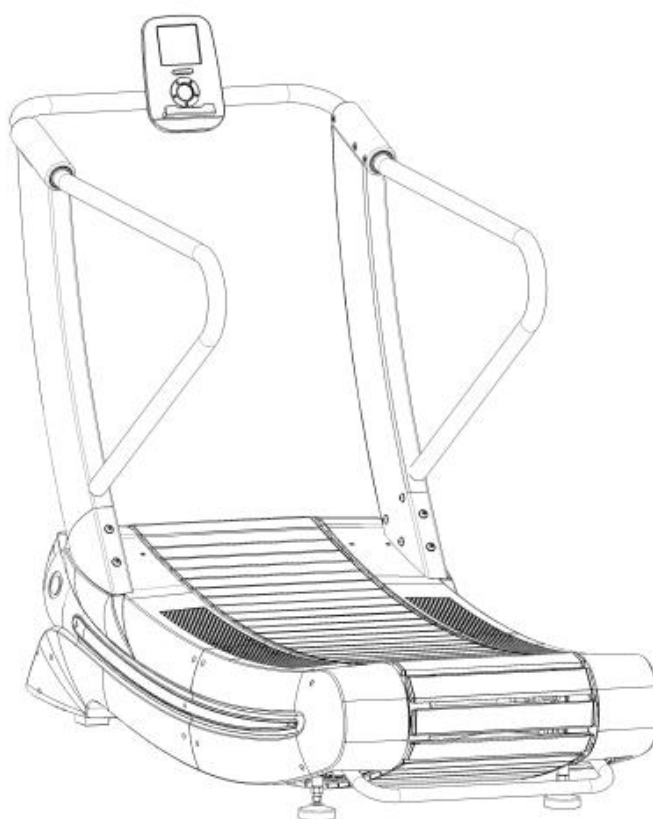


# CC-CTM MUSCLE D COMMERCIAL SELF POWERED TREADMILL MANUAL



## **Catalog:**

- 1. Safety Precautions**
- 2. Technical standard**
- 3. Machine diagram**
- 4. Installation process**
- 5. Operation guide**
- 6. Machine debugging process**
- 7. Packing list**
- 8. Explosive view&parts list**

## 1. Safety Caution :

Read all precautions and instructions in this manual before using this equipment.

1. This Curve treadmill is suitable for commercial fitness clubs, clubhouse fitness, bodybuilding training, sports training, physical education and so on.
2. This Curve treadmill is suitable for indoor use. Do not use it outdoors or in high humidity. Do not allow water or other liquid to splash on the treadmill. Do not allowed put or insert any abnormal things on the treadmill.
3. Use the unpowered treadmill should ensure its 4 feet on the ground, and placed a smooth, reliable, and the treadmill should retain the fuselage behind the safety of the 2000 mm \* 1000 mm space.
4. When using the device, please wear appropriate sportswear and sports shoes. The first time you use this device, should have professional guidance. In the event of an emergency, you need to stop the machine immediately.
5. Don't allow two or more than two people at the same time use the treadmill do exercise, this machine max users weight is 170 kg.
6. The heart rate sensor does not belong to medical equipment, there are many reasons can cause inaccurate detection, test results are for reference only.(Hold the heart of the handrail with both hands, several seconds later will have a more ready to relatively accurate heart rate).
7. The action guidance:
  - A. Aerobic exercise : energy consumption, improve cardiopulmonary skills, accelerate the blood circulation,enhance physical fitness, get weight loss.
  - B.When used for the first time,exerciser needs to holding the handrail, to keep the balance of the body.
  - C.People can only walk down the treadmill after confirming the safety.
- 8.Any part of treadmill can not be in loose status.
- 9.Never touch any parts of running treadmill with your finger.
- 10.People with long hair should pay attention to the safety of hair when using.
- 11.When you feel uncomfortable and unusual, please stop at once and consult to the doctor.
- 12..Every time before you start to use the treadmill,please check it to make sure every bolt and screw be locked tightly. If any of them is loose, please change or fixed.
- 13.There must be the mark of “Stop” in maintenance.
- 14.If there is abnormal noise or other abnormal situation of the treadmill, please stop running immediately and contact our after-sales department at once, or seek professional help.
- 15.This machine is coincident to the type of CS in EN 957-6.

