

HANDKNITS *Norway* FROM RAUMA

30 New Takes on Traditional Scandinavian Designs

Bente Presterud



Bente Presterud

HANDKNITS FROM RAUMA, NORWAY

30 New Takes on Traditional
Scandinavian Designs

First published in the United States of America
in 2021 by
Trafalgar Square Books
North Pomfret, Vermont 05053

Originally published in Norwegian as *Hverdagsstrikk i kortreist ull*.

Copyright © Bente Presterud and Cappelen Damm AS, Oslo, 2020
English translation © 2021 Trafalgar Square Books

All rights reserved. No part of this book may be reproduced, by any means,
without written permission of the publisher, except by a reviewer quoting
brief excerpts for a review in a magazine, newspaper or web site.

The instructions and material lists in this book were carefully reviewed by
the author and editor; however, accuracy cannot be guaranteed. The author
and publisher cannot be held liable for errors.

ISBN: 978-1-64601-103-2
Library of Congress Control Number: 2021943946

Interior Design and Layout: Bente C. Bergen
Photo on page 81: Pudder Agency / Julie Pike
Illustration Photos: Adobe Stock
Translation into English: Carol Huebscher Rhoades

Printed in China
10 9 8 7 6 5 4 3 2 1

Table of Contents

PREFACE	5	CABLED FAVORITES AND TEXTURES FOR EVERY DAY	89
CHARACTERISTICALLY NORWEGIAN?	7	Cozy Sweater with Leaf Patterns.....	91
Avens Flower Pullover with Round Yoke.....	9	Violet Vest.....	95
Arches Cardigan for Women and Men.....	12	“Must-Have” Cardigan with Shawl Collar	98
Raglan Pullover with Surprising Panels.....	21	Men’s Pullover with Shifting Cables.....	103
Star Yoke Pullover	24	Titan Cabled Pullover	107
Crystal Pullover	29	Gems from the Archive:	
Gems from the Archive: Per Spook Pullover	32	4001 Cardigan with Hood	110
RATHER EASY	37	SMALL AND COZY AND GOOD	115
Lise’s Striped Pullover	39	Spotted Socks	116
At-Home Cardigan	43	Fitted Felted Mittens	121
Men’s Striped Pullover	47	Happy Shawl	125
Comfy Pullover and Cozy Pants	50	Zigzag Slippers.....	126
Florina Dress.....	54	“Quick-Knit” Hat and “Fast-Finish” Scarf	131
Gems from the Archive:		Gems from the Archive:	
No. 860 Hooded Cape Poncho	5	Mittens from Manndalen.....	134
FITTED, STYLIZED, AND A BIT DELICATE	63	FINALLY	139
Wide Brioche Pullover.....	64	Abbreviations	139
Round Yoke Pullover with Endless Pattern.....	69	Yarn Information.....	139
Five-Spot Pullover	73		
Dress with Fine Stripes	77		
Smart Colors on Round-Necked Pullover	80		
Gems from the Archive:			
Pattern no. 228 Women’s Cardigan	84		

HANDKNITS FROM RAUMA

EVERYDAY KNITTING

The “everyday” experiences of life encompass so much—that’s just how it is. Some days are gray and tiring, and others glow in bright colors and feel a little livelier; either way, it depends in part on how we look at it, and how we ourselves make choices as we go. For many of us, the days are happier and more colorful in the company of yarn and knitting needles. I’ve read often enough that there are many good reasons to knit. It’s good for your senses, night sleep, and coordination; it reduces stress, staves off dementia, heals pain, helps with depression, and increases creativity and confidence.

But I don’t know anyone who actually knits for better vision, or to sleep better at night, or to reduce stress. We knit because we LOVE to knit. Because we just have to do it! It adds color, coziness, comfy pleasure, and happiness to our lives. So we fill every day with knitting needles and soft skeins of yarn to transform into lovely handknit garments we can wear and share.

LOCAL—TOTALLY NORWEGIAN, TOTALLY GENUINE

This book is filled with garments knitted in local wool—which is to say local for me, here in Norway. Everyone knows that sheep are delightful animals in general, and I love to talk about the characteristics of wool from good Norwegian sheep. Perhaps, right now, some are grazing in a meadow outside a friend’s kitchen window, or perhaps there are some black sheep on a large farm in a nearby neighborhood.

