

# kinderpack Wearing Instructions

FOR

#### **PRESCHOOL SIZE**



View our video instructions on: www.kindercarry.com

## kinderpack safety

- \*Read all instructions before assembling and using the soft carrier.
- \*Keep instructions for future use.
- \*Check to assure all buckles, snaps, straps, and adjustments are secure before each use.
- \*Check for ripped seams, torn straps or fabric, and damaged fasteners before each use.
- \*Ensure proper placement of child in product including leg placement.
- \*Premature infants, infants with respiratory problems, and infants under 4 months of age at greatest risk of suffocation.
- \*Never use a soft carrier when balance of mobility is impaired because of exercise, drowsiness, or medical conditions.
- \*Never use a soft carrier while engaging in activities such as cooking and cleaning which involve a heat source or exposure to chemicals.
- \*Never wear a soft carrier while driving or being a passenger in a motor vehicle. Soft carriers are not substitutes for infant car seats.

#### **⚠ WARNING**

#### FALL AND SUFFOCATION HAZARD

**FALL HAZARD:** Infants can fall through a wide leg opening or out of carrier.

- Adjust leg openings to fit baby's legs snugly.
- Before each use make sure all knots, buckles or fasteners are secure.
- Take special care when leaning or walking.
- Never bend at waist; bend at knees.
- Only use this carrier for children between 35 lb and 55 lb.

**SUFFOCATION HAZARD:** Infants under 4 months can suffocate in this product if face is pressed tight against your body.

- Do not strap baby too tight against your body.
- · Allow room for head movement.
- Keep infant's face free from obstructions at all times.

## kinderpack sizing recommendations

<u>Infant:</u> 16"h x 15" w- ages NB-2 yrs (starting at 8 lbs/21")
Don't let the name infant fool you- this is a good sized carrier. It features an adjustable base for little legs to be out to the sides at a younger age than most carriers will allow.

**Standard**: 18" h x 17" w- ages 8mo-3 yrs (starting at 20lbs/28") Standard is the choice for most people. Please realize that the standard will fit up to 3 years old/4T. This is the size to get if you want to buy one carrier without having to size up later.

<u>Toddler</u>: 20" h x 19" w- ages 18 mos- 4+ yrs (starting at 25 lbs/32") There is a huge difference between the standard and the toddler-please be aware that the minimum recommended size is just that, and it may still be too large for a child who meets those minimums.

<u>Preschool</u> 22"h x 20" w- ages 3-5 yrs (starting at 35 lbs/38" tall) This is truly the largest child carrier made. It is great for big kids and kids with special needs who still want to be carried through the preschool years.

#### Kinderpack is also available in 2 sizes for the user:

#### Standard:

4'10"- 6'5; sizes XS-3X (20" padded straps+ 13" of webbing; waistband fits 26"-54")

#### Plus size:

Size XXL and up – for larger wearers wanting a longer padded shoulder strap for added comfort (24" padded straps+ 13" of webbing; waistband fits 26"-54")

- \*\*Waistband extenders are available for purchase if needed.
- \*\* Keep your waistband tight. Experiment with waistband placement height for comfort differences.
- \*\* Tighten your shoulder straps snugly, and then ease back on the buckle slightly. This will give the best fit. Too tight of straps will cause neck strain and underarm rub.

## front carry







(1)Buckle the waistband on your back, at hip/waist level, depending on your preference and body type. Make sure you hear and feel it securely 'click', then tighten the webbing. The carrier should be hanging down on your front. Have your shoulder straps fastened and webbing loosened; sternum strap unbuckled. (2) Hold baby on your front, with baby's legs around you (3) Bring the carrier up and over your baby's back, never letting go of your child. While holding onto your child, with the carrier, put one shoulder strap on.