## **2. The Parameter of Technology:**

Input supply voltage: four-cell dry battery

Time: 0:00—99.59

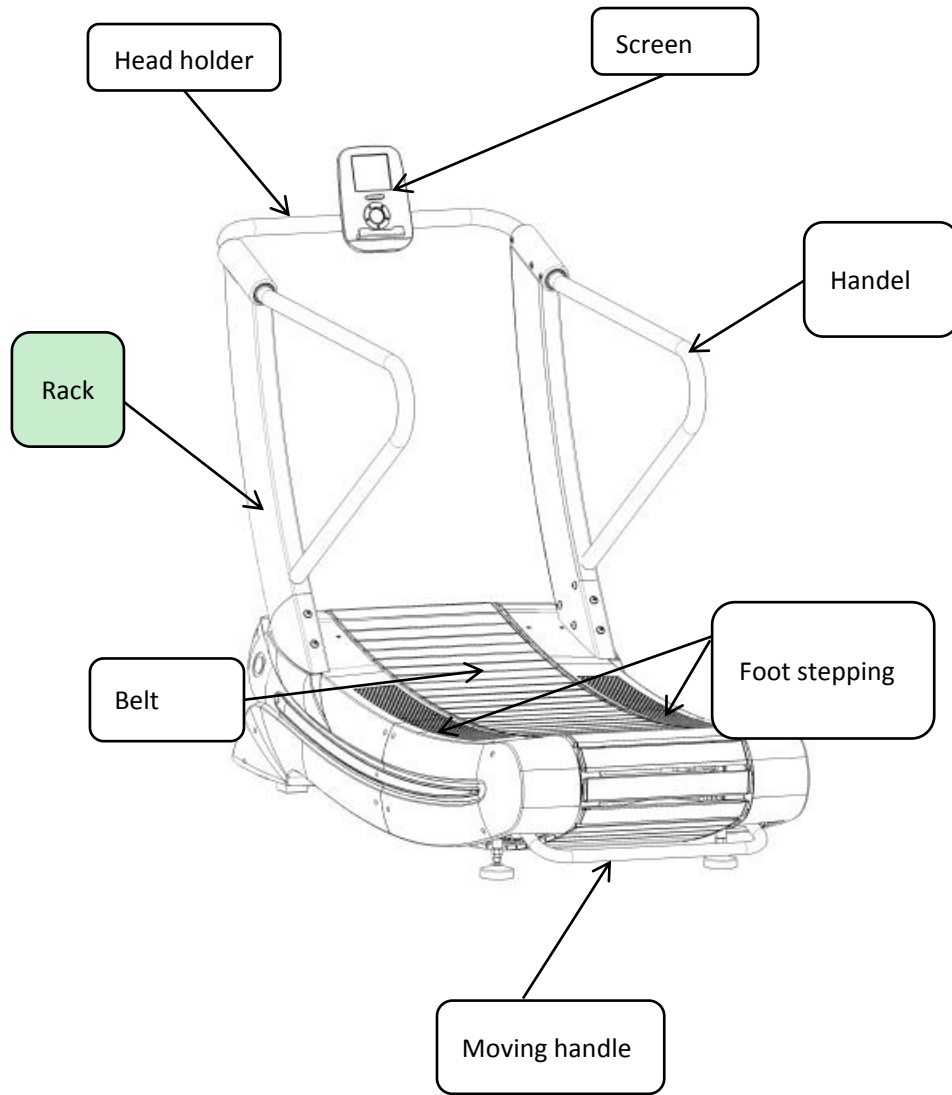
Distance: 0.00—99.59 (km)

Calories: 0—999 (kcal)

Heart rate: 60—300 (Times/Min)

Revolving speed 0-900 (r/min)

### 3. Machine diagram

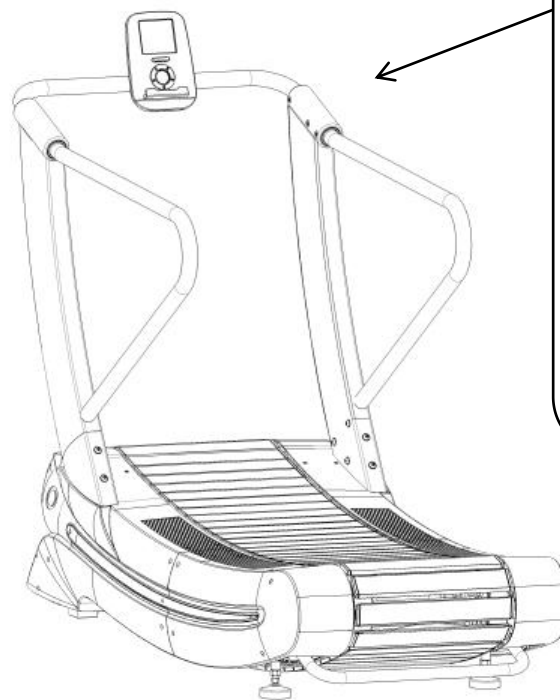


## 4. Assembly instructions

Taking easy-assembly as the principle:

