

Wearing a Face Covering in Public Settings



Warning:

Children under the age of two years, people with respiratory difficulties or who are handicapped or need help to remove their face coverings should not wear them.

When?

- When physical distancing in public settings is not possible, such as when you are shopping or taking public transportation. **If you are sick, stay home.** If you need to go to a medical clinic or hospital, you may wear your face covering until you are given a procedure mask.

Why?

- Not everyone that has COVID-19 has symptoms. Some people do not even realize that they are infected. Wearing a face covering may reduce the risk of an infected person unknowingly transmitting COVID-19 to others. Wearing a face covering in public settings must be accompanied by other protective measures, which include proper hygienic practices and physical distancing. Your face covering must be properly used only by you, and regularly washed.

How to use your face covering



1 With one hand, place the face covering over your nose and mouth. Use your other hand to attach it behind your ears with the elastic or string loops.



Wash your hands **BEFORE** and **AFTER** use of the covering.



2 Adjust the face covering to your nose.



Change your face covering if it becomes moist, soiled or damaged



3 Now adjust it under your chin



Do not leave the face covering hanging from your neck or an ear. Keep it on your face and avoid touching it. If you do touch your covering while wearing it, wash your hands thoroughly as soon as possible.



Remove your face covering by the elastic or string loops without touching the front.

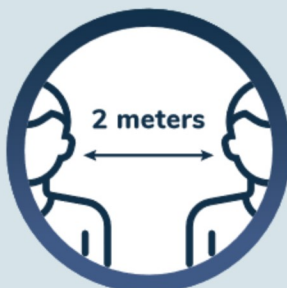


Fold the outer parts of the face covering together and place it in a clean bag. You may wash the covering as soon as you get home, along with the rest of the laundry.

Face covering does not replace the following



Hand washing



Physical distancing



Isolation at home if you are sick