



SUPPORTING INDEPENDENT LIVING
Daily Living Aids | Practical Products | Useful Gifts

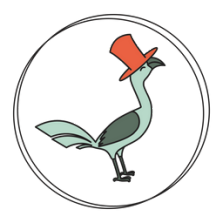


PRODUCT CATALOGUE



**FREE DAILY DELIVERY TO
BRIBIE ISLANDERS AND
OUR NEIGHBOURS
(POSTCODES 4507 & 4511)**

FAST AUSTRALIA-WIDE DELIVERY



HELPING EVERYONE STAY ACTIVE AND INDEPENDENT
BY BRINGING DAILY LIVING AIDS AND PRACTICAL PRODUCTS
TO THE ONE LOCALLY-BASED ONLINE SHOP.

Order options

- ✓ **Online** through our website www.TheIndependenceShop.com.au
- ✓ **By email** to hello@theindependenceshop.com.au
 - Send product names and order details to us.
 - If you need an invoice or quote just let us know and we'll send you an NDIS-friendly invoice. This can be easily paid by bank transfer.
- ✓ **Call us** to place an order on **07 3410 0510**

Payment options



OUR BRANDS

Conni

Conni is one of Australian's leading brands in high-quality non-slip mats.



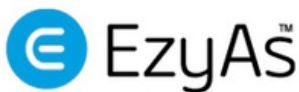
Ornamin is a German company who designs and manufactures award-winning crockery, cutlery and drinkware to support people to eat and drink independently.



Etac is a world-leading developer of assistive devices that support individuals in their daily lives, including personal care equipment and daily living aids.



The BetterLiving range aims to make support products more affordable with a selected range of assistive technology and practical, durable daily living aids.



EzyAsABC is an Australian business that produces reputable compression stocking aids, as recommended by healthcare professionals.



Stander designs high-quality functional products to help people stay independent longer. Their brands include Able Life, HandyBar, and EZ fold-and-go.



Dindi Naturals produces luxurious Australian made skincare and body products from their boutique factory in Murrindindi Shire, Victoria.

Australian owned and operated



Our products are stocked locally and ready for fast shipping Australia-wide

FREE delivery



We offer free delivery Australia-wide for purchases over \$199 (excludes bulky items)

We're here to help!



Need some support finding the right products or putting together a gift pack? Reach out!

And free delivery for Queensland postcodes
4507 & 4511

Hello@TheIndependenceShop.com.au
07 3410 0510

THE INDEPENDENCE SHOP

"BEING INDEPENDENT AT HOME SHOULDN'T LOOK LIKE A HOSPITAL"



**AUSTRALIA-WIDE
DELIVERY**

**FREE LOCAL
DELIVERY 4507 &
4511**

**SEE OUR SPECIAL DEALS,
SALES & DISCOUNTS**
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Our products have a detailed description and more pictures on our website.
Some products have product videos as marked with a video symbol in this catalogue.

All prices include GST (if applicable).

Please note: products are subject to availability and prices displayed in our catalogue are subject to change without notice.



BATHROOM



SHOWER STOOL

“TOM”



A comfortable, reliable choice for a general use shower stool.

- Available colours: olive, taupe, white and marsala
- Made in Europe by Siesta Exclusive
- High-quality polypropylene reinforced with fibreglass
- UV-stabilised - suitable for indoor and outdoor use
- Dimensions: 45cm H x 34cm D x 34cm W
- Protective stoppers
- 5-year warranty
- Supports weights up to 150kg

\$159.00

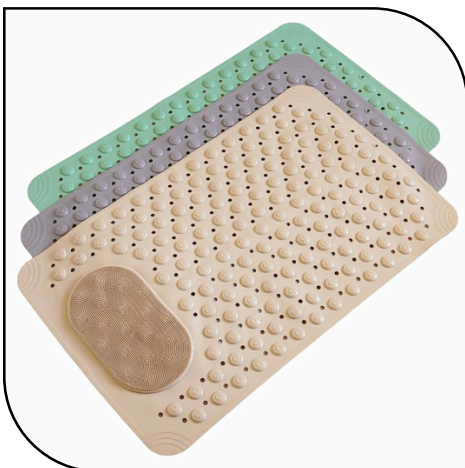


ETAC BATHTUB BENCH

A safe, sturdy and functional bathtub bench that supports independent bathing. Available in two lengths: 69cm and 74cm.

- Bright, visible handle - can be used with/without handle
- Textured surface and drainage holes
- Moulded indent near the handle for soap/ bathing products
- Securable edge stoppers with friction lining
- ARTG registered medical device 176281
- 5-year warranty - designed in Sweden
- Supports weights up to 150kg

\$130.00



BATH MAT



Safety in the bathtub or shower for the whole family.

- Available colours: seagrass, cool-grey and kahki
- 80cm L x 50cm W
- Flexible, high quality and durable material
- Textured surface preventing slides and falls in wet areas
- Large drainage points avoid the pooling of water
- Suction caps under each massage point adhere to smooth surfaces
- Hang or stick on smooth walls to dry

\$34.90



ETAC ADHESIVE BATHROOM GRAB RAIL & EXTENSION

A stable grip and fall prevention in both wet and dry areas.

- Thick handle with thumb support for a sturdy grip
- Modular system - connect as many 30cm grab rail extensions as needed
- No drilling - screw free adhesive (glued) grab bar
- Installation video on website
- ARTG registered medical device 176286
- 5-year warranty - designed in Sweden
- Supports weights up to 100kg

\$120.00 - \$220.00



BATHROOM



TRAVEL BIDET 300ML

- Stay hygienic when a shower may not be practical or when reaching to clean the tushy is challenging.
- Available colours: violet and pink
- Compact portable bidet perfect for travel and camping
- Easy to squeeze and bounces back into shape
- Light weight and small enough to store in a handbag or bag
- Angled retractable nozzle that pulls to seal securely in place - will not leak
- Comes with a travel bag

\$19.90

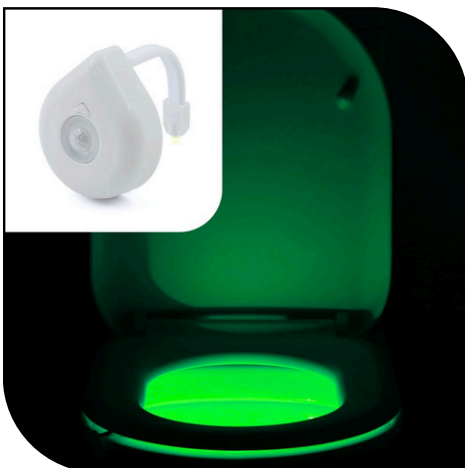


PORTABLE BIDET 360ML

Wash sensitive areas without putting your hand into the toilet bowl or uncomfortably reaching.

- Stylish bidet in emerald green colour
- Soft feel
- Easy to squeeze and bounces back into shape
- Light weight and small enough to store in a handbag or bag
- Angled retractable nozzle that pulls to seal securely in place - will not leak
- Comes with a travel bag

\$29.90



TOILET BOWL NIGHT LIGHT

Light up your toilet at night when you enter the bathroom and avoid falls.

- Choose from 8 different colours or leave it on auto cycle
- Durable LED light with motion sensor
- Automatic shut-off (when no motion is detected)
- Bends and holds over the toilet bowl
- Compact size of 7.6cm x 6.4cm x 2.8cm
- Requires 3xAAA batteries (batteries not included)

\$18.00

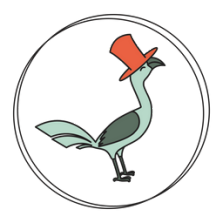


ADJUSTABLE TOILET SEAT RAISER

Add extra height, support, safety, and comfort while toileting.