User Manual of this section is designed to ensure that the treadmills can be assembled correctly. According to the user manual assembly procedure, the assembly work will be very smooth.

- As a result of the large size of the treadmill, please select the location where the treadmill will be placed and ensure there is enough space around it.
- Place all parts of the treadmill in the empty area and remove all packing materials. Do not discard the packing materials until the assembly work is completed.
- All bolts must be tightened during the assembly process unless otherwise stated, and all bolts must be tightened when the assembly work is completed.
- When assembling the treadmill, please make sure all parts are assembled according to the assembly drawing.



Self-Generating  
Curve Treadmill

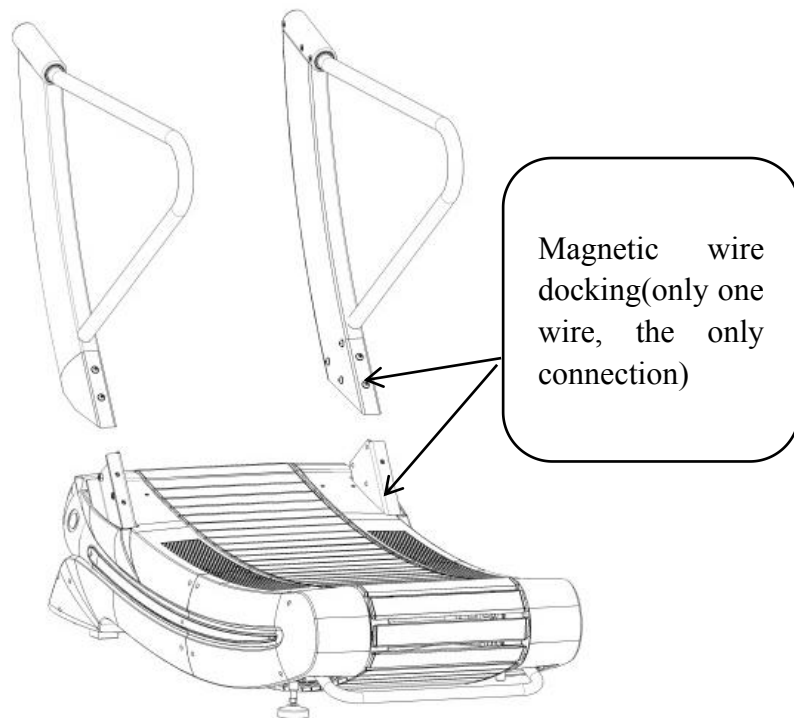
## Assembly step one:

Connect the magnetic induction line and assemble the column

Assembly instructions:

- 1) Remove the left and right column packing materials
- 2) Fix the column to the corresponding position of the main frame as shown in the figure.

