

# Bijou Glacé Gua Sha Facial

Treatment Time: **90 minutes** | Skin Types: **For all skin types**

Perfect for facial tension, puffiness, and skin needing a natural lift.

Revel in the ultimate rejuvenating wellness experience from Luzern; the luxurious Bijou Glacé Gua Sha Facial. Gua Sha is a timeless technique that has been used for centuries in Traditional Chinese Medicine to improve oxygenation and lymphatic flow while also toning and lifting the skin. During your Gua Sha Facial, a smooth gemstone tool gently massages your face and neck to help release tension and promote relaxation. The cool sensation of the crystal on your skin will soothe and calm, while the sweeping motions encourage lymphatic drainage, reducing puffiness and promoting a more toned, sculpted appearance.

The 90-minute facial treatment option is amplified with an additional aromatic scalp treatment, extended lifting massage, and skin plumping bio-cellulose sculpting masque, designed to elevate your blissful facial experience to the highest level.

STEP	PRODUCT	TECHNIQUE
<b>Client Preparation</b>		1. Provide your guest an overview of the facial treatment.
<b>Pre-Cleanse</b>	Pure Cleansing Gelee  The Essence	1. Dampen three 2X2 cotton wipes with cool water and set aside. 2. In a small bowl, mix ½ pump of Cleansing Gelee with 2-3 pumps of The Essence 3. Using the Luzern brush applicator, mix the ingredients until you get a light and fluffy consistency. 4. Dip the application brush into the solution and gently cleanse the upper eyelid and lashes in a sweeping downward motion. 5. Place and form one wipe over each eye and remove the cleanser. 6. Dip the application brush into the solution and gently cleanse the lip in circular motions. 7. Using the 3rd cotton wipe, cleanse the lips by gently wiping over them lips two times.
<b>INTRODUCE STEAM</b>		
<b>Cleanse 1</b>	Emulsion 6	1. Warm a nickel-sized amount of Emulsion 6 into your hands. Hands should be dry and free from any liquid. 2. Gently massage the emulsion into dry skin for a couple of mins. Cleansing Massage may be done at this time. 3. Wet fingertips; work through again. Once in contact with water, the cleanser immediately transforms into a luxurious milky consistency, which helps to remove impurities from the skin. 4. Remove with damp 4x4 cotton wipes.
<b>Cleanse 2</b>	Pure Cleansing Gelee	1. Apply a nickel-sized amount of Cleansing Gelée onto the palm of the hand and add a small amount of water. 2. Gently emulsify and massage the face, neck, and décolleté, working from the décolleté and up. 3. Remove with damp 4x4 cotton wipes and finish with a steam towel.
<b>END STEAM</b>		
<b>Hydrate + Prep</b>	The Essence	1. Mist over the skin or apply a few pumps of the Essence into the palm of your hands and gently press onto the face, neck, and décolleté.
<b>Lip Treatment</b>	Lip Enhancing Treatment	1. Using Luzern's precision applicator, start your application of Lip Enhancing Treatment to lips and around the lip contour.
<b>Pre-Peel</b>	AHA   BHA Exfoliating Peel Pads	1. Remove an AHA exfoliating pad from its packaging. 2. Wipe pad over skin in circular motions to prep for peel to prep for peel.  PLEASE REFERENCE THE EXFOLIATION OVERVIEW PAGE
<b>Peel</b>	AHA   BHA Resurfacing Peel	PLEASE REFERENCE THE EXFOLIATION OVERVIEW PAGE

