarities between equine and human ways of negotiating the world. Mental abilities—like seeing, learning, fearing, trusting, and focusing—are discussed from both the human and horse perspective.

"Dr. Jones' book presents facts that are supported by real-time scientific research. It is written so perfectly that virtually anyone can use it as a tool to understand how horses view the world. It's a must." —**American Farriers Journal**

"Really easy to understand...insightful and enlightening." —**Horsemanship Journal**

"If there was ever a book whose time has come, it has to be Horse Brain, Human Brain... The book is an absolute gem of thoughtful, intelligent observations about the complexities of cross-species communication.... fascinating and incredible." —**Horse Journals**

312 pp • 7 x 8½ • 55 b/w illustrations
 978 1 57076 948 1 • \$26.95 pb, eBook, Audiobook

A Horse By Nature

Managing Emotional and Mental Stress in Horses for Improved Welfare
 MARY ANN SIMONDS



The first complete reference to help equestrians make the changes needed to ensure social license and the ability to ride and compete horses for years to come. Renowned wild horse ecologist and equine behaviorist Mary Ann Simonds integrates over 30 years of field research, identifying functional social behaviors in wild horses with her lifelong professional practice working with equestrians solving equine behavioral issues. Simonds helps readers gain a strong foundation into the emotional and cognitive lives of horses while emphasizing improving care and reducing stress in competitions and sports.

"A powerful resource." —**Catskill Horse Magazine**

"Allows readers to get deep inside the psyche of horses, to formulate a plan to better meet their needs, and to train them with logic and empathy." —**Julie Goodnight, Trainer and Horsemanship Clinician**

424 pp • 8¼ x 10¼ • 331 color photos • 978 1 64601 182 7 • \$45.00 pb, eBook

BIOGRAPHY & MEMOIR

Beyond Expectations

Growing Up with a Rare Disease, a Deadly Prognosis, and Horses
 SYDNEY COLLIER with HEATHER WALLACE



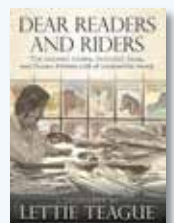
An autobiography that captures a young athlete's battle with the incredibly rare disease Wyburn-Mason Syndrome. Sydney Collier found the only place where she could escape the almost-constant pain for just a little while was on the back of a horse. After attending the World Equestrian Games and discovering Para Dressage a new goal was born: to become a competitor in the

Paralympics, and to do it in partnership with the only thing that brought her peace and happiness—horses.

November 2024
 Check TrafalgarBooks.com for final price and specifications

Dear Readers and Riders

The Beloved Books, Faithful Fans, and Hidden Private Life of Marguerite Henry
 LETTIE TEAGUE



In many circles, Marguerite Henry's name inspires immediate recognition and declarations of a committed admiration that has likely spanned decades. As an author, Henry was indeed remarkably prolific, with 59 books published, millions of copies sold, and nearly 80 years of her life spent writing them. Her books, most meticulously researched historical fiction about influential horses and the hosts of

fascinating characters who surrounded them include (to name just a few): her Newbery Award winner *King of the Wind*, the book that changed an island *Misty of Chincoteague*, and the glowingly reviewed *Justin Morgan Had a Horse*. This unique and insightful biography features original artwork by Wesley Dennis from some of Henry's best-known books, as well as over 100 personal photographs, letters, and artifacts few have seen.

"A rare portrait of what it takes to be a best-selling writer far from the glamor of New York salons and soirees." —**Geraldine Brooks, Pulitzer Prize-Winning Writer and Author of Horse**

"An extraordinarily detailed and sensitive illumination of Marguerite Henry and her writing life—a beautiful and unusual study of this beloved author and her work. A wonderful book." —**Lee Smith, Author of the New York Times Bestseller The Last Girls, Fair and Tender Ladies, and Silver Alert**

392 pp • 6 x 9 • 123 color & b/w photos, line illustrations throughout
 978 1 64601 194 0 • \$27.95 pb, eBook

Distant Skies

An American Journey on Horseback
 MELISSA A. PRIBLO CHAPMAN



Melissa Chapman was 23 years old and part of a happy, healthy, loving family when she said goodbye, and carrying a puppy named Gypsy, climbed aboard a horse and rode away from everything, heading west. With no cell phone, no GPS, no support team or truck following with supplies, Chapman quickly learned that the reality of a cross-country horseback journey from New York State to California was quite different from the fantasy.

"Interesting, touching, and well-written." —**Cowgirl Magazine**

"Chapman will leave you feeling like you traveled alongside them through the varying challenges and successes of their grand journey." —**Western Life Magazine**

368 pp • 6 x 9 • 56 color & b/w photos
 978 1 57076 960 3 • \$22.95 pb, eBook

Four Legs Move My Soul

The Authorized Biography of Dressage Olympian Isabell Werth
 ISABELL WERTH & EVI SIMEONI



German Olympian Isabell Werth is one of the most successful horsewomen in the world. With six Olympic gold medals and scores of championship titles to her name, there are few her equal on paper. But Werth's astounding accomplishments would not have been possible without her unique approach to working with the animals she's loved since childhood. Here, Werth tells her life story.

"The reader feel as if they are hearing the story firsthand." —**UnTacked**

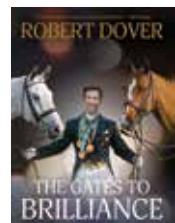
"Compelling...refreshingly honest." —**Horse & Hound**

336 pp • 6 x 9 • 25 color photos
 978 1 57076 956 6 • \$24.95 pb, eBook

The Gates to Brilliance

How a Gay, Jewish, Middle-Class Kid Who Loved Horses Found Success

ROBERT DOVER



In a fascinating book that reads like a potent elixir, three parts memoir and one part inspirational self-improvement guide, readers are ushered through 15 "gates to brilliance"—keys that Olympic dressage rider and coach Robert Dover discovered as he made his way through his own life. Sharing deeply personal stories that were fundamental to his evolution, Dover is candid about the path he took on his way to becoming one of the most successful equestrians in the world.

"This book surprised me with its willingness to address hardships and disappointments as well as the highlights." —**UnTacked Magazine**

"Dover writes with searing honesty, at times painful, at other times glorious, but the overall read is ultimately heartwarming and inspirational." —**Horse & Hound**

"Required reading for ambitious equestrians or anyone striving to take a passion or pursuit to the next level." —**Beth Rasin, Former President & Executive Editor, The Chronicle of the Horse**

356 pp • 6 x 9 • 118 color & b/w photos
 978 1 64601 987 0 • \$24.95 pb, eBook

The Girl on the Dancing Horse

CHARLOTTE DUJARDIN



Charlotte Dujardin began riding horses at the age of two, and she left school at 16 to focus on equestrian competition. At 22, when she was invited to be a groom for British Olympian Carl Hester, she met Valegro, the equine partner that would change her fortune. This is the story of an outsider, an unconventional horse, and the incredible bond that took them to the top.

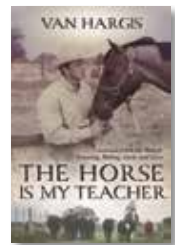
"Dujardin's personal struggles are universally recognizable and her ability to conquer some of her struggles and come to terms with others is truly inspiring for all of us just trying to keep our horse lives and our real lives balanced." —**Horse Nation**

"Succeeds in the difficult exercise of bringing together Dujardin's sparkling athletic career and the ups and downs of her personal life... captivating." —**Grand Prix Replay**

356 pp • 6 x 9 • 50 color photos • 978 1 57076 886 6 • \$24.95 pb

The Horse Is My Teacher

Lessons from the Ranch: Training, Riding, Luck, and Love
 VAN HARGIS



Horseman Van Hargis reaches out to readers with a collection of down-to-earth tales—experiences that, over the years, have impacted his own horsemanship and life in significant ways. Readers absorb fundamental knowledge of horses skillfully embedded in genuine anecdotes straight off the ranch. Hargis' stories impart principles of great horsemanship while also inspiring each of us to apply those same principles to further our own personal growth.

"I so enjoyed this book by Van Hargis! The book is inspiring and allows you to take a positive look at yourself and your view of horses and riding." —**Lynn Palm, Trainer, Clinician, and Winner of 34 AQHA World and Reserve World Championships**

192 pp • 6 ½ x 9 ½ • 50 color & b/w photos
 978 1 64601 181 0 • \$22.95 pb, eBook

Horses Came First, Second, and Last

My Unapologetic Road to Eventing Gold

JACK LE GOFF with JO WHITEHOUSE



With an astounding 18 medals in eight international championships and team gold medals at the Olympic Games in 1976 and 1984, Jack Le Goff created the standard by which modern-day equestrian teams are measured. But he was tough, brutal, and abrasive, earning him critics as well as converts. Here, Le Goff tells the whole story.

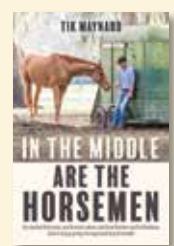
"Le Goff's frank but insightful storytelling evokes the presence of the man himself... Rich with anecdotes of stars before they were stars, photos of horses and riders from a bygone era, and Le Goff's unparalleled perspective on the sport... enlightening and valuable." —**UnTacked Magazine**

"A rare treasure...Le Goff leaves nothing out and adds a splash of humor." —**Equine Journal**

288 pp • 6 x 9 • 55 color & b/w photos
 978 1 57076 827 9 • \$29.95 pb, eBook

In the Middle Are the Horsemen

TIK MAYNARD



In 2008, 26-year-old Tik Maynard decided to spend the next year as a "working student." Here he chronicles his experiences—good and bad—and we follow along as he evolves under the critical eyes of renowned figures in the horse world, including Anne Kursinski, Johann Hinnemann, Ingrid Klimke, David and Karen O'Connor, Bruce Logan, and Ian Millar. Through it all he studied the horse, and human nature, and how the two can find balance. And in that journey, he may have found himself.

