

# BIOGENA ONE



## BIOGENA ONE - hello healthy lifestyle!

Discover BIOGENA ONE - the next-generation green drink that ingeniously supports your daily nutrient supply with its 99 smart ingredients and is made for you and your potential development. Whether you're aiming for a new nutrition routine, exercise regularly or want to give your healthy lifestyle that little bit extra - BIOGENA ONE is the perfect companion with minimal effort. Simple, smart, scientific.

BIOGENA ONE combines the power of 99 high-end ingredients, interpreted with the refreshing fruitiness of apple & kiwi, complemented by cucumber and the slightly stimulating twist of wasabi leaf powder:

- All 13 vitamins
- 11 minerals & trace elements
- 49 selected botanicals
- 3 amino acids
- 10 lacto- and bifidobacteria strains
- 4 carotenoids
- 2 vital mushrooms
- 2 algae
- 5 other substances (ubiquinol, trans-resveratrol, quercetin, taurine, beta-glucans)

## BIOGENA ONE IN DEEP DIVE

- With exclusive wasabi leaf powder from Pannonian indoor farming - grown with the help of 100 % renewable energy, 0 % pesticides, 100 % flavour
- With valuable polyphenols from grape, grape seed, pomegranate, olive leaf, blueberry, blackcurrant and citrus fruits.
- With the polyphenol trans-resveratrol, which is also naturally present in red wine.
- With the polyphenol quercetin, also called the "king of flavonoids".
- With glucoraphanin, a glucosinolate from broccoli.
- With the carotenoids astaxanthin, zeaxanthin, lutein and lycopene.
- With the amino acids L-glutamine, L-lysine and glycine as well as the amino acid derivative taurine.
- With the algae spirulina & chlorella.
- With the vital mushrooms Reishi & Cordyceps.
- With coenzyme Q10 in the immediately available, active form ubiquinol (KANEKA Ubiquinol™).

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**BIOGENA**  
WELCOME TO YOURSELF

## WHY BIOGENA ONE - SCIENTIFICALLY BASED:

### 01 MENTAL FITNESS

The vitamins thiamine, niacin, vitamin B6, biotin, folate, vitamin B12 and vitamin C as well as the mineral magnesium contribute to normal mental function. Zinc supports normal cognitive function. Pantothenic acid contributes to normal mental performance.

### 02 IMMUNE SYSTEM

Vitamins A, C, D, B6, B12 and folate and the minerals zinc, copper and selenium contribute to normal immune system function.

### 03 WELLBEING

The vitamins riboflavin, niacin, pantothenic acid, vitamin B6, folate and vitamin B12 as well as the mineral magnesium help to reduce tiredness and fatigue. For a good "gut feeling", 10 naturally occurring strains of lacto and bifidobacteria in the intestine.

### 04 ENERGY

Vitamins C, thiamine, riboflavin, niacin, pantothenic acid, biotin, vitamin B6 and vitamin B12, as well as the minerals calcium, magnesium, copper and manganese contribute to a normal energy metabolism.

### 05 SPORT

Calcium, magnesium and potassium contribute to normal muscle function.

### 06 HEALTHY-AGING

Vitamins C, E and riboflavin, as well as the minerals zinc, copper, manganese and selenium help to protect cells from oxidative stress. Folate, vitamin B12, D, magnesium and zinc have a function in cell division. Calcium has a function in cell division and specialisation. Vitamin A and riboflavin contribute to the maintenance of normal vision. Magnesium, vitamin D and calcium contribute to the maintenance of bones.

## Radical quality - The Best for the Best

With BIOGENA ONE you get more than just a drink. You can expect 99 high-end ingredients that have been sourced worldwide by the BIOGENA product development team and subjected to radical quality tests.

BIOGENA ONE is committed to radical quality - ensured by the independent German LEFO Institute, which has created a test wheel with a seamless two-stage quality assurance system for the rigorous BIOGENA quality standards, in which every BIOGENA product batch is tested for value-determining ingredients, microbiological quality as well as heavy metals, pesticides & Co.

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### Bioavailable micronutrients in pure form

- According to the pure substance principle
- With natural flavors
- Lactose-free
- Gluten-free
- 100 % vegan
- Tested quality

