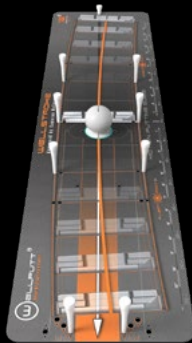


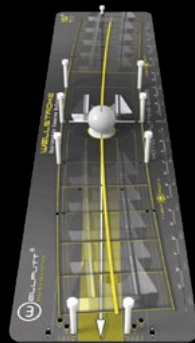


# WELLSTROKE FITTING GUIDE

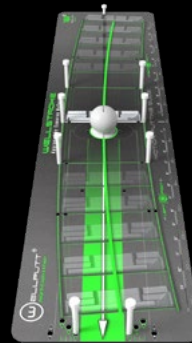
FINDING THE WELLSTROKE THAT'S RIGHT FOR YOU



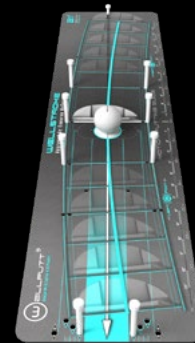
12°



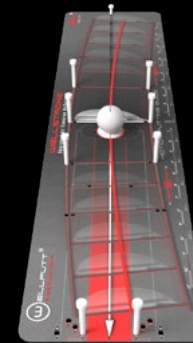
15°



18°



21°



24°



# FIND THE WELLSTROKE THAT BEST SUITS YOUR NATURAL PUTTING STROKE

## KEEPING IT SIMPLE IS OFTEN THE BEST SCENARIO

The noticeable difference between a 12°, 18° and 24° Wellstroke is very small and for most golfers, the 12° Wellstroke works perfectly. If your putting technique and setup include any of the arc-increasing variables presented in this fitting guide, then simply review the image examples provided and choose the Wellstroke that best matches up with your putting style.

The two most important factors in putting are pace and start-line control;  
Your new Wellstroke will help you develop proficiency in both.

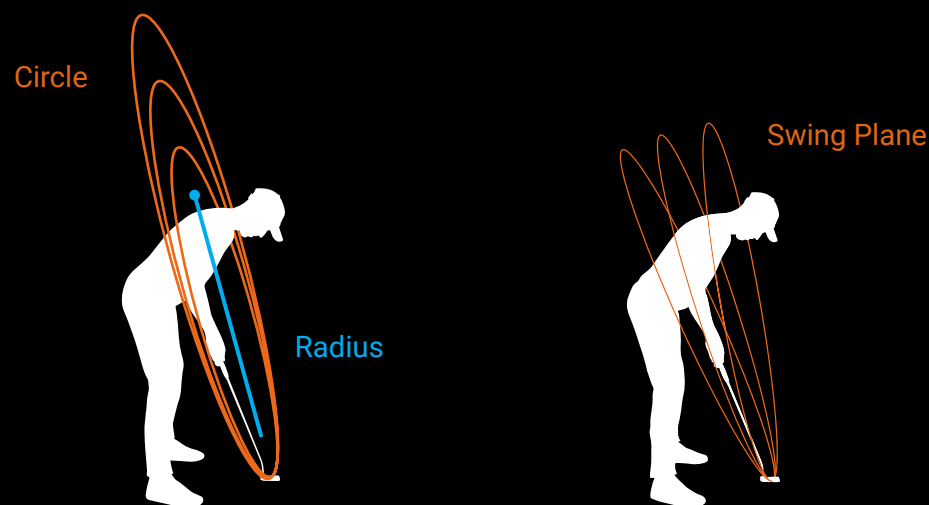
 12° 15° 18° 21° 24°

## SIMPLE FACTS FOR A QUICK INTRODUCTION

It is essential to understand a few basic ideas in order to select a Wellstroke with the arc that best suits your putting stroke.

The putting stroke can be seen as the bottom section of a swing plane. The swing plane is a circle positioned in space at a certain angle, with the center of that circle being the power source of your putting stroke (wrists and fore arms, arms, torso, or shoulders). The putting stroke travels along the bottom section of this swing plane on an arc. The degree of the arc will vary between golfers, depending on a few different variables that we have listed for you below.

Firstly, the length of the radius of your circle and the angle of your swing plane will determine the shape of your putting arc. Knowing this information will help you choose the Wellstroke that best suits your natural putting stroke.



*The different sizes of circles (left image) result from different putting stroke power sources which dictate the radius lengths, and the different swing plane angles (right image) are produced by a combination of power source, posture and hand position variables at the setup.*

## DETERMINE YOUR RADIUS & SIZE OF YOUR CIRCLE

The radius and resulting size of the circle can easily be associated with a corresponding degree of Arc and Wellstroke. The size of the circle and radius will vary amongst golfers, but one of the key factors in helping you choose your correct Wellstroke will be the size of your radius and circle.

