

ABOUT OUR CAMP FACILITIES

▶ BOONE, NC

Your home-base is an immaculate mountain lodge in heart of the Blue Ridge Mountains. The property is a privately booked shared living space, providing an intimate social experience with runners in the ultra community.

▶ PROPERTY HIGHLIGHTS

Big open indoor and outdoor spaces with amenities that include a pool table, fire pit, BBQ grills, and a jacuzzi. The wrap around porches on both levels are a "must have" in the mountain setting.



HELGI OLAFSON

- Adventure Director
- 3x Triple Crown of 200s Finisher
- Professional Yacht Chef



**BUILD YOUR
STRATEGY,
TRAIN,
AND
CONQUER**

**LEAVE NO TRACE
THE ECOPATH PROMISE**

ECOPATH ULTRA CAMP

ACTIVITIES

SOCIAL

- A welcome BBQ to get acquainted
- Alpine Coaster group reservation
- Mile High Picnic
- Strategy building for Game Day

GROUP TRAINING RUN

Explore and train on some of the Blue Ridge Mountain trails as a group before running on Game Day.

CAPTURE THE FLAGS ULTRA

Game Day: Test your individual and team strategies while racing the clock in a new ultrarunning format at Grandfather Mountain State Park.

CONTACT

Helgi Olafson
For more information

Phone

503-505-1437

Email

EcopathEndurance@gmail.com

Website

www.EcopathEndurance.com

RUN WITH COMMUNITY



ULTRA CAMP

BLUE RIDGE MOUNTAINS
JUNE 27TH - JUNE 30TH, 2024



WHAT'S INCLUDED

- Meals prepared fresh daily
- Transportation for camp activities
- Accommodations (see below)

ACCOMMODATIONS

King, queen, and single beds are available for 25 people. Occupancy is split between 4 private rooms, 8 shared rooms, 8 bathrooms, 2 kitchens and multiple indoor and outdoor common areas.

BRING A SUPPORT PERSON

Purchase a king or queen bed and share the sleeping arrangement at no additional cost with person of your choice:

- A crew member
- A camp volunteer
- Another runner
- Friend or Family member 18+

note: The main event of "Capture the Flags Ultra" is only available to registered runners