

Bijou Glacé Gua Sha Facial

Treatment Time: **60 minutes** | Skin Types: **For all skin types**

Perfect for facial tension, puffiness, and skin needing a natural lift.

Revel in the ultimate rejuvenating wellness experience from Luzern; the luxurious Bijou Glacé Gua Sha Facial. Gua Sha is a timeless technique that has been used for centuries in Traditional Chinese Medicine to improve oxygenation and lymphatic flow while also toning and lifting the skin. During your Gua Sha Facial, a smooth gemstone tool gently massages your face and neck to help release tension and promote relaxation. The cool sensation of the crystal on your skin will soothe and calm, while the sweeping motions encourage lymphatic drainage, reducing puffiness and promoting a more toned, sculpted appearance.

STEP	PRODUCT	TECHNIQUE
Client Preparation		1. Provide your guest an overview of the facial treatment.
Pre-Cleanse	Pure Cleansing Gelee The Essence	1. Dampen three 2X2 cotton wipes with cool water and set aside. 2. In a small bowl, mix ½ pump of Cleansing Gelee with 2-3 pumps of The Essence 3. Using the Luzern brush applicator, mix the ingredients until you get a light and fluffy consistency. 4. Dip the application brush into the solution and gently cleanse the upper eyelid and lashes in a sweeping downward motion. 5. Place and form one wipe over each eye and remove the cleanser. 6. Dip the application brush into the solution and gently cleanse the lip in circular motions. 7. Using the 3rd cotton wipe, cleanse the lips by gently wiping over them lips two times.
INTRODUCE STEAM		
Cleanse 1	Emulsion 6	1. Warm a nickel-sized amount of Emulsion 6 in your hands. Hands should be dry and free from any liquid. 2. Gently massage the emulsion into dry skin for a couple of mins. Cleansing Massage may be done at this time. 3. Wet fingertips; work through again. Once in contact with water, the cleanser immediately transforms into a luxurious milky consistency, which helps to remove impurities from the skin. 4. Remove with damp 4x4 cotton wipes.
Cleanse 2	Pure Cleansing Gelee	1. Apply a nickel-sized amount of Cleansing Gelée onto the palm of the hand and add a small amount of water. 2. Gently emulsify and massage the face, neck, and décolleté, working from the décolleté and up. 3. Remove with damp 4x4 cotton wipes and finish with a steam towel.
END STEAM		
Hydrate + Prep	The Essence	1. Mist over the skin or apply a few pumps of the Essence into the palm of your hands and gently press onto the face, neck, and décolleté.
Lip Treatment	Lip Enhancing Treatment	1. Using Luzern's precision applicator, start your application of Lip Enhancing Treatment to lips and around the lip contour.
Pre-Peel	AHA BHA Exfoliating Peel Pads	1. Remove an AHA exfoliating pad from its packaging. 2. Wipe pad over skin in circular motions to prep for peel to prep for peel. PLEASE REFERENCE THE EXFOLIATION OVERVIEW PAGE
Peel	AHA BHA Resurfacing Peel	PLEASE REFERENCE THE EXFOLIATION OVERVIEW PAGE

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Hydrate + Prep	The Essence	1. Mist on the skin or apply a few drops of Essence into your hands and gently press onto the face, neck, and décolleté.
Massage	Hydrating Massage Oil	1. Distribute oil over the entire surface of your hands and apply to the face, neck, and décolleté. Apply a light massage to the face, neck, and décolleté. 2. Do not remove oil.
Massage	Hydrating Massage Oil	PLEASE REFERENCE THE WARMING MASSAGE OVERVIEW PAGE
Masque Application	Alpine Rose Masque	1. Apply Treatment Masque over the face, avoiding the eye area. Let masque rest for 8-10 minutes.
Gua Sha	Gua Sha Stone	PLEASE REFERENCE THE GUA SHA OVERVIEW
Optional Enhancement	Micro current	PLEASE REFERENCE THE MODALITY OVERVIEW PAGE
Masque Removal	Alpine Rose Masque	1. After 10 minutes, remove the masque with two 4x4 cotton wipes soaked in water and finish with a towel application.
Hydrate + Prep	The Essence	1. Mist on the skin or apply a few drops of Essence into your hands and gently press onto the face, neck, and décolleté.
Eye Serum	Serum Luminous	1. Apply one drop of serum onto the skin with your fingertips and distribute it under the eye. Using gentle pressure, glide the precision eye wand over the skin from the inner corner to the outer corner with sweeping and circular movements
Serum Layer 1	Serum Rehydrate	1. Apply 5 – 6 drops of serum to the face and neck and adequately distribute in a light tapping or pressing motion.
Serum Layer 2	Serum Radiance	1. Apply 5 – 6 drops of serum to the face and neck and adequately distribute in a light tapping or pressing motion.
Choose 1 Specialty Serum	Serum Recovery Serum V15	2. If using multiple serums, allow each Serum to absorb into the skin before applying the next Serum.
Optional	LED	PLEASE REFERENCE THE MODALITY OVERVIEW PAGE
Optional	Topical O2 Infusion Enhancement	PLEASE REFERENCE THE MODALITY OVERVIEW PAGE
Firming Mist	Firming Mist	1. Have the client keep their eyes closed. 2. Lightly mist spray the entire face.
Eye	Force De Vie Eye Contour Crème	1. Apply a pea size amount of Force De Vie Eye Contour Crème and gently smooth under the eye area, paying particular attention to fine lines around the outer orbital bone area. 2. Gentle eye massage or micro-circulation wand massage is recommended.

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Moisturize	Force De Vie Intensive Luxe Light	1. Apply the appropriate Force De Vie moisturizer to face and neck
Firming Mist	Firming Mist	<ol style="list-style-type: none"> 1. Have the client keep their eyes closed. 2. Lightly mist spray the entire face.
Protect	La Defense SPF 30	<ol style="list-style-type: none"> 1. If treating during daylight hours, begin your SPF Application 2. Dab the sunscreen onto the face and neck and adequately distribute in a smoothing and pressing motion until fully absorbed
Firming Mist	Firming Mist	<ol style="list-style-type: none"> 1. Have the client keep their eyes closed. 2. Lightly mist spray the entire face.
Lip Treatment	Lip Treatment	1. Using a Luzern's precision applicator, apply the Lip Enhancing Treatment to lips and around the lip contour.
Completion		<ol style="list-style-type: none"> 1. This completes the facial protocol. 2. Remove head wrap and rub the scalp. 3. Present your client with a home care recommendation card.