Note: Connect the magnetic line below

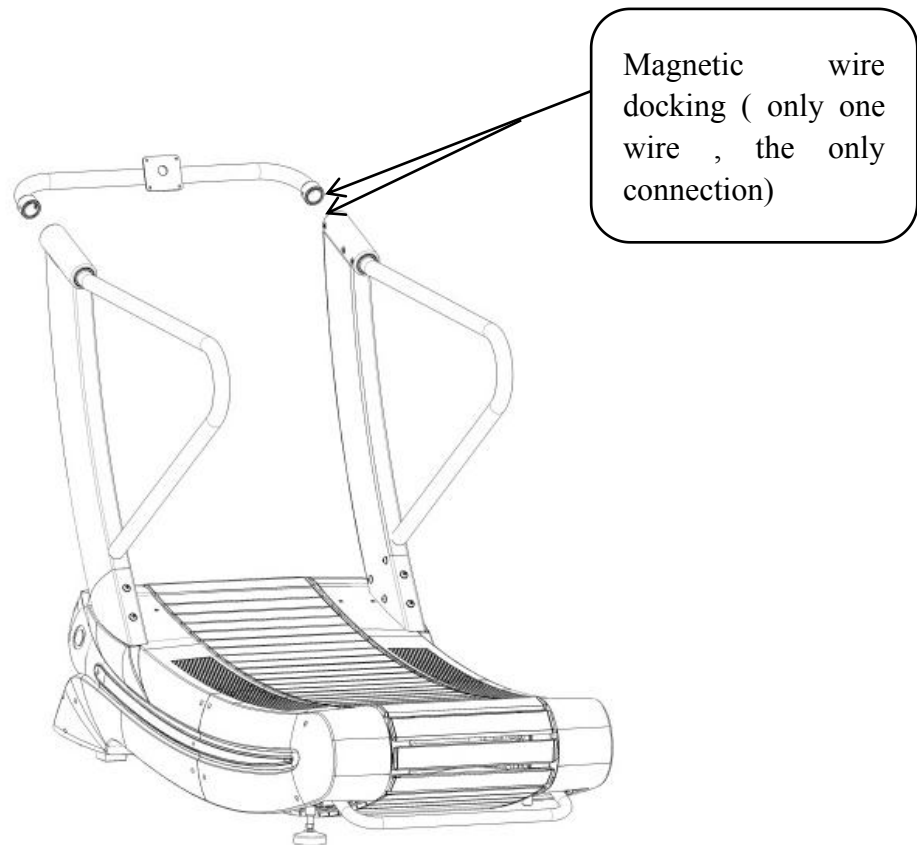


## Assembly step two:

Connect the magnetic induction line and assemble the head holder:

Assembly instructions:

- 1) Connect the magnetic induction line of the head holder to the magnetic line of the column
- 2) Fix the case to the corresponding position of the column, and fasten the head fixing bracket with the column connecting bolt, as shown in the figure.

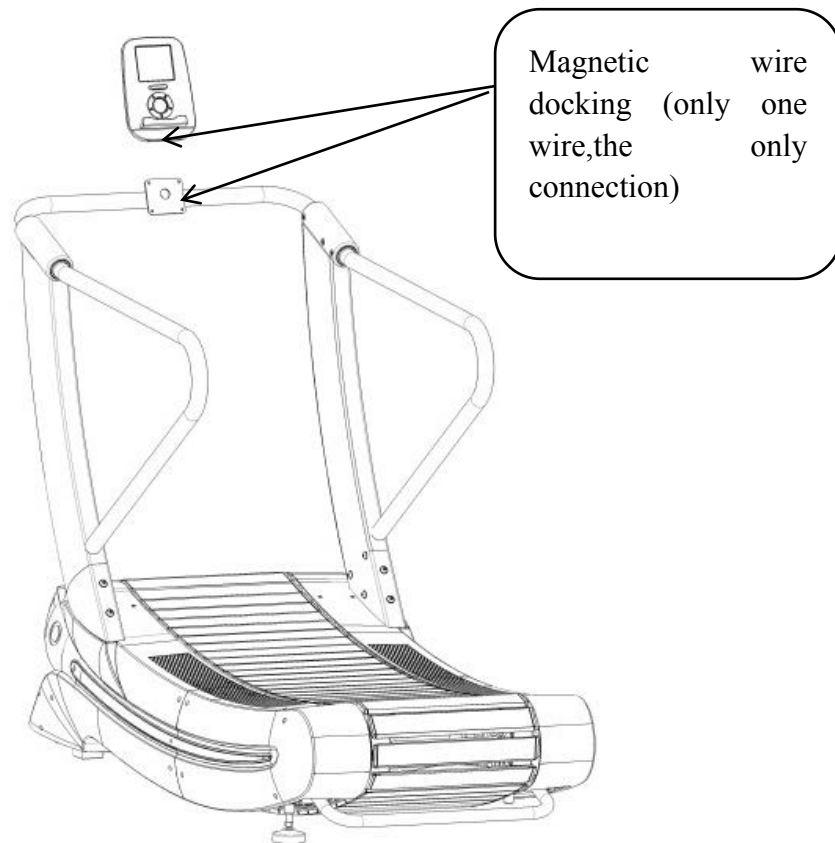




### Assembly step three:

Assembling the head; connecting the magnetic line

- 1) Connecting the magnetic induction line of the meter head and the magnetic induction line of the head holder
- 2) After connecting the magnetic induction line, place the meter head at the joint with the head holder and fasten it (as shown);
- 3) Stepping on the treadmill running belt with both feet, running the belt, press the function button area button to start the treadmill, observe whether the machine is running normally, and whether the meter data display is comprehensive and accurate;
- 4) The machine runs normally, all bolts are tightened in place, and the treadmill is assembled;