- Adjustable heights of 50mm, 100mm or 150mm
- Built in splash guard
- Toilet seat lid (flip up lid and seat)
- Aluminium soft-lift armrests - removable if not needed
- ARTG registered medical device 176831
- Supports weights up to 136kg
- Note: Designed to fit most toilets, not compatible with hidden or concealed hinge toilets.

\$160.00



BATHROOM



LONG-HANDLED BACK SCRUBBER



A stylish long-handled back scrubber for all those hard-to-reach areas.

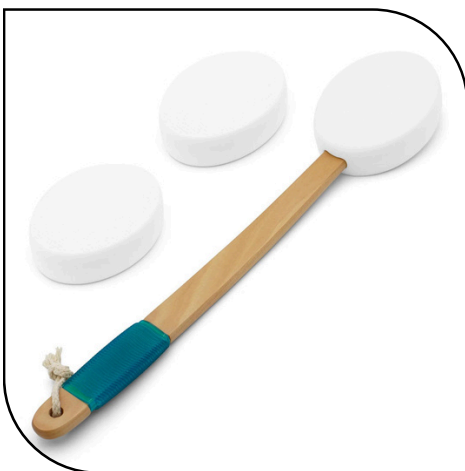


- Available colours: ocean, peach and light grey
- Soft to the touch and lathers up with soap nicely
- Comes in ocean, peach, light-grey



- 37.5cm long
- Non-slip texture
- Soft, dense and flexible long bristles
- Note: synthetic bristles, not animal hair

\$19.90



SUNSCREEN AND LOTION APPLICATOR

Apply sunscreen, lotions and moisturisers to the back and legs.

- Curved 45cm handle (including pad) for easier access of hard-to-reach areas
- Large non-absorbent pad with texture to hold creams in place
- Rubber grip for a firm hold
- Includes 2 replacement pads

\$24.90



ETAC LONG-HANDLED HAIRBRUSH

Extra reach to brush hair without putting undue stress on the hand, arm, neck, and shoulders.

- Suitable for wet and dry hair
- Ergonomically designed 36cm long-handled brush
- Non-slip thick handle
- Light weight and durable
- ARTG registered medical device 176279
- 5-year warranty - designed in Sweden

\$38.90



ETAC LONG-HANDLED COMB

Reach to comb hair without the strain.

- Ergonomically designed 37cm long handled comb
- Non-slip thick handle
- Light weight and durable
- ARTG registered medical device 176279
- 5-year warranty - designed in Sweden

\$36.00



BATHROOM



NAIL CLIPPERS PODIATRIST

Quality, durable stainless steel nail clippers with extra thick handles. Ideal for easy gripping and control when cutting fingernails and toenails. 25° cutting arc.

- Stainless steel heavy-duty nail clippers
- Extra thick handles and spring release
- Handle material: ABS Resin (soft, grippy feel)
- Suitable for all nail types, including thick toenails and ingrown nails
- Safety cap included

\$29.90



THICK-HANDLED NAIL CLIPPERS

Quality, durable stainless steel nail clippers with extra thick handles. Ideal for easy gripping and control when cutting fingernails and toenails.

- Stainless steel heavy-duty nail clippers
- Extra thick handles and spring release
- Handle material: PP (hard feel)
- Suitable for all nail types, including thick toenails and ingrown nails
- Safety cap included

\$29.90



ETAC THICK MULTI-USE GRIP

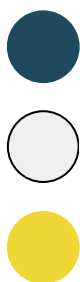
A thick and comfortable handle to securely grip many household items such as a toothbrush, shaver, and nail file.

- Most suitable for shorter-handled grooming items
- Flexible large hole 18mm in diameter which narrows to hold items firmly like a toothbrush
- Flexible 16mm slit which holds thin items like a nail file
- Includes 3 nail files
- ARTG registered medical device 176279
- 5-year warranty - Award winning Swedish design

\$25.00



PEDICURE AND FOOT CARE STOOL



Sturdy single-foot pedicure stool designed to make foot care a little more convenient and accessible.

- Available colours: ocean, off-white and sunflower
- Elevates the foot 25cm for accessible nail care
- Non-slip grips at the base of the pedicure stool resist slipping
- Storage container at the back
- Dimensions: 38cm L x 13cm W x 28cm H

\$33.90



BATHROOM



SHOWER FOOT REST

○ Designed with a sloped inset for the feet, the stool sits firmly on the ground and does not slide away.

- Available colours: white and black
- Protective grips under the foot rest legs
- Elevates the feet 13cm at the heels
- Foot massager to encourage movement and blood circulation
- Dimensions: 26.5cm L x 44.5cm W x 17cm H

\$38.90



LIGHTWEIGHT SHOWER CHAIR

With a sturdy seat, contoured back, support arms, a robust lightweight aluminium frame and rubber feet, BetterLiving's shower chair offers a safe seating aid for the shower, bath, and bathroom.

- Adjustable seat height (490-590cm)
- Anti-slip rubber feet
- Supports weights up to 110kg
- ARTG registered medical device 176831

\$153.00



SECURE HOLD BATHROOM HOOKS - PACK OF 3

Bathroom hooks that securely hold hand towels, toothpaste, pill packets and more! The non-slip silicon flap and foam backing hold firmly onto objects.

- White plastic hooks
- 3M adhesive backing holds strongly onto shiny surfaces

\$16.00



DINDI NATURALS FRESH AUSTRALIA ROOM MIST

Breathe deeply. Dindi's aroma-therapeutic room mist sprays are a fantastic natural alternative to common synthetic room sprays and air fresheners. Say goodbye to constant headaches and unnatural fragrances. Made from a base of natural plant hydrosols and Dindi's own signature blends of Australian pure essential oils.

The Fresh Australia room mist spray is a stimulating and refreshing eucalypt blend with a sweet lemon twist to cleanse, freshen and purify. Vegan-friendly.

\$20.00



BATHROOM



500 ml

DINDI NATURALS SENSITIVE SKIN HAND & BODY WASH

Created from the finest natural ingredients, Dindi's fragrance-free hand and body wash is made to a traditional recipe with Australian extra virgin olive oil, pure plant oils and botanical extracts to pamper the skin.

Gentle enough for use all over the body and by the whole family! Whether you have an allergy or sensitivity, would like to add your own essential oils or just like it plain and simple, this blend is perfect. Gentle, soothing and cleansing with no added essential oils. Vegan-friendly.

\$32.00



100g

DINDI NATURALS SENSITIVE SKIN BODY BALM

Thick and rich in consistency, the perfect salve for soothing dry, cracked and chapped skin and lips. Fragrance-free for sensitive skin types, the unscented honey balm is a wonderful gift for older adults, people with sensitive skin, and nursing mothers. Skin nourishing shea butter, jojoba oil and tamanu oil are blended with native jellybush honey and beeswax for their antibacterial and anti-fungal healing benefits to make this delectable balm.

\$30.00



100g

DINDI NATURALS AUSSIE BUSH DEW BODY BALM

Specially formulated with healing botanical oils and herbs to soothe aching muscles and joints and to help skin stay smooth, supple and nourished.

Australian native kunzea essential oil is included for its support with the temporary relief from the pain of arthritis, rheumatism, muscular aches and pains. Includes potent healing herbs arnica and comfrey for their widely used healing properties on bruises and skin abrasions. Packed with natural Australian scents.

Vegan-friendly.