Generally, a putting stroke powered by the shoulders produces a minor arc with the longest radius and widest circle. A putting stroke powered by the arms or torso produces a medium amount of arc with a medium radius and a medium circle.

Lastly, a putting stroke powered by the wrists or forearms produces the most arc with a small radius and the smallest circle.



Blue Circle  
Putting stroke powered by shoulders

12°

15°

Orange Circle  
Putting stroke powered by arms or torso

15°

18°

Yellow Circle  
Putting stroke powered by wrists

21°

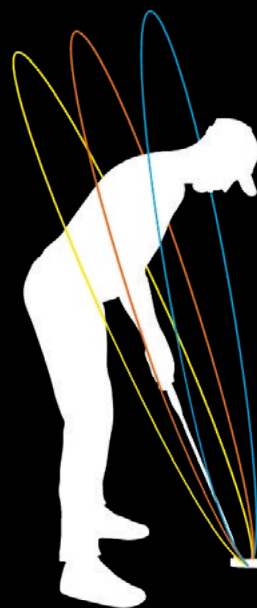
24°

Figure 2 - A longer radius produces a broader circle, and a shorter radius creates a smaller circle.

## SWING PLANE INFLUENCES YOUR PUTTING ARC

Secondly, a golfer's swing plane angle will influence the amount of arc that is produced in the putting stroke. The swing plane is determined by several factors, the position of your hands, your arms, and the amount of spine angle at set up. All of these factors play a role in influencing your putting arc.

For simplicity, we have associated a degree of arc with each swing plane to allow you to easily identify which Wellstroke is best for you.



Blue upright plane:

12°

15°

Orange medium plane:

15°

18°

Yellow flat plane:

21°

24°

Figure 3 - Swinging the putter on different plane angles produces different degrees of arcs.

## SPINE ANGLE INFLUENCES YOUR PUTTING ARC

Thirdly, **(Figure 4)** helps you understand how spine angle at setup also influences the amount of arc in your putting stroke.

- 1** A large amount of spine angle combined with a torso or shoulder-powered putting stroke will lead to a more upright swing plane and produce a minimal arc ( $12^\circ - 15^\circ$ ).
- 2** A medium amount of spine angle with a torso or shoulder-powered putting stroke will lead to a medium swing plane and produce a medium amount of arc ( $15^\circ - 18^\circ$ ).
- 3** Finally, a minimal amount spine angle with a torso or shoulder-powered putting stroke will lead to a flatter swing plane and produce the most amount of arc in these examples ( $21^\circ - 24^\circ$ ).

