

## Nutrients

4 servings per container

Per serving dry 43 g Per 100 g

Energy, kcal	153	359
Energy, kJ	639	1504
Total Fat, g	0.2	0.4
Saturated Fat, g	0.0	0.1
Trans Fat, g	0.0	0.0
Carbohydrate, g	35	82
Total Sugars, g	3.2	7.5
Fibre, g	0.9	2.0
Protein, g	1.4	3.3
L-Phenylalanine, mg	39	92
L-Valine, mg	49	116
L-Leucine, mg	66	155
L-Isoleucine, mg	39	92
L-Methionine, mg	16	37
L-Tyrosine, mg	32	74
L-Threonine, mg	38	89
Sodium, mg	419	987
Calcium, mg	22	52



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PET 90 PLASTIC *Check local provisions*

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FOOD FOR SPECIAL MEDICAL PURPOSES (FSMP)

### INDICATION:

For the dietary management of Phenylketonuria (PKU) and other inborn errors of protein metabolism.

### IMPORTANT NOTICE:

Must be administered under medical supervision only. Not suitable for use as a sole source of nourishment. For enteral use only.

### DIRECTIONS FOR USE:

Use as directed by the physician or healthcare provider. Store in a cool, dry place.

In a small saucepan, bring 1 ½ cups of water and vegetable/seasoning packet to a boil and cook for 3-minutes. Add noodles to saucepan and remove from heat. Stir, cover and let sit for 5-minutes. Ready to serve.

### INGREDIENTS:

Comstarch, carrots, onion, tomato, spinach, **celery**, bell pepper, dextrose, maltodextrin, contains less than 2% of yeast extract, potassium chloride, salt, monosodium glutamate, caramel colour, beef stock, soy sauce (**wheat, soybeans**, salt), silicon dioxide (to prevent caking), beef fat, carrot powder, canola oil, natural flavours. **Contains soy and wheat.**

**Also contains celery.**

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