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STEP	PRODUCT	TECHNIQUE
<b>Scalp Massage</b>	The Sublime Oil	1. PLEASE REFERENCE THE SCALP MASSAGE OVERVIEW PAGE
<b>Hydrate + Prep</b>	The Essence	1. Mist on the skin or apply a few drops of Essence into your hands and gently press onto the face, neck, and décolleté.
<b>Massage</b>	Hydrating Massage Oil	1. Distribute oil over the entire surface of your hands and apply to the face, neck, and décolleté. Apply a light massage to the face, neck, and décolleté. 2. Do not remove oil.
<b>Massage</b>	Hydrating Massage Oil	PLEASE REFERENCE THE WARMING MASSAGE OVERVIEW PAGE
<b>Masque Application</b>	Alpine Rose Masque	1. Apply Treatment Masque over the face, avoiding the eye area. Let masque rest for 8-10 minutes.
<b>Gua Sha</b>	Gua Sha Stone	PLEASE REFERENCE THE GUA SHA OVERVIEW PAGE
<b>Optional Enhancement</b>	Micro current	PLEASE REFERENCE THE MODALITY OVERVIEW PAGE
<b>Masque Removal</b>	Alpine Rose Masque	1. After 10 minutes, remove the masque with two 4x4 cotton wipes soaked in water and finish with a towel application.
<b>Hydrate + Prep</b>	The Essence	1. Mist on the skin or apply a few drops of Essence into your hands and gently press onto the face, neck, and décolleté.
<b>Liquid Oxygen</b>	Dermal Oxygen Concentrate	1. Apply 5 – 6 drops of serum to the face and neck and adequately distribute in a light tapping or pressing motion.
<b>Serum Layer 1</b>	Serum Rehydrate	1. Apply 5 – 6 drops of serum to the face and neck and adequately distribute in a light tapping or pressing motion.
<b>Serum Layer 2</b> <b>Choose 1 Specialty Serum</b>	Serum Radiance Serum Recovery Serum V15 Firming Collagen Booster WE3	1. Apply 5 – 6 drops of serum to the face and neck and adequately distribute in a light tapping or pressing motion. 2. If using multiple serums, allow each Serum to absorb into the skin before applying the next Serum. WE3: Dispense 1 to 2 drops and adequately distribute on expression lines around the eye area, forehead, mouth, and jawline.
<b>Optional</b>	LED	PLEASE REFERENCE THE MODALITY OVERVIEW PAGE
<b>Sheet Mask</b>	Bio-Cellulose Sculpting Masque	PLEASE REFERENCE THE SCULPTING MASQUE ENHANCEMENT PAGE
<b>O2 Boost</b>	Pure Blue Oxygen Concentrator	1. Apply oxygen over the mask. (without solution- Oxygen condenser only) This process facilitates the deep penetration of the mask's beneficial active nutrients, promoting optimal skin nourishment and rejuvenation.  PLEASE REFERENCE THE MODALITY OVERVIEW PAGE

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<b>Serum Oil</b>	The Sublime Oil	<ol style="list-style-type: none"> <li>1. Apply 2 – 3 drops of the Sublime Oil to the face and neck and press into the skin.</li> <li>2. For a lighter version, you can mix it with the Firming Mist.</li> </ol>
<b>Firming Mist</b>	Firming Mist	<ol style="list-style-type: none"> <li>1. Have the client keep their eyes closed.</li> <li>2. Lightly mist spray the entire face.</li> </ol>
<b>Eye</b>	Force De Vie Eye Contour Crème	<ol style="list-style-type: none"> <li>1. Apply a pea size amount of Force De Vie Eye Contour Crème and gently smooth under the eye area, paying particular attention to fine lines around the outer orbital bone area.</li> <li>2. Gentle eye massage or micro-circulation wand massage is recommended.</li> </ol>
<b>Moisturize</b>	Force De Vie Intensive   Luxe   Light	<ol style="list-style-type: none"> <li>1. Apply the appropriate Force De Vie moisturizer to face and neck</li> </ol>
<b>Firming Mist</b>	Firming Mist	<ol style="list-style-type: none"> <li>1. Have the client keep their eyes closed.</li> <li>2. Lightly mist spray the entire face.</li> </ol>
<b>Protect</b>	La Defense SPF 30	<ol style="list-style-type: none"> <li>1. If treating during daylight hours, begin your SPF Application</li> <li>2. Dab the sunscreen onto the face and neck and adequately distribute in a smoothing and pressing motion until fully absorbed</li> </ol>
<b>Firming Mist</b>	Firming Mist	<ol style="list-style-type: none"> <li>1. Have the client keep their eyes closed.</li> <li>2. Lightly mist spray the entire face.</li> </ol>
<b>Lip Treatment</b>	Lip Treatment	<ol style="list-style-type: none"> <li>1. Using a Luzern's precision applicator, apply the Lip Enhancing Treatment to lips and around the lip contour.</li> </ol>
<b>Completion</b>		<ol style="list-style-type: none"> <li>1. This completes the facial protocol.</li> <li>2. Remove head wrap and rub the scalp.</li> <li>3. Present your client with a home care recommendation card.</li> </ol>