

Luzern Force De Vie ⁰² Facial

Treatment Time: **60 minutes** | Skin Types: **For all skin types**

Perfect for those seeking a luxurious, high-performance, anti-aging skincare experience with innovative age defying correctives to diminish the signs of aging.

Experience the world's most iconic signature FDV or "lifeforce" oxygen facial by Luzern; an advanced, result-driven treatment that seamlessly blends the high-touch sensorial experience of a classically inspired facial with the world's cleanest performance-oriented skincare. Each element is carefully selected to provide the most transformative and efficacious results.

This personalized treatment features curated Swiss Alpine Organics, topical oxygen, and revolutionary age-defying correctives to renew and transform your skin's health and radiance. With a therapeutic facial massage, layered exfoliation, and multi-masking, every step of this treatment imparts restorative benefits to rejuvenate the skin, revealing a luminous and revitalized complexion.

STEP	PRODUCT	TECHNIQUE
Client Preparation		1. Provide your guest an overview of the facial treatment.
Eye Wash	Pure Cleansing Gelee The Essence	1. Dampen three 2X2 cotton wipes with cool water and set aside. 2. In a small bowl, mix ½ pump of Cleansing Gelee with 2-3 pumps of The Essence 3. Using the Luzern brush applicator, mix the ingredients until you get a light and fluffy consistency. The solution should not be watery or drip. 4. Dip the application brush into the solution and gently cleanse the upper eyelid and lashes in a sweeping downward motion 5. Place and form one wipe over each eye and remove the cleanser. 6. Dip the application brush into the solution and gently cleanse the lip in circular motions 7. Using the 3rd cotton wipe, cleanse the lips by gently wiping over them lips two times.
INTRODUCE STEAM		
Cleanse 1	Emulsion 6 Or Pure Cleansing Crème	1. Warm a nickel-sized amount of Cleanser into the hands. Hands should be dry and free from any liquid. 2. Gently massage Cleanser into dry skin for a couple of mins. The Cleansing Massage may be performed at this time. 3. Wet fingertips; work through again. Once in contact with water, the cleanser immediately transforms into a luxurious milky consistency, which helps to remove impurities from the skin. Do not remove the Cleanser.
Cleanse 2	Detox Cleansing Masque	1. Apply a nickel size amount of Detox Cleansing Masque over Cleanser. 2. Perform a gentle cleansing massage blending the cleanser and mask. 3. Let sit for 1-2 min. Remove with damp 4x4 cotton wipes and finish with a steam towel.
Cleanse 2 Alternative	Pure Cleansing Gelee	1. Apply a nickel-sized amount of Cleansing Gelée onto the palm of the hand and add a small amount of water. 2. Gently emulsify and massage the face, neck, and décolleté, working from décolleté up. 3. Remove with damp 4x4 cotton wipes and finish with a steam towel. NOTE: Cleansing Gelee may also be mixed with Detox Cleansing Masque as described above.
Hydrate + Prep	The Essence	1. Mist on the skin or apply a few sprays of Essence into your hands and gently press onto the face, neck, and décolleté.
Lip Treatment	Lip Enhancing Treatment	1. Using Luzern's precision applicator, start your application of Lip Enhancing Treatment to the lip area.
Multi-Enzymatic Exfoliation	Hydra Enzyme Masque Micro Exfoliant	1. Apply a nickel size amount of Hydra Enzyme Masque to the face and let rest on the skin. 2. Allow processing on the skin for 5 minutes according to sensitivity. 3. While the masque is resting, décolleté & shoulder massage may be performed or hand and arm massage. 4. Add a pea-sized amount of Micro Exfoliant over layers and gently massage. 5. Remove the product with damp 4x4 cotton wipes and finish with a steam towel.

