



cortexhealth
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Camino Pro Bettermilk 15 Original

Food for special medical purposes (FSMP)

For the dietary management of phenylketonuria (PKU). BetterMilk with Glytactin is a great tasting metabolic formula. Each serving of BetterMilk contains 15 grams of Glytactin protein, blend of GMP and essential amino acids. BetterMilk is an incredibly versatile product that can be taken as a formula or incorporated into a recipe. Excellent source of DHA. One serving provides 77 mg of DHA Omega-3 Fatty acids. Probiotic cultures to support digestive health.

Important notice

Must be administered under medical supervision only. Not suitable for use as a sole source of nutrition. Protein in prescribed amounts must be supplemented to completely meet phenylalanine requirements. For enteral use only. Suitable for individuals with PKU over 1 year of age.

Directions for use

Use as directed by a physician.
Fill a shaker cup to the 120 mL mark with cold water (add more or less water to suit your taste). Open packet at tear guide and pour into cup. Shake or stir until completely dissolved. (Will make about 170 mL total liquid.) Drink completely.

Store in a cool, dry place.

Ingredients

Glycomacropeptide (**milk**), maltodextrin, sugar, emulsifier (tapioca food starch), high oleic canola oil, tapioca syrup solids, L-arginine, L-leucine, medium chain triglycerides, L-lysine acetate, L-tyrosine, glycine, contains less than 2% of L-tryptophan, L-histidine, L-methionine, natural flavours, canola oil, DHA algal oil (derived from microalgae Schizochytrium sp.), retinyl palmitate, cholecalciferol, dl- α -tocopheryl acetate, phylloquinone, menaquinone (MK-7), thiamine mononitrate, riboflavin, niacinamide, calcium D-pantothenate, pyridoxine hydrochloride, folic acid, cyanocobalamin, biotin, sodium ascorbate, calcium citrate, calcium phosphate, magnesium phosphate, potassium phosphate, chromium chloride, copper citrate, inositol, potassium iodide, choline bitartrate, ferric pyrophosphate, manganese sulfate, sodium molybdate, zinc oxide, sodium selenite, salt, Bacillus coagulans GBI-30 6086, sweeteners (acesulfame potassium, sucralose). Contains **milk**.

Product of USA



SKU 35001
NET WEIGHT 1.2kg
SERVING SIZE 40g
SERVINGS PER PACKAGE 30
OSMOLALITY, mOsm/kg: 954
pH 8.4

Nutrients	40g	100g
Energy, kcal	160	400
Energy, kJ	670	1675
Protein Equivalent, g	15	38
Carbohydrates, g	15	37
Sugar, g	4.8	12
Sugar Alcohols, g	0	0
Salt, g	0.7	1.8
Fibre, g	0	0
Fat, g	4.5	11
Saturated Fat, g	1.8	4.6
Monounsaturated Fat, g	0.9	2.4
Polyunsaturated Fat, g	1.7	4.2
DHA, mg	77	192
Cholesterol, mg	0.2	0.5
Vitamin A, mcg RAE	283	707
Vitamin C, mg	33	81
Vitamin D, mcg	14	35
Vitamin E, mg α -TE	4.8	12
Vitamin K1, mcg	16	40
Vitamin K2 (MK-7), mcg	16	40
Thiamin (B1), mg	0.6	1.5
Riboflavin (B2), mg	0.6	1.5
Niacin (B3), mg	11	28
Vitamin B6, mg	0.6	1.5
Folic acid, mcg	79	199
Vitamin B12, mcg	1.1	2.8
Pantothenic Acid (B5), mg	2.3	5.6
Biotin, mcg	9.5	24
Choline, mg	150	375
Calcium, mg	541	1353
Chromium, mcg	13	33
Copper, mcg	380	949
Iodine, mcg	65	163
Iron, mg	6.4	16
Magnesium, mg	67	168
Manganese, mg	0.9	2.3
Molybdenum, mcg	18	46
Phosphorus, mg	436	1089
Selenium, mcg	18	45
Zinc, mg	3	7.5
Potassium, mg	491	1228
Sodium, mg	291	726
Chloride, mg	233	583
Inositol, mg	18	44
Alanine, mg	465	
Arginine, mg	1530	
Aspartic Acid, mg	615	
Carnitine, mg	0	
Cysteine, mg	75	
Glutamate, mg	1500	
Glycine, mg	983	
Histidine, mg	345	
Isoleucine, mg	788	
Leucine, mg	1575	
Lysine, mg	1335	
Methionine, mg	180	
Phenylalanine, mg	15	
Proline, mg	870	
Serine, mg	488	
Taurine, mg	0	
Threonine, mg	1230	
Tryptophan, mg	378	
Tyrosine, mg	1170	
Valine, mg	675	