

# PINK7 RECOVERY RESOURCES LIST

Recovery Center / Sober Living Name	Type / Level of Care	Men Only or Women Only	Location	Insurance Required?	Phone	Website
Villa Kali Ma	Detox / Residential	Women Only	Carlsbad	Yes	866-950-0646	<a href="https://villakalima.com/">https://villakalima.com/</a>
La Jolla Recovery	Detox / Residential		La Jolla	Yes	858-215-5531	<a href="https://lajollarecovery.com/">https://lajollarecovery.com/</a>
Villa Oasis San Diego	Detox / Residential		Rancho Santa Fe	Yes	619-598-0183	<a href="https://villaoasisandiego.com/">https://villaoasisandiego.com/</a>
Akasha Recovery	Detox / Residential		Cardiff	Yes	888-228-0555	<a href="https://akasharecovery.com/">https://akasharecovery.com/</a>
Restore Detox Centers	Detox / Residential		Poway	Yes	858-302-4570	<a href="https://restoredetoxcenters.com/">https://restoredetoxcenters.com/</a>
Paradise Detox	Detox / Residential		La Mesa	Yes	888-675-0752	<a href="https://paradisedetoxca.com/">https://paradisedetoxca.com/</a>
Sharp Mesa Vista	Detox / Residential		San Diego	Yes	858-836-8434	<a href="https://www.sharp.com/hospitals/mesa-vista/#pro">https://www.sharp.com/hospitals/mesa-vista/#pro</a>
Bridges Detox	Detox / Residential		Carlsbad	Yes	442-333-7169	<a href="https://bridge-of-hope-detox.business.site/">https://bridge-of-hope-detox.business.site/</a>
Sunrise Ranch	Detox / Residential		Riverside	Yes	877-536-0203	<a href="https://www.sunriserecoveryranch.com/">https://www.sunriserecoveryranch.com/</a>
Capo by the Sea	Detox / Residential		Dana Point	Yes	844-839-4212	<a href="https://capobythesea.com/">https://capobythesea.com/</a>
Fellowship Center	Detox / Residential	Men Only	Escondido	Yes	760-745-8478	<a href="https://thefellowshipcenter.org/">https://thefellowshipcenter.org/</a>
AToN Center	Detox / Residential		Encinitas	Yes	888-711-5331	<a href="https://www.atoncenter.com/">https://www.atoncenter.com/</a>
Aurora	Detox / Residential		San Diego	Yes	888-565-4228	<a href="https://www.aurorasandiego.com/">https://www.aurorasandiego.com/</a>
AKUA	Detox / Residential		San Diego	Yes	888-629-6707	<a href="https://www.akuamindbody.com/">https://www.akuamindbody.com/</a>
Harmony Grove	Detox / Residential		Escondido	Yes	760-697-0497	<a href="https://harmonygroverecover.com/">https://harmonygroverecover.com/</a>
McAlister Institute	Detox / Residential		San Diego / North County	No	619-442-0277	<a href="https://www.mcalisterinc.org/">https://www.mcalisterinc.org/</a>
First Step House of North County	Detox / Residential (Alcohol Only)	Men Only	Carlsbad	No	760-230-9353	<a href="https://fshnc.org/">https://fshnc.org/</a>
Women's First Step House of North County	Detox / Residential (Alcohol Only)	Women Only	Vista	No	760-542-6724	<a href="https://wfsncc.org/">https://wfsncc.org/</a>
Choices in Recovery	Detox / Residential / IOP		Vista	Yes	760-945-5290	<a href="https://choicesinrecoveryvista.org/">https://choicesinrecoveryvista.org/</a>
Solara	Detox / Residential / IOP		San Diego	Yes	844-263-4882	<a href="https://solaramentalhealth.com/contact/">https://solaramentalhealth.com/contact/</a>
Casa Palmera	Detox / Residential / IOP		Del Mar	Yes	877-916-0589	<a href="https://casapalmera.com/">https://casapalmera.com/</a>
Wings Recovery	Detox / Residential / PHP / IOP	Women Only	Carlsbad	Yes	888-790-9377	<a href="https://www.wingsrecovery.org/">https://www.wingsrecovery.org/</a>