\$32.00



DINDI NATURALS GARDENER GIFT BOX

A perfect gift for people who love spending time in the garden and gardening. This gift box includes:

- natural ingredient insect repellent 125ml
- lemon myrtle + macadamia hand cream (very mild scent) 40g
- wattle seed scrub boxed soap 110g
- dark leaf soap

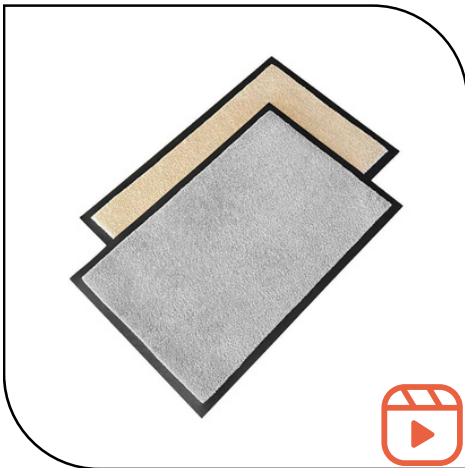
All products in this gift box are vegan-friendly, cruelty-free, palm oil-free and Australian made!

\$59.00



THE INDEPENDENCE SHOP

NON-SLIP MATS



NON-SLIP MATS SMALL

- Ultra-thin design, 100% slip resistant, ideal for fall prevention.
- 45cm x 70cm
- Heavy-duty non-slip rubber backing (waterproof)
- 1.5 mm low profile edges do not lift to become a trip hazard
- Nylon textured thin pile
- Suitable for tiled, timber or lino surfaces
- Easy to clean: sweep, vacuum, hose, machine-washable (up to 50°C) and tumble-dry (up to 70°C)
- TUV ISO 9001 quality certified

\$66.00



NON-SLIP MATS LARGE

- Ultra-thin design, 100% slip resistant, ideal for fall prevention.
- 60cm x 85cm
- Heavy-duty non-slip rubber backing (waterproof)
- 1.5 mm low profile edges do not lift to become a trip hazard
- Nylon textured thin pile
- Suitable for tiled, timber or lino surfaces
- Easy to clean: sweep, vacuum, hose, machine-washable (up to 50°C) and tumble-dry (up to 70°C)
- TUV ISO 9001 quality certified

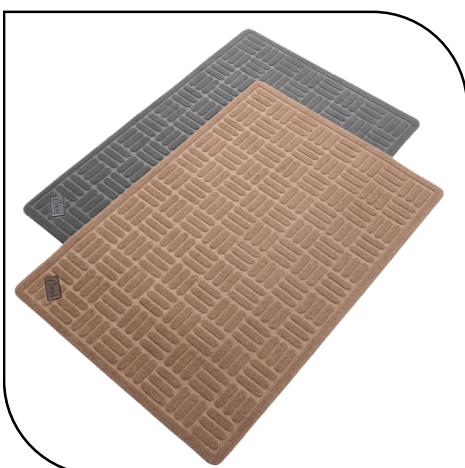
\$88.00



NON-SLIP TOILET MATS

- A safe choice when it comes to toilet mats.
- 66cm x 74cm; 30cm opening width
- Heavy-duty non-slip rubber backing (waterproof)
- 1.5 mm low profile edges do not lift to become a trip hazard
- Nylon textured thin pile
- Suitable for tiled, timber or lino surfaces
- Easy to clean: sweep, vacuum, hose, machine-washable (up to 50°C) and tumble-dry (up to 70°C)
- TUV ISO 9001 quality certified

\$70.00



CONNI ANTI-SLIP FLOOR MAT "STEPPING STONE"

- Stylish anti-slip floor mats that sit firm and flat on the floor.
- 60cm x 90cm
- Low profile edges that do not lift
- Popular stepping stone texture
- Non-slip rubberised backing
- Waterproof floor protector
- Durable and highly absorbent polyester
- Easy to clean: vacuum or sweep; handwash with soapy water, hose off and dry flat outside

\$88.00

THE INDEPENDENCE SHOP

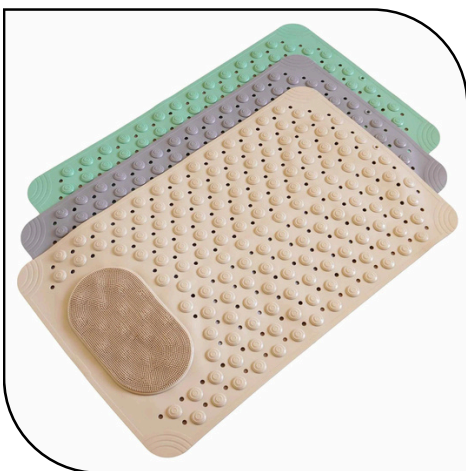
NON-SLIP MATS



OUTDOOR RUBBER MAT

Designed for high-traffic outdoor use, these outdoor rubber mats are a durable and reliable choice.

- 88cm x 58cm
 - Heavy-duty non-slip rubber backing with cleats
 - Low profile design with tapered edges that do not lift
 - Highly water absorbent, resists oil and grease
 - Textured polypropylene loop pile
 - Easy to clean: sweep, vacuum, hose or high pressure hose
 - TUV ISO 9001 quality certified
- \$118.00



BATH MAT

Safety in the bathtub or shower for the whole family.

- Available colours: seagrass, cool-grey and kahki
 - 80cm L x 50cm W
 - Flexible, high quality and durable material
 - Textured surface preventing slides and falls in wet areas
 - Large drainage points avoid the pooling of water
 - Suction caps under each massage point adhere to smooth surfaces
 - Hang or stick on smooth walls to dry
- \$34.90





BEDROOM



BED RAIL TRAVEL BED RAIL

Prevent falls during sleep and use the support handle to assist with sitting up and getting out of bed.

- Ergonomic padded handle and storage pouch
- Folds in half, simply remove the two pins
- Can be attached to bed frame with the included safety strap
- Easy to install and to take on travels
- Bariatric support for bedroom fall prevention up to 181kg
- 100% Stander lifetime guarantee (excludes wear and tear)
- Product video on website

\$189.00



BEDSIDE TOUCH LAMP

A lovely bedside touch lamp - tap anywhere on the base to turn on and off. Avoid twisting and fumbling for switches.

- Dimmable 3 light intensity settings
- Timber-look touch base
- Textured linen lamp shade
- 2 powerful 10.5W USB chargers incorporated (1x USB-A and 1x USB-C)
- LED (E27) light bulb included
- Touch lamp height: 37.5cm

\$59.00



Clock available with
1. White frame and white digits
2. Black frame and red digits

SHAKING DIGITAL ALARM CLOCK

The perfect shaking (vibrating) digital alarm clock to support hearing impaired and heavy sleepers.

- Large operation buttons and simple setup
- 6.5inch (16.5cm) LED display with large digits - dimmable
- 3 shaker vibration levels, 3 volume levels
- 12- or 24-hour time options
- 2 programmable alarms, snooze 1-15mins
- USB cable included (USB power adapter not included - sold separately if needed)

\$64.90



DEMENTIA CLOCK

- High quality 10.1inch (25.7cm) LCD screen
- Ultra large fonts - Digital and analogue clock display options
- 12- or 24-hour time options, Australian date display
- Morning/afternoon/evening/night and weekly displays
- WiFi connectivity - weather forecasts and temperature
- Automatic date and time adjust
- Dimmable display with auto day and night brightness adjust
- Set up to 20 reminders (including medication reminders)
- Remote control (battery included)

\$229.00



BEDROOM & DRESSING

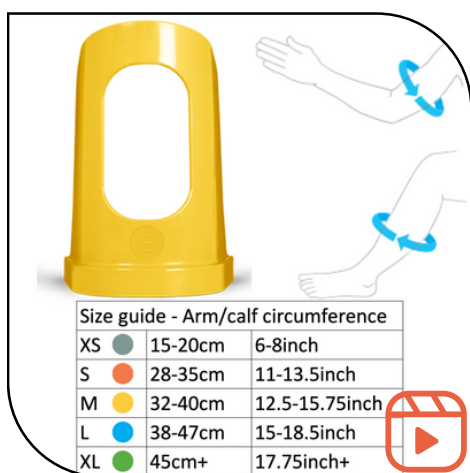


100 ml

DINDI NATURALS SLEEP MIST

Transform your bedtime routine into one that calms your mood and promotes a feeling of wellbeing. Dindi's sleep mist is a unique blend of natural, concentrated pure lavender and chamomile oils which are scientifically shown to reduce stress and anxiety. Use on the underside of a pillow, spray to freshen the room, or use as a body mist.

