



# What's My Size?

## Polos & Sweatshirts

SIZE CHEST	SIZE (INCH)	CHEST SIZE (CM)	AGE GUIDE
1	18"	46cm	1yr
2	20"	51cm	2yrs
2/3	22"	56cm	2/3yrs
3/4	24"	61cm	3/4yrs
5/6	26"	66cm	5/6yrs
7/8	28"	71cm	7/8yrs
9/10	30"	76cm	9/10yrs
11/12	32"	81cm	11/12yrs
13	34"	86cm	13yrs
XXS	35"	89cm	14yrs
XS	36"	91cm	
S	38"	97cm	15/16yrs
M	40"	102cm	
L	42"	107cm	
XL	44"	112cm	
XXL	46"	117cm	
3XL	48"	122cm	

### HOW TO MEASURE YOUR CHEST

Wrap the tape measure under the armpits, around the fullest part of the chest making sure that the tape is level across the body.

The tape measure should be snug. Not so tight that it constricts breathing, but not so loose that the tape measure slides down.



THESE CHARTS ARE TO BE USED AS GUIDES ONLY.