(4) While still holding onto your child's back, put the second shoulder strap on. (5) Reach behind your head and buckle the sternum strap listen for the 'click'. Adjust as needed. Never use the carrier without the sternum strap. (6) Tighten your shoulder straps as needed. Try different positions for the buckles to find the placement that feels right for you and your child. Your child should be high enough in the carrier for you to see their face, and kiss the top of their head. If you cannot do this then your carrier is too big or you are wearing the carrier too low. Make sure your child has a clear airway and that they aren't chin to chest. Make sure baby's face isn't flat against you.

## back carry - 8 mos+







Always practice back carries in front of a bed or couch and with the help of another adult. Be patient; be safe- back carries take practice. (1-3) Have the shoulder strap buckles fastened and webbing loosened, and chest strap unbuckled. Fasten the waistband on your front at hip or waist level, with the carrier hanging down behind you, and tighten. Put baby on your hip, lean forward, sliding baby to your back.

- (4) While keeping hold of your baby, pull the carrier up over baby's back.
- (5) Put the shoulder straps on, one at a time, while still leaning forward. Buckle the chest strap and tighten.
- (6) Then tighten the shoulder straps, and stand back up straight. If the carrier feels too tight, loosen the buckle just a bit.
- (7) Try adjusting the position and height of the chest strap for your comfort. For a deeper seat, pull up on straps, bouncing a little.









## sleeping shade

Your Kinderpack comes with a sleeping shade for when baby falls asleep and needs a little support and/or shade. It is not intended to be used for babies without good head control, or that are under 4 months of age. Baby's face needs to be visible while using the shade. If the shade covers baby's entire face, do not use.

1. Pull shade out from in between the snapped headrest piece





2. Position over baby's head and buckle to the female end that is attached on the shoulder strap.

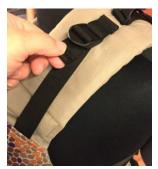
3. Tighten shade's buckle and webbing to fit.





## "perfect fit" adjusters

All Kinderpacks come with "Perfect Fit" adjusters (PFAs). These adjusters help you get a perfect fit if you are petite, and you have tightened the shoulder straps as tight as they will go. They are an extra set of adjusters that can make the padded part of the strap up to 4" shorter. They are on all plus size strapped Kinderpacks as well, making it easier for a differently sized couple to share the same carrier. PFAs should be used as a secondary adjustment, and will not be necessary for all users.







## storage strap

All Kinderpacks have an elastic loop sewn into the inside of the waistband. This is used for storing your Kinderpack while not in use. Simply fold up your carrier, roll it, and secure it with the storage strap.









## tips and tricks

- In a back carry, keep female buckles on the sides of the body tightened all the way, and keep the male buckles on the shoulder straps loosened when putting on the carrier. This makes it easier to pull and tighten the webbing when making adjustments
- -In a front carry, keep the male buckles on the shoulder straps tightened all the way, and keep the female buckles on the sides loosened when putting on the carrier. This makes it easier to pull and tighten the webbing when making adjustments
- -If you have a hard time getting the hood out when the carrier is in use, keep the hood webbings' male buckles sticking out of the hood opening at the sides of the headrest so you can just pull on those to get the hood out easily. Lean forward as you pull the hood webbing to give a little slack on the carrier panel.
- -In a back carry, lean forward as you put your shoulder straps on, keeping the buckles loosened. Fasten the chest strap buckle first, pulling it as tight as it goes, and THEN tighten the straps. Stand back up straight.
- -Use the elastic loops on the ends of the webbing to secure extra webbing by rolling it up and wrapping the loop around it. Note: do not use the elastic loops to pull the webbing tight, as this may result in breakage of the elastic.
- -For a higher back carry, fasten your waistband at your natural waist, or slightly higher.

#### **WASHING INSTRUCTIONS**

Infrequently machine wash- cold, gentle wash, no bleach, Shout color catchers are recommended for light/dark paired fabrics, and a second rinse cycle. Lay flat to dry or machine dry on low/med until almost dry. To keep your Kinderpack looking its best, machine wash and machine dry only when necessary. Spot clean whenever possible.

#### www.kindercarry.com

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