The wool I used in these patterns is blended, carded, spun, plied, skeined, dyed, and wound into balls on Veblungsnes in Romdalen—where Rauma Wool Mill does everything needed to transform wool into yarn. For me, it’s local and environmentally-friendly yarn. For you, “Norwegian” may not mean “local.” Even if you choose to stick with Rauma yarns for these designs, consider checking out yarns and yarn producers in your own local area for your next project!

WOOL IS GOLD

In Norway, we have an especially good eye for wool! It’s common here, and Norwegian wool production surpasses baseline sustainability standards when it comes to minimizing environmental damage, from the beginning of the entire production cycle to the final product. The finished yarn is light and lofty, and the garments you knit with it will be warm and durable, and will soften in the wash.

Additionally, all wool, Norwegian or not, has excellent inherent characteristics as a fiber. It is 100% renewable and natural, can hold moisture without feeling wet, wicks moisture away from your skin, retains warmth, and, if it is wet, regulates both cold and heat. It is flame- and bacteria-resistant, and its self-cleaning qualities make garment maintenance easy. Wool doesn’t need to be washed often, and wool clothing can just be aired out instead of going into the wash.

BOOK

For all these reasons, I felt there needed to be a book with knitting from Rauma, based on Rauma Garn designs, done in Rauma wool. Because we love to knit. Because it gives our everyday lives color. Because Norwegian sheep are terrific, and their wool is unique.

All the patterns in this book are worked with Rauma yarn, and based on patterns from Rauma Garn designers. The garments are knitted with local-to-me Norwegian wool. I’ve divided the projects into various groups—and for each group, I dove deep into the archives of Rauma Garn’s classics, and found a little treasure to share with you.

I hope you like what you see.

I hope you will be inspired.

I hope every day suddenly becomes a little more colorful, and your knitting needles are itching to knit.

So, enough said. Let’s use our time for something more important. Bring out your yarn and needles!



Bende



Avens Flower Pullover with Round Yoke

Simple sweaters are steadfast friends who are always there for you—wherever you may be. This is one such sweater. It will happily go on a hike in the forest with you. It won't say no to a day in the office. And if you need something to keep you warm on a slightly chilly summer evening, well, you know where to turn.



Design: Rauma Garn / Britt Kathrine Aasen
Photos: Siren Lauvdal

PROJECT SUMMARY

- ▶ A pullover with a round yoke
- ▶ Stockinette—with ribbing at lower edges of body, sleeves, and around the neckline
- ▶ Worked from the bottom up
- ▶ Body and sleeves worked separately up to underarms; then all the pieces are placed on the same circular and the yoke is knitted in the round
- ▶ Raised back neck

SKILL LEVEL

Experienced

SIZES

XS (S, M, L, XL, XXL)

FINISHED MEASUREMENTS

Chest: 35 (37½, 40¼, 43, 46, 49¼) in / 89 (95, 102, 109, 117, 125) cm

Total Length: 23¼ (24, 24¾, 25½, 26½, 27¼) in / 59 (61, 63, 65, 67, 69) cm

Sleeve Length: from underarm down, 17¾ (18¼, 18½, 18½, 19, 19) in / 45 (46, 47, 47, 48, 48) cm

MATERIALS

Yarn: CYCA #2 (sport, baby) Rauma Finull (100% Norwegian wool, 191 yd/175 m / 50 g)

Yarn Colors and Amounts:

Blue 4124 or Light Yellow Heather 4134: 350 (400, 400, 450, 450, 500) g

Light Blue Heather 4139 or Green Heather 4130: 100 (100, 100, 100, 100, 150) g

Needles: U. S. sizes 1.5 and 2.5 / 2.5 and 3 mm: circulars and sets of 5 dpn

GAUGE

26 sts in stockinette on larger needles = 4 in / 10 cm in width.

Adjust needle sizes to obtain correct gauge if necessary.

