

## Instruction

### Masthead Harness

The Masthead Harness can be used very good in combination with the SWI-TEC Mastlift. It will be the help to get to the top of the mast safety, for work like installations or repairs above.

The harness will be used like the following instruction:

Hoist the Mastlift like usual by hand-over-hand motion to the top of the mast.

1. Fix the carbine (1) of the harness on the highest point on the top of the mast or on the highest point of the mastlift.  
This carbine owns a locking screw which you have to close in any case, for your own safety.
2. If you sit with angular knees in the bosun's chair, you could fit on your right position with help of the buckle (2) of the footbelt, so that you finally reach the foot rest (5) with your feet.
3. You can draw the backbelt (3) behind your back and fit the carbine (4) on the first security carbine on the top of the mast.
4. Step you foots carefully on the footrest and also stretch the belt of your back, so that your upper part of the body will be secured at any time.

The adjustment will be done only for the first time, then the masthead harness will be readiness for action every time.

We recommend to make the first adjustment on deck.