\$24.00



EZYAS™ COMPRESSION STOCKING APPLICATOR

Stocking aid for putting on and taking off compression stockings, recommended by Occupational Therapists.

- Suitable for Class 1 (CCLI 15mmHg to 21mmHg) and Class 2 (CCLII 20mmHg to 32mmHg) compression stockings
- Use with open- and closed-toe compression stockings
- ARTG registered medical device 288696
- Made in Australia
- 100% lifetime warranty

\$59.50 - \$75.00



EZYAS™ APPLICATOR HANDLE

The EzyAs™ applicator handle is designed for use with the EzyAs™ compression stocking applicator. Apply compression stockings without bending down or overextending.

- Applicator handle snaps onto the compression stocking applicator to give extra length.
- Recommended for people with mobility challenges, back and lower limb injuries, and post-surgery recovery.
- One size fits all sizes of the EzyAs™ compression stocking applicators, excluding XS.

\$29.50



EZY COMPRESSION STOCKING GLOVES

Super-gripping comfortable donning gloves with grip over the fingers and palms to provide extra hold.

- Available in S (pink), M, L, XL (black)
- Prolongs the life of compression garments
- Suitable for all grades of compression stockings
- Washable and durable
- Nylon and patent-pending latex base

\$15.90



DRESSING



SOCK DONNER

Great to help put on socks and stockings without bending or overextending.

- Flexible, elastic base
- Terry cloth on one side to hold socks on the sock donner
- Smooth and padded nylon on the foot side
- Long straps 83cm
- Light and portable
- Suitable for all socks

\$24.90



SOCK AND COMPRESSION STOCKING AID

Slide socks and compression stockings over the foot and ankle, helping with the end range of motion.

- Smooth and flat design
- Slip-resistant foam cuff
- Adjustable ropes with button adjustment up to 83cm
- Latex and BPA free
- Instruction video on website

\$23.90

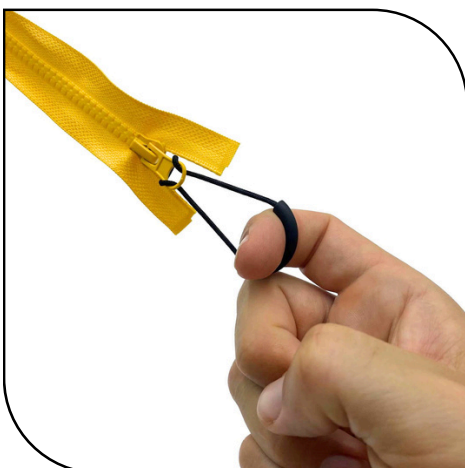


BUTTON AID AND ZIPPER HOOK

A great solution to buttoning shirts and zipping up pants and jackets for anyone who finds grasping buttons and zippers challenging while dressing.

- Thick handle
- Grippy anti-slip surface
- Steel loop designed for common button sides and buttonholes
- Fits most buttons and zips

\$18.90



ZIPPER PULLS PACK OF 5

Pop zipper pulls through a zip to grasp and pull a zip that is otherwise difficult to get a grip on.

- Pack of five super strong black zipper pullers
- Pop them through zips with a larger hole
- The non-elastic string is strong and the loop is slightly flexible, offering a more comfortable and accessible grip

\$7.90



SHOE HORNS



EXTENDABLE EXTRA LONG TRAVEL SHOE HORN

Sturdy, smooth and easy to grip. No bending required for slipping into shoes. The longest shoe horn around!

- Extendable from 37cm - 94cm
- Adjusts and locks into place
- Shorten for easy storage and travel
- Thick and sturdy polished aluminium horn
- Use sitting or standing
- Soft and thick handle for a comfortable grip

\$38.90



LONG METAL SHOE HORN

Robust long metal shoe horn built to last. Perfectly angled horn and thick ergonomic handle makes sliding into all types of shoes "a walk in the park".

- 66cm long
- Smooth edges and polished surface
- Ergonomically shaped handle for a secure grip
- Heavy duty alloy - shoe horn won't bend when stood on
- Loop for optional hanging of the shoe horn

\$59.00



EXTRA LONG WOODEN SHOE HORN

Smooth and elegant extra long wooden shoe horn made from European beech and stained in a walnut tone.

- 75cm long
- European beech hardwood - smooth and elegant
- Permanent magnet for mounting
- Fitted with a magnet that snaps securely into the wall mount
- Secure wall mount with 3M-backing strips or screws

\$79.00





EATING & DRINKING



ELECTRIC SALT AND PEPPER GRINDER

Modern electric salt and pepper grinder.



- Single-handed operation, easy press button
- Adjustable coarseness of the quality ceramic grinder core
- Large opening for easy refill of salt crystals or peppercorns
- See the level of salt or pepper remaining from the front
- LED light that turns on during operation
- Matte black or matte black and stainless steel finish options
- Easy battery replacement (4 x AA batteries not included)

\$22.90 - \$24.90 ea.



ONE TOUCH ELECTRIC CAN OPENER

Open cans safely and without twisting and strain. Press the button and all the hard work is done!

- Suitable for cans with a diameter of 5.2cm - 15.3cm
- Magnetically holds onto top of can and to removed lid
- Single-handed operation
- Easy battery replacement (2 x AA batteries not included)
- Note: Not suitable for rimless cans or cans with corners

\$59.90



AUTOMATIC JAR OPENER

Open jars, including sealed jars, without twisting or strain to the hands and wrist. Hold the button down for 5-seconds over the lid, and the automatic jar opener does the rest.

- Suitable for glass jars
- Lid diameter range 3cm - 8.5cm
- Jar diameter range 4cm - 10cm
- Easy battery replacement (2 x AA batteries not included)

\$44.90



JAR, CAN AND BOTTLE OPENING SET



This two-piece set will get your jars, cans, and bottles opened with ease.

- Lift and pop open beer and soft drink cans
- Lift and peel back pull tab tin cans
- Release the vacuum seal on jars lids
- Open new, sealed jars up to a lid diameter of 8cm
- Open soft drink and water bottles
- Pop the caps off beer bottles

\$19.90



EATING & DRINKING



ETAC ANGLED KNIFE

Ergonomically-designed knife with a stainless steel blade relieves the stress on fingers and hands required cut meat, bread, and more. Thick handle and thumb support ensures a safe and comfortable grip. The knife uses the whole hand and arm strength while the wrist remains straight.

- 10cm oval shaped handle with thumb rest
- Sharp stainless steel blade
- Dishwasher safe
- ARTG registered medical device 176280
- 5-year warranty - designed in Sweden

\$38.00



ETAC THICK- HANDLED CUTLERY

Adaptive cutlery with thick, oval-shaped handles to support a broad, comfortable grip with less stress on the hands and joints.