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STEP	PRODUCT	TECHNIQUE
END STEAM		
Optional	Ultrasonic Skin Scrubber	PLEASE REFERENCE THE MODALITY OVERVIEW PAGE
Hydrate + Prep	The Essence	1. Mist on the skin or apply a few sprays of Essence into your hands and gently press onto the face, neck, and décolleté.
Optional	Galvanic Desincrustation	PLEASE REFERENCE THE MODALITY OVERVIEW PAGE
Extractions		1. Proceed with light extractions. (excluding acne/ blemishes which are red and/or inflamed).
Post Extraction	AHA Exfoliating Pads	1. Remove an AHA exfoliating pad from its packaging. 2. Wipe pad over areas of extractions to purify.
Optional Enhancement	AHA BHA Resurfacing Peel	1. For advanced exfoliation, you may follow with AHA BHA Resurfacing Peel. PLEASE REFERENCE THE EXFOLIATION OVERVIEW PAGE
Hydrate + Prep	The Essence	1. Mist on the skin or apply a few sprays of Essence into your hands and gently press onto the face, neck, and décolleté.
Lip Treatment	Lip Enhancing Treatment	1. Using Luzern's precision applicator, apply Lip Enhancing Treatment to the lip area.
Finishing Mask	O2 Radiance Masque Hydrating Massage Oil	1. Dampen two 2X2 cotton wipes with tepid water. Form and place one wipe over each eye and let set. 2. Using your choice of applicator, apply the O2 Radiance masque to the client's face, avoiding the eye and mouth areas. Ensure that the masque is evenly spread over the skin. 3. While the masque is resting for 10 minutes, décolleté & shoulder massage or hand and arm massage may be performed using the Hydrating Massage Oil 4. After the recommended time has passed, use warm water and a soft cloth or sponge to reactivate the mask for easier removal. Use a warm, damp towel to remove the masque from the client's face, gently wiping away all the masque residue.
Optional	High Frequency	PLEASE REFERENCE THE MODALITY OVERVIEW PAGE
Optional Enhancement	Gua Sha Stone	PLEASE REFERENCE THE MODALITY OVERVIEW PAGE
Hydrate	The Essence	1. Apply a few drops of the Essence into the palm of your hands and gently press onto the face, neck, and décolleté.
Liquid Oxygen	Oxygen Dermal Concentrate	1. Apply 5 – 6 drops of serum to the face and neck and adequately distribute in a smoothing motion.
Eye Serum	Serum Luminous	1. Apply one drop of serum onto the skin with your fingertips and distribute it under the eye. Using gentle pressure, glide the precision eye wand over the skin from the inner corner to the outer corner with sweeping and circular movements.
Serum Layer 1	Serum Rehydrate	1. Apply 5 – 6 drops of serum to the face and neck and adequately distribute in a light tapping or pressing motion.
Choose 1 Specialty Serum	Serum Radiance Serum Recovery Serum V15	2. If using multiple serums, allow each Serum to absorb into the skin before applying the next Serum.

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STEP	PRODUCT	TECHNIQUE
Serum Layer 2 Choose 1 Specialty Serum	Serum WE3 Serum Firming Collagen Booster	<ol style="list-style-type: none"> For WE3: Dispense 1 to 2 drops and adequately distribute on expression lines around the eye area, forehead, mouth, and jawline. For Firming Collagen Booster: Apply 5 – 6 drops of serum to the face and neck and adequately distribute in a light tapping or pressing motion.
Optional	LED	PLEASE REFERENCE THE MODALITY OVERVIEW PAGE
Optional	Topical O2 Infusion Enhancement	PLEASE REFERENCE THE MODALITY OVERVIEW PAGE
Serum Oil	The Sublime Oil	<ol style="list-style-type: none"> Apply 2 – 3 drops of the Sublime Oil to the face and neck and press into the skin. For a lighter version, you can mix it with the Firming Mist.
Eye	Force De Vie Eye Contour Crème Ultimate Eye Renewal Balm	<ol style="list-style-type: none"> Apply a pea size amount of chosen eye cream, and gently smooth under the eye area, paying particular attention to fine lines around the outer orbital bone area. Gentle eye massage or micro-circulation wand massage is recommended.
Moisturize	Force De Vie Intensive Luxe Light	<ol style="list-style-type: none"> Apply the appropriate Force De Vie moisturizer to face and neck
Firming Mist	Firming Mist	<ol style="list-style-type: none"> Have the client keep their eyes closed. Lightly mist spray the entire face.
Protect	La Defense SPF 30	<ol style="list-style-type: none"> If treating during daylight hours, begin your SPF Application Dab the sunscreen onto the face and neck and adequately distribute in a smoothing and pressing motion until fully absorbed
Firming Mist	Firming Mist	<ol style="list-style-type: none"> Have the client keep their eyes closed. Lightly mist spray the entire face.
Lip Treatment	Lip Treatment	<ol style="list-style-type: none"> Using Luzern's precision applicator, apply Lip Enhancing Treatment to lips and around the lip contour.
Completion		<ol style="list-style-type: none"> This completes the facial protocol. Remove the head wrap and rub the scalp. Present your client with a home care recommendation card.