BODY

With Blue or Light Yellow and smaller circular, CO 232 (248, 264, 284, 304, 324) sts. Join, being careful not to twist cast-on row; pm for beginning of rnd. Work around in k1, p1 ribbing for 1½ (2, 2, 2½, 2½, 2½) in / 4 (5, 5, 6, 6, 6) cm. Change to larger circular. Pm at side with 116 (124, 132, 142, 152, 162) sts each for front and back. Work around in stockinette until body measures 15½ (16¼, 17, 17¾, 18½, 19¼) in / 39 (41, 43, 45, 47, 49) cm. BO 10 sts centered at each side (= 5 sts on each side of each marker) for underarms. Set body aside while you knit sleeves.

SLEEVES

Make both alike. With Blue or Light Yellow and smaller

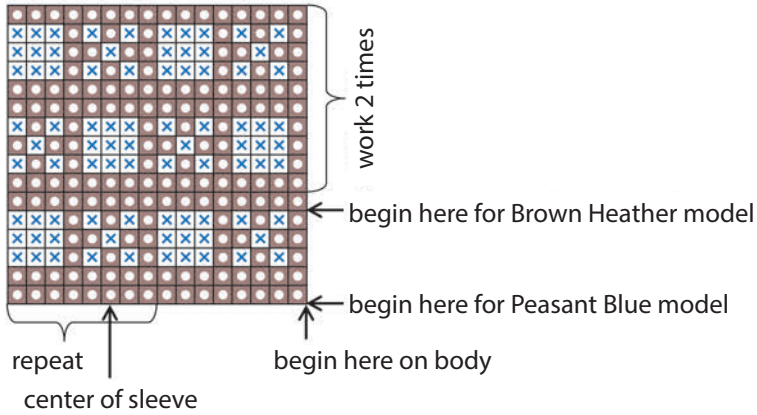
Duplication Prohibited
by copyright holder



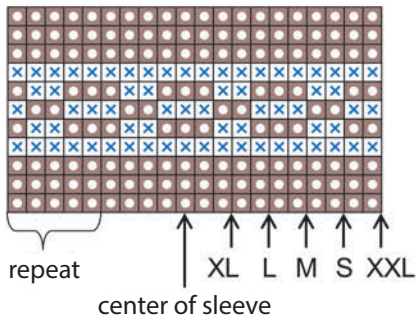
Duplication Prohibited
by copyright holder



