

Liquid NutriMax Supplementation

A well-balanced diet can help meet daily nutritional needs, but getting all the necessary vitamins and minerals from food intake alone can still be difficult.[1]

Liquid NutriMax can help bridge that nutritional gap.* It's suitable for the entire family, from children to older adults, with a natural pineapple and coconut flavor in an easy-to-swallow liquid form. **Liquid NutriMax** provides comprehensive immune support for the entire family with research-backed ingredients that promote optimal health and energy.* It delivers critical nutrients to bridge the nutritional gap between your diet and health needs.* Supplementation with **Liquid NutriMax** may also include these additional benefits:

- Support for immune health*
- Support for nerve health*
- Support for digestive health*
- Support for heart health*
- Promotes healthy energy metabolism*
- Promotes cellular health*

How Liquid NutriMax works

There are many multivitamins on the market, but they are not all created equally. Our **Liquid NutriMax** contains pharmaceutical-grade bioavailable vitamins and minerals packaged in an amber bottle to protect the integrity of the nutrients from light exposure.*

Liquid NutriMax takes an ordinary multivitamin to the next level with its proprietary digestive health blend, phytonutrient blend, and vitamin B12 as adenosylcobalamin to support immune health.*

Digestive Health Blend

A robust immune system begins with efficient digestion.* **Liquid NutriMax** contains bromelain and papain, plant-based proteolytic enzymes that promote healthy digestion and the optimal absorption of nutrients needed for energy and vitality.[2] The prebiotics in xylooligosaccharides and isomalto-oligosaccharides help feed the beneficial microbes in the gut so they may grow and proliferate while supporting healthy cellular processes.[3,4]

Phytonutrient Blend

The proprietary phytonutrient blend in **Liquid NutriMax** plays specific biological and pharmacological roles in supporting immune function.[5] The nutrients contain numerous bioavailable compounds with antioxidant properties that promote healthy inflammatory markers throughout the body.[6]

Adenosylcobalamin

Liquid NutriMax contains vitamin B12 as adenosylcobalamin, one of three naturally occurring forms of vitamin B12 that supports energy production and cellular health.[7] This bioavailable form of vitamin B12 helps provide the body with a continual supply of energy critical for maintaining cellular health, supporting energy metabolism, and promoting healthy DNA.[7,8,9]

To contact Aligned & Well please call (323) 963-7839

Consult with your health-care practitioner about your specific circumstances and any questions you may have.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

INGREDIENTS

Dose: About 1 Tablespoon (15 mL)	Amount	%DV	Amount	%DV
Vitamin A (as beta carotene)	750 mcg RAE	83%	Chromium (as chromium picolinate)	10 mcg 29%
Vitamin C (as sodium ascorbate and ascorbic acid)	120 mg	133%	Molybdenum (as molybdenum amino acid chelate)	20 mcg 44%
Vitamin D3 (as cholecalciferol from lichen)	20mcg	100%	Potassium (as potassium citrate)	50mg <2%
Vitamin E (as d-alpha tocopheryl acetate)	15mg	100%	Inositol	15mg **
Thiamine (as thiamine HCl)	2mg	167%	Digestive Health Blend	1,025mg **
Riboflavin (as riboflavin-5'-phosphate)	2mg	154%	Xylooligosaccharides, isomalto-oligosaccharides, bromelain, papain.	
Niacin (as niacinamide)	10mg NE	63%	Phytonutrient Blend	250mg **
Vitamin B6 (as pyridoxal-5'-phosphate)	2mg	118%	Raspberry powder (fruit; <i>Rubus idaeus</i>), watercress powder (leaf; <i>Nasturtium officinale</i>), green tea extract (leaf; <i>Camellia sinensis</i>), blueberry juice powder (fruit; <i>Vaccinium spp.</i>), green coffee bean extract (bean; <i>Coffea arabica</i>), pomegranate powder (fruit; <i>Punica granatum</i>).	
Folate (as l-methylfolate)	476mcg DFE	119%		
Vitamin B12 (as adenosylcobalamin)	10mcg	417%		
Biotin	65mcg	217%		
Pantothenic Acid (as calcium pantothenate)	10mg	200%		
Choline (as phosphatidylcholine)	50mg	9%		
Calcium (as calcium citrate-malate from marine calcium)	25mg	<2%		
Iodine (as potassium iodide)	50mcg	33%		
Magnesium (as magnesium bisglycinate)	25mg	6%		
Zinc (as zinc citrate)	5mg	45%		
Selenium (as selenium amino acid chelate)	10mcg	18%		
Manganese (as manganese amino acid chelate)	1mg	43%		

Other Ingredients:

Purified water, vegetable glycerin, natural piña colada flavors, organic cane alcohol, stevia leaf extract.

Caution: If you are pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Keep out of reach of children.

Directions:

Shake well. Take 1 tablespoon (15 mL) daily or as directed by your healthcare practitioner.

References

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7. Paul C, Brady DM. Integr Med (Encinitas). 2017;16(1):42-49.
8. Ames BN. Mutat Res-Fund Mol M. 2001;475(1):7-20.
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Gluten Free



Vegetarian



GMO free



Dairy Free



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