



Stay Sharp:

Mastering Dental Instrument Sharpening through Advanced Sharpening Techniques



Do you love sharpening instruments, or do you absolutely dread it?

This course will provide comprehensive training in the proper techniques and methods essential for maintaining optimal instrument performance and reducing clinician hand fatigue.

Learn the fundamentals of instrument sharpening, including understanding different blade designs, identifying dull instruments, and mastering the skills necessary for achieving consistently sharp edges through hands-on instruction.

Improve efficiency and reduce procedural time through proficient instrument sharpening practices!



L. Whitney Howerton, MDH, RDH, CDIPC is a clinician, educator, international speaker and the Sr. Manager of Clinical Education & Products for PDT, Inc. Whitney has held multiple leadership roles on a local, state and national level. She has experience as a

full-time clinical and didactic instructor teaching a wide variety of courses including local anesthesia, head, neck and dental anatomy, special patient care, and advanced instrumentation. She currently serves as Adjunct Faculty in the Dental Hygiene Department at the University of Tennessee and practices clinically for a general dentist. She has built robust clinical education programs for both dental manufacturers and comprehensive healthcare centers focusing on the importance of improved patient outcomes and providing safe, quality care.

Objectives

By the end of this course, participants will be able to:

1. Recognize signs of instrument dullness and implement timely sharpening protocols to maintain instrument quality.
2. Identify and differentiate between various dental instruments and their specific sharpening needs.
3. Apply proper sharpening techniques to achieve sharp cutting edges, enhancing clinical precision and efficacy.
4. Implement sharpening best practices into daily clinical routines to promote reduced hand fatigue and improved patient comfort.

Length of course: 90 minutes

For more information, contact ClinicalEducation@pdt dental.com.