- Available as individual cutlery or as a set
- Ergonomically designed thick plastic handles
- Lightweight (23g - 37g per piece)
- Dishwasher safe
- ARTG registered medical device 176280
- 5-year warranty - designed in Sweden

\$32.00 - \$120.00



ORNAMIN THICK- HANDLED CUTLERY SET

An ergonomically designed three-piece cutlery set with attachable grip pads for hands to fit comfortably and securely around. The cutlery set feels pleasant to hold and looks very presentable. The knife is designed to sit between the index and middle finger, and to be held like a pad.

- High grade stainless steel
- Dishwasher safe
- 100% Made in Germany by Ornamin
- Lifetime warranty against defects

\$169.00

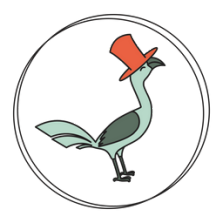


“BRILLIANT” WEIGHTED CUTLERY SET

Ergonomically designed thick, weighted handles to stabilise tremors and discretely maintain independence during mealtimes.

- Weighted (195g - 205g per piece)
- High grade 18/10 stainless steel
- Thick handles
- Dishwasher safe
- Comes with a convenient black cotton carry case (machine washable)

\$119.90



EATING & DRINKING



EASY HOLD MUG

(WITHOUT INTERNAL CONE)



Drink with a comfortable large handle and secure grip. Hold using the handle or slide fingers and hands around the mug.

- 280ml volume
- Double-walled thermal design - surface remains cool
- BPA free, dishwasher safe, food-suitable, microwaveable
- Supports Ornamin drinking lids
- 100% Made in Germany by Ornamin
- Lifetime warranty against defects

\$18.00



EASY HOLD MUG

DISCRETE INTERNAL CONE



Conically shaped inside for easy drinking without tilting the head back or raising the elbow. Comfortable large handle and secure grip. Hold or slide fingers and hands around the mug.

- 160ml volume
- Double-walled thermal design - surface remains cool
- BPA free, dishwasher safe, food-suitable, microwaveable
- Supports Ornamin drinking lids
- 100% Made in Germany by Ornamin
- Lifetime warranty against defects

\$19.00



TWO-HANDLED MUG

DISCRETE INTERNAL CONE



Conically shaped inside for easy drinking without tilting the head back or raising the elbow. Two comfortable large handles to securely hold or slide fingers and hands around the mug.

- 160ml volume
- Double-walled thermal design - surface remains cool
- BPA free, dishwasher safe, food-suitable, microwaveable
- Supports Ornamin drinking lids
- 100% Made in Germany by Ornamin
- Lifetime warranty against defects

\$20.00



ORNAMIN DRINKING LIDS

Enhanced drinking control for all Ornamin mugs and cups.

- Spouted lid - controlled flow of liquid through the spout
- Discrete lid - reduced flow of liquid, similar flow to a spouted lid
- Therapeutic lid - greatest reduction in liquid flow for slow and controlled drinking
- Closed lid - to seal and safely transport drinks
- 100% Made in Germany
- Lifetime warranty against defects

\$11.00



EATING & DRINKING



PLASTIC CUP WITH GRIP



Visually appealing and easy to hold plastic cups with grip.

- 250ml volume - Non-slip surface
- Easy grip cup with non-slip flower decor on the side
- Bright and contrasting colours: orange-red and green-yellow
- BPA free, dishwasher safe, food-suitable, microwaveable
- Sustainable reusable tableware
- Supports Ornamin drinking lids
- 100% Made in Germany by Ornamin
- Lifetime warranty against defects

\$13.90



TWO-HANDLED PLASTIC CUPS

Easy hold quality two-handed plastic cup.

- 250ml volume - Non-slip surface
- Easy to cusp or hold with 2 handles
- BPA free, dishwasher safe, food-suitable, microwaveable
- Sustainable reusable tableware
- Supports Ornamin drinking lids
- 100% Made in Germany by Ornamin
- Lifetime warranty against defects

\$16.00



SMALL DEEP PLATE WITH SLOPED BASE



Sloped to one side and functions as a plate, food bumper and non-slip mat. Supports independent and single-handed eating.

Great for soups, stews, cereal and runaway peas!

- Small plate: 3.5cm high, Ø=20cm, 270ml capacity
- Sloped base, discreet overhang and non-slip ring
- Marked with a little bump on the shallow end to orient
- BPA free, dishwasher safe
- 100% Made in Germany - Lifetime warranty against defects
- Note: not microwaveable

\$58.90



SET OF 2 DEEP PLATES WITH SLOPED BASE

Sloped to one side and function as plates, food bumpers and non-slip mats. Support independent and single-handed eating.

- Small plate in anthracite: 3.5cm high, Ø=20cm, 270ml
- Large plate in blackberry: 3cm high, Ø=27cm, 425ml
- Sloped base, discreet overhang and non-slip ring
- Marked with a little bump on the shallow end to orient
- BPA free, dishwasher safe, large plate is microwaveable
- 100% Made in Germany - Lifetime warranty against defects
- Note: the small plate is not microwaveable

\$126.90



EATING & DRINKING



ETAC

RAISED EDGE PLATE

The raised edge plate supports independent and single-handed eating.

- Ø=19cm
- White colour
- Non-slip ring around base
- Heat-resistant melamine
- Dishwasher safe
- 5-year warranty - designed in Sweden
- Note: not microwaveable

\$45.00

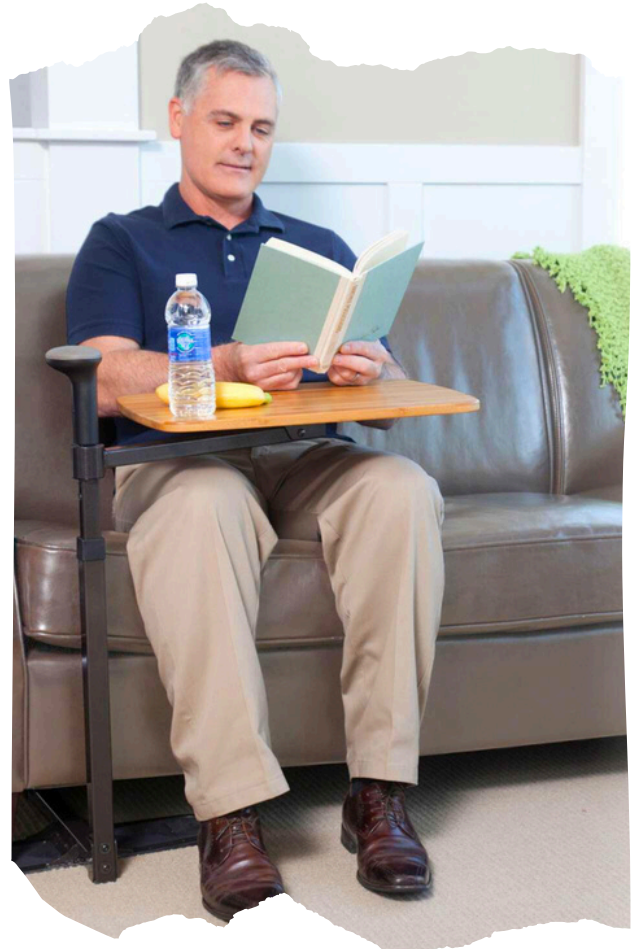


COUCH STANDING AID AND TV TRAY (OMNI TRAY)

The couch standing aid and swivel TV tray by Stander offers a secure standing handle that fits comfortably in the palm to provide support and balance while standing up or sitting down.

