

Alpine Botanical Facial

Treatment Time: **90 minutes** | Skin Types: **For all skin types**

Perfect for those seeking to improve their overall skin health and vitality with an impactful and restorative skincare treatment.

Immerse yourself in pure luxury with our signature Alpine Botanical Facial. This gently revitalizing treatment features curated Swiss organic extracts, sourced from the pristine mountain regions of the Alps to nourish and replenish your skin. Each bespoke session is customized to the unique needs of your skin, resulting in a complexion that radiates pure luminosity.

With meticulous cleansing and gentle exfoliation to remove impurities and dead skin cells, a soothing hydrating mask, and deeply relaxing facial massage, this facial experience is a bespoke oasis of indulgence.

For maximum benefits, the luxurious 90-minute facial treatment option has been amplified with additional exfoliation and an extended facial massage that will leave you feeling refreshed, revitalized, and utterly transformed.

| STEP | PRODUCT | TECHNIQUE |
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| Client Preparation | | 1. Provide your guest with an overview of the facial treatment. |
| Eye Wash | Pure Cleansing Gelee The Essence | 1. Dampen three 2X2 cotton wipes with cool water and set aside. 2. In a small bowl, mix ½ pump of Cleansing Gelee with 2-3 pumps of The Essence 3. Using the Luzern brush applicator, mix the ingredients until you get a light and fluffy consistency. 4. Dip the application brush into the solution and gently cleanse the upper eyelid and lashes in a sweeping downward motion. 5. Place and form one wipe over each eye and remove the cleanser. 6. Dip the application brush into the solution and gently cleanse the lip in circular motions. 7. Using the 3rd cotton wipe, cleanse the lips by gently wiping over them lips two times. |
| INTRODUCE STEAM | | |
| Cleanse 1 | Emulsion 6 Or Pure Cleansing Crème | 1. Warm a nickel-sized amount of Cleanser into the hands. Hands should be dry and free from any liquid. 2. Gently massage Cleanser into dry skin for a couple of mins. The Cleansing Massage may be performed at this time. 3. Wet fingertips; work through again. Once in contact with water, the cleanser immediately transforms into a luxurious milky consistency, which helps to remove impurities from the skin. Do not remove the Cleanser. |
| Cleanse 2 | Detox Cleansing Masque | 1. Apply a nickel size amount of Detox Cleansing Masque over Cleanse 1 and let rest on the skin. 2. Perform a gentle cleaning massage blending the Cleanser and mask. 3. Let sit for 1-2 min. Remove with damp 4x4 cotton wipes and finish with a steam towel. |
| Cleanse 2 Alternative | Pure Cleansing Gelee | 1. Add a nickel-sized amount of Cleansing Gelée onto the hands and a small amount of water. 2. Gently emulsify and massage the face, neck, and décolleté, working from the décolleté and up. 3. Remove with damp 4x4 cotton wipes and finish with a steam towel. NOTE: Cleansing Gelee may also be mixed with Detox Cleaning Masque as described above. |
| Hydrate + Prep | The Essence | 1. Mist over the skin or apply a few pumps of the Essence into the palm of your hands and gently press onto the face, neck, and décolleté. |
| Lip Treatment | Lip Enhancing Treatment | 1. Using Luzern's precision applicator, apply the Lip Enhancing Treatment to the lip area. |