Pattern A

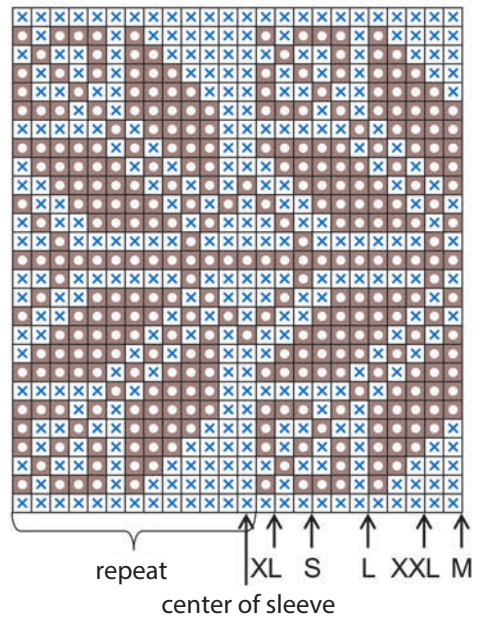


Pattern B

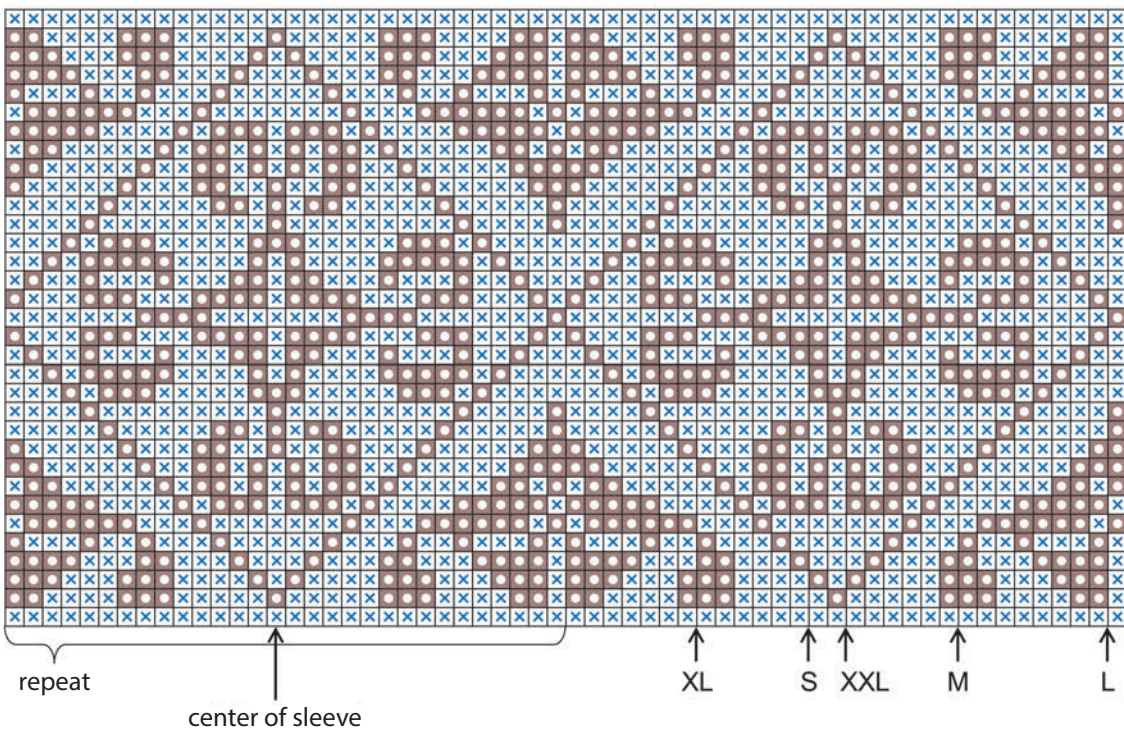


- ⊠ Natural or Peasant Blue
- Brown Heather or Natural

Pattern C



Pattern D



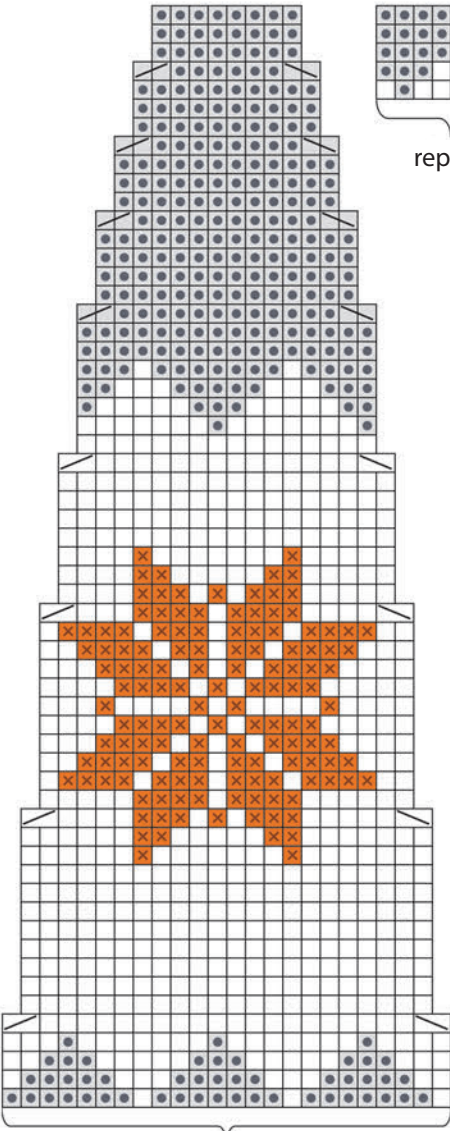
Duplication Prohibited
by copyright holder