"[Maynard] writes beautifully, the book is full of wry humour and beautiful descriptions of his world and the horses he shares it with. Read this book as a delightful memoir and perhaps as a social commentary on the equestrian world...a gold mine." —**Haynet**

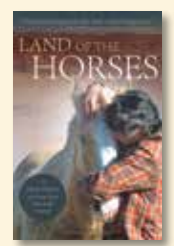
"I kept bending back the pages...I lost track of how many pages I bent...you need to read this book." —**Saddle Seeks Horse**

"An emotional roller coaster of a journey... It is apparent that [Maynard] is not only a skilled horseman, but a talented writer and storyteller as well." —**Jumper Nation**

392 pp • 6 ½ x 9 ½
 978 1 57076 832 3 • \$24.95 pb, eBook, Audiobook

Land of the Horses

A True Story of a Lost Soul and a Life Found
 CHRIS LOMBARD



With the little he needed packed in his ten-year-old Pontiac Grand Prix, and little more to go on than a belief that someone would give him a chance, Chris Lombard headed west to find work on a horse ranch. His journey took him first to the mountains of Colorado, then the Hollywood Hills of California, and finally, the wild borderlands of Southern Arizona. Evocatively written, interweaving the author's growing understanding of horses and how we connect with them with his deeply personal experiences, *Land of the Horses* brings to life a young man's transformation alongside the horses, people, and dramatic landscapes of the American West.

"A well-written and heartfelt book that demonstrates the positive and often life-changing promise that horses have to offer—when we let them." —**Mark Rashid, Author of Journey to Softness**

208 pp • 6 x 9 • 978 1 64601 095 0 • \$17.95 pb, eBook

Life As a Dressage Trainer in Three Countries

NEW

A Journey Made Possible by a Love for the Horse
GUNNAR OSTERGAARD

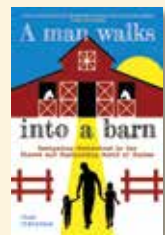


256 pp • 6 x 9 • 85 color and b/w photos
978 1 64601 250 3 • \$26.95 pb, eBook • Recently published

A delightfully entertaining journey following Ostergaard as he traces his path from Denmark to Germany to the United States, providing a glimpse into the world of rider development in three vastly different places, as well as a rare peek behind the curtain of top international dressage training and competition.

A Man Walks Into a Barn

Navigating Fatherhood in the Flawed and Fascinating World of Horses
CHAD OLDFATHER



A wise, witty, and, at times, critical look at both the light and dark sides of horse sport. Readers find themselves silent partners in Oldfather's family as he struggles to be the best dad he can, supporting a child's dreams in the face of long odds and extraordinary expenses. He writes about his parenting choices and the strange world he finds himself in with searing honesty, examining riding's high cost and the inaccessibility and inequality that results, and its ethical blind spots.

"One lawyer's witty, often wistful take on fatherhood, family finances and the tony, insular world of horses and 'horse people.'"

—Wall Street Journal

"Yields valuable life lessons, gently expressed."

—Harvard Magazine

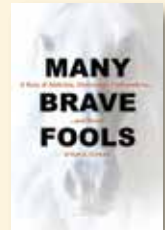
"Even if you're not the father of a horse-loving daughter—or not a father at all—you'll still find poignant takeaways from the book's pages, thanks to the beauty of Oldfather's prose."

—Untacked Magazine

336 pp • 6 x 9
978 1 64601 072 1 • \$24.95 pb, eBook

Many Brave Fools

A Story of Addiction, Dysfunction, Codependency...and Horses
SUSAN E. CONLEY



Codependency is a compulsive behavior sometimes known as "relationship addiction." For years Susan Conley found herself trapped, married to an addict whose health, welfare, and safety she valued far above her own. Here, with humor and honesty, Conley chronicles her experiences, sharing how her pledge to rediscover herself following her divorce was aided, abetted, and challenged by the horses in her life.

"Allows the reader to experience falling in love with horses all over again... highlights the extent to which horses can heal wounds that feel too big for any other remedy."

—UnTacked Magazine

"Really sheds light on co-dependency and how horses can help us to heal."

—Woman's Way

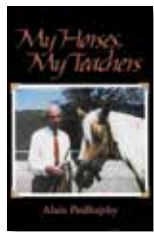
"Beautifully written."

—Hay Net

224 pp • 6 1/2 x 9 1/2
978 1 57076 887 3 • \$12.99 pb, eBook

My Horses, My Teachers

ALOIS PODHAJSKY



This classic memoir by the former director of the renowned Spanish Riding School explores the age-old relationship between horse and rider. Timeless, inspiring, and full of valuable advice.

"Finally, it's available again!... From this candid, instructive account of [Podhajsky's] own methods, mistakes, and discoveries, every horseman may acquire new confidence and skill. Don't miss this one!"

—The Northeast Equine Journal

"There are pearls of wisdom here for horsemen of any level, regardless of discipline."

—Spur

240 pp • 6 x 9 • 42 b/w photos • 978 1 57076 091 4 • \$19.95 pb, eBook

Never Burn Your Moving Boxes

A True Tale of a Real-Life Cowboy Wife
JOLYN YOUNG

NEW



When a baby-to-be transformed Jolyn Young's wild cowboy romance into a very practical marriage, and one decrepit ranch trailer home led to the next, Jolyn found her young family desperately seeking stability in what is by definition a transient lifestyle that moves with the seasons. As the cowboy life pulled them further toward the brink of civilization and her husband's drinking became a liability, losing him jobs and sending them packing, again, to yet another distant cow camp, Jolyn struggled with the knowledge that she was choosing a life of instability in order to keep her family together. It would take leaving it, and her husband, for her to determine whether a world built on risk could coexist with the responsible mother she needed to become.

"Jolyn Young's heartfelt memoir reveals the nitty-gritty reality of cowboy living, proving that good-natured humor and grace are necessities in balancing the chaos of family and ranch life."

—Western Horseman

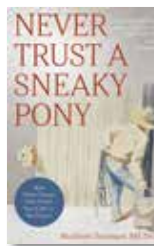
"Brave, honest and often heartbreakingly funny."

—Western Life Today

256 pp • 6 x 9
978 1 64601 176 6 • \$19.95 pb, eBook

Never Trust a Sneaky Pony

And Other Things They Didn't Teach Me in Vet School
MADISON SEAMANS, MS, DVM



Climb into the truck alongside large animal vet Dr. Madison Seamans and race to the aid of horses with wounds, stomach aches, allergies, and bizarre behaviors, as well as those in severe physical distress. Quite by accident, you'll find yourself familiar with and understanding common equine medical problems and how they are diagnosed and treated, all while marveling at the remarkable situations a country veterinarian can find himself in. Playful yet serious, honest yet tongue-in-cheek, this wonderfully written book is an up-close look at a well-lived rural life that is as authentic as America gets. No one who cares a whit for the animal kingdom, and the humans who dare enter it, will be disappointed.

"You'd like this book even if you just had a pet butterfly."

—Buck Brannaman, Horseman

"A little bit Dr. Dolittle, and a lot of humorous fun."

—Monty Roberts, Horseman and New York Times Bestselling Author

356 pp • 6 x 9 • 118 color & b/w photos
978 1 64601 987 0 • \$24.95 pb, eBook, Audiobook

On the Hoof

Pacific to Atlantic—A 3,800-Mile Adventure
JESSE ALEXANDER MCNEIL



At 37, Jesse McNeil decided to buy an untrained horse, make himself into a horseman, and ride all the way across the United States. A fiercely independent traveler, Jesse had navigated previous coast-to-coast trips—solo journeys by moped, bicycle, and small airplane. This time, however, he had a partner: a five-year-old Tennessee Walking Horse named Pepper. Written with honesty, grit, and grace, *On the Hoof* captures an arduous voyage that broke a man down and built him back up, with the help of one special horse.

"We as readers can feel Jesse's emotions in the words he shares. We can also learn to apply the lessons he learns to our own journeys—to life's good days, best days, hard days, and 'impossible' tests."

—John Lyons, America's Most Trusted Horseman

"A huge standout."

—Oregon Coast Magazine

416 pp • 6 x 9 • 64 color photos
978 1 64601 977 1 • \$22.95 pb, eBook

Packing My Bags

NEW

Two Sides to the Story of a Life with Horses
JULIE ULRICH

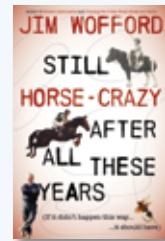


From bareback romps on a Shetland Pony that bit her and dumped her in a water trough, to the top show jumpers she schooled and competed, and the winning "diamonds in the rough" she plucked out of obscurity and trained, the trajectory of horsewoman Julie Ulrich's life has followed a star-lit path of horses and stables and riding arenas across the globe. Say a name of a classical master or a leading rider of the past century, and the likelihood is high that she has brushed shoulders with, learned from, taught, or trained a horse for that equestrian. And so, it makes good sense that Ulrich should not only wish to share some of her adventures—her wins and losses, successes and hardships—but that she would assemble them in a unique manner that best showcases the two sides of who she really is.