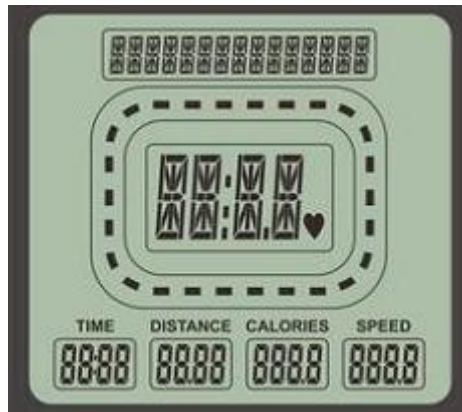
# Treadmill Operation Manual

## Introduction:

This treadmill adopts console model, four pieces dry battery power supply, low power consumption, no external power supply required;

This treadmill interface has only one main interface, with six buttons to achieve the purpose of use, the specific operation methods of the treadmill are as follows:


### 1.Home page





The main interface is used to display device name, time, distance, calories, speed,


## 2. Six button





(1)  Start/Stop button. In standby mode, all Numbers will start counting only when you click the button. Click this key while running, and all data will stop counting.

(2)  Numerical plus key: For numerical addition on numerical setting interface, growing rate: +1

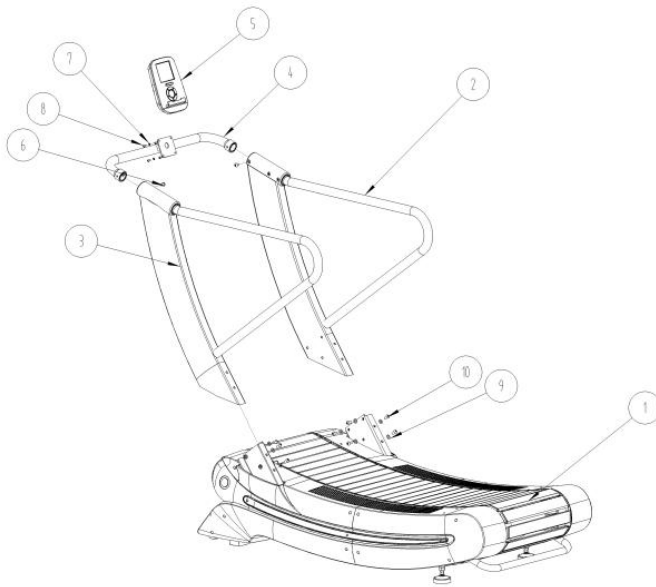
(3)  Numerical minus key: For numerical reduction on numerical setting interface, reduction rate: -1

(4)  Program setting key: Click this key to start program setting, consist of body fat test; time reciprocal, distance reciprocal, calories reciprocal and heart rate monitoring five fixed procedures;

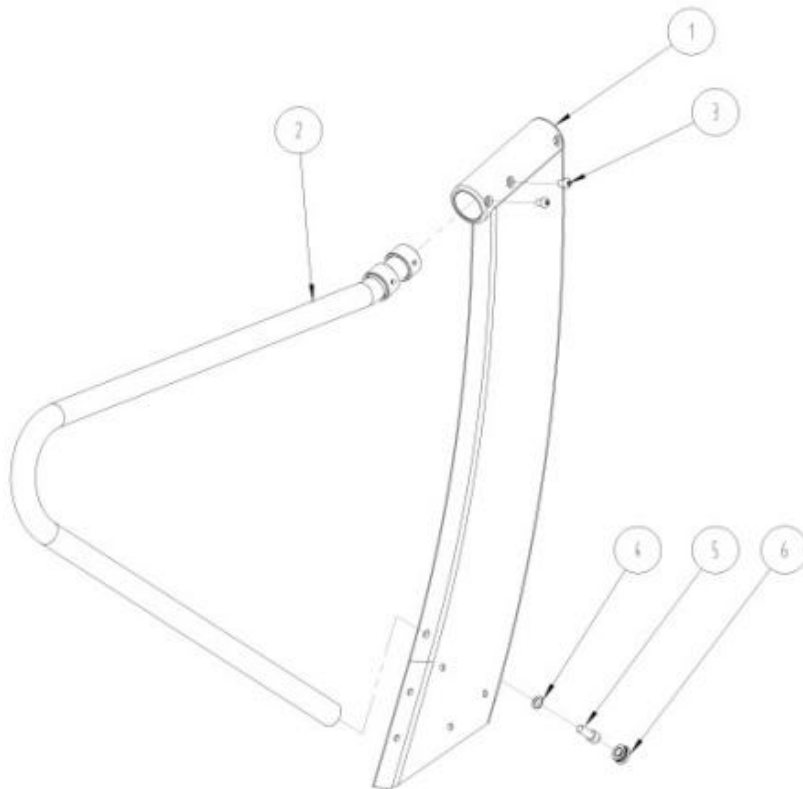
(5)  Reset key: Touch press this button (no more than 3s) to backstep.; Long press this key (more than or equal to 3s) to return to the initial interface, all data will be reset.