Duplication Prohibited
by copyright holder

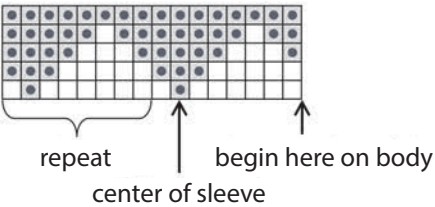


Pattern B



repeat

Pattern A



- Natural
- ✕ Light Rust-Orange
- Gray
- ⧘ k2tog
- ⧚ k2tog tbl

GEMS FROM THE ARCHIVE

RAUMA

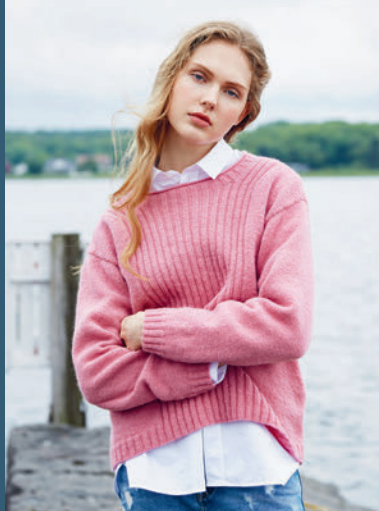
GARN

en del av
 RAUMA
ULLVAREFABRIKK

KNITTING PATTERN NO. 490

DESIGN: *PER SPOK*





Duplication Prohibited
by copyright holder



Comfy Pullover and Cozy Pants

Some garments are just so heart-warming! They feel like a soft hug when you need it most. Here's a pair of soothing garments—for those days when you could use a little comfort.



Design: Rauma Garn / Stina Fredriksson

Photos: Pudder Agency / Julie Pike

PROJECT SUMMARY—PULLOVER

- ▶ Stockinette, with ribbing at center front
- ▶ Shaped shoulders
- ▶ Worked from the bottom up
- ▶ Ribbing at lower edge of body and sleeves and around neckline
- ▶ The body is worked in the round to the underarms; then the front and back are each worked separately, back and forth
- ▶ Each sleeve is worked in the round to the underarm, and then the sleeve cap is worked back and forth; the finished sleeves are attached to the armholes later

PROJECT SUMMARY—PANTS

- ▶ Pants with ribbing
- ▶ Worked from the bottom up
- ▶ The legs are worked separately in the round, and then joined on one circular for completion
- ▶ Ribbing at lower edges of each leg and around top of pants
- ▶ Waist casing for elastic band at top

PULLOVER

SKILL LEVEL

Intermediate

SIZES

XS (S, M, L, XL, XXL)

FINISHED MEASUREMENTS

Chest: 36 (38¼, 41¼, 44, 47¼, 49¾) in / 91 (97, 105, 112, 120, 126) cm

Total Length: 23¼ (24, 24¾, 25½, 26½, 27¼) in / 59 (61, 63, 65, 67, 69) cm

Sleeve Length: 19¼ (19¼, 19¾, 19¾, 20, 20) in / 49 (49, 50, 50, 51, 51) cm

MATERIALS

Yarn: CYCA #2 (sport, baby) Rauma Finull (100% Norwegian wool, 191 yd/175 m / 50 g)

Yarn Colors and Amounts:

Old Rose 4571 or Dark Denim 443: 350 (400, 450, 500, 550, 600) g

Needles: U. S. sizes 1.5 and 2.5 / 2.5 and 3 mm: circulars and sets of 5 dpn

GAUGE

26 sts in stockinette on larger needles = 4 in / 10 cm in width.

Adjust needle sizes to obtain correct gauge if necessary.

Duplication Prohibited
by copyright holder



Florina Dress

I dig this dress. It's so simple and stylish. And it couldn't be any better, since I'm wild about green just now! But if you don't want to "go green" with this pattern, there are 133 other options on the color chart—you can probably guess where I'm going with this.



Design: Rauma Garn / Britt Kathrine Aasen

Photos: Siren Lauvdal

PROJECT SUMMARY

- ▶ Stockinette dress, with split neck at back, shaped shoulders, fitted shaping, split sleeve edges
- ▶ Brioche edgings on sleeves and at top of yoke, stockinette facings on lower edge of skirt, ribbing around neck
- ▶ Worked from the bottom up
- ▶ Body/skirt are worked in the round to the underarms, and then front and back are each worked separately, back and forth, with rounded armholes
- ▶ Each sleeve is worked in the round to the underarm, and then the sleeve cap is worked back and forth; the finished sleeves are attached to the armholes later

MATERIALS

Yarn: CYCA #2 (sport, baby) Rauma Finull (100% Norwegian wool, 191 yd/175 m / 50 g)

Yarn Colors and Amounts:

Green Heather 4130: 450 (500, 550, 550, 600, 650) g

Needles: U. S. sizes 1.5 and 2.5 / 2.5 and 3 mm: circulars and sets of 5 dpn

Notions: 1 button

GAUGE

26 sts in stockinette on larger needles = 4 in / 10 cm in width.