July 2024
Check TrafalgarBooks.com for final price and specifications

Still Horse Crazy After All These Years

If It Didn't Happen This Way, It Should Have
JIM WOFFORD



Eventing legend Jim Wofford brings his immense talent for telling tales—all of them (mostly) true—to the page in this incredibly entertaining book. With lessons in horsemanship both simple and profound interweaved with fascinating stories from his many diverse adventures around the world, readers enjoy a rare insider's look at the life of a professional sportsman as he tries to reconcile that which drives him with livelihood, family, and aging.

"An engaging read that'll cause you to burn the midnight oil and leave you wishing it were a couple hundred pages longer."

—UnTacked Magazine

"A brilliant read for both the casual eventing fan and hardcore geeks. . . wonderfully entertaining. Jim's prose is flowing and easy to read, and his fascinating life will keep any reader turning the pages."

—Horse & Hound

464 pp • 6 x 9 • 96 color & b/w photos
EBOOK FORMAT ONLY • \$14.99

Taking Up the Reins

A Year in Germany with a Dressage Master
PRISCILLA ENDICOTT



In this memoir, Priscilla Endicott chronicles the intense year she spent in Germany studying the principles of dressage with master trainer, Walter Christensen. At age 50, the writer left husband, family, and home to study riding and horsemanship in a foreign land. Here she shares insights based on a lifetime of riding knowledge.

176 pp • 60 b/w photos
EBOOK FORMAT ONLY • \$16.99

To Borrow Freedom

NEW

Running Down a Dream on the Coast of Portugal
SHEILA GREENFIELD



A memoir of building a life around hospitality and horseback riding, and the delicate dance of creating happiness for others and finding it for oneself. Starting out with nothing but a tent, a couple of dogs, five horses, and a lot of energy, Sheila Greenfield and her husband Robert set out to build their dream: a company that provided high-end horseback riding vacations, based in the Lower Alentejo, along Portugal's idyllic southwestern coast. A story of endurance and discipline, but also of camaraderie and communion as guests had the chance to experience life-altering partnerships with Greenfield's herd of 35 exceptional pure or crossbred Lusitano horses, the breed native to Portugal.

July 2024
Check TrafalgarBooks.com for final price and specifications

Unrelenting

The Real Story: Horses, Bright Lights, and My Pursuit of Excellence
GEORGE H. MORRIS with KAREN ROBERTSON



George Morris has been ever-present on the rarified stage of the international riding elite for most of the 70 years he's been in the saddle. But as much as people know and respect (or, perhaps, fear) the public face of George Morris, he has lived, in other ways, a remarkably private life, keeping his own personal struggles with insecurity, with ambition, and with love behind closed doors. It is only now that he has chosen to share the totality of his life—the very public and the incredibly private—with the world.

"Lets you in on the beauty behind the beast."

—Equine Journal

"Enlightening and inspiring...An unprecedented look into the life of a legend."

—The Chronicle of the Horse

"Thrilling and unexpected...a sensational behind-the-scenes history."

—Horse Nation

"Entertaining and revealing...not only Morris' life story so far, but an informal history of modern American horse sports."

—Equisearch

"This compelling portrait of one of America's most renowned horsemen will appeal to anyone who is entranced by the horse-show circuit and high-society culture."

—Library Journal

560 pp • 6 1/2 x 9 1/2 • 255 color and b&w photos
978 1 57076 710 4 • \$35.00 hc, eBook

GOOD READS & REFERENCE

450 Years of the Spanish Riding School

ARNIM BASCHKE & RENÉ VAN BAKEL



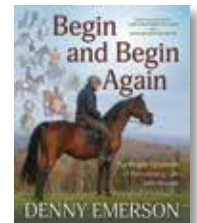
The Spanish Riding School in Vienna celebrated its 450th anniversary in the year 2015, heralding a rich and celebrated past devoted to the cultivation of classical equitation in the Renaissance tradition of the Haute Ecole ("High School") on its beautiful Lipizaner stallions. Here is a book that honors both the Riding School and its marvelous horses—a retrospective

that delights in the whole story, from foals cavorting with their mothers in the fields of Piber to the cadets in training and the teaching of the famous figures and jumps. Filled cover to cover with fabulous, emotionally charged color photographs, and including both English and German texts, this is a book for anyone who has ever delighted in the mystique of the White Stallions of Vienna—who wanted to know more, see more, and revel fully in their magic.

208 pp • 9 1/2 x 12 1/4 • 112 color photos
978 3901753909 • \$65.00 hc with slipcase

Begin and Begin Again

The Bright Optimism of Reinventing Life with Horses
DENNY EMERSON



There are all sorts of beginning places, and they can be for the first time or after a "gap." They can mean you are beginning, or your horse is. They can mean you barely got started, or you started badly. Renowned horseman Denny Emerson knows all about the importance of these beginnings. In his third book, he once again masterfully intertwines his entertaining reflections from a life embedded in the equestrian world with serious philosophical questions faced by the industry today and practical advice honed by his immense experience.

"This book promises to inspire a start or a change and provide a roadmap—whatever our ambitions. It is for every horse person who continues to dream and just needs someone to say, begin."

—Northwest Horse Source

"While the lessons are centered around horses, most can be applied to other aspects of life."

—UnTacked

240 pp • 7 1/4 x 9 1/4 • 88 color & b/w photos
978 1 64601 039 4 • \$29.95 hc, eBook

The Compassionate Equestrian

25 Principles to Live By When Caring for and Working with Horses
ALLEN SCHOEN, DVM, MS & SUSAN GORDON



Dr. Allen Schoen—a world-renowned veterinarian and author—and trainer Susan Gordon introduce the 25 Principles of Compassionate Equitation, a set of developmental guidelines that identify and support methods of training, handling, and caring for horses that constitute a safe, healthy, non-stressful, and pain-free environment.

"A book for those who seek a mutually satisfying relationship with their horses. The Principles provide a road map...we should read them carefully and often."

—Hilary Clayton, BVMS, PhD, Dipl. ACVSMR, MRCVS

"A wealth of wisdom and insight."

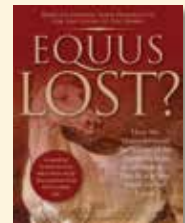
—Canadian Horse Journal

422 pp • 7 x 10
EBOOK FORMAT ONLY • \$14.99

Equus Lost?

How We Misunderstand the Nature of the Horse-Human Relationship—Plus Brave New Ideas for the Future

FRANCESCO DE GIORGIO & JOSE DE GIORGIO-SCHOORL



What if much of what we think we know about horses is wrong? What if the premise of herd hierarchy is a myth? What if "conditioning" the horse's behavior in the ways we've grown accustomed is undercutting his potential for development? This provocative book takes us into a dimension where we shed our assumptions of leadership, dominance, and control.

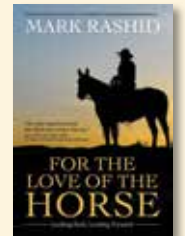
"Mind-expanding...made me question much of what we do with horses."

—Northwest Horse Source

112 pp • 6 1/2 x 8 1/2 • b/w photos
978 1 57076 798 2 • \$24.95 pb, eBook

For the Love of the Horse

Looking Back, Looking Forward
MARK RASHID



Internationally acclaimed horse trainer Mark Rashid considers the transformative moments and impactful individuals who have helped shape his philosophies and methods. With his distinctive voice, he shepherds readers through topics of relevance in the equestrian industry while telling more of his life story, resulting in rich nuggets of wisdom that you can put right to work in your daily interactions with horses.

"This wonderful book is a combination of memoir, philosophical musings, and practical horse training advice."

—Northwest Horse Source

184 pp • 6 x 9
978 1 57076 758 6 • \$21.95 pb, eBook

Happy Trails

A Pictorial Celebration of the Life and Times of Roy Rogers and Dale Evans
HOWARD KAZANJIAN & CHRIS ENSS



Rarely seen personal photos and striking publicity shots capture all aspects of Roy Rogers' and Dale Evans' life, including the rise of their stardom; the mutual friendship that evolved into a proposal of marriage and Roy's famous Palomino horse, Trigger.

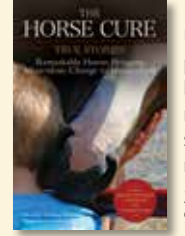
"I can't wait to share it with my friends and family."

—Clint Black, Award-Winning Country Music Artist

176 pp • 12 1/2 x 9 3/4 • 157 color & b&w photos
978 1 64601 114 8 • \$29.95 pb

The Horse Cure

True Stories: Remarkable Horses Bringing Miraculous Change to Humankind
MICHELLE HOLLING-BROOKS with AJ MOREY



Michelle Holling-Brooks founded Unbridled Change, a nonprofit equine-partnered therapy organization that helps match horses to individuals in need. Here she shares the amazing stories of the horses that play active roles in counseling sessions.

208 pp • 6 x 9 • 40 color photos
978 1 57076 936 8 • \$16.99 pb, eBook

Horse Color Explored

Over 150 Breeds, Types, and Variations
VERA KURSKAYA



A modern reference that demystifies coat colors, patterns, and markings. Beginning with a simple explanation of basic genetics, readers then learn the main theories of horse color inheritance. Over 150 color photographs of horse breeds from around the world provide a handy visual guide.