INGREDIENTS per daily dose	1 stick	% NRV*
Vitamin A (µg RE)	600 µg	75
Vitamin D3	25 µg	500
Vitamin E (mg alpha-TE)	15 mg	125
Vitamin K2 (menaquinone-7)	25 µg	33
Vitamin C	320 mg	400
Thiamine (vitamin B1)	3.3 mg	300
Riboflavin (vitamin B2)	4.2 mg	300
Niacin (mg NE)	48 mg	300
Vitamin B6	4.2 mg	300
Folic acid (as 5MTHF-glucosamine)	300 µg	150
Vitamin B12	7.5 µg	300
Biotin	150 µg	300
Pantothenic acid	18 mg	300
Potassium	300 mg	15
Calcium	120 mg	15
Magnesium	56 mg	15
Zinc	5 mg	50
Copper	0.25 mg	25
Manganese	2 mg	100
Selenium	27.5 µg	50
Chromium	20 µg	50
Molybdenum	25 µg	50
Silicon	10 mg	-
Boron	0.5 mg	-
L-glutamine	250 mg	-
Glycine	250 mg	-
L-lysine	50 mg	-
Wasabi leaf powder	50 mg	-
Polyphenols (total)	38 mg	-
Glucoraphanin (glucosinolate)	2 mg	-
Astaxanthin	0.5 mg	-
Zeaxanthin	0.5 mg	-
Lutein	0.5 mg	-
Lycopene	0.5 mg	-
Snirulina nlatensis	300 mg	-

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Reishi powder	50 mg	-
Cordyceps powder	20 mg	-
Taurine	100 mg	-
Ubiquinol (KANEKA UBIQUINOL™)	30 mg	-
Beta-Glucans	20 mg	-
Quercetin	10 mg	-
trans-resveratrol	5 mg	-

\* % OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

## INGREDIENTS

Apple fruit powder, natural flavourings, potassium citrate, cucumber fruit powder (7.6 %), calcium citrate, magnesium citrate, calcium-L-ascorbate, acid: citric acid, kiwi fruit powder, Spirulina platensis (contains **sulphites**), inulin from the chicory root, Moringa leaf powder, L-glutamine, glycine, acacia fibre, barley grass powder, wheatgrass powder, carrot powder, lactobacilli and bifidobacteria powder\*\*\*, green mint powder, baobab fruit pulp, spinach powder, broccoli powder, açai fruit powder, **celery** powder, kale powder, Chlorella vulgaris powder (contains **sulphites**), ubiquinol (contains **soybean**), taurine, L-lysine hydrochloride, wasabi leaf powder, papaya powder, acerola fruit juice powder, matcha powder, Reishi powder, nicotinamide, amla extract, D-alpha tocopheryl acetate, bamboo extract (contains silicon), yeast (*Saccharomyces cerevisiae*) beta-glucans, broccoli extract, blueberry extract, blackcurrant extract, artichoke juice powder, bitter melon extract, ginseng root extract, ginkgo leaf powder, maca extract, aloe vera gel extract, pumpkin seed extract, stinging nettle extract, cordyceps powder (*Cordyceps sinensis*), astaxanthin-rich oleoresin from *Haematococcus pluvialis* algae, beta-carotene, calcium-D-pantothenate, zinc bisglycinate, manganese gluconate, vitamin K2 (menaquinone-7), sweetener: sucralose, quercetin, cholecalciferol, pomegranate extract, grape seed extract (*Vitis vinifera*), grape extract, olive leaf extract, citrus bioflavonoids, ginger root extract, dandelion extract, hops extract, rosemary extract, thyme extract, oregano extract, sage leaf extract, lavender extract, eucalyptus leaf extract, fennel extract, *Astragalus membranaceus* root extract, paprika extract (contains zeaxanthin), lycopene (from tomato), sodium molybdate, sodium selenite, pyridoxine hydrochloride, trans-resveratrol, riboflavin, thiamine mononitrate, boric acid, Marigold extract (contains lutein), saffron extract, copper bisglycinate, 5MTHF-glucosamine, hydroxocobalamin, chromium picolinate, D-biotin.

## RECOMMENDED DOSAGE

Dissolve the contents of one stick pack a day in a bottle with 250 to 300 ml of cold water while shaking, and then drink.

## NOTE

Food supplement in accordance with EU Directive 2002/46/EC

## IMPORTANT NOTICE

This product should not be consumed by infants, children and adolescents under 14 years of age. Products that contain trans-resveratrol should only be taken together with other medication under medical supervision. Patients who take anticoagulants should consult their doctor before taking vitamin K products.

## ADDITIONAL NOTE

\*\*\*With a total of 5 billion CFU (colony-forming units) per stick pack of the strains *Lactobacillus rhamnosus*, *Bifidobacterium animalis* ssp. *lactis*, *Bifidobacterium breve*, *Lactobacillus paracasei*, *Lactobacillus acidophilus*, *Lactobacillus casei*, *Lactobacillus plantarum*, *Streptococcus thermophilus*, *Bifidobacterium longum*, *Bifidobacterium bifidum*.

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## PACKAGE SIZE AND CONTENT

30 sticks (30 daily portions à 10 g), 300 g

Food supplement: The recommended daily dosage should not be exceeded. Not a substitute for a balanced and varied diet and a healthy lifestyle. Store in a dark, dry place at room temperature. Protect from heat. Keep out of reach of children. Suitable for diabetics. The information provided here is not a statement on healing or a recommendation to self-medicate. KANEKA UBIQUINOL™ is a registered trademark of KANEKA Corp. Subject to print or typographical errors. Version: 20.09.2023.



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