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Jorid Linvik's

BIG BOOK OF KNITTED MITTENS

45 DISTINCTIVE SCANDINAVIAN PATTERNS



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BASIC KNITTING TIPS

Ribbing

Ribbing should be worked fairly firmly—it can often end up looser than desired—but should remain elastic. A good rule of thumb is to work the ribbing with needles one size smaller than the needles used for the rest of the mitten. Another option is to work the purl stitches, or even all the stitches, as twisted stitches.

Dominant Color

Usually a pattern design has a well-defined motif set against a background. For example, when you look at the Cat mittens on page 26, the cat is the motif—the yarn used for the cat is the “pattern” yarn, or contrast color. The rest of the mitten is worked using the “background” yarn, or main color.

A pattern motif will show most clearly when the pattern color is held so it comes under the background color strand on the back of the piece. It’s very important for the colors to be held this way in relation to each other through the whole pattern, so the knitting will be even.

If you forget and start holding the yarns the other way around partway through the knitting, it will show as an uneven section with a different look.

Some knitters hold one strand on their left forefinger and the other strand in their right hand or on the right forefinger. The yarn held in the left hand will come under the other

strand on the wrong side of the knitting—this should be the pattern yarn or contrast color of the pattern. If you hold both colors in your left hand, the strand held further down your finger should be the pattern color, as it will lie under the other strand.

The Wrong Side

In order to produce evenly knitted mittens, make sure the yarn strands lie evenly and smoothly on the wrong side throughout. If you pull on the strands too hard when changing colors, the fabric will be pulled in across the width. Strands that are too loose will also negatively affect the look and sizing of the mittens.

One tip is to stretch the strands and stitches across the width every time you change needles. Take a peek at the wrong side to make sure the strands or “floats” lie smooth and flat.

Long Floats

It can be challenging to have long floats between color changes and it is uncomfortable to have long strands on the inside of your mittens. To avoid long floats, twist the colors around each other every 5-6 stitches. Don’t forget to stretch the piece to make sure the piece doesn’t pull in.

Joining Yarn

Sometimes you’ll run out of yarn in the middle of a row and need to attach



It is not always easy to get the exact measurements of a finished mitten, since knitting is elastic. Luckily, that elasticity allows some

flexibility in sizing and fit. You may find that after a while your mittens fit perfectly, even though they originally seemed too tight or too loose.

Mittens with 48 stitches in a round, child-size mittens

SIZE	CIRCUMFERENCE	GAUGE
0-2 years	4¾-5¼ in / 12-13 cm	34 sts = 4 in / 10 cm
3-4 years	5¼ in / 14.5 cm	33 sts = 4 in / 10 cm
5-7 years	6 in / 15 cm	32 sts = 4 in / 10 cm
7-10 years	6¾ in / 17 cm	28 sts = 4 in / 10 cm
10-12 years	7 in / 18 cm	25 sts = 4 in / 10 cm



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CALF, P. 146



LITTLE RABBIT, P. 30



LITTLE FOX, P. 106



ROE DEER FAWN, P. 114



LITTLE LAMB, P. 158



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CAT AND MOUSE, P. 42



TANGO ELEPHANT, P. 200



REINDEER, P. 154







LITTLE RABBIT

MATERIALS

Small mittens

Yarn: CYCA #1 (sock/fingering/baby) Dale Garn Daletta (100% wool; 153 yd/140 m / 50 g), Light Blue #5703 and Natural White #0020

Needles: U.S. size 1.5 / 2.5 mm, set of 5 dpn

Large mittens

Yarn: CYCA #1 (sock/fingering/baby) Rauma Finullgarn (100% wool; 191 yd/175 m / 50 g), Rust Red #435 and White #400

