

My TRAVEL Checklist by HDS Medallion CarryAll Bags

Where Am I Going?		For How Long?		When?			
Essentials		Documents		Electronics/Technology		Travel Related	
Personal ID – driver’s license, passport, visa		Maps (Paper or Electronic)		Cell Phone & Chargers (Outlet & Auto)		Luggage & Luggage Ties & Locks, Carryon Luggage or Backpack	
Medical Insurance Cards		Travel Guide(s) or Travel Apps		Outlet Adaptors & Foreign Chargers		Pleasure Reading (paper or electronic)	
Cash: Dollars & Foreign Currency - Dollar Amt: Denominations: Total Foreign - Denominations:		Copies of: - Travel Documents - Passport - Medical Insurance Card - Credit/ATM Cards - Bank Card Contact Info		Laptop iPad Tablet E-reader Chargers for all		For Train or Plane: - Travel Pillow & Sleep Mask - Sweater or Jacket - Notebook or Journal - Pens - Water Bottle	
Credit Card(s) ¹		Emergency Contact Information		Headphones		Ziplock Bag for Fluids if Flying	
ATM Card ¹		Travel Insurance Information		Camera, Memory Card(s), Charger			
Travel Tickets, Boarding Passes		Frequent Flyer/Hotel Reward Information		Auto – GPS, EZ Pass or Toll Box, Connector		Toiletries/Make-Up	
Confirmation of Hotel or Housing				Batteries If Necessary		Toothbrush, Paste, Floss, Mouthwash	
Medications, Vitamins, Pain Relievers		Clothing		CPAP or BIPAP, Power Strip, Sleep Mask		Deodorant, Body Powder and Lotion	
Purse or Wallet or HDS Medallion Bag		Underwear – Shorts, T-Shirts, Panties, Spanx,				Body and Face Wash or Soap	
Personal or Business Cards		Bras – Sports, Regular		Miscellaneous		Shampoo, Conditioner & Styling Products	
Keys		Hose, Socks, or Tights		Wheelchair Gloves		Razors, Shaving Cream	
Known Traveler # or Global Entry Info		Sleepwear and Slippers		Catheters, Urine Bags, Other Sanitary Products		Sunscreen and Insect Repellent	
Contacts & Solution, Glasses, Sunglasses		Casual Tops – T-Shirts, Tank Tops, Sweatshirts		Sewing Kit		Brush, Comb, Curling or Flat Iron, Dryer	
Tissues, Wipes, Hand Sanitizer		Professional or Dressy Tops – Blouses, Jackets		Insect Repellent		Nail Clippers, File, Tweezers	
Mobility Device and Accessories		Dresses & Skirts – Casual, Professional & Dressy		Stain Remover		Cotton Balls & Swabs	
Accessories		Pants – Casual, Jeans and Dressy and Shorts		Laundry Detergent, Bag		Band-Aids, First Aid Cream	
Belts, Ties or Scarves		Workout Gear		Sewing Kit		Make-up Remover, Moisturizer	
Coat, Hat, Gloves if Chilly		Jackets and/or Blazers		Lint Roller		Personal Make-Up	
Watch, Jewelry		Sweaters		Other Items		Perfume or Cologne	
Raincoat and Umbrella		Shoes – Running, Dress s Shoes, Flipflops, Casual, Boots				Nail Polish & Remover	
Shoes and Bags		Swimsuit and Cover-up					
Flashlight							

¹ Don’t forget to notify your credit card company and bank if you are leaving your area especially if going abroad.