(6)  Confirm key: Confirm key for data and program selection. numerical modification confirmation;

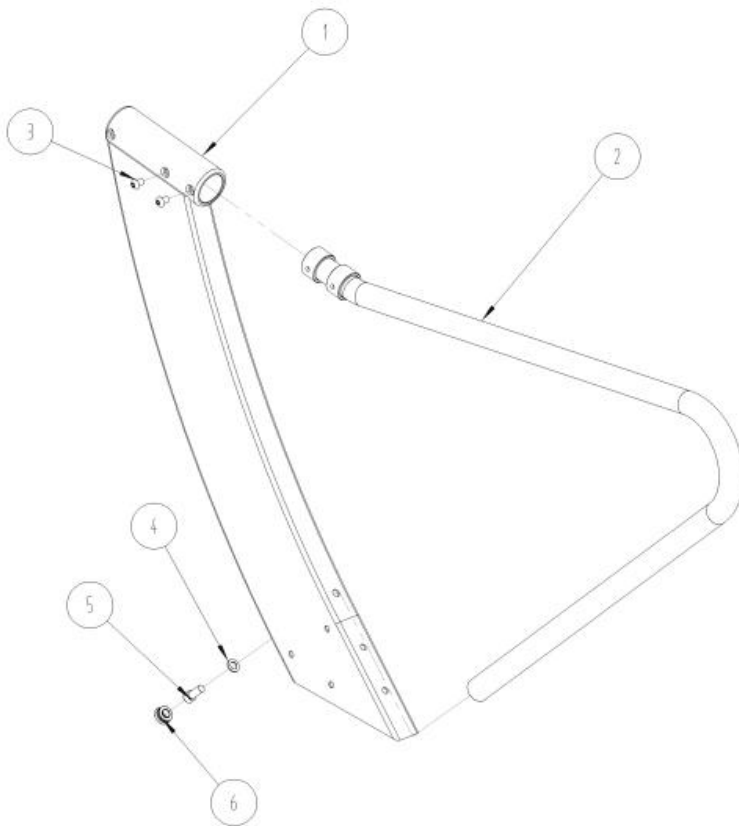
Item	Number of parts	QTY
1	Frame	1
2	Main handrail frame(right)	1
3	Main handrail frame(left)	1
4	TZ-04-SP03-0412 Header welding set	1
5	TZ-06-SP03-0616 Console	1
6	M10X15L-N2 Hexagon socket head screw	1
7	Spacer	2
8	M5X12L-A1 Cross head bolt	4
9	Spacer	4
10	N10X20L-N2 Hexagon socket head screw	10



Item	Number of parts	QTY
1	Stud welding	1
2	TZ-04-SP03-0410 Handrail frame welding set	1
3	M5X12L-A2 Hexagon socket head screw	2
4	Spacer	1
5	Hexagon socket cap screws	1
6	601 Plastic parts	1



Item	Number of parts	QTY
1	Stud welding	1
2	TZ-04-SP03-0410 Handrail frame welding set	1
3	M5X12L-A2 Hexagon socket head screw	2
4	Spacer	1
5	Hexagon socket cap screws	1
6	601 Plastic parts	1



Item	Number of parts	QTY
1	Running belt (unit)	60
2	TZ17-SP03-1701 Running belt	2
3	TZ10-SP03-1001 Foam strip	120
4	TZ02-SP03-0235 Running belt fixed sheet metal	120
5	Spacer	240
6	M5X12L-A1 Cross head bolt	240