Adjust needle sizes to obtain correct gauge if necessary.

BRIOCHE WORKED BACK AND FORTH

Row 1: K1, p1.

Row 2: K1, yo, and *at the same time* slip next st, inserting needle into back of st.

Row 3: K 1 st tog with yarnover of previous row, yo, and *at the same time* slip next st, inserting needle into back of st.

Rep Row 3, with purl over purl and knit over knit.

BODY/SKIRT

With larger circular, CO 236 (260, 284, 308, 332, 356) sts. Join, being careful not to twist cast-on row. Pm for beginning of rnd and at side = 118 (130, 142, 154, 166, 178) sts each for front and back. Work around in stock-

SKILL LEVEL

Intermediate/Experienced

SIZES

XS (S, M, L, XL, XXL)

FINISHED MEASUREMENTS

Chest: 29½ (33½, 37, 40½, 44, 48) in / 75 (85, 94, 103, 112, 122) cm

Total Length: 31 (33½, 34¾, 36, 37½, 39) in / 79 (85, 88, 91, 95, 99) cm

Sleeve Length: 15 (15½, 15¾, 16¼, 16½, 17) in / 38 (39, 40, 41, 42, 43) cm

Duplication Prohibited
by copyright holder





Duplication Prohibited
by copyright holder



each for front and back. Set body aside while you knit sleeves.

SLEEVES

Make both alike. With Natural or Gray-Beige and smaller dpn, CO 64 (64, 68, 68, 72, 72) sts. Divide sts onto dpn and join. Work around in k2, p2 ribbing for 2½ in / 6 cm. Change to larger dpn and work around in stockinette. At the same time, increase 2 sts centered on underarm. Increase the same way every 1 (1¼, 1¼, 1, 1, ¾) in / 3.5 (3, 3, 2.5, 2.5, 2) cm for a total of 10 (12, 13, 15, 16, 18) increase rnds = 84 (88, 94, 98, 104, 108) sts. When sleeve is 18¼ (18¼, 18½, 18½, 19, 19) in / 46 (46, 47, 47, 48, 48) cm long, BO 8 (8, 10, 10, 12, 12) sts centered on underarm = 76 (80, 84, 88, 92, 96) sts rem.

YOKE

Arrange body and sleeves on long, larger circular, matching underarms = 364 (388, 412, 440, 464, 488) sts total. Pm at each intersection of sleeve and body = 4 markers. Continue in stockinette with Natural or Gray-Beige. On the 2nd rnd, begin raglan decreasing at each marker as follows: Work until 3 sts before marker, k2tog tbl, k2, k2tog = 8 sts decreased around. Decrease the same way on every other rnd a total of 3 (3, 4, 4, 5, 5) times = 340 (364, 380, 408, 424, 448) sts rem. Knit 1 rnd, *at the same time* decreasing 25 (34, 35, 48, 49, 58) sts evenly spaced around = 315 (330, 345, 360, 375, 390) sts rem. Work following chart for Pattern A. After completing charted rows, knit 1 rnd, *at the same time* decreasing 11 (14, 17, 20, 23, 26) sts evenly spaced around = 136 (140, 144, 148, 152, 156) sts rem. Change to smaller circular and continue with Natural or Gray-Beige. Work around in k2, p2 ribbing for 2 in / 5 cm. BO in ribbing.

FINISHING

Seam underarms.

Weave in all ends neatly on WS.



Duplication Prohibited
by copyright holder







Duplication Prohibited
by copyright holder



Duplication Prohibited
by copyright holder





Spotted Socks

If you want to make a point, you can do it—many times—with yarn and knitting needles. These spotted socks will make a lasting point.



