

DUPLICATION PROHIBITED
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ARNE & CARLOS

FAVORITE DESIGNS



Greatest Hits & New Inspirations

Balls, Dolls, Slippers, Sweaters, Scarves, Mittens, and More

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www.trafalgarbooks.com

First published in the United States of
America in 2018 by
Trafalgar Square Books
North Pomfret, Vermont 05053

Originally published in Norwegian as
Arne & Carlos: Favoritter.

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English translation © 2018 Trafalgar
Square Books

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website.

ISBN: 978-1-57076-881-1

Library of Congress Control Number:
2017963086

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160-161:** Hans Christian Barth
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Photo, page 9: Børre Høstland,
National Museum
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Jonathan Hannestad/Modelwerk
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Printed in China

10 9 8 7 6 5 4 3 2 1





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Horse Pillow

A few years ago, we found a rocking horse at an antiques shop. The seller mentioned he had two of them, one with a saddle and underside in blue and one with red. He'd bought them from a man who had given his son the blue one and his daughter the red one as gifts, sometime in the 1950s. The rocking horse was our inspiration for a printed T-shirt and the embroidered pillow.





Knitted Dolls

For as long as we've worked creatively, we've worked with dolls in one way or another. And our knitted dolls aren't just for kids! The young at heart also love them. Even if you don't want to play with them, you can enjoy making clothes and accessories for them.





Agnethe has neat black embroidered eyelashes while Kaja has lovely long red lashes.



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Well, another freezing winter has passed. We tried to dress for the cold and went outside as little as possible. Now sunshine makes a regular appearance and water is once again running in the streams and waterfalls. We dream about spring, about summer and long, warm days. By the time Easter comes, we actually dig out our winter coats again, grab our backpacks, and go up into the mountains in search of snow. The mountains call, and we forget that we scraped ice off the cars and cursed winter and the darkness for many months. We freeze and enjoy ourselves, recognize that we are alive, that we are nearer the sun up on the mountains and closer to the sky. We Norwegians are remarkable people.

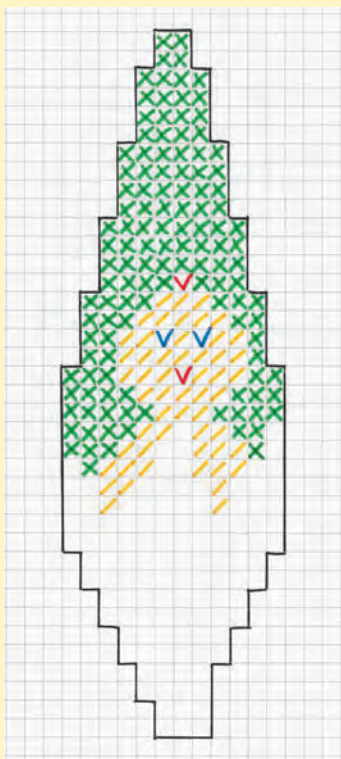
Easter at Our House





★ *Chick in the Egg* ★

The red and blue stitches are worked in duplicate stitch.



MATERIALS

Yarn:
CYCA #1 (fingering),
Schachenmayr
Merino Extrafine 170
(100% Merino wool,
185 yd/169 m / 50 g)

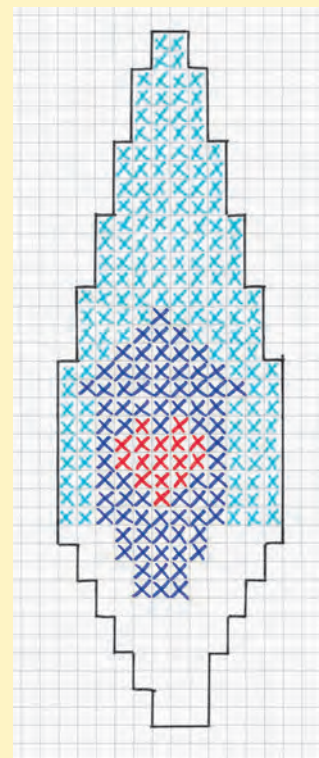
Yarn Colors and Amounts:

- White 0001, 50 g
- Yellow 00020, 50 g
- Green 00074, 50 g
- Blue 00051, 50 g
- Red 00031, 50 g



★ *Egg with Outhouse*

You can sit in here and think quietly, at least until someone bangs on the door.



