

# Luzern Force De Vie <sub>02</sub> Facial

Treatment Time: **90 minutes** | Skin Types: **For all skin types**

Perfect for those seeking a luxurious, high-performance, anti-aging skincare experience with innovative age defying correctives to diminish the signs of aging.

Experience the world's most iconic signature FDV or "lifeforce" oxygen facial by Luzern; an advanced, result-driven treatment that seamlessly blends the high-touch sensorial experience of a classically inspired facial with the world's cleanest performance-oriented skincare. Each element is carefully selected to provide the most transformative and efficacious results.

This personalized treatment features curated Swiss Alpine Organics, topical oxygen, and revolutionary age-defying correctives to renew and transform your skin's health and radiance. With a therapeutic facial massage, layered exfoliation, and multi-masking, every step of this treatment imparts restorative benefits to rejuvenate the skin, revealing a luminous and revitalized complexion.

For the most exceptional results, the 90-minute treatment option is further elevated with triple cleansing, advanced exfoliation, and a topical O2 infusion treatment that utilizes a state-of-the-art medical-grade oxygen device to promote skin cell renewal and regeneration for a more youthful and radiant complexion.

STEP	PRODUCT	TECHNIQUE
<b>Client Preparation</b>		1. Provide your guest an overview of the facial treatment.
<b>Eye Wash</b>	Pure Cleansing Gelee  The Essence	1. Dampen three 2X2 cotton wipes with cool water and set aside. 2. In a small bowl, mix ½ pump of Cleansing Gelee with 2-3 pumps of The Essence 3. Mix the ingredients with the Luzern brush applicator until you get a light and fluffy consistency. The solution should not be watery or drip. 4. Dip the application brush into the solution and gently cleanse the upper eyelid and lashes in a sweeping downward motion 5. Place and form one wipe over each eye and remove the cleanser. 6. Dip the application brush into the solution and gently cleanse the lip in circular motions 7. Using the 3rd cotton wipe, cleanse the lips by gently wiping over them lips two times.
<b>INTRODUCE STEAM</b>		
<b>Cleanse 1</b>	Emulsion 6 Or Pure Cleansing Crème	1. Warm a nickel-sized amount of Cleanser into the hands. Hands should be dry and free from any liquid. 2. Gently massage Cleanser into dry skin for a couple of mins. The Cleansing Massage may be performed at this time. 3. Wet fingertips; work through again. Once in contact with water, the cleanser immediately transforms into a luxurious milky consistency, which helps to remove impurities from the skin. Do not remove the Cleanser.
<b>Cleanse 2</b>	Detox Cleansing Masque	1. Apply a nickel size amount of Detox Cleansing Masque over Cleanser. 2. Perform a gentle cleaning massage blending the Cleanser and mask. 3. Let sit for 1-2 min. Remove with damp 4x4 cotton wipes and finish with a steam towel.
<b>Cleanse 2 Alternative</b>	Pure Cleansing Gelee	1. Apply a nickel-sized amount of Cleansing Gelée onto the hands and add a small amount of water. 2. Gently emulsify and massage the face, neck, and décolleté, working from the décolleté and up. 3. Remove with damp 4x4 cotton wipes and finish with a steam towel. <b>NOTE: Cleansing Gelee may also be mixed with Detox Cleaning Masque as described above.</b>
<b>Hydrate + Prep</b>	The Essence	1. Mist over the skin or apply a few pumps of the Essence into the palm of your hands and gently press onto the face, neck, and décolleté.

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STEP	PRODUCT	TECHNIQUE
<b>Lip Treatment</b>	Lip Enhancing Treatment	1. Using a Luzern's precision applicator, apply Lip Enhancing Treatment to lips and around the lip contour.
<b>Multi-Exfoliation</b>	100 %Enzyme Peel Hydra Enzyme Masque Micro Exfoliant	1. Apply 100% Enzyme Peel to skin and let rest for up to 5 minutes according to sensitivity . Do not remove. 2. Apply a nickel size amount of Hydra Enzyme Masque and let rest on the skin for 3 additional minutes. Do not remove. 3. Add a pea-sized amount of Micro Exfoliant over the layers and gently massage for 1-2 minutes. 4. Remove the product with damp 4x4 cotton wipes and finish with a steam towel.
<b>END STEAM</b>		
<b>Hydrate + Prep</b>	The Essence	1. Mist on the skin or apply a few drops of Essence into the hands and gently press onto the face, neck, and décolleté.
<b>Optional</b>	Galvanic Disincrustation	PLEASE REFERENCE THE MODALITY OVERVIEW PAGE
<b>Extractions</b>		1. Proceed with light extractions. (excluding acne/ blemishes which are red and/or inflamed).
<b>Post Extraction</b>	AHA Exfoliating Pads	1. Remove an AHA exfoliating pad from its packaging. 2. Wipe pad over areas of extractions to purify.
<b>Optional Enhancement</b>	AHA   BHA Resurfacing Peel	1. For advanced exfoliation, you may follow with AHA   BHA Resurfacing Peel. PLEASE REFERENCE THE EXFOLIATION OVERVIEW PAGE
<b>Massage</b>	Hydrating Massage Oil	1. Distribute oil over the entire surface of the hands and apply the face, neck, and décolleté. Apply a light massage to the face, neck, and décolleté.
<b>Lip Treatment</b>	Lip Enhancing Treatment	1. Using Luzern's precision applicator, apply Lip Enhancing Treatment to lips and around the lip contour.
<b>Optional</b>	High Frequency	PLEASE REFERENCE MODALITY OVERVIEW PAGE
<b>Optional Enhancement</b>	Gua Sha Stone	PLEASE REFERENCE MODALITY OVERVIEW PAGE
<b>Finishing Mask</b>	O2 Radiance Masque Hydrating Massage Oil	1. Dampen two 2X2 cotton wipes with tepid water. Form and place one wipe over each eye and let set. 2. Using your choice of applicator, apply the O2 Radiance masque to the client's face, avoiding the eye and mouth areas. Ensure that the masque is evenly spread over the skin. 3. While the masque is resting for 10 minutes, décolleté & shoulder massage or hand and arm massage may be performed using the Hydrating Massage Oil 4. After the recommended time has passed, use warm water and a soft cloth or sponge to reactivate the mask for easier removal. Use a warm, damp towel to remove the masque from the client's face, gently wiping away all the masque residue.

