

The transitional process is a time for rebuilding the animals gut health and supporting their bodies natural ability to heal and adapt.

Before you begin making changes to their food, take the time to asses their body condition and consider any physical and environmental factors that may influence the process.

FACTORS TO CONSIDER

- 01
DOES YOUR ANIMAL HAVE ANY HEALTH CONDITIONS THAT MAY REQUIRE SPECIAL CONSIDERATION?
- 02
HOW OLD ARE THEY?
- 03
HOW MUCH DO THEY WEIGH?
- 04
ARE THEY PRONE TO STOMACH UPSETS?
- 05
WHAT ARE THEIR ENERGY LEVELS/NEEDS?
- 06
DO THEY RECEIVE REGULAR DOSES OF FLEA AND WORM TREATMENTS OR OTHER MEDICATIONS?

THE BASIC STEPS

01. OLD FOOD

Finish up any previously fed commercial food (or donate it to a shelter).

02. GENTLE FOOD

Begin feeding poached or steamed white meat or fish.

03. GUT SUPPORT

Include bone broth, green tripe and goats yoghurt.

04. RAW FOOD

Introduce white meats first, then red.

From here on, you can create a simple yet balanced diet that works best for you and your animal based on their unique nutritional requirements.

EXPECTATIONS

For many, the transition to raw is quick and simple. For some, it may take a little more time and persistence. The more informed you are of your dietary needs the more confident you will be in the choices you make. Some animals may be addicted to their old food and you will be challenged by their resistance. The key to moving beyond this phase is being consistent—jumping between old food and new food is likely to cause confusion, digestive upsets and a power struggle between you and your animal.

When you clean up an animals diet, you may be presented with symptoms of detoxification (itching, diarrhoea, goopy eyes). This is normal. Their body is simply releasing the build up of toxins and these symptoms should pass in a week or two.

Their stools will probably change, depending on what their previous diet was. Raw food food allows for optimal digestion and absorption, which results in smaller, firmer stools.

SPECIAL CIRCUMSTANCES

If your animal is compromised in any way due to illness or disease, they may need a more personalised approach to changing their diet. The last thing they need is added stress to their already vulnerable body, so it is important that you provide them with the healing tools specific to their needs. Please speak with us in person or reach out to a suitable practitioner from our list of trusted resources.