Salvation Army - Shelter Transition Employment Program Services (S.T.E.P.S)	Homeless Resources	Men Only	San Diego	No	619-699-2221	
Brother Benno's	Homeless Resources		Oceanside	No	760-439-1244	<a href="https://brotherbenno.org/recovery-program/">https://brotherbenno.org/recovery-program/</a>
Botkiss Center for Recovery	IOP		North County	Yes	619-980-2615	<a href="https://botkissrecovery.com/">https://botkissrecovery.com/</a>
Practical Recovery	IOP		La Jolla	Yes	800-977-6110	<a href="https://www.practicalrecovery.com/">https://www.practicalrecovery.com/</a>

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Tender Loving Mercy	IOP		Oceanside	Yes	760-757-7833	<a href="http://www.tenderlovingmercy.com/index.html">http://www.tenderlovingmercy.com/index.html</a>
South Bay Sober Living	IOP / Sober Living		Redondo Beach / San Diego	Yes	844-316-2809	<a href="https://www.southbaysoberliving.com/">https://www.southbaysoberliving.com/</a>
Pacific Palms Recovery	PHP / IOP		Oceanside	Yes	866-902-1810	<a href="https://pacificpalmsrecovery.com/">https://pacificpalmsrecovery.com/</a>
Refresh Recovery	PHP / IOP		San Diego	Yes	858-281-0220	<a href="https://www.refreshrecovery.com/">https://www.refreshrecovery.com/</a>
Shoreline	PHP / IOP / Sober Living	Men Only	Encinitas / North Park	Yes	866-828-1220	<a href="https://shorelinerecoverycenter.com/">https://shorelinerecoverycenter.com/</a>
West Coast Recovery Centers	PHP / IOP / Sober Living		Carlsbad	Yes	760-492-6385	<a href="https://westcoastrecoverycenters.com/">https://westcoastrecoverycenters.com/</a>
SCRC	PHP / IOP / Sober Living	Men Only	Oceanside, Carlsbad, Encinitas	Yes	800-410-6552	<a href="https://socialrecovery.com/">https://socialrecovery.com/</a>
Soledad House	PHP / IOP / Sober Living	Women Only	San Diego	Yes	866-314-3181	<a href="https://soledadhouse.com/">https://soledadhouse.com/</a>
Immersive Recovery	PHP / IOP / Sober Living	Men Only	San Marcos	Yes	619-870-1334	<a href="https://immersiverecovery.com/">https://immersiverecovery.com/</a>
Boardwalk Recovery	PHP / IOP / Sober Living		San Diego	Yes	858-888-0101	<a href="https://boardwalkrecoverycenter.com/">https://boardwalkrecoverycenter.com/</a>
Hazelden Betty Ford Foundation	Residential		San Diego	Yes	844-244-4136	<a href="https://www.hazeldenbettyford.org/">https://www.hazeldenbettyford.org/</a>
Casa Raphael Residential Treatment	Residential	Men Only	Vista	Yes	760-630-9922	<a href="https://www.alphaproject.org/programs/residential">https://www.alphaproject.org/programs/residential</a>
Stepping Stone of San Diego	Residential / IOP / Sober Living	LGBTQ Friendly	San Diego	Yes	619-278-0777	<a href="https://steppingstonesd.org/">https://steppingstonesd.org/</a>
Pathfinders of San Diego	Residential / Sober Living	Men Only	San Diego	No	619-260-1605	<a href="https://pathfindersofsd.org/">https://pathfindersofsd.org/</a>
Heartland House	Residential / Sober Living	Men Only	San Diego	No	619-287-5460	<a href="https://heartlandhouse.org/">https://heartlandhouse.org/</a>
Genesis Recovery	Residential / Sober Living	Men Only	La Mesa	Yes	866-461-0334	<a href="https://www.genesisrecovery.com/">https://www.genesisrecovery.com/</a>
San Diego Coastal Sober Living	Sober Living		San Diego	Yes	619-897-2680	<a href="https://san-diego-coastal-sober-living.business.site">https://san-diego-coastal-sober-living.business.site</a>