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| Multi-Enzymatic Exfoliation | Hydra Enzyme Masque Micro Exfoliant Hydrating Massage Oil | <ol style="list-style-type: none"> 1. Apply a nickel size amount of Hydra Enzyme Masque to the face and let rest on the skin. 2. Allow processing on the skin for 5 minutes according to sensitivity. 3. While the masque is resting, décolleté & shoulder massage or hand and arm massage may be performed using the Hydrating Massage Oil. 4. Add a pea-sized amount of Micro Exfoliant over layers and gently massage. 5. Remove the product with damp 4x4 cotton wipes and finish with a steam towel. |
| Optional | Ultrasonic Skin Scrubber | PLEASE REFERENCE THE MODALITY OVERVIEW PAGE |
| END STEAM | | |
| Hydrate + Prep | The Essence | <ol style="list-style-type: none"> 1. Mist on the skin or apply a few sprays of Essence into your hands and gently press onto the face, neck, and décolleté. |
| Optional | Galvanic Disincrustation | PLEASE REFERENCE THE MODALITY OVERVIEW PAGE |
| Extractions | | <ol style="list-style-type: none"> 1. Proceed with light extractions. (excluding acne/ blemishes which are red and/or inflamed). |
| Post Extraction | AHA Exfoliating Pads | <ol style="list-style-type: none"> 1. Remove an AHA exfoliating pad from its packaging. 2. Wipe pad over areas of extractions to purify. |
| Optional Enhancement | AHA BHA Resurfacing Peel | <ol style="list-style-type: none"> 1. For advanced exfoliation, you may follow with AHA BHA Resurfacing Peel. PLEASE REFERENCE THE EXFOLIATION OVERVIEW PAGE |
| Massage | Hydrating Massage Oil | <ol style="list-style-type: none"> 1. Distribute oil over the entire surface of your hands and apply to the face, neck, and décolleté. Apply a light massage to the face, neck, and décolleté. 2. Perform Acupressure Massage- PLEASE REFERENCE THE ACUPRESSURE OVERVIEW PAGE. 3. Do not remove oil. |
| Lip Treatment | Lip Enhancing Treatment | <ol style="list-style-type: none"> 1. Using Luzern's precision applicator, apply Lip Enhancing Treatment to the lip area. |
| Masque Application | Alpine Rose Masque | <ol style="list-style-type: none"> 1. Dampen two 2X2 cotton wipes with tepid water. Form and place one wipe over each eye and let set. 2. Apply Treatment Masque over the face, avoiding the eye area. Let masque rest for 8-10 minutes. |
| Scalp Massage | The Sublime Oil | <ol style="list-style-type: none"> 1. Perform scalp massage (if not using below technology). |
| Optional | High Frequency | PLEASE REFERENCE THE MODALITY OVERVIEW PAGE |
| Optional Enhancement | Gua Sha Stone | PLEASE REFERENCE THE MODALITY OVERVIEW PAGE |
| Optional Enhancement | Micro current | PLEASE REFERENCE THE MODALITY OVERVIEW PAGE |

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| Masque Removal | Alpine Rose Masque | 1. After 10 minutes, remove the masque with two 4x4 cotton wipes soaked in water and finish with a towel application. |
| Hydrate + Prep | The Essence | 1. Mist on the skin or apply a few sprays of Essence into your hands and gently press onto the face, neck, and décolleté. |
| Eye Serum | Serum Luminous | 1. Luminous: Apply one drop of serum onto the skin with your fingertips and distribute it under the eye. 2. Using gentle pressure, glide the precision eye wand over the skin from the inner corner to the outer corner with sweeping and circular movements. |
| Serum Layer 1 | Serum Rehydrate | 1. Apply 5 – 6 drops of serum to the face and neck and adequately distribute in a light tapping or pressing motion. |
| Serum Layer 2: Choose 1 Specialty Serum | Serum Radiance Serum Recovery Serum V15 | 1. Apply 5 – 6 drops of serum to the face and neck and adequately distribute in a light tapping or pressing motion. 2. If using multiple serums, allow each Serum to absorb into the skin before applying the next Serum. |
| Optional Enhancement | LED | PLEASE REFERENCE THE MODALITY OVERVIEW PAGE |
| Optional Enhancement | Topical O2 Infusion Enhancement | PLEASE REFERENCE THE MODALITY OVERVIEW PAGE |
| Eye Treatment | Force De Vie Eye Contour Crème | 1. Apply a pea size amount of Force De Vie Eye Contour Crème and gently smooth under the eye area, paying particular attention to fine lines around the outer orbital bone area. 2. Using gentle pressure, glide the precision eye wand over the skin from the inner corner to the outer corner with sweeping and circular movements. |
| Moisturize | Force De Vie Intensive Luxe Light | 1. Apply the appropriate Force De Vie moisturizer to face and neck |
| Protect | La Defense SPF 30 | 1. If treating during daylight hours, begin your SPF Application 2. Dab the sunscreen onto the face and neck and adequately distribute in a smoothing and pressing motion until fully absorbed |
| Lip Treatment | Lip Treatment | 1. Using a Luzern's precision applicator, start your application of Lip Enhancing Treatment to the lip area. |
| Completion | | 1. This completes the facial protocol. 2. Remove the head wrap and rub the scalp. 3. Present your client with a home care recommendation card. |