- Handle height adjustment: 72 to 92cm (max. weight 113kg)
- Tray height adjustment: 61 to 81cm (max. weight 13.6kg)
- Base length adjustment: 65cm to 90cm to fit most four-legged chairs, sofas, couches, lift chairs, and recliners
- 100% Stander lifetime guarantee (excludes wear and tear)
- Suitable for either side of the couch

\$419.00



THE INDEPENDENCE SHOP

OUT & ABOUT



HANDYBAR

CAR TRANSFER HANDLE

Get in and out of the car independently with a support handle.

- Fits into the driver or passenger door latch
- Thermoplastic rubber for a firm, non-slip grip
- Supports weights up to 155kg
- Easily stored in the glove box, door compartment or centre console
- 100% Stander lifetime guarantee (excludes wear and tear)
- Other features: emergency window breaker and emergency seat belt cutter

\$59.95



SEAT BELT REACHER

Grab that seat belt with ease with this easy-to-attach reacher handle that makes access to a seat belt possible without twisting.

- Can be fitted to seatbelts on either side of the car
- Removable, snap close design
- Flexible rubber material
- 100% Stander lifetime guarantee (excludes wear and tear)

\$29.90



LIGHTWEIGHT WALKER

ROLLATOR

The lightweight wheeled walker is designed for easy, everyday use, getting us out and about in European style!

- Single-handed folding system - stands upright when folded
- Wide nylon seat with comfortable and supportive backrest
- Detachable weatherproof bag
- Lightweight aluminium frame (6.8kgs)
- Height adjustable (81cm - 94.5cm)
- Moulded grips and soft-touch brakes
- ARTG registered medical device 176831
- Supports weights up to 136kg

\$320.00



GARDEN

SEAT & KNEELER

This garden seat is both a stool and a garden kneeling pad with handles, a perfect support while gardening.

- Foldable for easy storage and mobility around the garden
- Sturdy powder-coated steel frame for weights up to 120kg
- 30cm deep to prevent tipping and falling backwards
- Comes with a four pocket tool holster pouch
- Thick EVA foam pad (it's quite a firm sit or kneel)
- Bright orange colour - you won't lose this one in the garden
- Non-slip, protective design

\$109.00



OTHER DAILY LIVING AIDS



EXTRA THICK PENS



Easy to hold and suitable for arthritic hands, weaker hand strength, gripping or dexterity challenges.

- These pens have a large barrel to make writing more comfortable - pen size 13.5cm x 2.6cm x 2.6cm
- Non-slip rubber grips reduce stress on the fingers and joints
- Write smoothly with a medium ballpoint
- Comes with a detachable lanyard
- Available in green, orange, red barrel pens: black ink
- Available in blue barrel pen: blue ink

\$5.00



PENAGAIN

ERGONOMIC THICK PEN



Popular choice as an arthritis pen and suitable for people with carpal tunnel syndrome, repetitive stress injuries, Parkinson's, weak hand strength or dexterity challenges.

- Delivers a tension-free writing experience
- Ergonomically designed - unique wishbone shape
- Soft touch coating
- Medium ball point pen - black ink
- Available colours: deep red, black, deep blue, and silver
- Includes two extra ink refills

\$24.00



REMINDER SIGNS

Bright and colourful visual reminder signs - 10cm x10cm. Each of the signs comes with a suction cap and transparent rubber hanging loop.

Reminder sign options:

Have you got your...

- Glasses? Hearing aids? Keys? Phone?
- Blank (fill in your reminder with a permanent marker)

Have you remembered to...

- Lock up? Turn the water off? Turn the stove off?

\$9.90



PLAYING CARD HOLDER



Organise playing cards and keep them in place without strain on the hands. Fantastic for older adults and children.

- Available colours: blue and black
- Hold in your hands or place on the table
- Holds up to 15 playing cards
- Sturdy plastic
- Purchase individually or as a set of 4 (2x Blue + 2x Black)

\$14.90 - \$49.90



OTHER DAILY LIVING AIDS



LONG REACHERS



Popular as a dressing aid, for picking up rubbish and other hard-to-reach items, and for pinching bottoms (just kidding, don't do that).

- Extra long reacher of 81cm
- Conveniently foldable down to 42cm
- Rotatable head at 90° increments
- Flexible rubber grips along the whole head
- Incorporated magnet in the jaw
- 255g light aluminium design

\$19.90



ETAC REACHER WITH WRIST SUPPORT

Designed to support the wrist and to be easy to squeeze while grasping items, the Etac reacher is a light-weight support aid.

- Adjustable and removable wrist support
- Practical hook design - commonly used as a dressing aid
- 60cm long and a rotatable head at 90° increments
- Pick up items up to 2kg and 6.5cm in width
- Incorporated magnet for metal objects
- 5-year warranty - designed in Sweden

\$70.00



ETAC UNIVERSAL TURNER

Get a grip on knobs, handles, petrol caps and taps that are difficult to turn. A versatile turning device for people with arthritis, weak hand strength or reduced dexterity in the hand.

- Thick, angled grip for right- and left-handed use
- Springy hexagonal pegs shape around contoured knobs
- Elastic hanging strap
- 5-year warranty - designed in Sweden

\$33.00

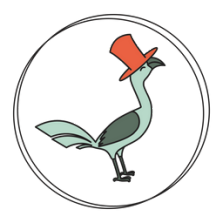


CAN OPENER AND BUG STOPPER

Open cans with ease and flip the can opener around to stop bugs invading and drowning in your tinnies and soft drinks. No more extra protein.

- Choose 1 piece (random colour) or a pack of 6 pieces (different colours)

\$4.50 - \$20.00



OTHER DAILY LIVING AIDS



NECK LIGHT FOR READING / KNITTING

- Powerful, light-weight neck light that helps to see the fine work.
- Available colours: bubblegum, graphite grey & electric blue
- 3 light temperatures - cool white, natural & warm light
- Dimmable - 3 brightness levels
- 90° narrow beam angle for a focused zone
- 30-minute auto-off timer function
- Rechargeable - up to 80-hours on one charge
- USB charging cable included (USB charger not included - sold separately if needed)

\$35.00



MOTION SENSOR NIGHT LIGHT

- Light up any dark or low-light space, motion-activated.
- Sleek ultra-thin design available in silver or black
- 3 light temperatures - cool white, natural & warm light
- Stepless dimming - up to 130lm
- Always-on setting or motion sensor setting
- Magnetic backing - stick straight onto metal surfaces
- Comes with additional metal mounts for other surfaces
- USB charging cable included (USB charger not included - sold separately if needed)

\$33.90



MULTIFUNCTIONAL NIGHT LIGHT

- Ideal for safe movement in and around the home and for emergency use - magnetic induction eliminates the need for electrical contacts inside the base - enhancing safety.
- Automatic safety night light that projects down to the ground - turns on when in the wall charger in the dark
 - Torch - turns on when pulled out of the charger
 - Power failure backup - torch turns on during a power failure
 - Plug in, no batteries required

\$38.00



TABLE TOUCH LAMP

- Stylish, versatile and convenient table touch lamps.
- 3 light temperatures - cool white, natural & warm light
- Stepless dimming from bright to ambient
- 38cm tall
- Frosted textured metal with a sturdy base
- Padded base prevents slipping and scratching
- Built-in 2400mAh high-quality rechargeable lithium battery
- USB charging cable included (USB charger not included - sold separately if needed)

\$59.90



OTHER DAILY LIVING AIDS



KEY FINDER - ALL ITEM LOCATOR WITH REMOTE

Find your misplaced keys, wallet, and unsuspecting pets. The key finder is a perfect tool for people who tend to misplace keys and other items.

- No app download required - works via radio frequency
- 30-metre range
- Loud 75-80db beep
- Four location receivers for the one remote transmitter
- Batteries included for the four receivers, however, you will need two AAA batteries for the remote transmitter \$29.90



ITAG ITEM LOCATOR

This iTag is a simple way to keep track of and find your belongings or loved ones - integrates seamlessly with Apple's FindMy app for iPhones and iPads.

