

Nutrition Facts

Serving Size 48g (2 Scoops)
Servings Per Container 15

Amount Per Serving

Calories 150 **Calories from Fat** 10

	%	Daily Values*
Total Fat 1g		2%
Saturated Fat 0g		0%
Trans Fat 0g		
Cholesterol 5mg		2%
Potassium 67mg		2%
Sodium 170mg		7%
Total Carbohydrate 17g		6%
Dietary Fiber 2g		8%
Sugars 7g		+
Protein 21g		42%

	% DV*		% DV*
Vitamin A (palmitate) 2500 IU	50%	Biotin 30mcg	10%
Vitamin B1 (thiamine mononitrate) 1.5mg	100%	Calcium 150mg	15%
Vitamin B2 (riboflavin) 1.7mg	100%	Iron 0.9mg	5%
Vitamin B5 (calcium pantothenate) 10mg	100%	Magnesium 20mg	5%
Vitamin B6 (pyridoxine hcl) 2mg	100%	Zinc 5mg	33%
Vitamin B12 (methylcobalamin) 6mcg	100%	Copper 670mcg	33%
Vitamin C (ascorbic acid) 60mg	100%	Chromium 120mcg	100%
Vitamin D3 (Cholecalciferol) 400 IU	100%	Molybdenum 75mcg	100%
Vitamin E (d-alpha tocopherol succinate) 30 IU	100%	Iodine 150 mcg	100%
Niacin (niacinamide) 20mg	100%	Selenium 70mcg	100%
Folate 400mcg	100%	Manganese 2mg	100%
Omega 3 (typical) 13mg	**	Omega 6(typical) 3mg	**

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

*Daily Value Not Established.