Needles: U.S. size 2.5 / 3 mm, set of 5 dpn

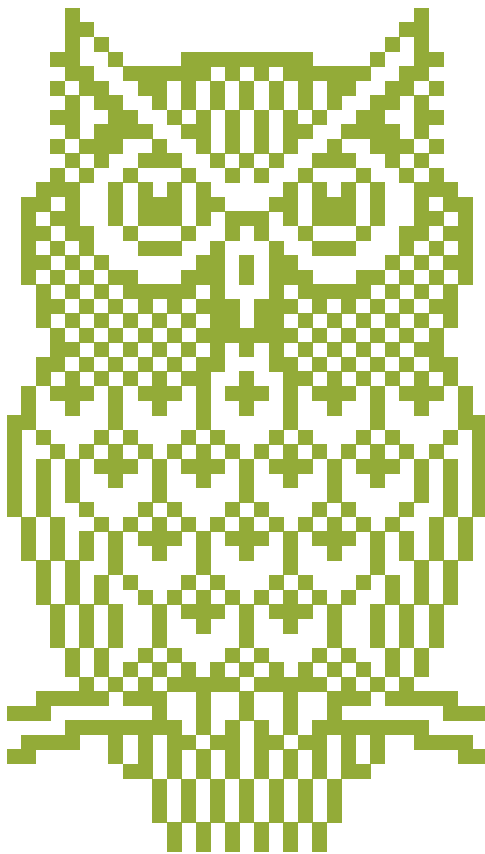
Everyone falls for small, soft rabbits. Rabbits are a nice, cuddly animal to have and many children want to keep a little rabbit in a cage. It's not always possible to do that, of course—but everyone can have mittens with rabbits on them! These charming little rabbits are shown on both the front and back.

These mittens can be knitted in several sizes using the same charts (see the sizing guides on pages 13-17). For very small children, omit the thumb.

MITTENS WITH BIRD MOTIFS

You don't need to be an avowed bird lover to delight in the look of these fine creations.

Here is a selection of mittens with various birds as motifs. The birds have each been stylized for easy knitting.





BIRD MITTENS

MATERIALS

Yarn: CYCA #1 (sock/fingering/baby) Dale Garn Daletta (100% wool; 153 yd/140 m / 50 g), Light Blue #5703 and Black #0090 + small amount of Red #4018 for birds and hearts. A bird is embroidered with red on the palm of one mitten. The hearts on the back of each mitten's hand are embroidered with red.

Needles: U.S. size 2.5 / 3 mm, set of 5 dpn

These mittens were my very first design. The pattern was eventually published on my blog and I waited excitedly for the response.

After a while, I received an email from a Russian lady: "I have 3 children who are now adults and have flown from the nest, as the birds on the front of the mitten. My fourth child was adopted. She has Down's syndrome and will live with me as long as we both live. My good little girl is like the little bird in the hand, settled into my life after my other children became adults."



THE SOUTH POLE

MATERIALS

Yarn: CYCA #1 (sock/fingering/baby) Sandnes Garn Sisu (80% wool, 20% nylon; 191 yd/175 m / 50 g), Black #1099, Turquoise #7024, and White #1001

Needles: U.S. size 1.5 / 2.5 mm, set of 5 dpn

These mittens depict the summer landscape at the South Pole, with three happy penguins standing at the edge of the ice and warming themselves in the sunshine after a tasty fish dinner. The sea provides their source of food and life is good.





BURNING LOVE

MATERIALS

Yarn:

Smaller size mittens (see photos on pages 18 and 65):

CYCA #3 (DK/light worsted)
Gjestal Østlandsgarn (Gjestal Vestlandsgarn or Dale of Norway Heilo can substitute) (100% wool; 109 yd/100 m / 50 g), Natural White, Yellow, and Dark Red

Needles: U.S. size 7 / 4.5 mm

Larger size mittens:

CYCA #2 (sport/baby) Sandnes Garn Tove (100% wool; 175 yd/160 m / 50 g), Natural White #1012, Orange #3326, Dark Red #4228

Needles: U.S. size 7 / 4.5 mm, set of 5 dpn

Just seeing these mittens will warm you. Love burns with intense flames. The design will also be pretty in cooler colors. You can experiment with all sorts of combinations!





JORID'S CHRISTMAS HEARTS

MATERIALS

Yarn:

Dark Mittens: CYCA #1 (sock/fingering/baby) Rauma Finullgarn (100% wool; 191 yd/175 m / 50 g), White #400, Dark Red #435, Deep Turquoise #438

Needles: U.S. size 2.5 / 3 mm, set of 5 dpn

Light Mittens: CYCA #4 (worsted/afghan/aran) Trysil Garn Alpa (65% acrylic, 20% alpaca, 15% wool; 153 yd/140 m / 50 g), White, Old Rose, Purple

Needles: U.S. size 2.5 / 3 mm

Right before Christmas is a good time of year. After the stress of the day, you can lean back in your chair and get cozy with a cup of tea and your knitting. It's so nice to make your Christmas gifts in such a comfortable way. Don't forget to knit love and good Christmas wishes into each stitch!