- Uses Bluetooth technology on all Apple devices around the world through the FindMy network to track it down - it's anonymous service and encrypted for privacy
- Small and compact size
- Waterproof IP67
- Battery included - Low battery alert \$29.90



PERSONAL MINI ALARM AND TORCH

Increase your safety - ideal SOS alarm for general safety at night and outdoor activities like hiking, jogging, gardening.

- Extremely loud! 130-140db
- Includes LED torch
- Single-handed operation
- Splash proof (rain) IP44 / Drop proof and durable
- Rechargeable, up to 12 months standby time
- USB charging cable included (USB charger not included - sold separately if needed) \$27.90



PORTABLE VIBRATING DOORBELL

Never miss a visitor with this loud, flashing, vibrating doorbell.

- Stable and long-range signal which can be received from any location in the home - Wireless range up to 80m
- Portable vibrating, ringing & flashing receiver - each alert mode can be set independently or in combination
- Receiver clip for easy attaching and a zap to the lap
- Receiver on/off function
- 5 sound levels and 20 ringtones to chose from
- Ability to link multiple doorbells and buttons \$60.00
- Batteries included - Low battery alert



OTHER DAILY LIVING AIDS

USB CHARGER

(SINGLE OR PACK OF 2)



Plug in all of our rechargeable products that need a USB charger.

- Powerful 3A (18W) USB charger
- Quick Charge 3.0 Intelligent IC technology
- Australian SAA certified - built-in protection from power surges, lightning strikes, overload current and short circuits, over-charging, over-heating, static electricity, interference
- Light weight and small (32g, 4.5cm x 4cm x 2cm)
- Travel friendly design with AC100-240V \$9.90 - \$16.90

WALKING STICK HOLDER



Clip this useful "frog" holder onto your walking stick, cane, or crutches - a useful tool to keep walking aids within easy reaching distance while not in use.

- Large foam pad to rest on surfaces
- Spring-loaded clamp
- Suitable for most walking sticks and other items with a diameter of up to 2.5cm
- Small device of 5.5cm x 4.7cm x 2cm
- ARTG registered medical device 176830 \$9.00

ADJUSTABLE FOOT REST



A popular choice to help prevent and relieve lower back pain and encourage blood circulation while seated.



- The textures and rollers encourage movement of the legs and blood circulation as you massage your feet over the surface of the foot rest
- Tilt adjustment from 0 to 25° at 6 adjustment points
- Three massage rollers and stone massage textures
- Durable foot rest with strong weight-bearing capacity
- Padded base prevents slipping \$44.90

KNEELING PAD



The kneeling pads are extra thick and offer a padded surface for tasks that require kneeling.

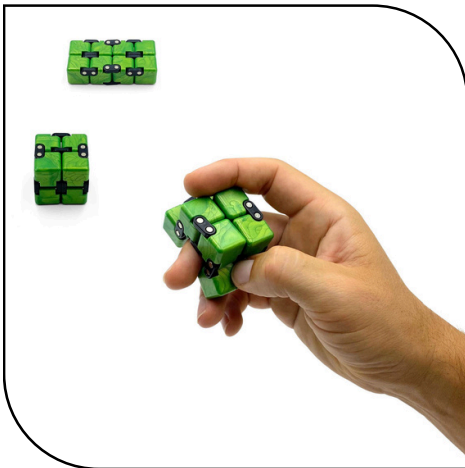


- Extra thick kneeling pad - 4cm
- Large size for kneeling or sitting - 43cm x 28cm
- Anti-slip texture on both sides
- Convenient handle for carrying and storage
- EVA foam material

\$34.90

THE INDEPENDENCE SHOP

SENSORY AIDS



SENSORY AID INFINITE FIDGET CUBE

Keep hands busy and anxiety low with this infinitely folding fidget cube. The small (3.5cm x 3.5cm) plastic fidget cube is engaging in the way that it bends in all directions and can be folded back into a cube easily, promoting a feeling of achievement and satisfaction.

A nice gift for our loved ones with anxiety, dementia or Alzheimer's disease.

\$9.50



SENSORY STRESS BALLS PACK OF 2

The sensory stress balls are a satisfying, fun and tactile way to engage the mind and keep the hands busy.

- Pack of 2 (1x green-yellow-pink / 1x blue-orange-pink)

Please be aware that these are just a toy and will eventually open around the seal, giving access to the small TPR balls inside. Damage can occur over time depending on how the ball is squeezed, stretched, fingernails etc. Please consider suitability for the user when selecting this product.

\$12.90



SENSORY SQUISHY BALLS PACK OF 3

Engaging and brightly coloured sensory squishy balls. These balls are fun to play with and hold their "squished" shape for a short time before returning to a round shape.

- Pack of 3 (1x blue / 1x green / 1x pink)

Please be aware that these are just a toy and will eventually open around the seal. Damage can occur over time depending on how the ball is squeezed, fingernails etc. Please consider suitability for the user when selecting this product.

\$25.90





GAMES

MEMORY GAME BIRD MATCH



A lovely twist on the game of Memory. Challenge yourself to match male and female pairs of 25 species of birds from around the world. Keep the mind actively thinking with this brain and memory exercise. A perfect game for independent play, with friends or the grandchildren.

Match a pair of birds is a great neuroplasticity exercise, early dementia game, and brain workout.

\$29.99

MEMORY GAME AUSSIE ANIMAL MATCH



A lovely twist on the game of Memory. Match Aussie animals with their offspring, all the while actively thinking with this brain and memory exercise. A perfect gift for older adults, early dementia, and keeping the mind active.

The Aussie animal match can be played independently, with the whole family and even enjoyed with the grandkids.

\$29.99





BOOKS



BOOK - WHERE THE HECK ARE MY KEYS?

A hilarious book for someone with a good sense of humour, but who is constantly losing their keys. This book is much like a key version of Where's Wally!

Where the HECK are my keys? is a collection of funny search-and-find visual puzzles that has your keys hidden in a range of everyday and not-so-everyday environments.

- Illustrated by Hugh Jassburn
- 112 pages

\$17.99

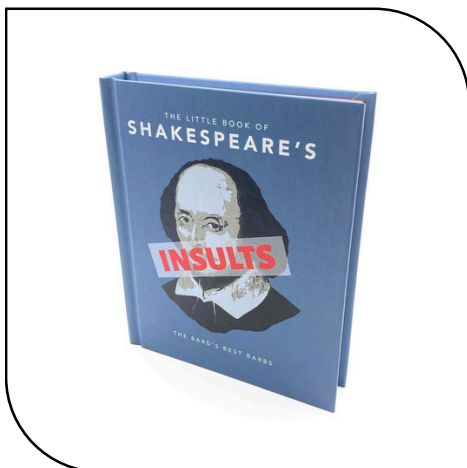


LITTLE BOOK OF SENIOR MOMENTS

You know you're having a senior moment when you decide it's time to pull up your socks, and realise you forgot to put any on. If this sounds all too familiar for a mature someone with a good sense of humour, then this is a perfect gift! Let them discover whether their marbles just need a spring cleaning, or if they've well and truly lost them!

