

## HOW TO MEASURE FOR A HELMET

Measure circumference of the head at point approximately one inch above the eyebrows in front and at a point in the back of the head that results in the largest measurement.

### CONVERSION CHART FOR HELMET SIZES

INCHES	SIZE	METRIC	INCHES	SIZE	METRIC
21 $\frac{1}{4}$	6 $\frac{3}{4}$ = Xsmall	54	23 $\frac{7}{8}$	7 $\frac{5}{8}$ = Xlarge	61
21 $\frac{5}{8}$	6 $\frac{7}{8}$ = Small	55	24 $\frac{1}{4}$	7 $\frac{5}{8}$ = Xlarge	62
22	7 = Small	56	25 $\frac{1}{8}$	8 = M3Xtra	64
22 $\frac{3}{8}$	7 $\frac{1}{8}$ = Medium	57	25 $\frac{1}{2}$	8 = M3Xtra	65
22 $\frac{3}{4}$	7 $\frac{1}{4}$ = Medium	58	25 $\frac{7}{8}$	8 = M3Xtra	66
23 $\frac{1}{8}$	7 $\frac{3}{8}$ = Large	59	25 $\frac{1}{4}$	8 $\frac{1}{4}$ = M3Xtra	67
23 $\frac{1}{2}$	7 $\frac{1}{2}$ = Large	60	26 $\frac{3}{8}$	8 $\frac{1}{2}$ = M3Xtra	68