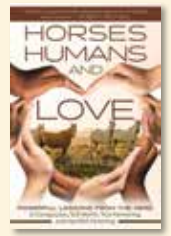
“A fascinating read...a valuable resource.”

—**Cowgirl Magazine**

172 pp • 6½ x 9½ • 168 color photos • 978 1 57076 731 9 • \$24.99 pb, eBook

Horses, Humans, and Love

Powerful Lessons from the Herd in Compassion, Self-Worth, True Partnering, and Heartfelt Parenting
TIM HAYES



Through his personal journey and inspiring stories of those he has worked with through the years, horseman Tim Hayes reveals how horses put an end to antagonistic, superficial human differences such as race, religion, nationality, wealth, and ideology. He shows how horses have the ability to instantly remind us that we all share the same world, and more than anything else, desperately desire to get along with each other.

August 2024
Check TrafalgarBooks.com for final price and specifications

The Horses Who Made Me

A Journey to a Horsemanship Philosophy
ALIZÉE FROMENT

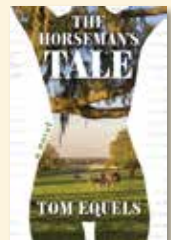


In her deeply personal and strikingly beautiful book, former French international dressage competitor Alizée Froment traces her evolution as a horsewoman, a dressage competitor, and now a world-renowned performer and liberty trainer. Readers meet Mistral and Sultan who elevated her aspirations both beside and on the back of a horse as she explored riding the Grand Prix movements with only a neck rope—no bridle or bit, and often bareback as well—and demonstrating to the world the potential that is there for all riders to enjoy.

200 pp • 9 x 10½ • 180 color photos
978 1 64601 215 2 • \$35.00 hc • Recently published

The Horseman’s Tale

A Novel
TOM EQUELS



This hypnotic narrative twists through both light and dark as journaling therapy unlocks the troubled memories of a lonely veteran. Haunted by the death of his son in infancy and the love of his life many years later, Jake Montgomery grudgingly agrees to a form of “journal therapy” that allows him to expose and confront the sharp, insistent pain that he regularly buries with rage and scotch and television. As he writes, “four secrets” tightly bound within him gradually unwind.

September 2024
Check TrafalgarBooks.com for final price and specifications

Journey to Softness

In Search of Feel and Connection with the Horse
MARK RASHID



Internationally acclaimed horse trainer Mark Rashid shares and analyzes the remarkable events, quiet moments, and humbling stumbling blocks that he can identify as significant in his personal journey to finding “softness” with both horses and people. “Softness,” via what many in the horse world today might refer to as “feel,” begins, Rashid says, with one simple truth: “It’s not about what we do that starts us on the path to softness, but rather, it’s what we don’t do.”

“Forthright stories...you’ll get a glimpse of a life that has produced a man known for his ability to solve difficult problems with communication rather than force.”

—**Trail Rider Magazine**

“Beautifully written.”

—**The Equine Chronicle**

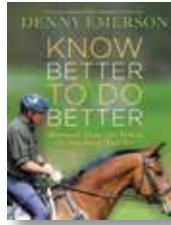
“Truly lovely... Mark Rashid takes the idea of softness to a different level, he beautifully wraps it up in the multi-faceted concept of greater self awareness.”

—**Horse Power**

184 pp • 6 x 9
978 1 57076 758 6 • \$18.95 pb, eBook

Know Better to Do Better

Mistakes I Made with Horses (So You Don’t Have To)
DENNY EMERSON



Gold medalist and renowned rider and coach Denny Emerson uses stories of the standout horses from his own riding career, which spans almost 70 years, to detail some of the things he wishes he’d known “then” that he knows now. With a candid willingness to share mistakes he’s made over the years and clearly articulated ideas on how others can avoid them, he commits himself and those reading to finding more conscientious ways to ride, train, and work with horses.

“Mr. Emerson delights us with humor and humility as well. It’s a must-have book for every horse person’s library. Highly recommended.”

—**Northwest Horse Source**

“A warm, anecdote-filled collection of learnings over nearly 70 years... This is the soul of horsemanship.”

—**In Balance Equestrian**

“Denny Emerson hits it out of the park again.”

—**Northwest Equestrian Life**

240 pp • 89 color & b/w photos
EBOOK FORMAT ONLY • \$19.99

Newcomer to the Horse World

How to Do Right By Horses... and Not Be Taken for a Ride
ANDREA SINNER ESQ.



A neophyte with little to guide her but passion, Andrea Sinner found the horse world’s customs and complexities challenging. After 25 years of hard-earned lessons and continuous growth, Sinner now shares the wisdom she fought to gain along the way, with a book for adults who are newcomers to the equestrian lifestyle as she once was. Sinner’s book serves as a comprehensive

insider’s guide, offering a sensible pathway to enjoying the company of horses while always advocating for their welfare.

October 2024
Check TrafalgarBooks.com for final price and specifications

Our Horses, Ourselves:

Discovering the Common Body

Meditations and Strategies for Deeper Understanding and Enhanced Communication
PAULA JOSIA-JONES



Through stories, strategies, and over 65 meditations and gentle exercises, Paula Josia-Jones shows us how we can develop greater somatic awareness away from the horse, resulting in a closer, more intuitive connection when with them.

“A breath of fresh air... where any one of us with a true desire to really be with horses, to partner with them in work, pleasure, or competition, should begin.”

—**Linda Tellington-Jones, Founder of The Tellington Method®**

“One part Zen, one part movement workbook... The opposite of a riding manual, Our Horses, Ourselves might help you rediscover the fun and wonder of being around horses, and unwind the nonverbal static that could be interfering with your communication.”

—**USDF Connection**

224 pp • 8 x 10 • 160 color & 15 b/w photos
978 1 57076 752 4 • \$24.99 pb

Out of the Wild

A Novel
MARK RASHID



Now a major motion picture starring John Diehl, Jean Louisa Kelly, and Ben Ashbrook, and directed by Paul Krizan. Cattle rancher Henry McBride staggers from bar to bar, seeking some way to soothe the slow burn of the guilt he carries. Guest ranch owner Jessie King extends an open and forgiving hand to the road-worn cowboy, and her powerful ability to connect with horses, and her gentle attempts to connect with Henry, slow time enough to heal both the man and a wounded Mustang stallion. But she, too, has an imperfect past.

“A story of redemption that gives us a glimpse into ways of looking at horses, and perhaps even ourselves, with new eyes.”

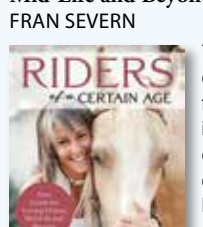
—**The Huffington Post**

“A forceful novel that teaches the indispensable lesson about loyalty, perseverance, and hope.”

—**Cowgirl Magazine**

Riders of a Certain Age

Your Guide for Loving Horses Mid-Life and Beyond
FRAN SEVERN



There is healthy segment of the equestrian population that first finds—or first finds time for—horses in midlife or beyond. With carefully curated guidance collected over years of horsing around, rider and writer Fran Severn wants readers to feel emboldened and empowered by her tips, lessons, and advice.

“Teaches mature riders all they need to know before climbing into the saddle.”

—**Cowgirl Magazine**

“The book is a gem.”

—**Horse Illustrated**

“Fills a vacant niche, providing much-needed curated information tailored to the novice, older horse lover.”

—**Horse Journals**

256 pp • 7 x 8 ½
978 1 64601 049 3 • \$24.95 pb, eBook

Riding for the Team

Inspirational Stories of the USA’s Medal-Winning Equestrians and Their Horses
UNITED STATES EQUESTRIAN TEAM FOUNDATION
Edited by Nancy Jaffer



Riding for the Team chronicles the lives of those who dreamed about competing for their country and “made it,” sharing inspirational stories from the international governing organization’s eight equestrian disciplines: show jumping, dressage, eventing, driving, vaulting, reining, endurance, and para-dressage. Readers are immersed in the

fascinating histories of the medal-winning riders, drivers, and vaulters who have dominated American equestrian sport over the past 28 years.

“An amazing behind-the-scenes journey with the incredible human and equine athletes that represent our country at the highest levels... incredible imagery with the inspirational stories of success. A beautiful coffee table quality hardcover, this book will astound equestrians as well as non-horsey dinner guests.”

—**Northeast Equestrian Life**

304 pp • 8½ x 11 • 170 color photos
978 1 57076 872 9 • \$25.00 hc, eBook

Taming Wild

The Compelling Origins and Bright Future of Freedom Based Training
ELSA SINCLAIR



The idea when working with horses is we can develop our feel and timing “within the comfort zone of the horse.” Allowing the horse the freedom of choice is at the core of Sinclair’s Freedom Based Training® method. The techniques she uses and teaches were first developed as she spent a year with an untouched

Mustang mare, seeking to discover whether, without any ropes or halters or treats or sticks, she and her horse could develop a language and a way of deciding to do things together—a collaborative effort rather than one that plays by the rules of horse training tradition. Sinclair’s exploratory project with her Mustang Myrnah became the documentary film *Taming Wild*, viewed by thousands from around the world.