Casa Del Oro Women's Sober Living	Sober Living	Women Only	Spring Valley	No	619-453-9237	
South House Sober Living	Sober Living	Women Only	Carlsbad	No	858-253-7527	<a href="https://www.southhouse.org/">https://www.southhouse.org/</a>
La Costa Solutions for Women	Sober Living	Women Only	Carlsbad	No	619-857-1723	<a href="http://www.lacostawomen.com">www.lacostawomen.com</a>
Ritual Living	Sober Living	Men Only	Encinitas	No	619-446-9223	<a href="http://www.ritual-living.com/">http://www.ritual-living.com/</a>
Ohana House Sober Living	Sober Living	Women Only	San Diego	No	877-815-7770	<a href="https://ohanarecoveryresidences.com/">https://ohanarecoveryresidences.com/</a>
Sober Living Today	Sober Living	Women Only	Carlsbad	No	760-415-3560	<a href="https://soberlivingtoday.com/">https://soberlivingtoday.com/</a>
Oceanside Sober Living (KT)	Sober Living	Men Only	Oceanside	No	760-880-1311	<a href="https://www.oceansidesoberliving.com/">https://www.oceansidesoberliving.com/</a>
FAIRMONT PARK RECOVERY, INC.	Sober Living	Men Only	Lemon Grove	No	619-453-9237	<a href="https://www.fairmontparkrecovery.com/">https://www.fairmontparkrecovery.com/</a>
Simplicity Sober Living	Sober Living	Men Only	La Mesa	No	619-713-1772	

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Life House Recovery Connection	Sober Living	Men Only	Poway / Vista	No	866-730-7771	<a href="http://www.lifehouserc.org/">http://www.lifehouserc.org/</a>
One Day at a Time Sober Living	Sober Living	Men Only	San Diego	No	619-379-9049	
Normal Heights Sober Living	Sober Living	Men Only	San Diego	No	858-397-4773	<a href="http://www.nhsobervivingsandiego.com/">http://www.nhsobervivingsandiego.com/</a>
The Ranch Sober Living	Sober Living	Men Only	Lemon Grove	No	619-453-9237	<a href="https://www.fairmontparkrecovery.com/">https://www.fairmontparkrecovery.com/</a>
Casa Pacifica	Sober Living	Men Only	Encinitas	No	760-230-2996	<a href="https://sandigosobervivingshouse.com/">https://sandigosobervivingshouse.com/</a>
Casa Pacifica Women	Sober Living	Women Only	Solana Beach	No	858-864-7347	<a href="https://www.casapacificawomen.com/">https://www.casapacificawomen.com/</a>
Next Step Sober Living	Sober Living		San Diego	No	858-273-1271	<a href="https://nextstepsobervivings.com/">https://nextstepsobervivings.com/</a>
Finest City Sober Living	Sober Living	Men Only	San Diego	No	844-434-2871	<a href="https://finestcitysl.com/">https://finestcitysl.com/</a>
First Step Sober Living	Sober Living		Carlsbad	No	858-342-9151	
Casa Sober Lifestyle / Casa De Paz	Sober Living		Carlsbad	No	877-433-8693	<a href="https://www.casasobervivingslifestyle.com/">https://www.casasobervivingslifestyle.com/</a>
By the Sea Recovery	Sober Living	Men Only	Carlsbad	No	760-216-2077	<a href="https://www.bytheseasandiego.com/">https://www.bytheseasandiego.com/</a>
Way of Life Sober Living	Sober Living	Men Only	Del Mar / Carlsbad	Yes	760-618-2202	<a href="https://www.wayoflifefesobriety.com/">https://www.wayoflifefesobriety.com/</a>
R & R Sober Living	Sober Living		Vista, Escondido, Oceanside, Carlsbad	No	760-758-8880	<a href="https://www.randrsobervivings.com/">https://www.randrsobervivings.com/</a>
Turning Point Home	Sober Living	Women Only	San Diego	No	619-233-0067	<a href="https://turningpointhome.org/">https://turningpointhome.org/</a>