MATERIALS

Yarn:
CYCA #3 (DK, light
worsted), Schachenmayr
Merino Extrafine 120
(100% Merino wool,
131 yd/120 m / 50 g)

Yarn Colors and Amounts:

- White 00101, 50 g
- Light Blue 00152, 50 g
- Dark Blue 00153, 50 g
- Red 00131, 50 g



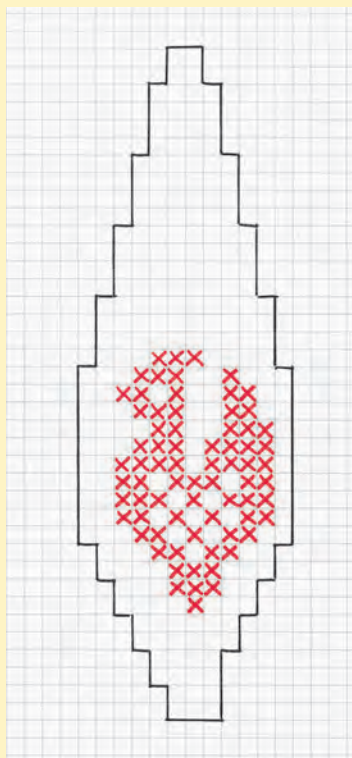
★ *The Only Rooster in the Basket* ★

A rooster motif inspired by an embroidery design.



★ *Spotted Egg* ★

Knit the eggs with designs painted by children.



MATERIALS

Yarn:
CYCA #3 (DK, light worsted),
Schachenmayr Merino Extrafine 120 (100% Merino wool, 131 yd/120 m / 50 g)

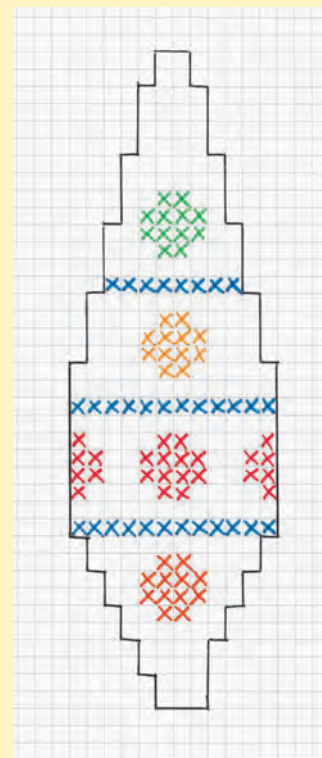
Yarn Colors and Amounts:
Red 00131, 50 g
Pink 00135, 50 g

MATERIALS

Yarn:
CYCA #3 (DK, light worsted), Schachenmayr Merino Extrafine 120 (100% Merino wool, 131 yd/120 m / 50 g)

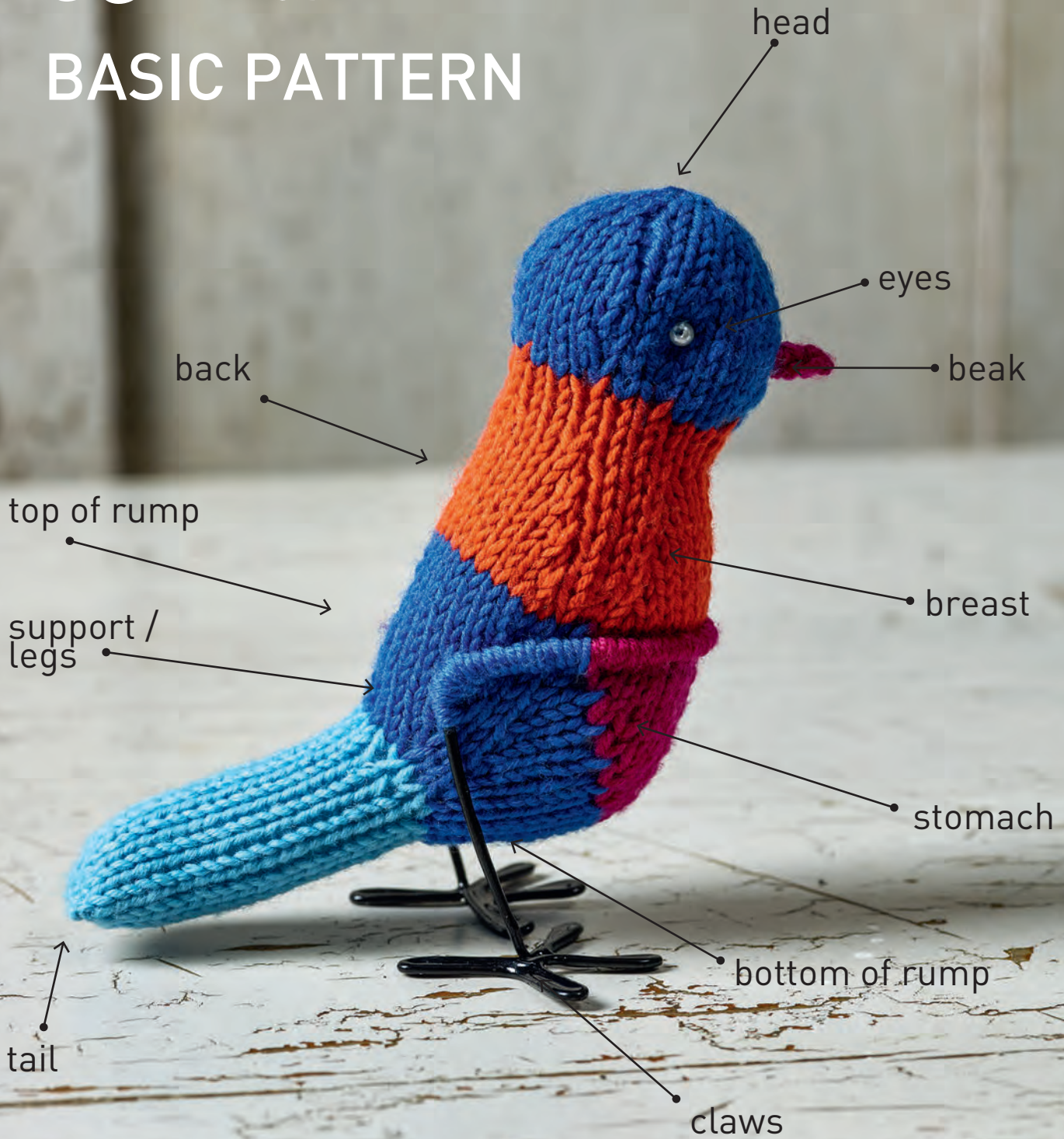
Yarn Colors and Amounts:

Flax 00103, 50 g
Orange 00125, 50 g
Red 00130, 50 g
Yellow 00121, 50 g
Green 00170, 50 g
Blue 00153, 50 g

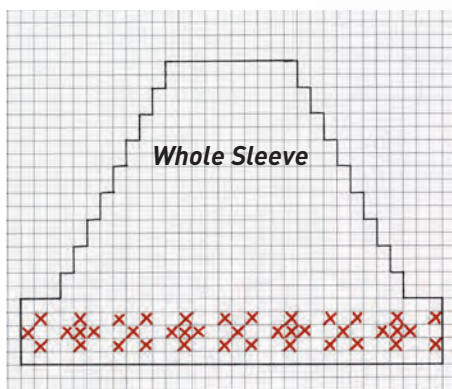
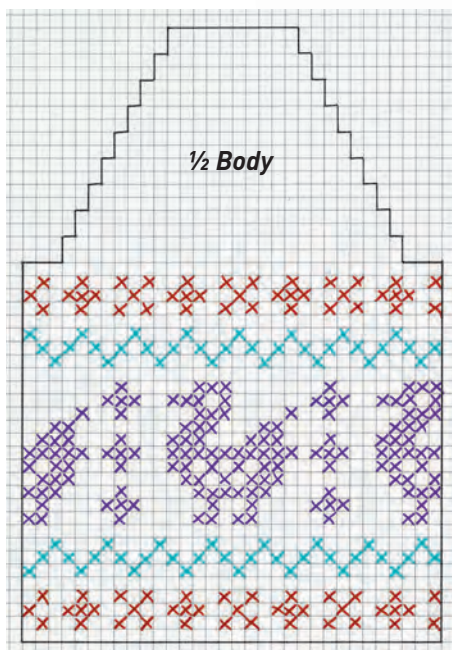


Birds

BASIC PATTERN







PULLOVER WITH BIRD MOTIFS

For Basic Pattern, see page 72.

LEVEL OF DIFFICULTY

Advanced

MATERIALS

Yarn:

CYCA #3 (DK, light worsted), Schachenmayr Merino Extrafine
120 (100% Merino wool, 131 yd/120 m / 50 g)

Yarn Colors and Amounts:

Yellow 00120, 50 g
Red 00031, 50 g
Turquoise 00167, 50 g
Purple 00147, 50 g

Needles: U.S. sizes 1.5 and 2.5 / 2.5 and 3 mm: sets of 5 dpn

We designed this pattern with leftovers from a bazaar prize—a blanket produced by Th. Lunde of Lillehammer. The pattern on the blanket was from an old spot weaving in Gudbrandsdalen.



