

Soul Searching Example: Professional

① ability to learn, security, money (honesty is key here), getting out of debt, time for myself

② dishonesty, lies, lack of recognition, taxes, social media

③ what I can control: ability to learn, travel, get out of debt, time for myself

what I can't control: dishonesty, lies, lack of recognition, taxes, social media

④ 6 months: - travel - read 10 books
- IRA contribution
- ask for a raise

1 year: - credit card debt paid off - read 25 books
- 401k contribution
- have a side gig

5 years: - financially stable - travel
- no debt - own a house

⑤ 6 months: - travel → how often? where? budget?
- IRA contribution → amount? frequency? → 1 week
- ask for a raise → how much? when? justification? 2 weeks
- read 10 books → which ones? reading time? → 2 hours to organize

1 year: - credit debt → amount left? minimum payments? → 1 week to consolidate
- 401k → employer match amount? maximum allowed?

2 months → - side gig → what? when to do it? where to sell?
- 25 books → which ones? reading time?

5 years: - financially stable → 1 month → detailed steps for out of debt path
- travel → budget, where → 2 weeks

6 months to 1 year → - own a house: 20% down payment, other debt paid, where, find loans, realtor, etc., budget

⑥ Timeline in blue