A MASTERSON METHOD® QUICK REFERENCE **EASY TO HANG AND VIEW**

















































THE MASTERSON METHOD is an innovative form of bodywork that relaxes the horse and relieves his body-including muscles and connective tissue-of deep stress and pain. Through the gentle and light manipulation of targeted Release Points; the movement of joints or junctions through a range of motion in a relaxed state; and studied observation of the horse's responses (his reactions tell you what he is feeling), you'll open doors to improved health and performance while enhancing communication—and your relationship—along the way.