“HEN KNITTING” ONESIE

LEVEL OF DIFFICULTY

Advanced

MATERIALS

Yarn:

CYCA #3 (DK, light worsted), Schachenmayr Merino Extrafine 120 (100% Merino wool, 131 yd/120 m / 50 g)

Yarn Colors and Amounts:

Gray 00192, 50 g
Red 00031, 50 g
Blue 00168, 50 g
Orange 00125, 50 g
Yellow 00120, 50 g
Black 00199, 50 g
White 00101, 50 g

Other Materials: 5 small buttons

Needles: U.S. sizes 1.5 and 2.5 / 2.5 and 3 mm:
sets of 5 dpn

Crochet Hook: U.S. size C-2 or D-3 / 3.5 or 3 mm
for front and edgings

SWEATER FOR THE EASTER BUNNY

LEVEL OF DIFFICULTY

Intermediate

MATERIALS

Yarn:

CYCA #4 (worsted/afghan/aran),
Schachenmayr Merino Extrafine 85
(100% Merino wool, 93 yd/85 m / 50 g)

Needles: U.S. sizes 7 and 8 / 4.5 and 5
mm: sets of 5 dpn





LEVEL OF DIFFICULTY

Advanced

MATERIALS

Yarn:

CYCA #4 (worsted/afghan/aran) Rauma
Vamsegarn (100% wool), 91 yd/83 m / 50 g),
Orange V43, 150-200 g

DMC Embroidery Thread

4 hanks White (Blanc)

1 hank Red 666

3 hanks Green 505

Aida 354 waste canvas

Sewing needle

Needles: U.S. size 8-10 / 5-6 mm: circular and
set of 5 dpn

Recommended Gauge: 14-16 sts = 4 in / 10 cm



The Heligan
Penzance, St Austell, Cornwall, PL26 8BN
Tel: 01726 8645100 Fax: 01726 8645101

CHOICE
HELIKAN
HEAD GARDENER

CANTERBURY BELLS
Sow early April. Plant out after
frosts. Requires rich moist, well-
drained soil in sun or light shade.
H90-120cm/3-4ft.

The Last Gardener of
HELIKAN
Penzance, St Austell, Cornwall, P
Tel: 01726 8645100 Fax: 01726

Our garden is filled with many different spaces:
places attuned to various times of the day or year.

There are places for sun and places for shade.

Open spots and sheltered corners. Hiding
places and bathing places. The garden is an
extension of the house, a part of the interior
with sculpted hedges to provide high walls
in the green space. We are often inspired by
the garden. If we are stumped for ideas,

nothing works better for generating
ideas than digging in the earth.

Flowers and plants, colors and
shapes—nothing can measure
up to nature's own design!

Out in Our Garden



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Men's Sweater

We call this a “patchwork” sweater because it's composed of quite a few different motifs and strong color contrasts. You could tone it down a bit by choosing to work with fewer colors. The possible color combinations are endless, so choose what you like to make this sweater your own. It is a bit difficult to knit, so work slowly and patiently.



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SWEATER
LEVEL OF DIFFICULTY
Intermediate

MATERIALS

Yarn:

CYCA #3 (DK/light worsted) Schachen-
mayr Merino Extrafine 120 (100% wool,
131 yd/120 m / 50 g)

Yarn Colors and Amounts:

Color 1: Red 00131, 50 g

Color 2: Green 00175, 50 g

Needles: U.S. sizes 1.5 and 2.5 /
2.5 and 3 mm

Gauge: 22 sts and 30 rnds = 4 x 4 in /
10 x 10 cm



The bullfinch is knitted in three colors following the basic pattern. There's no stranded patterning and no embroidery. We decided to make this bird as easy as possible. With the single-color head, it can look out in any direction no matter where you place the beak and eyes.

LEVEL OF DIFFICULTY

Intermediate

MATERIALS

Yarn: CYCA #3 (DK weight) Schachenmayr Merino Extrafine 120 DK, 100% wool (131 yd/120 m / 50 g)

Yarn Colors and Amounts:

Black 00199, 50 g

White 00102, 50 g

Red 00131, 50 g

Needles: U.S. size 0-2.5 / 2-3 mm: set of 5 dpn

Crochet Hook: U.S. size C-2 / 2.5 mm

Gauge: 30 sts and 40 rnds in 4 x 4 in / 10 x 10 cm. Adjust needle size to obtain correct gauge if necessary.

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THE ULTIMATE ARNE & CARLOS COLLECTION



Across 15 years and 7 uniquely beautiful instructional books, Arne & Carlos have built their brand, from breakout phenomenon to reliable supplier of creative inspiration. Now they've gathered the "best of the best"—70 of their favorite techniques and patterns, including balls, dolls, birds, slippers, sweaters, scarves, mittens, and more—in a sourcebook that has something for everyone. Arne & Carlos not only share their greatest hits in fresh and exciting ways, they also provide 15 brand-new projects, for 85 masterful designs in total.

\$29.95 USD
ISBN 978-1-57076-881-1
52995
9 781570 768811