- Size 13.5cm x 10cm x 2cm
- 160 pages

\$17.99

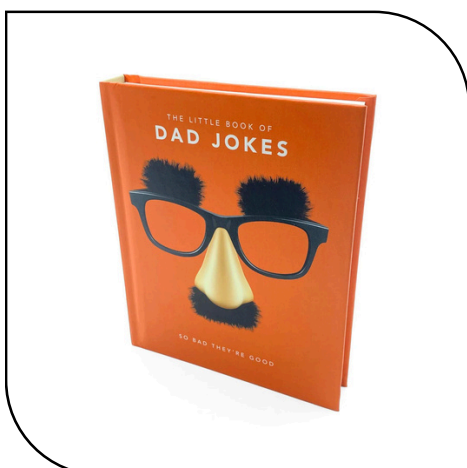


LITTLE BOOK OF SHAKESPEARE'S INSULTS

Shakespeare didn't hold back when it came to getting creative with his slights. Packed full of eloquent stings and poisonous putdowns, this is the perfect resource for anyone looking to scorn an enemy - without resorting to swearing!

- "Away, you scullion, you rampallion, you fustilarian!"
- Size 14.5cm x 12cm x 1.8cm
- 192 pages

\$14.99

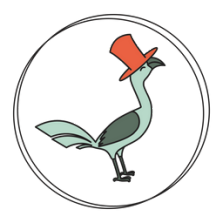


LITTLE BOOK OF DAD JOKES

Yes, it's bad with much eye-rolling to be had. But for dads, it's best dad joke book they'll ever read. Like dads, these dad jokes are absolute stinkers. They haven't showered or gone to the gym in a while and, due to bloating, haven't seen their funny bones in a long time. But, like dads, you'd miss them if you didn't hear them every once in a while. They are loveable in their own charming way.

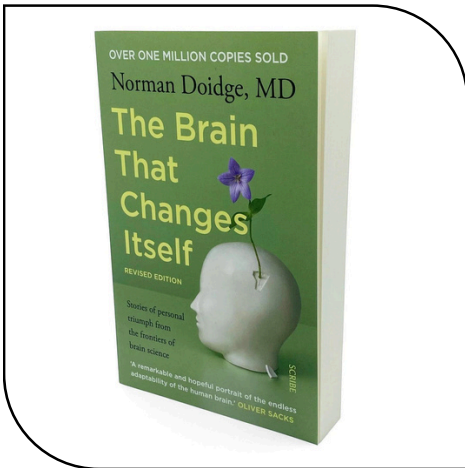
- Size 14.5cm x 12cm x 1.8cm
- 192 pages

\$14.99



BOOKS

BOOK - THE BRAIN THAT CHANGES ITSELF



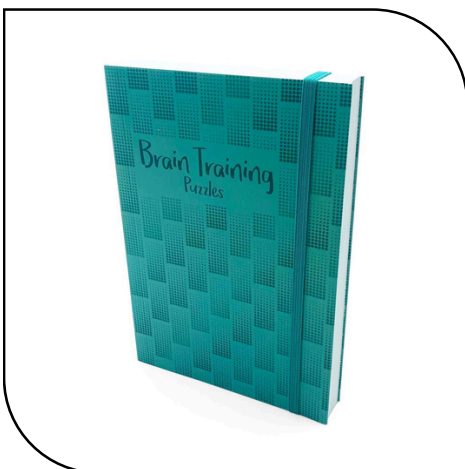
The Brain That Changes Itself: Stories of Personal Triumph from the Frontiers of Brain Science by Norman Doidge, MD.

An inspiring guide to new brain science that overthrows the centuries-old notion that the human brain is immutable, and proving that it is, in fact, possible to change your brain.

- Size 21cm x 13.5cm x 3cm
- 448 pages

\$32.99

BRAIN TRAINING PUZZLES

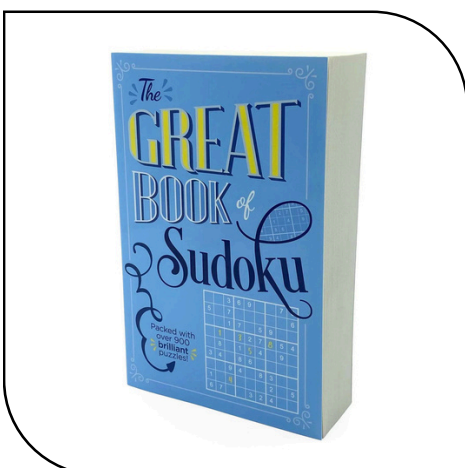


Keep the mind active with this brain training puzzles book! Packed with a collection of 260 common and unusual puzzle types, the brain training puzzle book is sure to prove challenging and satisfying to solve. Test your logic and problem-solving skills, and watch them develop as you go along. Don't worry, the solutions are in the back!

- Size 18cm x 12.5cm x 2cm (also a great travel size)
- 260 pages

\$15.99

THE GREAT BOOK OF SUDOKU

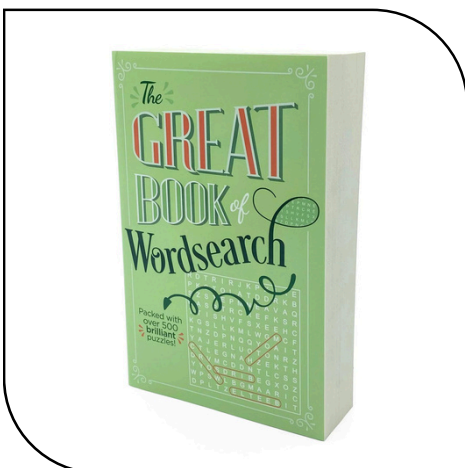


Sudoku is an extremely satisfying and enjoyable number-placement puzzle that gives our brains a great workout. This brilliant collection contains more than 900 puzzles, graded by level of difficulty from beginner to the experienced problem-solver.

- Size 19.8cm x 13cm x 3.8cm
- 640 pages

\$19.99

THE GREAT BOOK OF WORDSEARCH



A wonderful collection of wordsearches packed with more than 500 find-a-word puzzles, making it the ultimate treat for all fans of the popular word-finding challenge.

- Improve your vocabulary
- Exercise your brain
- Reduce your stress
- Size 19.8cm x 13cm x 3.8cm
- 640 pages

\$19.99

THE INDEPENDENCE SHOP
GIFT BAG & GIFT TAG



ADD A GIFT BAG, RIBBON AND A GIFT TAG TO YOUR ORDER WITH A LITTLE PERSONAL MESSAGE

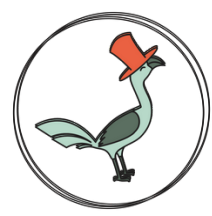


Choose from any of our gift tags and we'll write your short personalised message on the front for you and pack your presents inside the bag before we send them off.

To add a gift bag, ribbon, a gift tag and a message just select a gift tag, add it to your order and include your message into the notes box in your shopping cart or in your invoice email.

\$5.00





THE INDEPENDENCE SHOP E-GIFT CARDS



Can't decide on the right products?

How about sending an e-Gift Card to someone special and give them the choice of selecting the products that best suit their individual needs?



E-gift cards are purchased through our website.
There are two options for receiving e-Gift cards:

SENT TO YOUR EMAIL

E-Gift Cards are sent immediately to your email address provided upon checkout.

This option is recommended if you would like to print the confirmation and include it with a card or another gift to give directly to the lucky recipient.

SENT TO THE RECIPIENT'S EMAIL

You can fill in a short form before adding to your shopping cart. Include the lucky recipient's name, their email address, a personal message from you.

You also have the choice of sending it on a scheduled date.

Australian owned and operated



Our products are stocked locally and ready for fast shipping Australia-wide

FREE delivery



We offer free delivery Australia-wide for purchases over \$199 (excludes bulky items)

And free delivery for Queensland postcodes
4507 & 4511

We're here to help!



Need some support finding the right products or putting together a gift pack?

Reach out!
hello@TheIndependenceShop.com.au
07 3410 0510