# THERAGUN MINI

# The Theragun mini™

# See warnings insert for important safety instructions



- Ergonomic grip
- 6 Multi-functional power/ speed button
  - LED battery indicator light
  - LED speed indicator
- Charging port
- Interchangeable attachment connector

## Using the Theragun mini

- To turn on the Theragun mini, firmly press and hold the multi-functional power/ speed button on the right side of the device.
- Float the device across areas in need of treatment, gradually applying light to moderate pressure as needed.
- 3. Press the power/speed button again to toggle between 3 speeds.
- To turn off the Theragun mini, firmly press and hold the power/speed button until the device shuts off.

#### Connecting the attachment

Align the attachment with the tip of the rotating arm and push to connect. To remove, grip the attachment, placing 1 finger on each side of the plastic connector. Pull off the attachment.

Your Theragun mini comes with a Standard Ball attachment designed for overall use. It is also compatible with all available attachments, excluding those exclusive to the first-generation Theragun liv.





### Charging the Theragun mini

- After turning off the device, plug the power adapter into the charging port of the Theragun mini.
- 2. The LED light on the power/speed button will flash until fully charged.
- Charging is complete when the LED light on the power/speed button is solid green.
- Battery level is continuously displayed on the LED light of the power/speed button when the device is on. To view battery level when the device is off, briefly press the power/speed button and the LED battery light will flash to indicate the battery level.

#### **Battery Level**

Battery level on the Theragun mini is indicated with the following colors:



- Flashing blue: Half-way charged
- Flashing green: High charge
- Solid green: Fully charged

#### Cleaning the Theragun mini

For the most hygienic Theragun device experience, sanitize it after each use by:

- 1. Wiping the device with a disinfectant wipe to remove any residue.
- Once the device is residue-free, use a new wipe to disinfect the surface area by wiping all sides in a downward motion.