Design: Rauma Garn / Britt Kathrine Aasen

Photos: Pudder Agency / Julie Pike

PROJECT SUMMARY

- ▶ The same pattern—different color combinations
- ▶ Worked from the top down
- ▶ Stockinette with ribbing for the cuff
- ▶ Heel as continuation of leg

SKILL LEVEL

Experienced

SIZES

Women's (Men's)

FINISHED MEASUREMENTS

Foot Length: approx. 9½ (10¾) in / 24 (27) cm

MATERIALS

Yarn: CYCA # 1 (fingering) Rauma 2-ply Gammelserie (100% Norwegian wool, 175 yd/160 m / 50 g)

Yarn Colors and Amounts:

Petroleum GL4902 or Burgundy GL4901: 50 (100) g
Ochre Yellow GL4905 or Mustard Yellow GL4805: 50 (50) g

Natural GL401: 50 (50) g

Needles: U. S. sizes 0 and 1.5 / 2 and 2.5 mm: sets of 5 dpn

GAUGE

28 sts in stockinette pattern on larger needles = 4 in / 10 cm in width.

Adjust needle sizes to obtain correct gauge if necessary.

NOTE: If you work more tightly in two-color stranded knitting than in a single color, go up a needle size for the colorwork.

KNITTING TIPS

* For more durable socks, you can hold a fine yarn together with 2-ply Gammelserie for heels and toes. The best reinforcement yarns have some nylon.

* To avoid holes on the heel shaping, try this: Pick up the strand between stitches. On the next round, work the last stitch before turning and then pass the last stitch over the extra stitch.

SOCK

With Yellow and smaller dpn, CO 58 (64) sts. Divide sts onto dpn and join. Work around in k1, p1 ribbing for 1½ in / 4 cm. Change to larger dpn. Knit 1 rnd, *at the same time* increasing to 60 (66) sts. Now work leg following chart for Pattern A until sock measures approx. 7 (8) / 18 (20) cm, ending with either Row 1 or Row 7 of chart. Work heel back and forth.

HEEL

See Knitting Tips above. With Yellow, work heel over the first and last 14 (16) sts of rnd = 28 (32) sts. Begin on RS and work back and forth in stockinette. Shape heel as follows: Work all sts; turn and work 27 (31) sts. Turn and work 26 (30) sts. Turn and work 1 less st than

Duplication Prohibited
by copyright holder





THUMB

Divide held thumb sts onto dpn and pick up and knit 2 (3, 4, 5, 6) sts over cast-on sts + 1 new st at each side of thumbhole = 8 (10, 12, 14, 16) sts total. Work around in stockinette for 1½ (2, 2½, 2¾, 3¼) in / 4 (5, 6, 7, 8) cm. Shape top of thumb as for top of mitten hand, decreasing until 4 (6, 4, 6, 4) sts rem. Cut yarn. Draw end through rem sts and tighten.

Weave in all ends neatly on WS.

FELTING

Felt mittens in the washing machine at 104°F / 40°C, short program, for approx. 1 hour, with gentle spinning. Use a liquid wool-safe soap (the mittens can also be felted without any soap). If you are only felting one pair of mittens, add a towel to the wash. While mittens are still damp, stretch into correct shape and size; measure and lay flat until completely dry.

Duplication Prohibited
by copyright holder



Duplication Prohibited
by copyright holder



GEMS FROM THE ARCHIVE

563



M

Rauma 3-ply Strikkegarn
Sizes 3-6 years, 7-10 years, 11-14 years, Women's, Men's

563

Known and loved by fibercraft artists the world over for the quality and variety of its yarns, the Rauma Garn company has been an icon of dedicated Norwegian industry since its founding in 1927. Now, celebrated handcraft expert Bente Presterud has taken a deep dive into its comprehensive pattern archives, the culmination of almost a hundred years of work by Rauma's designers and consultants, choosing dozens of her best finds to form this curated compilation.

Featuring fashionable, comfortable, visually striking garments and accessories of all shapes and sizes, this selection of the best of Rauma is creative inspiration no knitter should be without.

Inside find:

- Jackets, sweaters, slippers, shawls, scarves, mittens, socks, and more, for women and men
- Patterns including textures, cabling, and traditional Norwegian designs—vintage and modern, classic and creative, in fresh, fun color combinations
- Step-by-step instructions and full-color photographs, plus historical fashion spreads reproduced from the archives of Rauma Garn

\$26.95 USD

ISBN: 9781646011032



9 781646 011032