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Essential Care Jr Vanilla – Pouch

Food for special medical purposes (FSMP)

For the dietary management of food allergies and digestive disorders. Dispensed by prescription. Essential Care Jr. is a hypoallergenic, low FODMAP, nutritionally complete, amino acid-based formula for children with multiple food allergies, various GI disorders and allergic conditions. Essential Care Jr. contains naturally fermented amino acids and uses natural ingredients for improved quality. Includes vitamin K2, a unique fibre blend of prebiotics and carefully chosen ingredients that may help support brain development, digestion, bone health and eye health. Amino acids are the building blocks of protein and do not contain food allergens. Amino acids are shown to be well tolerated among children with severe protein allergies and GI disorders. Each pouch of Essential Care Jr. contains 800 grams of formula.

Important notice

Must be administered under medical supervision only. Suitable for use as a sole source of nourishment. For oral and tube feeding. Not for IV use. Suitable for ages 1 year and older.

Directions for use

Use as directed by physician. Must be administered under medical supervision only. Measure required volume of water into a clean container. Using the scoop provided, add prescribed amount of Essential Care Jr. powder to the container. For best results Essential Care Jr. should be weighed on a scale that measures in grams. Cover the container and shake well until the powder is fully dissolved and feed. If not used within 1 hour of mixing, refrigerate the container of prepared formula and use within 24 hours of mixing.

Mixing Guide – Dilution of 1kcal/ml (scoop yields 9.7 grams powder)

- 120 mL of water with 3 scoops (29.1 g) of Essential Care Jr. powder makes approximately 150 mL.
- 240 mL of water with 6 scoops (58.2 g) of Essential Care Jr. powder makes approximately 285 mL.

Store unopened pouches in a cool, dry place. Use before best by date. Once opened, seal pouch and store in a cool, dry place. Use the opened pouch within 1 month of opening or best by date (whichever occurs first).

Ingredients

Food starch modified (23%), tapioca syrup solids (22%), high oleic canola oil (12%), medium chain triglycerides (8%), L-lysine acetate (3%), L-threonine (3%), canola oil (3%), L-leucine (2%), contains less than 2% of L-valine, L-alanine, glycine, L-serine, L-isoleucine, L-phenylalanine, L-cystine, L-methionine, L-histidine, L-tryptophan, L-arginine, L-tyrosine, L-glutamine, L-proline, L-aspartic acid, L-carnitine, inositol, taurine, natural flavour, vitamin A palmitate, cholecalciferol, dl- α -tocopherol acetate, phylloquinone, menaquinone MK-7, thiamine mononitrate, riboflavin, diacetyl tartaric acid esters of mono- and diglycerides, docosahexaenoic acid (DHA), niacinamide, d-calcium pantothenate, pyridoxine hydrochloride, folic acid, d-biotin, cyanocobalamin, sodium chloride, sodium ascorbate, monk fruit extract, choline chloride, calcium carbonate, calcium phosphate, magnesium phosphate, potassium phosphate, chromium chloride, copper gluconate, potassium iodide, ferric pyrophosphate, manganese sulfate, sodium molybdate, sodium selenite, zinc sulfate, sodium citrate, lutein.

Product of USA



NET WEIGHT 800g

OSMOLALITY, mOsm/kg 609

pH 6.9

Nutrients	100g	20.7g (100mL hydrated)
Calories	493	102
Energy, kJ	2061	427
Fat, g	25	5.1
Saturated Fat, g	11	2.3
Monounsaturated Fat, g	4.8	1.0
Polyunsaturated Fat, g	8.8	1.8
α -Linolenic Acid, mg	898	186
Linolenic Acid, mg	3878	803
DHA, mg	68	14
Carbohydrates, g	45	9.2
Sugar, g	2.8	0.6
Protein Equivalent, g	19	4.0
Fibre, g	0	0
Salt, g	11	0.22
Vitamins		
Vitamin A, IU (mcg RAE)	966 (290)	200 (60)
Vitamin D, IU (mcg)	390 (9.7)	81 (2.0)
Vitamin E, IU (mg α -TE)	11 (6.7)	2.2 (1.4)
Vitamin K1, mcg	24	5.0
Vitamin K2 (MK-7), mcg	24	5.0
Thiamin (B1), mg	1.0	0.2
Riboflavin (B2), mg	1.9	0.4
Vitamin B6, mg	0.7	0.1
Vitamin B12, mcg	1.0	0.2
Niacin, mg NE	12	2.4
Folate, mcg DFE	97	20
Folic acid, mcg	57	12
Pantothenic acid (B5), mg	1.9	0.4
Biotin, mcg	19	3.9
Vitamin C, mg	48	9.9
Choline, mg	143	30
Inositol, mg	95	20
Lutein, mcg	181	38
Minerals, trace elements		
Calcium, mg (mEq):	588 (29)	122 (6.1)
Phosphorus, mg:	382	79
Magnesium, mg	81	17
Iron, mg	6.2	1.3
Zinc, mg	3.8	0.8
Manganese, mg	0.6	0.1
Copper, mg	0.5	0.1
Iodine, mcg	71	15
Selenium, mcg:	14	3.0
Chromium, mcg	15	3.0
Molybdenum, mcg:	17	3.5
Sodium, mg (mEq):	431 (19)	89 (3.9)
Potassium, mg (mEq)	481 (12)	100 (2.5)
Chloride, mg (mEq)	308 (8.7)	64 (1.8)