November 2023
Check www.HorseandRiderBooks.com for final price and specifications

There for the Horse

Timeless Practices that Foster Joy and Longevity in Your Equine Partner
LESTER BUCKLEY with MICHELLE GRALD
Photos by MARY BUCKLEY



What does it mean to be there for the horse? It is a rich phrase that means many things. You can be there in the moment with your horse, and that is a worthy goal for every ride. But being there for him also means being his protector, leader, servant, and friend—not just in the moment but all the time. It is a way of living and an expression of true love. In his long-awaited first book, Lester Buckley hopes to inspire you to all of it. Buckley’s teaching is an artful blend of the lightness that comes from pastoral and natural horsemanship traditions; and the time-tested discipline of classical European riding. His fluency in both worlds allows him to find fun and universal ways to bring out the horse’s athleticism and capture his mind.

“Teaches mature riders all they need to know before climbing into the saddle.”

—**Cowgirl Magazine**

January 2025
Check www.HorseandRiderBooks.com for final price and specifications

Wild Horses of Skydog

Blue Zeus & Families
CLARE STAPLES with photographs by JAMIE BALDANZA & STEVE RYMERS



The Skydog Ranch and Sanctuary covers over 9,000 acres in Malibu, California, and Bend, Oregon, where wild horse advocates are working tirelessly to save captured Mustangs from certain death through “kill pens” or a life of captivity in institutional “holding pens” and return them to freedom. To date Skydog has rescued over 300 wild horses and 50 donkeys and mules, with a special focus on finding and reuniting bonded families who may have once roamed the West together but who were separated during the roundup and adoption process. In this striking book, gorgeously illustrated with hundreds of dramatic photographs, Skydog founder Clare Staples recounts heartbreaking tales of liberty lost and the dramatic extents to which some Mustangs will go to rejoin their family bands.

“What the Dilbert cartoon strip is to engineers, the Fergus cartoon strip is to owners and riders... a pleasure for all ages.”

—**Cowgirl Magazine**

256 pp • 11 x 11 • 153 color photos
978 1 64601 213 8 • \$49.95 hc

Winning with Horses

How One of the Best Polo Players of All Time and a Sport Horse Veterinarian Balance Human Goals with Equine Needs
SHELLEY ONDERDONK, DVM, & ADAM SNOW



Is it possible to be simultaneously passionate about winning in an equestrian sport and about the welfare of horses? Professional polo player Adam Snow and sport horse veterinarian Shelley Onderdonk answer this question with a resounding, “Yes!” They have spent a lifetime together, nurturing Adam’s astounding career at the top of his sport with the artful, conscientious care and training of the equine partners he needed to be the best. In these pages, Adam and Shelley share the keys to their success.

“The horses must come first. This is the mantra that should be the guidepost for anyone who plays with horses in a competitive arena. Winning with Horses is a must for anyone’s equestrian library—full of thoughtfulness, empathy, and a progressive outlook that is valuable in any kind of life with horses.”

—**David O’Connor, USEF Chief of Sport, Former USEF President, Individual Gold and Team Silver and Bronze Olympic Medalist**

248 pp • 7¼ x 9¼ • 76 color photos
978 1 57076 172 8 • \$29.95 pb, eBook

Your Complete Guide to Equine Arenas

How to Build and Maintain an Ideal Riding and Training Space—from the Ground Up
ABIGAIL BOATWRIGHT



Decades of study and millions of dollars have been put into the development of best practices at the highest levels of Western, English, and racing competition, and in this meticulously researched book, horse industry veteran Abigail Boatwright boils

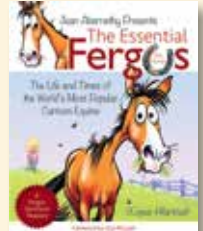
it all down into a set of guidelines that anyone can use to improve their ground at home. Whether you’re starting with an empty field or renovating an existing arena, the expertise Boatwright has gathered will help you make sure the riding and training space you have is the very best it can be: safe for both horse and rider, functional and correct for your chosen equine activity, and prepared to help rather than hinder the development of your horse’s performance.

June 2024
Check www.HorseandRiderBooks.com for final price and specifications

COMICS & CARTOONS

The Essential Fergus the Horse

The Life and Times of the World’s Favorite Cartoon Equine
JEAN ABERNETHY



Fergus the Horse (*Equus* hilarious), the creation of artist Jean Abernethy, has an ever-expanding international fan club (and over 300,000 Facebook followers). This delightful treasury compiles his most-loved comic strips and cartoons, some rarely seen sketches, plus brand new additions created exclusively for this book.

“If Sgt. Reckless were alive today, she and Fergus would be the best of friends! Fergus brings a smile to my face every time I read his cartoon.”

—**Robin Hutton, Author of the New York Times Bestseller Sgt. Reckless: America’s War Horse**

“What the Dilbert cartoon strip is to engineers, the Fergus cartoon strip is to owners and riders... a pleasure for all ages.”

—**Cowgirl Magazine**

“You’re in for a treat.”

—**Trail Rider Magazine**

136 pp • 8¼ x 10 ¼ • 186 color and 82 b&w illustrations
EBOOK FORMAT ONLY • \$12.99

Fergus: A Horse to Be Reckoned With

JEAN ABERNETHY



Fergus the Horse is back! This time he explores natural horsemanship training techniques via a comical conversation between himself and “The Lad,” a young boy who is determined to ride him. Hilarious illustrations depict the dialogue between horse and human.

“I believe that Fergus the Horse transcends the gap between childlike humor and adult-based wit and depth of story.”

—**Guy McLean, Australian Horseman, Bush Poet, and International Entertainer**

“Entertaining and educational...sure to make you laugh.”

—**Blaze Magazine**

“A laugh a minute.”

—**DiscoverHorses.com**

40 pp • 9 x 9 • color illustrations
978 1 57076 790 6 • \$17.95 hc, eBook

Fergus and the Greener Grass

JEAN ABERNETHY



“Everyone loves Fergus!” say reviewers, and now the opinionated cartoon horse and bona fide social media star is back in an all new comic adventure from artist Jean Abernethy. In his third book, Fergus catches a glimpse of what could be, and leaving his life of comfort behind,

sets off on a hilarious journey. His exploits lead him over, under, and through all manner of obstacles as he strives to reach the bigger, better prize that beckons, always just a little farther away.

“Brightly colored illustrations portray the equine hero as he finds his way through all sorts of adventures.”

—**Practical Horseman**

“Bright, eye-catching illustrations accompany the tale of this beloved horse’s antics as he learns the best things in life are worth trying to reach.”

—**Equine Journal**

40 pp • 9 x 9 • color illustrations
978 1 57076 845 3 • \$16.95 hc, eBook

Fergus and the Night Before Christmas

JEAN ABERNETHY



Jean Abernethy, creator of Fergus, the world's most popular cartoon horse, shares an epic holiday adventure inspired by the classic tale *'Twas the Night Before Christmas*. With colorful, light-hearted comedy on every page, Fergus and his motley group of equine teammates bravely take to the skies to give St. Nick the sleigh ride of his life. Can Santa manage his ungainly hitch and deliver the perfect gift on the most magical night of the year?

"Lends itself easily to being read out loud to young children, and Abernethy's beautiful illustrations have plenty to capture the attention of the very youngest. For the young and the young at heart, Fergus and the Night Before Christmas would be the perfect holiday gift for horse lovers." —**Horse Nation**

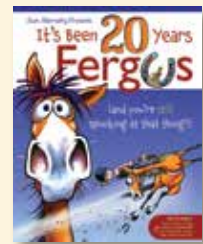
"Delightful book." —**Practical Horseman**

40 pp • 9 x 9 • color illustrations
978 1 57076 845 3 • \$16.95 hc, eBook

It's Been 20 Years, Fergus

(And You're Still Spooking at That Thing?)

JEAN ABERNETHY



Fergus the Horse (*Equus hilarious*) has been entertaining audiences— young and old, in print and online—with his comedic adventures for the past 20 years. Now artist Jean Abernethy celebrates his age (and the wisdom that *should* come with it) with more horsey humor, including many cartoons fans have never seen before, created exclusively for this book. With a genuine appeal that crosses boundaries of breed, discipline, and geographic location, Fergus unites anyone with an eye for a horse and a need for a laugh.

"Readers of all ages will be delighted by Fergus's wit, honesty, and profoundly funny observations on horses, humors, and the life they strive to live together...a rollicking good time." —**Cowgirl Magazine**

136 pp • 8¼ x 10¼ • 200 color illustrations
978 1 57076 958 0 • \$19.95 pb

Life with Horses Is Never Orderly

Cartoons for Riders Who Are in on the Joke

MORGANE SCHMIDT



Morgane Schmidt knows all about the madness that comes with the equine territory, having owned and competed horses in eventing and dressage for years. Now, her witty observations and fabulously rendered characters have been brought together in one immensely entertaining collection. Featuring both viral favorites and never-before-seen comics created exclusively for this book.