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<b>Hydrate + Prep</b>	The Essence	1. Apply a few drops of the Essence into the palm of your hands and gently press onto the face, neck, and décolleté.
<b>Eye Serum</b>	Serum Luminous	1. Apply one drop of serum onto the skin with your fingertips and distribute it under the eye. 2. Using gentle pressure, glide the precision eye wand over the skin from the inner corner to the outer corner with sweeping and circular movements.
<b>Serum Layer 1</b>	Serum Rehydrate	1. Apply 5 – 6 drops of serum to the face and neck and adequately distribute in a light tapping or pressing motion. 2. When using multiple serums, allow each Serum to absorb into the skin before applying the next Serum.
<b>Serum Layer 2</b> <b>Choose 1 Specialty Serum</b>	Serum Radiance Serum Recovery Serum V15	1. Apply 5 – 6 drops of serum to the face and neck and adequately distribute in a light tapping or pressing motion.
<b>Serum Layer 3</b> <b>Choose 1 Specialty Serum</b>	Serum WE3 Serum Firming Collagen Booster	1. For WE3: Dispense 1 to 2 drops and adequately distribute on expression lines around the eye area, forehead, mouth, and jawline. 2. For Firming Collagen Booster: Apply 5 – 6 drops of serum to the face and neck and adequately distribute in a light tapping or pressing motion.
<b>Optional</b>	LED	PLEASE REFERENCE THE MODALITY OVERVIEW PAGE
<b>Topical O2 Infusion</b>	O2 Blue Concentrator  O2 Activator Ampoules  Dermal Oxygen Concentrate	PLEASE REFERENCE THE MODALITY OVERVIEW PAGE
<b>Sheet Mask</b>	Bio-Cellulose Sculpting Masque	PLEASE REFERENCE THE SCULPTING MASQUE ENHANCEMENT PAGE
<b>O2 Boost</b>	O2 Blue Concentrator	1. Apply oxygen over the mask. (without solution- Oxygen concentrator device only) This process facilitates the deep penetration of the mask's beneficial active nutrients, promoting optimal skin nourishment and rejuvenation.  PLEASE REFERENCE THE MODALITY OVERVIEW PAGE
<b>Optional:</b>	Microcurrent	PLEASE REFERENCE MODALITY OVERVIEW PAGE
<b>Serum Oil</b>	The Sublime Oil	1. Apply 2 – 3 drops of the Sublime Oil to the face and neck and press into the skin. 2. For a lighter version, you can mix it with the Firming Mist.
<b>Firming Mist</b>	Firming Mist	1. Have the client keep their eyes closed. 2. Lightly mist spray the entire face.

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<b>Eye</b>	Force De Vie Eye Contour Crème	1. Apply a pea size amount of chosen eye cream, and gently smooth under the eye area, paying particular attention to fine lines around the outer orbital bone area.
	Ultimate Eye Renewal Balm	2. Gentle eye massage or micro-circulation wand massage is recommended.
<b>Moisturize</b>	Force De Vie Intensive   Luxe   Light	1. Apply the appropriate Force De Vie moisturizer to the face and neck
<b>Firming Mist</b>	Firming Mist	1. Have the client keep their eyes closed.
		2. Lightly mist spray the entire face.
<b>Protect</b>	La Defense SPF 30	1. If treating during daylight hours begin your SPF Application
		2. Dab the sunscreen onto the face and neck and adequately distribute in a smoothing and pressing motion until fully absorbed
<b>Firming Mist</b>	Firming Mist	1. Have the client keep their eyes closed.
		2. Lightly mist spray the entire face.
<b>Lip Treatment</b>	Lip Treatment	1. Using Luzern's precision applicator, start your application of Lip Enhancing Treatment to lips and around the lip contour.
<b>Completion</b>		1. This completes the facial protocol.
		2. Remove head wrap and rub the scalp.
		3. Present your client with a home care recommendation card.