# Pasta Substitute Fusilli Shape

## Low Protein Medical Food

For use under medical supervision for conditions such as inborn errors of protein metabolism.

#### Preparation

Boil 4 cups of water per 62 g of pasta. Stir pasta into the boiling water and then simmer for 8-10 minutes or until tender. Drain and rinse under running water for approximately 2 minutes to remove excess starch. The cooking time listed may vary depending on boiling methods and tastes.

Eat Well, Live Well,

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### Storage

Store in a cool, dry place.

#### **Ingredients**

Corn starch, potato starch, inulin, mono- and diglycerides, safflower.

Manufactured for:

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Product of Italy

Manufactured in a facility that uses egg, gluten, lupin and milk.

PET 90 PLASTIC Check local provisions

NET WT 500 G

#### Nutrients

4 servings per container

Per serving d	lry 62 g	Per 100 g
Energy, kcal	210.8	340.0
Energy, kJ	882.0	1422.6
Total Fat, g	0.4	0.7
Saturated Fat, g	0.4	0.7
Trans Fat, g	0.0	0.0
Carbohydrate, g	45.3	73.0
Total Sugars, g	0.2	0.3
Fibre, g	4.1	6.6
Protein, g	0.4	0.6
Phenylalanine, mg	19.8	32.0
Valine, mg	11.0	17.7
Leucine, mg	22.0	35.5
Isoleucine, mg	7.0	11.3
Methionine, mg	3.0	4.8
Tyrosine, mg	19.8	32.0
Threonine, mg	6.0	9.7
Sodium, mg	18.6	30.0



0.0

0.0

Calcium, mg