"Absolutely enjoyable! I laughed out loud at the insight only an equestrian would understand." —**Elite Equestrian Magazine**

"Full of fun and hilarious cartoons that capture the less-than-glamorous side of being a horse person." —**HeelsDown**

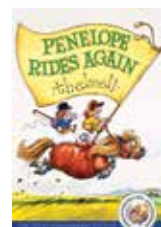
"Morgane Schmidt has explained just about every experience I have had in my many years in the horse world and put just the right spin on it. Everyone who needs a laugh (and don't all equestrians?) should read this." —**London Gray, Olympian, Dressage Coach**

224 pp • 9 x 8 • color & b/w cartoons throughout
978 1 64601 045 5 • \$24.95 pb

Penelope Rides Again

The 100th Anniversary Edition

NORMAN THELWELL



In an effort to satisfy a devoted and growing international following, artist Norman Thelwell developed a cartoon strip about a particular horse-crazy young lady and her wicked pony called "Penelope and Kipper." This became a book called *Penelope*, first published in 1972 and now found bound with other favorites in the popular collection *Pony Panorama*.

Seventeen years later, a second series of adventures found its way to print in *Penelope Rides Again*. Many years have passed since it was last widely available in print. But now the feisty Penelope and Kipper are back in this special 100th Anniversary Edition in honor of Norman Thelwell's Centenary. With Penelope's help, readers of all ages will learn to pick themselves up after a fall, no matter how hard...and laugh about it.

96 pp • 6 x 9 • b/w illustrations throughout
978 1 64601 169 8 • \$12.95 pb

Pony Cavalcade

A Classic Collection Including *Angels on Horseback, A Leg at Each Corner, Thelwell's Riding Academy*

NORMAN THELWELL



Norman Thelwell published his first pony cartoon in 1953, and his name became synonymous with comical equestrian images. The "Thelwell pony" was soon the most often referenced source of horse-humor the world over. In 1957, Thelwell's first collection of pony cartoons, *Angels on Horseback*, was published, followed by *A Leg at Each Corner* in '61, and *Riding Academy* in '63. In this Anniversary Special Collection, readers get all three classics, featuring page after page of Thelwell's hilarious cartoons.

"This collection is as lovable as when the cartoons first took the world by storm." —**Equine Journal**

"Guaranteed belly laughs." —**USDF Connection**

352 pp • 5 x 8 • b/w illustrations throughout
978 1 57076 828 6 • \$16.95 pb

Pony Panorama

A Classic Collection Featuring *Gymkhana, Thelwell Goes West, and Penelope*

NORMAN THELWELL



In this second hilarious Thelwell collection, readers are treated to three additional Thelwell classics: *Gymkhana, Thelwell Goes West*, and *Penelope*. Those new to Thelwell will fall in love with his uniquely irreverent-yet-informative view of the equestrian world, while long-time enthusiasts can indulge in a delightful dose of equine-friendly nostalgia. Sure to please anyone with a pony-littered past or a horse-crazy present.

"Equestrians of all ages will delight in this classic collection... With pleasingly plump ponies and horse-crazy girls gracing the pages, the over 300 cartoons are sure to bring a smile to your face."

—**Northeast Equestrian Life**

"A giggle-inducing spin on some important equine information. Get a good laugh and a lighthearted read with this collection of comics."

—**Equine Journal**

306 pp • 5½ x 8 • 300 b/w illustrations
978 1 57076 931 3 • \$16.95 pb

YOUNG READERS

Crown Prince

LINDA SNOW MCLOON



Sarah has always dreamed of having a horse of her own. Suddenly, she finds her dream finally coming true with the gift of the racetrack rogue, Crown Prince, but keeping the beautiful and talented troublemaker proves to be a challenge.

"These are special books...engaging in their action, authentic in their detail, and first-rate in their direct appeal to the reader's emotions." —**Maine Sunday Telegraph**

"For children who enjoy good stories that are authentic in their presentation of the intricacies of dealing with horses and the day-to-day lives of young equestrians as they develop their skills to compete."

—**School Library Journal**

272 pp • 5½ x 8 • 978 1 57076 546 9 • Ages 10 and up • \$9.95 pb, eBook

Crown Prince Challenged

LINDA SNOW MCLOON



The second book in the Brookmeade Young Riders series continues the adventures of Sarah Wagner and her former racetrack rogue, Crown Prince. Sarah and Crown Prince are considered rising stars, but can they escape a deadly plot of revenge?

"With a myriad of horse facts written into the story, adolescent readers will find this book not only entertaining but educational as well." —**Equine Journal**

"I enjoyed the first book so much that I went right on to the second... I highly recommend these books!"

—**Susan Harris, author of the US Pony Club Manuals of Horsemanship**

288 pp • 5½ x 8 • 978 1 57076 545 2 • Ages 10 and up • \$9.95 pb, eBook

Games for Kids on Horseback

13 Ideas for Fun & Safe Horseplay

GABRIELE KÄRCHER



From riding lessons to club events, the 13 games collected in this entertaining and safety-conscious book provide hours of enjoyment for young riders and their horses.

"An excellent way for young riders to have fun at the barn while becoming more comfortable and confident in the saddle."

—**Practical Horseman**

32 pp • 8½ x 10 • 54 color photos • 978 1 57076 652 7

Ages 6–10 • \$15.95 hc

Horse Fun

Facts and Activities for Horse-Crazy Kids

GUDRUN BRAUN, ANNE SCHELLER & ANIKA HAGE



Real horse knowledge plus super-fun games, quizzes, crafts, and activities. Go to "riding school" and learn the basics of horse care and equitation. Test yourself with equine trivia; make tote bags, picture frames, jewelry, and your very own hobby horse to compete in hobby horse shows with friends!

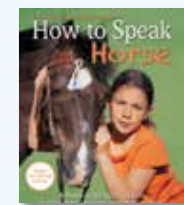
"Chock full of horse trivia, riding tips, games, crafts, and so much more!" —**Northeast Equestrian Life**

112 pp • 9 x 11½ • Color photos and artwork throughout
978 1 57076 908 5 • Ages 6–10 • \$21.95 hc

How to Speak "Horse"

A Horse-Crazy Kid's Guide to Reading Body Language and "Talking Back"

MARKUS & ANDREA ESCHBACH



32 pp • 8½ x 10 • 104 color photos • 978 1 57076 532 2

Ages 6–10 • \$16.95 hc

Easy lessons in "horse speak" with a focus on simple groundwork that is safe and fun for children, this lovely book offers a one-of-a-kind introduction to the keys to natural horsemanship and how good communication can keep you safe in everything you do with your horse.

The Kid's Guide to Horsemanship and Grooming

Everything You Need to Know to Care for Horses While Staying Safe and Having Fun

CAT HILL & EMMA FORD



This highly illustrated, easy-to-use book is the most complete and correct guide available for horse-crazy kids and their families to learn basic horsemanship standards and responsibly apply them in the barn, in the arena, at home, and at competitions. With over 800 professional color photos by Mary Patricia Stone.

"This is a must-have resource! Easy to understand tips and valuable information for anyone who has, or wants, a horse or pony." —**Blaze for Kids Magazine**

184 pp • 8½ x 11 • 725 color photos • 978 1 64601 082 0

Ages 7–12 • \$26.95 hc, eBook

Kids Riding with Confidence

Fun Beginner Lessons to Build Trusting, Safe Partnerships with Horses

MARKUS & ANDREA ESCHBACH

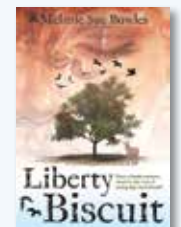


Andrea and Markus Eschbach are back with more natural horsemanship for kids, teaching children how to build their horses' trust in them, as they gain confidence through exercises on horseback. Throughout, safety is key while habits of care, respect, and thankfulness for the horse are nurtured.

32 pp • 8½ x 10½ • 108 color photos
978 1 57076 706 7 • Ages 6–10 • \$15.95 hc

Liberty Biscuit

MELANIE SUE BOWLES



Hiding in the woods on the Fourth of July, Kip encounters a bedraggled donkey with one eye and a floppy ear. When it is discovered the donkey fled an abusive owner, Kip's father reluctantly allows him to stay, along with two emaciated horses removed from the same home. Kip's happiness is overshadowed by a shocking discovery in a trunk in the family farm's hayloft that reveals secrets long kept. A court order to return the horses, and even worse, Kip's beloved Liberty Biscuit, to the owner who had starved and beaten them, throws Kip's world into turmoil. She knows she must find a way to keep them, or she will have betrayed the best friend she has ever had.

"Heartwarming." —**Kirkus Reviews**

"Wonderful ethics, wonderful story." —**Catskill Horse Magazine**

272 pp • 5½ x 8 • 978 1 57076 546 9

Ages 10 and up • \$12.95 pb, eBook

Little Pearl

MELANIE SUE BOWLES



Kip has just gone from being the only child on her family's rural peach farm to becoming a big sister. As her world and the people in it change in order to welcome a tiny new family member, Kip finds herself afloat, wondering if the place she's carved out in life is the right one for her, after all. While wandering one day in the woods she loves, Kip finds an old fence post bearing odd marks that appear to be symbols from a time long ago. Her discovery leads her to once again uncover a family secret and stories as yet untold about the ones she loves. What she learns tests her cherished relationship with her grandfather, as she recognizes a certain kind of loneliness within him for the first time and then must face what the resolution of that loneliness might mean. Adding a starving horse named "Pearl" to her herd of rescued horses and beloved donkey Liberty Biscuit provides Kip a needed purpose, and the barn becomes her refuge as she struggles with her own uncomfortable secret.

