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Part \# 11224499
64-72 GM "A" Body Rear Lower StrongArms

## Components:

290002826 Lower StrongArm - WW 22"
870013784 R-Joint Spacers
R-Joint Components
70013279 Retaining Ring
70013280 Wavo Wave Spring
70013276 R-Joint Composite Center Ball Cage
70013275 R-Joint Stainless Center Ball

## Hardware:

499431003
7/16" x 3" USS bolt Swaybar to lower bars
499432001
7/16" USS Nylok nut
Swaybar to lower bars
Swaybar to lower bars
899433002
7/16" SAE flat washer
StrongArms to frame
499502002
½" USS Gr. 8 Nylok nut
StrongArms to frame


# STRONGARMS 

## Installation Instructions



1. Remove the sway bar (if equipped) and factory lower trailing arm. Do one side at a time to keep the axle from rotating.
2. Insert the Spacers into the RJoints. Refer to Diagram 1 on Page 1.
3. Attach to front on the lower StrongArm to the frame using the $1 / 2^{\prime \prime}$ $\times 31 / 2^{\prime \prime}$ bolts and Nylok nuts supplied.
4. This arm has holes in the tube for sway bar attachment. Mount the bar so that the holes are closest to the axle. New $7 / 16^{\prime \prime} \times 3^{\prime \prime}$ bolts are supplied to reattach the sway bar.

5. Attach to rear of the lower StrongArm to the frame using the $1 / 2^{\prime \prime}$ x $3^{1 / 2}{ }^{\prime \prime}$ bolts and Nylok nuts supplied.

Note: Tighten the bolts enough to remove any lateral movement.

New R-Joints will be quite stiff (75-90 in/lbs breakaway torque) until they "break in" after a few miles of use. After the break in period they will move much more freely. Because the composite bearing race contains self-lubricating ingredients, no additional lubrication is needed or desired. Any additional lubrication will only serve to attract more dirt and debris to the $R$-Joint and actually shorten its life.