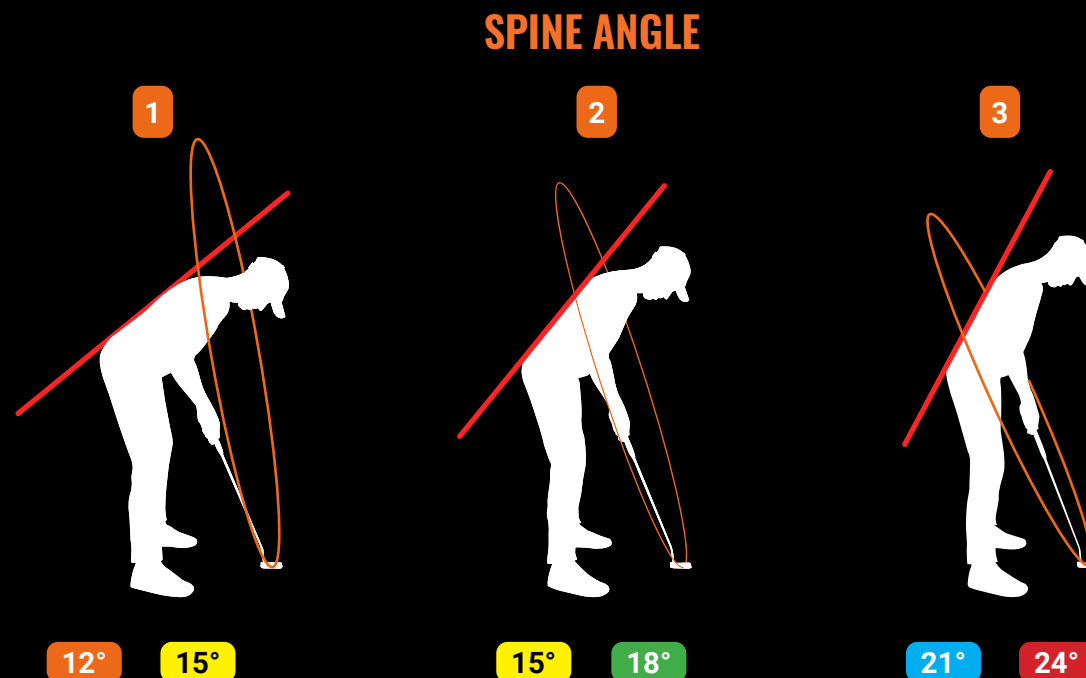


Figure 4 - The spine angle (torso bend) position over the ball at setup impacts the amount of arc in a putting stroke.

## HAND POSITION ALSO INFLUENCES THE ARC

Lastly, the hand position can also impact the putting stroke and the plane angle.

High hands lead to a flatter arm position and a more significant amount of putting arc, whereas low hands lead to a steeper arm position and a minimal amount of putting arc. (see figure 5 below).

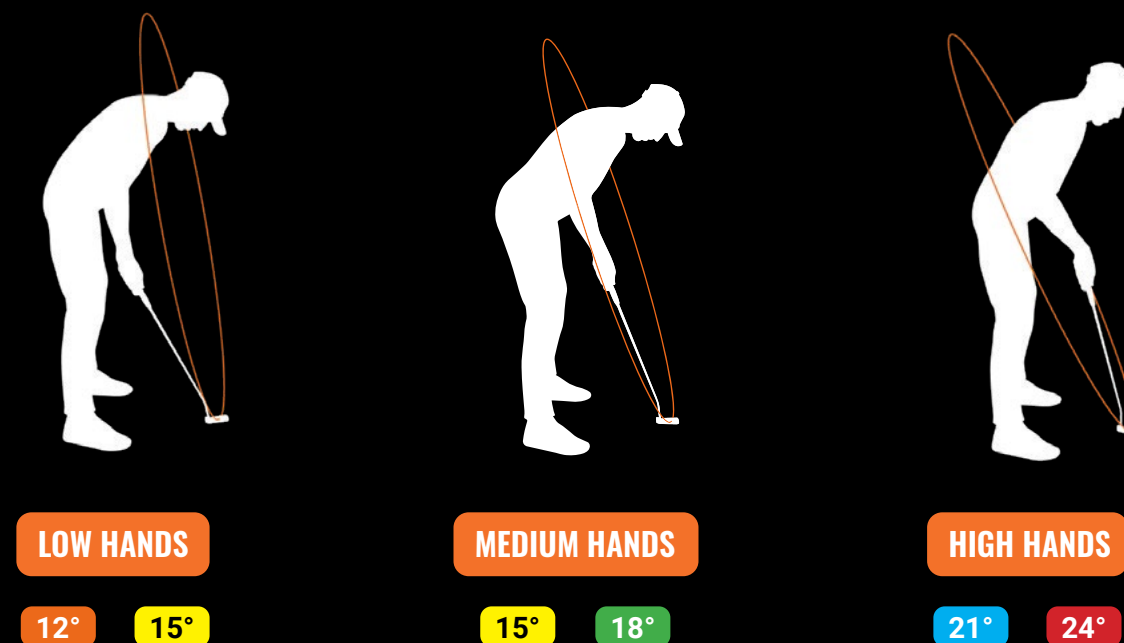


Figure 5 – The position of the hands influences the wrist, the arm position and the putter shaft angle, which directly affects the amount of arc in your putting stroke.

# TECH OPTIONS TO FIND THE WELLSTROKE THE BEST SUITS YOUR NATURAL PUTTING STROKE

## USING TECHNOLOGY TO DETERMINE YOUR PUTTING ARC

Suppose the above guide has not satisfied your need for precision and you have access to a putter fitter or the following two technologies. In that case you can acquire a more in-depth analysis of your putting stroke with detailed arc measurements through the use of either **CAPTO** or **SAM PuttLab**.

**CAPTO** is a high-tech, lightweight sensor that uses cutting-edge technology to provide accurate, detailed and reliable information on your putting stroke's radius and arc degree.

**SAM PuttLab** is an analysis system based on ultrasound technology. It analyzes more than 50 important parameters of your putting stroke and displays the results in easy-to-understand graphic reports.

Once you get the information you need, get online at [www.wellputt.com](http://www.wellputt.com) and order your Wellstroke today, so you can start shaving strokes off your score and enjoy this great game of golf even more!

### CAPTO



### SAM PuttLab