September 2024

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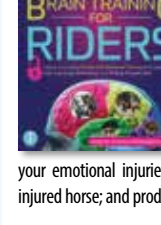
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Brain Training for Riders

Unlock Your Riding Potential with StressLess Techniques for Conquering Fear, Improving Performance, and Finding Focused Calm

ANDREA MONSARRAT WALDO



reads her bestselling book, which teaches you how to: handle uncomfortable emotions, such as fear, anger, anxiety, and embarrassment; hone your mental game and focus your riding time to get the most out of your hours in the saddle; care for your emotional injuries the same way you would care for your and injured horse; and produce an outstanding ride.

"Whether you have taken a knock, are in love with the wrong horse for the wrong reasons, need to upgrade your success in the competition world this book is for you." —**Catskills Horse**

Digital Download • Audiobook (see p. 36 for print, eBook)
978 1 57076 995 5 • \$18.99

Horse Brain, Human Brain

The Neuroscience of Horsemanship

JANET JONES, PHD



In this illuminating book, brain scientist and horsewoman Janet Jones describes human and equine brains working together. Using plain language, she explores the differences and similarities between equine and human ways of negotiating the world.

"Whether you have spent your entire lifetime around horses, or just patronize a local barn, or even only are curious about the horses you see standing in a field as you drive past—this authoritative and reader-friendly book will help you get to know horses. We all need this information." —**Wendy Williams, Author of The Horse: The Epic History of Our Noble Companion**

Digital Download • Audiobook (see p. 46 for print, eBook)
978 1 64601 180 3 • \$26.99

NEW

In the Middle Are the Horsemen

TIK MAYNARD



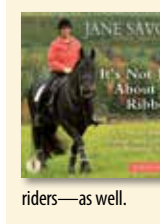
READ BY THE AUTHOR! In 2008, 26-year-old Tik Maynard decided to spend the next year as a "working student." Here he chronicles his experiences—good and bad—and we follow along as he evolves under the critical eyes of renowned figures in the horse world, including Anne Kursinski, Johann Hinnemann, Ingrid Klimke, David and Karen O'Connor, Bruce Logan, and Ian Millar. Through it all he studied the horse, and human nature, and how the two can find balance. And in that journey, he may have found himself.

Digital Download • Audiobook (see p. 47 for print, eBook)
978 1 64601 167 4 • \$24.99

It's Not Just About the Ribbons

It's About Enriching Riding (and Life) with a Winning Attitude

JANE SAVOIE



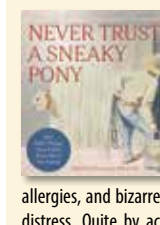
READ BY THE AUTHOR! Motivational master Jane Savoie reads her bestselling book, which shares the tools and ideas for self-improvement that she used, not only to help herself deal with challenges, but her students—who ranged from Olympic contenders to intermediate riders—as well.

Digital Download • Audiobook (see p. 36 for print, eBook)
978 1 57076 873 6 • \$19.99

Never Trust a Sneaky Pony

And Other Things They Didn't Teach Me in Vet School

MADISON SEAMANS, DVM



READ BY THE AUTHOR! James Herriot meets Jeff Foxworthy in the real-life adventures of a traveling horse doctor, read by author and large animal vet Dr. Madison Seamans! Climb into the truck alongside him and race to the aid of horses with wounds, stomach aches, allergies, and bizarre behaviors, as well as those in severe physical distress. Quite by accident, you'll find yourself familiar with and understanding common equine medical problems and how they are diagnosed and treated, all while marveling at the remarkable situations a country veterinarian can find himself in.

Digital Download • Audiobook (see p. 48 for print, eBook)
978 1 64601 204 6 • \$22.99

Ride Big

The Ultimate Guide to Building Equestrian Confidence

JOHN HAIME



READ BY THE AUTHOR Without confidence, achievement in competition is unattainable. When confidence is lacking in any sport, equestrian included, chances are your career will be short. Renowned performance coach John Haime has written the book to counter this challenge, providing the mental tools riders need to be better under pressure of all kinds and consistently succeed.

"Haime offers an easy-to-implement system proven to grow rider confidence and unlock your performance potential."

—**Polo Players Edition**

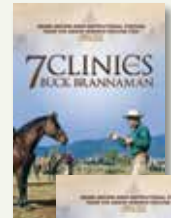
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7 Clinics with Buck Brannaman
CEDAR CREEK PRODUCTIONS

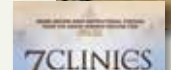
Filmmaker Cindy Meehl brings over 10 hours of instructional video comprised of unused footage from the several years she spent traveling around the country filming Buck Brannaman's clinics during the making of the award-winning feature film BUCK. Viewers travel to seven clinics to learn important groundwork and ridden techniques as taught by Brannaman.



"With over 10 hours of clinics from an acclaimed trainer...you will watch over and over again!" —Equine Journal



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Lessons on Horseback
184 minutes • 978 1 57076 588 9 • \$49.95

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237 minutes • 978 1 57076 589 6 • \$59.95



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5-Minute Fixes

WENDY MURDOCH



In these two videos, Wendy Murdoch examines her favorite English riding and jumping "Fixes" in detail, explaining how to do them correctly and why they work. Her explanations give the viewer a better understanding of how to apply 5-Minute Fixes in a way that makes significant changes in his or her riding position in no time.



"There's a reason Wendy Murdoch and her five-minute fixes have become so popular. Put simply, they work." —Equine Journal

"A handy resource. Surf through it to find a quick fix to a particular issue you are having or spend an hour watching the entire presentation to check, and quite likely refine, various elements of your position in the saddle. Either way you'll reap many benefits." —Practical Horseman

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60 minutes • Streaming • 978 1 57076 915 3 • \$24.95

5-Minute Jumping Fixes

95 minutes • Streaming • 978 1 57076 735 7 • \$24.95

Anatomy in Motion

SUSAN HARRIS & PEGGY BROWN

"Professionally done with good camera work and sound. A unique approach to explaining the ways in which horse and human anatomy interact and influence athletic ability." —Western Horseman

Program 1: The Visible Horse



This fascinating DVD uses an actual painted horse to show in living color how horses' bones and muscles work on the move.

"Whether you are a seasoned horseman, an instructor, a rank beginner, or belong to 4-H or Pony Club, your time and money will not be wasted by this video."

—California Thoroughbred

"Very informative; cleverly produced." —Natural Horse

52 minutes • Streaming • \$29.95

Program 2: The Visible Rider™



A "Visible Rider" wearing a skeleton suit, demonstrates how a rider's anatomy works in both English and Western riding.

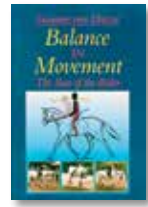
"This is truly a case where a picture is worth a thousand words. This video is a delight to watch." —The American Quarter Horse Journal

"Very helpful for understanding the rider's influence on the horse." —Natural Horse

48 minutes • Streaming • \$29.95

Balance in Movement

The Seat of the Rider
SUSANNE VON DIETZE



The art of successful riding is the development of harmony to such a degree that, to the onlooker, horse and rider perform in total unity. Balance in Movement shows how to develop this unity, as well as why and where problems and faults occur in the rider's position.

"Not only excellent for riders but also a good refresher course for instructors." —Dressage Today

40 minutes • DVD, Streaming • 978 1 57076 258 1 • \$29.95

Beyond Horse Massage

Introducing the Masterson Method™
JIM MASTERSON



Jim Masterson, Equine Massage Therapist for equine clientele competing in FEI World Cup, Pan American, and World Games competitions, teaches a unique method of equine bodywork called The Masterson Method. His techniques help you achieve a release of accumulated stress in deep-seated key junctions of the horse's body that affect mobility, comfort, attitude, training, and performance, as well as restoring muscular and structural balance, and natural alignment.

"This beautifully produced DVD takes the viewer through an enlightening Masterson Method session performed by Jim on a live, responsive horse... This is a kind of bodywork that almost anyone can perform, and from which all horses can benefit."

—Natural Horse

70 minutes • DVD, Streaming
978 1 57076 536 0 • \$34.95

Centered Riding

SALLY SWIFT



"Whether you are a dressage rider, equitation specialist or recreational trail rider, Swift's techniques will not only improve your riding, but most likely your relationship with your horse." —Horse Connection

"Swift is an excellent teacher who holds your attention... If you enjoyed the book, you'll love the video!" —The Lariat

Program 1

Sally Swift covers the basic Centered Riding concepts, showing the relationship between the rider and the motion of the horse.

60 minutes • Streaming • \$29.95

Program 2

Sally Swift applies her techniques to the sitting trot, circles, canter, lateral work, and jumping.

60 minutes • Streaming • \$29.95

Dressage for Jumpers

A Training Session with the Master
GEORGE MORRIS



Join George Morris, former Chef d'Equipe of the US Show Jumping Team, as he demonstrates his favorite dressage exercises as they apply to jumping sports. In this schooling session, Morris uses his system of training on the flat and over fences to produce a relaxed, supple, and attentive equine partner.

38 minutes • DVD • 978 1 57076 673 2 • \$12.99

Dressage Movements Revealed

Biomechanical Concepts and Bodywork—Using the Masterson Method

JIM MASTERSON with SUSAN HARRIS, BETSY STEINER & CORALIE HUGHES



Explore the unique expectations and demands put on the horse's physiology as he moves up through the different levels and movements of dressage. Discover what goes on with the horse's body during dressage training and apply specific Masterson Method bodywork techniques to help him stay happy and healthy.