These Christmas heart mittens are easy to knit because the pattern can be memorized quickly.







CALF

MATERIALS

Yarn: CYCA #1 (sock/fingering/baby) Dale Garn Daletta (100% wool; 153 yd/140 m / 50 g), White #0010, Dark Brown #3695, and Light Green #9133 + small amount of Powder Pink #4202 for embroidery

Needles: U.S. size 2.5 / 3 mm, set of 5 dpn

Crochet Hook: U.S. size D / 3 mm for crocheted cords

Here are the sweet sister mittens to the Cow mittens. These mittens are for children who drink milk and who know what animal says MOO. I am positive that these mittens will make their owner very happy and will keep any little child's hands toasty warm.



REINDEER

MATERIALS

Yarn: CYCA #1 (sock/
fingering/baby) Dale
Garn Daletta (100% wool;
153 yd/140 m / 50 g),
White #0010 and Blue
#5436

Needles: U.S. size 2.5 /
3 mm, set of 5 dpn

Reindeer aren't really domestic animals, but many in Norway are taken care of by people, and there are lots of large herds of these lovely animals. A very proud reindeer elegantly raises his head in this motif. These mittens have a pretty palm pattern and a nicely placed thumb, with a good, old-fashioned cuff lining.







TIGER CUB

MATERIALS

These mittens can be knitted in two sizes; the small ones will fit infants up to 1½ years old. The thumb can be omitted on mittens for the smallest children.

Yarn: CYCA #1 (sock/fingering/baby) Rauma Garn Baby Panda (100% Merino wool; 191 yd/175 m / 50 g), Orange #157 and Black #36

Needles: U.S. size 1.5 / 2.5 mm, set of 5 dpn

The larger size mittens will fit children about 7 years old

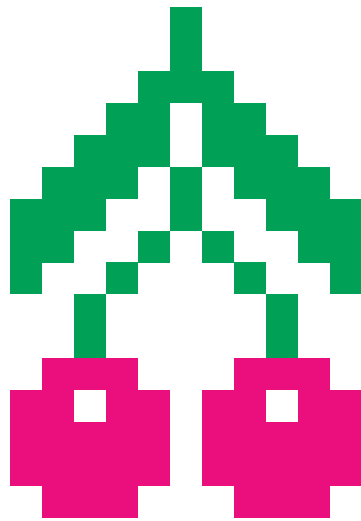
Yarn: CYCA #2 (sport/baby) Dale Garn Falk (100% wool; 116 yd/106 m / 50 g), Orange #3418 and Black #0090

Needles: U.S. size 2.5 / 3 mm, set of 5 dpn

It's small, soft, and sweet. It pats at you delightfully with its soft paws—but a moment later it springs up, snarls, and growls. If you know a child with similar characteristics, yes, you will also recognize a real tiger cub.

These sweet children's mittens can be knitted in several sizes following the same pattern, depending on your choice of yarn and needle sizes.

YOUR OWN DESIGN



THERE ARE TWO SIDES TO every story, and a pair of cozy, comfortable, colorful mittens is a clever and playful way to share it with others. Scandinavian knitwear designer Jorid Linvik's 45 creative, double-sided mitten patterns charm from the front *and* the back.

INSIDE FIND:

- Basics for planning, sizing, and making your own fabulous, two-sided mittens.
- An incredible selection of pre-charted patterns, plus a spare chart where you can let your imagination fill in the blanks.
- Dozens of delightful designs in multiple sizes, for children and adults.
- Something for everyone—the romantic and the traditionalist, the cat lover and the rock star, the quiet thinker and the expressive storyteller.
- Vivid, full-color photographs, and hints, tips, and tricks that make mitten-knitting a cinch.

“BEAUTIFUL...A MUST-HAVE.”

—KNITTER'S REVIEW

“CREATIVE PATTERNS THAT PLAY OFF
TRADITIONAL SCANDINAVIAN DESIGNS.”

—PUBLISHERS WEEKLY

Jorid Linvik lives in Bodø, Norway, where she runs her pattern shop, joridweb.no, and the knitting blog muffinmamma.blog. Collect all her knitting pattern books:



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