"An effective method of bodywork anyone can learn to use to improve performance." —Lone Star Horse Report

160 minutes • Streaming • \$39.95

Form Follows Function with Cynthia Hankins

CYNTHIA HANKINS

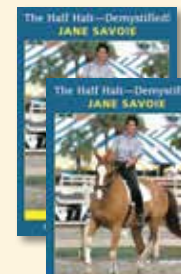


First on the flat and then over fences, USEF "R"-rated judge Cynthia Hankins discloses the common position faults she encounters and presents the correct, classical form of the American Hunter/Jumper Forward Riding System, endorsed and taught by George Morris and advocated by the USHJA Trainer Certification Program.

40 minutes • DVD • 978 1 57076 667 1 • \$9.99

The Half Halt—Demystified!

JANE SAVOIE



"Jane Savoie demonstrates the four requirements—forward, straight, rhythm, and contact—that must be solidly understood by both horse and rider before attempting a half halt. She then breaks down the half halt into its individual elements and shows the rider why and how to use it. Her fresh and innovative approach to teaching this often misunderstood aid to balancing the horse will help all riders, many of whom may have struggled with the concept for years.

"Savoie provides the password that opens the secret door to the half-halt." —Dressage & CT

"A user-friendly approach to an often confusing concept." —Horse Illustrated

Part 1: Learning the Half Halt

The half-halt in bite-size chunks: why and how to use it.

45 minutes • Streaming • \$29.95

Part 2: Putting Your Horse on the Bit

Now that the rider has learned why and how to ride a half halt, Savoie goes further and discusses exactly when to use the half-halt aid.

45 minutes • Streaming • \$29.95

Horse Agility

A Step-by-Step Introduction to the Sport
VANESSA BEE



Vanessa Bee, founder of the International Horse Agility Club, brings the concepts she introduced in her international bestseller The Horse Agility Handbook to video. Based on the same concepts as the ever-popular Dog Agility competitions, Horse Agility offers horse lovers everywhere the opportunity to put all the groundwork they're doing to good use in a fun, active, competitive environment. Beginning on a lead rope and progressing to working through, under, and over obstacles "free," or at liberty, Horse Agility engages the horse in an activity that helps him think and problem-solve while enjoying his training time.

"Whether you plan to compete or just have a good time with groundwork...introduces you to a fun new way to bond with your horse." —Equine Journal

95 minutes • Streaming • \$29.95

Horse Massage: Light to the Core

Gentle Techniques That Ease, Enhance, and Reset Physical Interconnections Deep Within the Equine Body

JIM MASTERSON



The Masterson Method® Light Touch gives you an invaluable tool—at last, a technique that is easy for you to do on the outside of your horse's body while managing to release accumulated tension, strain, and stress far within. This video provides all you need to get started, including fantastic 3-D graphics depicting essential interconnections inside the horse's body, step-by-step instruction

demonstrating how to successfully apply individual techniques, and ideas for problem-solving common issues.

145 minutes • Streaming • 978 1 57076 833 0 • \$34.95

Horse Speak: First Conversations

The Equine-Human Translation Guide

SHARON WILSIE



In this exciting video, you can learn Horse Speak, following along with different horses as horse trainer and equine-assisted learning instructor Sharon Wilsie works with each one in real time. She explains her understanding of equine communication via breath and body language before progressing to the "Four Gs" of her method: Greeting, Going Somewhere, Grooming, and Gone. In addition, get ready to sample ready-made "Conversations" you can have with your horse, as Wilsie walks you through the eye-opening process of communicating on a whole new level.

"Wilsie's premise is clear and straightforward: if you want a horse to understand you, you must speak its language." —Horse Nation

"We LOVED this DVD that is based on Sharon Wilsie's book by the same title. We were so enthralled with the information and the techniques offered to speak and communicate with your horse using 'their language' that this DVD will become part of our permanent library. It SHOULD BE a 'must watch' for any new horse owner, or for any of us when we get a new horse." —Good Horsekeeping

"Particularly useful to therapeutic riding instructors, horse rescue workers, and anyone who likes to spend time around horses." —Library Journal

117 minutes • DVD, Streaming
978 1 57076 870 5 • \$29.95

Is Your Horse 100%?

Resolve Painful Limitations in the Equine Body with Conformation Balancing and Fascia Fitness

MARGRET HENKELS



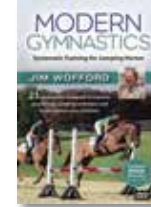
With patient, conscientious placement of your hands on specific areas of the horse's body, you can bring about profound change in his physical and mental well-being. The secret? The internet-like web of fascia beneath the skin. Fascia is the connective tissue that "holds everything together." In this program, follow along in real time with Margret Henkels as she works through progressive myofascial changes with a Warmblood and a Quarter Horse. Learn key aspects of her Conformation Balancing techniques and how they can help release areas of tension, strain, and hidden trauma in your horse's body.

60 minutes • DVD, Streaming
978 1 57076 889 7 • \$24.95

Modern Gymnastics

Systematic Training for Jumping Horses

JIM WOFFORD



Narrated by Jim Wofford, these gymnastic exercises—demonstrated by top riders, including world-class eventer Allison Springer—are designed to lead you and your horse step-by-step from simple, low exercises for young, inexperienced horses to difficult, complex exercises for talented, seasoned campaigners.

87 minutes • DVD • \$12.99

The Modern Horseman's

Countdown to Broke

Real Do-It-Yourself Horse Training in 33 Comprehensive Steps

SEAN PATRICK



Horseman Sean Patrick takes a horse through all 33 steps of his easy-to-use "Countdown," made popular in his bestselling book. Whether you're starting a green horse, or starting over with a longtime partner, his clearly explained lessons on the ground and in the saddle will give you a tried-and true roadmap to happy riding days.

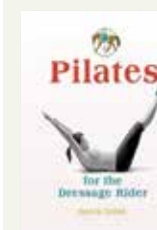
"Almost looks too easy...An excellent basic Western horse training program." —Library Journal

"In this visual follow-up to his book, trainer Sean Patrick works step by step through his 33-lesson training process." —Horse & Rider

8 hours • Streaming • \$79.95

Pilates for the Dressage Rider

JANICE DULAK



A program of Pilates exercises specifically designed to help the dressage rider enhance her ability in the saddle. A great companion to the popular book by the same name (see p. 38).

90 minutes • Streaming • \$29.95

Ride like a Natural

WENDY MURDOCH



Part 1: Sitting Right on Your Horse

How to feel when you're in good alignment and methods to improve your balance.

46 minutes • Streaming • \$29.95

Part 2: Time It Right on Your Horse

What the "aids" are and when to use them in all three gaits.

46 minutes • Streaming • \$29.95

Part 3: Get on the Equiball!

Exercises for building strength and stability on the ground that can help you in the saddle.

40 minutes • Streaming • \$29.95



Riding in Your Mind's Eye

JANE SAVOIE



Jane Savoie shows how "riding in your mind's eye" will help you reach your personal best. She reveals the secret that elite athletes have known for years—the power of visualization to affect performance.

"With Savoie as a guide, viewers can gain a firm image of the proper way to ride the various movements."

—USDF Connection

Part 1: Getting Started

55 minutes • Streaming • \$29.95

Part 2: First Level

3 minutes • Streaming • \$29.95

Teaching and Training the American Way

GEORGE MORRIS



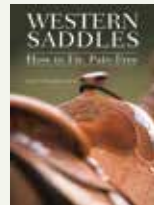
Spend an hour with George Morris and demonstration riders Cynthia Hankins and Darragh Kenny as they illustrate the most fundamental aspects of the American Hunter/Jumper Forward Riding System. Includes a bonus video, "The Roots of Forward Riding in America," introducing the American style of riding and its evolution.

70 minutes • DVD • 978 1 57076 668 8 • \$12.99

Western Saddles

How to Fit: Pain-Free

JOYCE HARMAN, DVM



Dr. Joyce Harman, veterinarian and renowned saddle-fitting expert, explains the ins and outs of good saddle fit, including saddle evaluation on and off the horse, saddle pads, and conformational challenges.

"The information presented here is great."

—Horsemen's Yankee Pedlar

45 minutes • Streaming • 978 1 57076 341 0 • \$29.95

Yoga & Riding

Techniques for Equestrians

LINDA BENEDIK



Through a series of lessons, on the ground and in the saddle, equestrians are introduced to Linda Benedik's method of integrating hatha yoga with riding in order to improve their balance, breathing, and ultimately, their performance.

"Classical yoga in beautiful surroundings... anyone with a tension problem or 'show nerves' might benefit from this."

—The American Quarter Horse Journal

Volume 1: Balance and Symmetry

70 minutes • Streaming • \$29.95

Volume 2: Breathing and Relaxation

60 minutes • Streaming • \$29.95

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The cover image by Clare Staples is of Belle Star of the Skydog Ranch & Sanctuary. This Sanctuary, which covers over 9,000 acres in Malibu, California, and Bend, Oregon, is a place where wild horse advocates are working tirelessly to save captured Mustangs and return them to freedom. To date Skydog has rescued over 300 wild horses and 50 donkeys and mules, with a special focus on finding and

reuniting bonded families who may have once roamed the American West together but who were separated during the roundup process. Staples, Skydog's founder, tells the story of the Sanctuary and some of the horses who now live there in peace in *Wild Horses of Skydog: Blue Zeus & Families* (see p. 5). Find out more about Skydog at skydogranch.org.

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